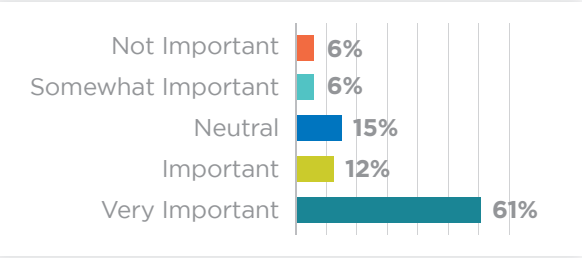


Importance of First NA Meeting

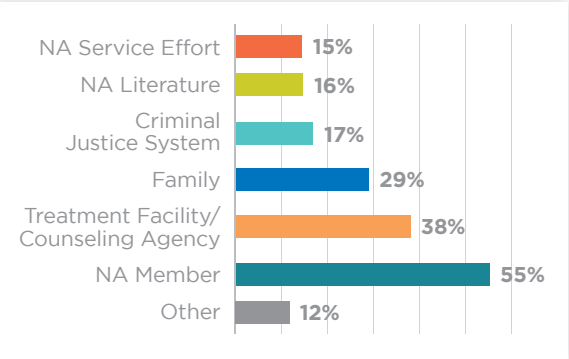


Influence to Attend First NA Meeting

The 2024 survey indicates that members perceive their first NA meeting as very important; we also asked respondents what influenced them to stay in NA, and 83% reported identification as a key component. Since NA meetings vary both in members attending and meeting formats, we encourage people to try different meetings to find that vital identification.

In the graph below, the number one influence to attend NA meetings was an NA member (55%); a treatment facility or counseling agency was noted as the second important influence (38%). Many members are introduced to NA while participating in treatment and/or counseling. The Informational Pamphlet #29, *An Introduction to NA Meetings*, which explains practices that may be unfamiliar to those at their first meeting or early in recovery, could be helpful to those being referred to NA.

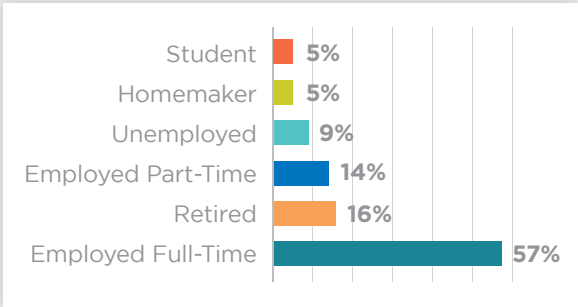
Multiple answers were permitted; only the top seven choices are shown.



Meeting Attendance

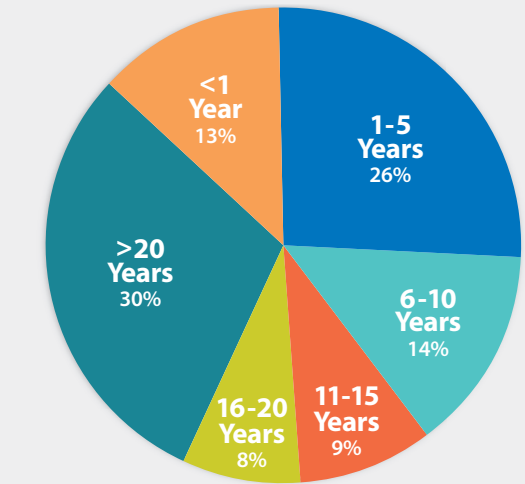
Regular attendance at NA meetings provides the opportunity to experience the NA message of recovery. Members surveyed attend an average of 2.90 in-person meetings and 2.69 online meetings per week.

Employment Status



Years Drug-Free

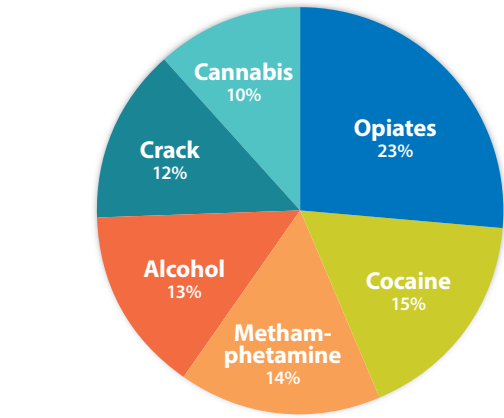
Based on survey responses, the average length of cleantime in NA is 13.79 years.



