

**Each of us contributes  
time, energy, creativity,  
experience, and love.  
When we commit to  
self-support, we take  
responsibility for our  
well-being and our future.  
We protect ourselves  
from outside influence.**

***Guiding Principles,  
Tradition Seven***



There is a spiritual satisfaction in freely giving  
to support the fellowship that saved our lives.

*IP #24 Money Matters: Self-Support in NA*

**[na.org/contribute](http://na.org/contribute)**

