

SNAPSHOT of the ZONES of

Based on information provided by zones
February 2023 and updated February 2025



Afri-can Zonal Forum

1 seated region
17 unseated regions*
329 meetings

member regions include

Botswana*
Cape Verde Islands*
Ethiopia*
Ghana*
Kenya*
Lesotho*
Liberia*
Mozambique*
Namibia*
Nigeria*
Rwanda*
South Africa
Tanzania*
Togo*
Uganda*
Zambia*
Zanzibar*
Zimbabwe*

Zonal Meetings

In-person
once every 18 months
(3 days long)

Virtual
once a month
(average length 1.5 hours)

Consensus-Based
Decision Making
(CBDM)

Trusted servants
3-year terms



Established
2013

INFORMATION

Vision/Mission/Purpose

Our vision is that all addicts in Africa have the opportunity to experience the NA message of recovery in their own language and culture.

Our mission is that the Afri-can Zonal Forum is a service body created by the NA regions in Africa to provide a forum for African regions to communicate and cooperate with one another through:

- Sharing experiences and resources
- Enhancing and encouraging unity and mutual support so that the regions can nurture and sustain the growth of NA in Africa
- Collaborating with other NA service bodies

Our purpose is:

- To support NA Fellowship development projects in the African regions
- To encourage and maintain effective communication among member regions
- To enhance connectivity and promote the shared sense of responsibility to those that we serve

Focus/Services

Currently, the focus of the Afri-can Zonal Forum is understanding the challenges and receiving feedback from the regions on the progress and implementation of any Fellowship development projects.

They have hosted a Fellowship development workshop and are in the process of organizing a PI workshop.

They are planning a virtual conference in early 2023 where they will have elections and address the agenda to include regional and zonal objectives for the next 2-year cycle. Objectives like strategic planning and CAR/CAT workshops. It is their hope that including these in the agenda will ensure that going forward they will have more review and input.

During the pandemic, some member regions were able to introduce virtual meetings using the NAWS Zoom account.

SUCCESSES

The AZF feels that given its challenges, to continue functioning as a zone is a tremendous indication of carrying the message to the still suffering addict.

Chair: Nkele K. (South Africa)
azf.chairperson@gmail.com
Vice-chair: Ibrahim A. (Mani) (Zanzibar)
azf.vicechairperson@gmail.com
Secretary: Rui S. (Mozambique)
azfsecretary@gmail.com

Zonal Delegate: Nkele K.
ZD Alternate: Ibrahim A. (Mani)

COLLABORATION

Although the zone does not officially provide collaboration opportunities, the zonal forum meetings do help member regions understand the needs of other regions. Some member regions have taken the initiative to assist with Fellowship development in neighboring regions. South Africa helped Namibia and Zimbabwe with posters and Afrikaans literature. Namibia helped Botswana with literature and Group Starter Kits.

Mozambique had the opportunity to work with the Brazilian regions for interpreters and assistance with Fellowship development workshops.

FINANCIAL

All zonal expenses are funded by NAWS for the annual in-person meeting. The chair and vice-chair are funded to attend.

Each African region elects a delegate and alternate and they are both funded. Both attend the annual AZF meeting and one or both participate in the virtual meetings. They are elected by their individual NA communities, regardless of level of local service structure, and participate in attendance, right to speak, taking part in consensus process, and voting. The secretary of the AZF is also a funded delegate.

Any costs related to attending the virtual meetings is the responsibility of the trusted servants and delegates.

CONCERNS

The AZF has few trusted servants. They feel a key issue is Fellowship development in their regions so they can mentor members in service and practice trusted servant rotation.

They are in desperate need of developing a service infrastructure for the newer regions and those that are still developing.