Our name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA's approach makes no distinction between drugs, including alcohol. —PR Statement

Drugs Used on a Regular Basis

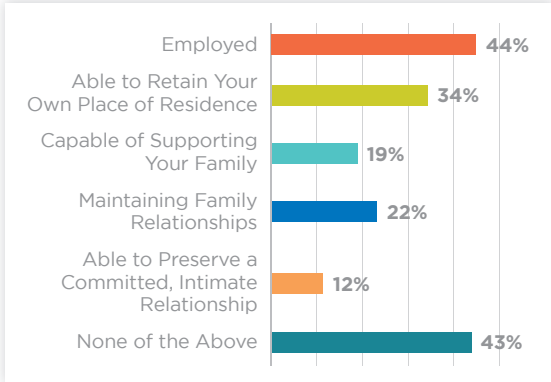
Multiple answers were allowed.



Areas of Life Affected by Drug Use

Multiple answers were allowed.

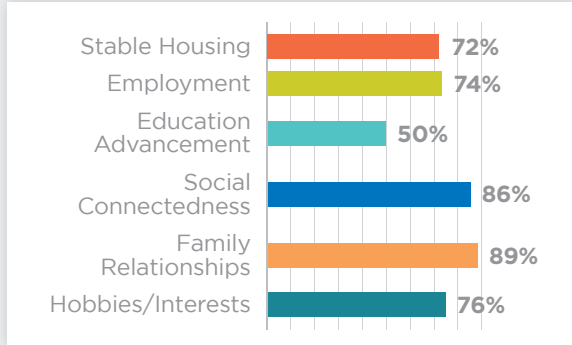
Substance use affects people's ability to maintain stability in housing, employment, and relationships. In the 2024 Membership Survey, 43% of the respondents indicated that all areas of their lives were affected by drug use, and only 44% stated that they were able to maintain employment while using. Areas most notably affected by drug use were committed intimate relationships and providing for family.



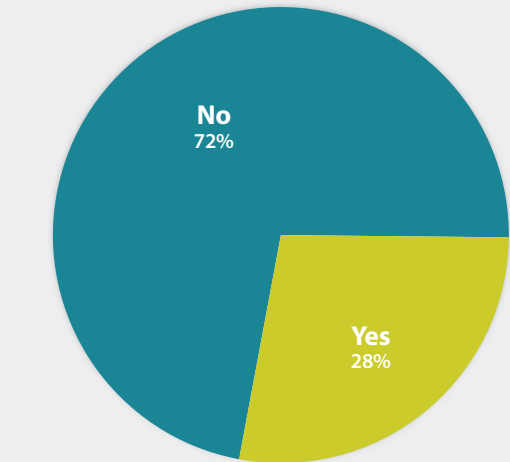
Quality-of-Life Improvement Areas

Multiple answers were allowed.

Overall improvement in quality of life is powerfully evident in these responses. In 2024, two areas in which we could see overwhelming improvement with NA meeting attendance were family relationships, where 89% of respondents reported improvement; and social connection, which was realized by 86% of respondents. NA's literature states that active addiction is marked by increased isolation and destruction of relationships. Recovery in NA has helped survey respondents to repair the damage in their lives from drug addiction.



Attending Other Twelve-Step Fellowships



2024 Narcotics Anonymous Membership Survey

Narcotics Anonymous World Services initiated a Membership Survey at WCNA in 1996 and have repeated it every 3-4 years since. The 2024 survey received the highest member participation to date. There were 32,398 responses from 125 countries. Members were able to complete a survey at the 2024 World Convention of NA (WCNA) in Washington, DC, USA, or online between Sept 2024 and Jan 2025. We collect this data to provide information about the NA Fellowship, to strengthen our public relations efforts, and to learn more about how and where we carry our message of recovery.

