Each of us contributes
time, energy, creativity,
experience, and love.
When we commit to
self-support, we take
responsibility for our
well-being and our future.
We protect ourselves
from outside influence.

Guiding Principles,
Tradition Seven



There is a spiritual satisfaction in freely giving to support the fellowship that saved our lives.

IP #24 Money Matters: Self-Support in NA

na.org/contribute