SNAPSHOT of the ZONES of

Based on information provided by zones
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Asia Pacific Forum

10 seated regions
21 unseated regions*
24,635 meetings

member regions include

Afghanistan*
Aotearoa New Zealand
Australia
Bahrain*
Bangladesh*
Bhutan*
Cambodia*
China*
Guam*
Hawaii
Hong Kong*
India (SOSONA)
Indonesia*
Iran
Japan
Kuwait*
Malaysia*
Maldives*
Nepal
NERF
Oman*
Pakistan
(North & South)*
Philippines
Qatar*
Saudi Arabia*
Singapore*
South Korea*
Thailand
UAE*
Vietnam*

Zonal Meetings

In-person
once a year
(4 days long)

Trusted servants
2-year terms



Established
1992

INFORMATION

Focus

The main focus of the APF is to support unseated communities to establish a service structure that delivers PR, H&I, workshops, and quality communications to groups, so they can apply for WSC seating. There are monthly strategic planning, Fellowship development and women's Fellowship development meetings with APF trusted servants and active participation from APF community members in meetings and events, both virtually and in-person. They conduct both in-person and virtual *CAR* workshops.

Services

These are the current workgroups of the APF:

Fellowship Development Workgroup: Encourages and supports member communities by coordinating workshops, learning days, and meetings. Organizes trips and outreach to member communities

PR Workgroup: Uses different external and internal strategies including continuing to work with NAWS and other Zonal Forums. Establishes and maintains an increasing number of relationships with institutions and agencies within the APF communities. Organizes virtual workshops for member communities to help them do PR locally.

Merchandise Workgroup: Produces different kinds of APF merchandise and sells them in communities and at events including at the WSC. Assists APFCNA with merchandise.

Newsletter Workgroup: Gathers NA news, stories, sharing, and event information within the zone and from different zones to publish in a bi-monthly newsletter.

Web & Technology Workgroup: Continuously explores different means of technological support which will provide better communication and secure information.

Strategic Planning Workgroup: Provides leadership with regard to planning. Monitors and reviews strategies assigned to each workgroup on an ongoing basis.

Women's Fellowship Development Workgroup: This workgroup is dedicated to FD for women. They encourage, support, and raise awareness of and for women in recovery across the communities within the zone. They are currently working on learning workshops, literature for women, and sponsorship.

Incorporation Workgroup: Helps ensure APF compliance with Aotearoa NZ charities commission and produces the yearly performance report.

Guidelines Review Workgroup: Reviews the APF guidelines for submission at annual meeting.

www.apfna.org

Chairperson: Bijay L. (Nepal)
chair@apfna.org

Secretary: Ehsan R. (Iran)
secretary@apfna.org

Treasurer: Ali R. (Pakistan)
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Webservant: Bappa D. (India)
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Strategic Planning: Andy T. (Guam)
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FD Coordinator: Amitabh S. (India)
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Women's FD Point Person: Pooja S. (India)
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Merchandise Coordinator: Prashant T. (India)
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PR Coordinator: Nita K. (Indonesia)
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Newsletter Coordinator: Meysam M. (Iran)
newsletter@apfna.org

Incorporation: Roger S. (New Zealand)
Guidelines: Malcolm J. (Australia)

Zonal Delegate: Hasib Y. (Bangladesh)
zd@apfna.org

ZD Alternate: Katherine A. (Thailand)
zdalternate@apfna.org

COLLABORATION

The APF workgroups allow member regions to collaborate together on projects. Mentoring from the more experienced communities takes place through the shared participation of workshops.

Although they do not presently coordinate services with other zones, they do keep in regular contact with the European Delegates Meeting.

FINANCIAL

Their annual budget is \$30,000–\$40,000 (annual meeting: \$24,000–\$28,000) and is funded from member communities, profit from merchandise sales, and the APF Convention. The administrative committee is fully funded to attend. Delegate teams are funded by their regions; however, developing communities can request funding help.

EVENTS

The APF meeting usually occurs right before a local convention or the APF Convention (which is held every other year).

SNAPSHOT of the ZONES of

Based on information provided by zones
February 2023 and updated February 2025



Brazilian Zonal Forum

9 seated regions
3 unseated regions*
4,795 meetings

member regions include

Brazil
Brazil Central
Brazil Sul
Grande São Paulo
HOW
Minas
Nordeste Brazil
Rio de Janeiro
Rio Grande do Sul
10 Brazil*
Terra do Sol*
UAI*

Zonal Meetings

In-person
twice a year
(3 days long)

Virtual
twice a year
(average length 7–8 hours)

Consensus-Based
Decision Making

Mission

The mission of the Brazilian Zonal Forum is to bring together all the regional communities of NA in Brazil, through exchanging experiences and working together, to promote the vision of Narcotics Anonymous and to fulfill the Fifth Tradition, where the common purpose must always be taking the message of recovery to the addict who still suffers.