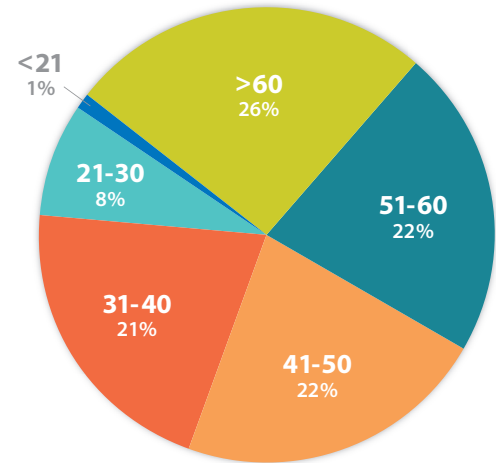
NA Membership

NA is a community-based organization that holds more than 79,000 weekly meetings in 122 countries.* NA is comprised of people who come from many backgrounds. Our membership is diverse across indicators including age, race, gender, culture, and profession. The only requirement to become an NA member is the desire to stop using drugs. The decision to become a member of the NA Fellowship rests with the individual.

There are no annual dues or fees for membership: We are self-supporting through member contributions and the sale of recovery literature.

Age

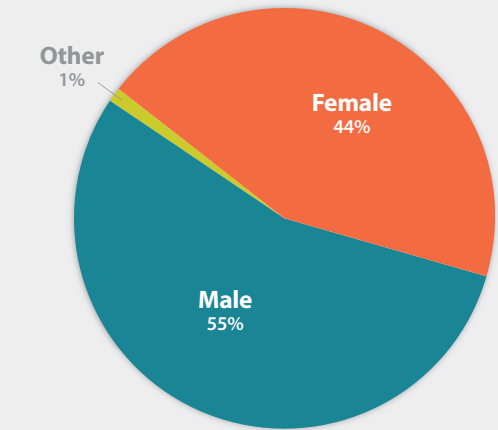
Based on survey responses, the average age of NA members is almost 50 years.



* As of May 2026

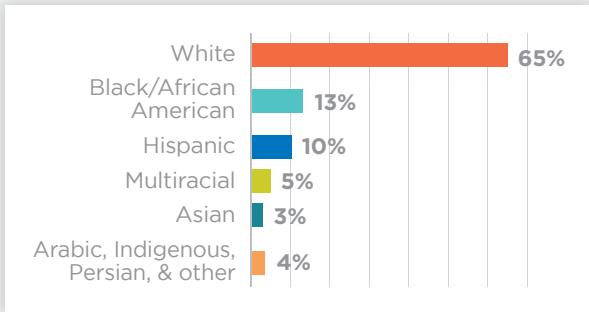
Gender

Since our last survey in 2018, membership by women has increased 2%. When we factor in survey responses from Iran, where our membership is substantial and in some ways different from other NA communities, the gender composite in 2024 changes to 39% female, 60% male, and 1% other.



Ethnicity

The ethnic diversity of our membership, at times, seems to be correlated with geographic location; the 2024 survey was made available at WCNA in Washington, DC and on our website. When we conducted this survey in 2024:



From the last time we surveyed our members in 2018, there has been an increase in Hispanic and multiracial members, and a slight decrease among white members.

ABOUT NA

Narcotics Anonymous is a worldwide twelve-step fellowship of recovering addicts whose primary purpose is to help addicts stop using drugs. NA is not a religious organization and does not require any particular belief system. It teaches basic spiritual principles including honesty, open-mindedness, and willingness. The practical application of these principles is determined by the individual member.

NA members learn from one another how to live drug-free and recover from the effects of addiction. Although not associated with any religion, political group, organization, or institution, NA cooperates with professionals and the public by providing information about the fellowship.

In many communities, Narcotics Anonymous has a local website. Another way to obtain local meeting information is by accessing the “NA Meeting Finder” link at www.na.org. Please feel free to contact NA World Services through our website or by phone.

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Membership Survey



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