Zonal Delegate and Alternate
2-year terms



INFORMATION

Planning

Strategic planning for the zone is complicated as the regions are very different from one another. It is difficult for the zone to envision the needs of each individual region. However, most of the regions have a solid service structure, so regional motions are presented in the form of projects which serves as their planning. Usually the region that presents the project is responsible for the execution and the BZF helps with funding. Planning is carried out every six months. Motions are voted on 3 or 6 months after they are presented, depending on urgency. Surveys are sometimes distributed to collect member input. All the Brazilian Regions must approve all projects.

Services

Fellowship Development: There are many projects dedicated to the growth of the regions of BZF. One project provided outreach to the Republic of Guyana with the help of ABNA and NAWs. There is also FD planned for an area that contains an Institutional Group. The Accessibility Project addresses the needs of addicts all over the world who still suffer and have additional needs. This workgroup meets once a month and is organized with Brazil, an area in the US, and Canada. The Carrying the Message Project in the Nordeste Brazil Region was started post-pandemic to open new groups, reopen meetings, and reach out to professionals. The Rio Grande do Sul FD Project followed, and recently the FD project in the countryside of Minas Region has started.

Public Relations: The zone maintains a single Brazilian NA website which contains tools to find meetings, links to NA social networks, service materials (manuals, bulletins), periodicals, and magazines. They have also implemented a national phonenumber.

H&I: The groups of Brazil have decided to create a National H&I Subcommittee. The H&I Prison Sponsorship Project is a sponsorship behind the walls correspondence project.

National Service Conference: This event is held every two years and is hosted by the zone. It is attended by trusted servants from all over Brazil where they exchange experiences about H&I services, PR/PI, literature review and translation, and Fellowship development.

Other Services: Mapping is a new service for the zone. It brings together all the diverse data of the zone so that projects can be created to quickly take the message to the still suffering addict.

Virtual service forums that existed prior to the pandemic have increased dramatically bringing many newcomers to meetings and into service. In Brazil, there are now virtual-only service bodies that serve virtual groups that attract Portuguese-speaking members from around the world. The regions of the BZF have about 800 virtual meetings.

www.na.org.br
faleconosco@na.org.br

Chair/Facilitator: Francelle F. (Brazil)
Vice-chair: Sadala Jr. (Brasil Sul)
Treasurer: Tereza C. (Rio de Janeiro)
PR/PI: Aurélio B. (HOW)
Literature: Michel Z. (Brasil Sul)
FD: Cyro B. (10 Brasil)
H&I: Amauri S. (HOW)
Fiscal Council: Vinícius P. (10 Brasil)
Rogério R. (Brasil Sul)
Nelson L. (Brazil)
Zonal Delegate: Jonas L. (10 Brasil)

COLLABORATION

All projects and discussions that take place in the Brazilian zone are endorsed, coordinated, and funded by all member regions. However, the work is done on the regional level so that local culture, ideas, and services are respected.

The ZD team promotes meetings and the exchange of experience with other zones, including translations (which was started by the Latin American Zonal Forum) and H&I efforts with the Russian-speaking community. BZF helped with the supply of literature to the African community of Cape Verde, and maintains contact with Mozambique as these are Portuguese-speaking countries. There is also an initiative to create a virtual project that involves all Portuguese-speaking members

FINANCIAL

The Brazilian Zonal Forum and the Brazilian Service Office of NA are unified as the Brazilian Association of Narcotics Anonymous, or ABNA.

The annual budget for ABNA is \$18,016 USD — \$10,297 is allocated for services and the rest is used to cover the expenses of the office. In 2022, ABNA gave discounts on literature orders (\$32,624) and free shipping (\$27,082) for a total of \$59,706. Funds are received through the sale of literature and contributions from member regions.

ABNA funds all trusted servants except for the ZD team. They are regional delegates of unseated regions and all Brazilian RDs are funded by their regions.

SNAPSHOT of the ZONES of

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Canadian Assembly of Narcotics Anonymous Zonal Forum



Established
1990

5 seated regions
0 unseated regions
1,342 meetings

member regions include

AL-SASK
British Columbia
Canada Atlantic (CARNA)
Ontario
Quebec

Zonal Meetings

In-person
once a year
(4-5 days long)

Virtual
2-3 times a year
(average length 4 hours)

Consensus-Based
Decision Making

CANA has these goals:

1. Improve external recognition and develop relationships (professionals, government agencies, and potential members)
2. Identify, coordinate, and assess resources (human & financial)
3. Build relationships with member communities and foster unity
4. Build, develop, and support NA in remote communities

Trusted servants
2-year terms

INFORMATION

Routine Services

- National phoneline
- National bilingual website
- National Recovery Celebration (Canadian Convention)
- FD/PR booth on display at CCNA with CANA/ACNA members staffing it
- Digital bulletin board campaign across Canada
- Local workshops
- CANA video (highlighting what CANA is and what they do)
- French translations including all meeting documents (ability to provide French translation has increased)
- CANA digital newsletter (in English and French)
- CANA pamphlet (in English and French)
- Public service announcements
- Membership email distribution list
- Annual environmental scan
- Attend national professional events (virtual or in-person)
- Offer to attend regional meetings and provide service-related workshops

Projects for 2025

- PR through social media: Grow CANA's social media presence in French and English.
- TV PSAs French/English: Run national PSAs on Radio Canada station.
- National professional development: Contact governmental agencies to provide information that NA is a viable program of recovery.
- Explore options to become a hybrid meeting.
- Develop FD/PR collaboration: Schedule regular virtual workshops. Define and create a group that would be part of the FD/PR to coordinate exchange between regions.
- Indigenous translations: Translate IP#1 in indigenous languages and create keytags. Innu and Blackfoot keytags were translated in 2024.
- PR to remote and rural communities: Open the lines of communication and foster awareness of NA.

www.canaacna.org

Chair:

Roxanne K. (AL-SASK)
chair@canaacna.org

Vice-chair:

Merry G. (BC)
vicechair@canaacna.org

Secretary:

Veronica M. (BC)

Treasurer:

Adrian M. (BC)

FD/PR West:

Mark S. (BC)

FD/PR Central:

Katherine M. (Nunavut)

FD/PR East:

Louise G. (CARNA)

National Convention **Jim F. (CARNA)**

Coordinator:

Zonal contacts: **Roxanne K. and Merry G.**

COLLABORATION

CANA provides opportunities for collaboration in their member regions via the strategic planning session at the in-person meeting which will happen in 2025. The RD teams are sent a scanning survey to workshop at their respective areas and groups that is compiled and brought to the planning session. From there workgroups are created which may become routine services. Since the WSC will be in 2026 and the environmental scans are only held in non-WSC years, the body will have to come up with something different next year.

Although the Northwest Territories, Yukon Territory and Nunavut have a few NA meetings, they have no discernible service structure and do not attend CANA. The services provided by CANA do, however, reach those communities.

FINANCIAL

The annual budget changes from year to year and depends on projects that are prioritized and revenue available. The 2024–2025 budget is \$114,701 with projected revenue of \$62,445. Funding comes from regions, areas, members, and any profit from the national convention. All elected trusted servants are fully funded for the in-person meeting.

EVENTS

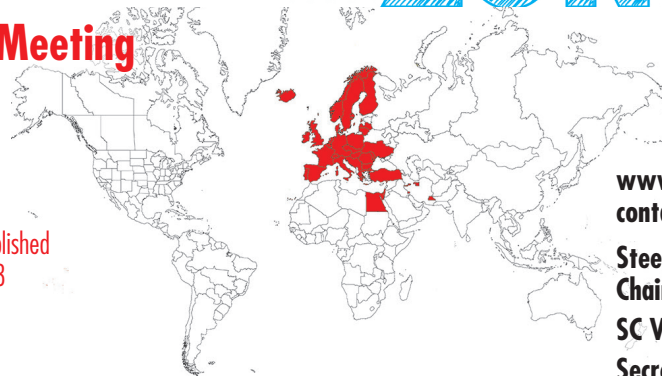
The annual in-person meeting co-occurs with the national convention — Canadian Convention of NA (CCNA) — which follows a rotation of eastern, central, and western Canada. CCNA XXXIII will be held 26–28 September 2025 in Surrey, British Columbia. www.canadianconvention.com

SNAPSHOT of the ZONES OF

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European Delegates Meeting



Established
1993

19 seated regions
13 unseated regions*
7,891 meetings

member regions include

Adriatic*
Belgium*
Bulgaria*
Czech-Slovak*
Denmark
Egypt
Finland
France
Germanspeaking
Greece
Hungary*
Iceland*
Iran Region No.1
Ireland
Israel
Italy
Latvia*
Lithuania
Malta*
Moldova*
Netherlands
Norway
Poland
Portugal
Romania*
Russian Speaking Transzit*
Spain
Sweden
Switzerland*
Turkey*
UK
Ukraine

Zonal Meetings

Hybrid
twice a year
(4 days long)

Consensus-Based
Decision Making

Trusted servants
2-year terms

INFORMATION

Focus

The biggest focus of the European Delegates Meeting (EDM) is on questions and answers between regions. During the meeting, they also hear reports from task teams and workgroups, including European Conference & Convention (ECCNA), Fellowship Development, and Public Relations. There is also a report from the Zonal delegate team, a NAWs report, and an EDM budget report.

Strategic planning is carried out within the subcommittees. Input is collected via RDs through workshops and small/large group discussions during the zonal meetings.

Services

The EDM has both FD and PR committees, an active ZD team, and its own website.

The Fellowship Development Committee is a stand-alone committee that is accountable to the EDM. It organizes task teams/workgroups, on an as-needed basis, that perform different FD duties, such as workshops or webinars on a variety of topics that are of interest to the regions of the zone. They are also responsible for the European Service Learning Days, which is held every other year. This is a three-day conference around different topics about service.

The EDM has recently formed a PR Committee that was started from a workgroup. They have hosted several webinars open to all members in the EDM who are interested in PR and provide services that their regions/communities request from them.

The CAR/CAT material is handled in a few ways: First, it is discussed in the monthly ZD webinars; then, workshopped in a series of virtual presentations, which are translated in five languages; and finally the motions are discussed during the ZD session of the EDM.

The EDM sees the ZD team as a developing service and believe it's becoming a more effective and integral part of how the EDM supports its regional delegates

At the start of the pandemic, the EDM held monthly virtual "Community Dialogue" meetings in which regions could share their experiences. They are now held three times a year. These meetings are only for discussions, not for decisions. This has increased virtual participation in local service forums, and decreased the need to postpone some activities.

www.edmna.org
contact@edmna.org

Steering Committee Chair:

SC Vice-chair:

Secretary:

Vice-secretary:

Treasurer:

Vice-treasurer:

FD Chair:

FD Vice-chair:

PR Chair:

PR Vice-chair:

Media Coordinator:

Vice-media Coordinator:

Zonal Delegate:

ZD Alternate:

Vasco (Portugal)

Guilherme (Portugal)

Mahmoud (Egypt)

Remco (Netherlands)

Sony (Egypt)

Yuval (Israel)

Lena (Norway)

Petra (Sweden)

Patricia (Portugal)

Patrick (Finland)

Udo (Germany)

Hani (Egypt)

Zeynep (Turkey)

Tomas (Sweden)

COLLABORATION

Although there is no formal collaboration with other zones, there has been extensive communication and collaboration between regional FD and PR committees within the zone.

The EDM FD and PR Committees provide regional collaboration within the zone by bringing regional subcommittee members together on the same platform. This is vital due to the diverse nature of the body—all EDM activities are multi-lingual and multi-cultural. They have the possibility to exchange experience, service materials, and get in direct contact with other FD subcommittees around the zone. Participants include present and past trusted servants, RDs, WB members, NAWs staff, and any interested members.

FINANCIAL

Their annual budget fluctuates and is funded by member groups, areas, and communities plus 60% of the surplus from ECCNA. The budget for 2025 is \$109,802. All the elected trusted servants are fully funded. Member delegate teams are funded by the EDM upon request.

SNAPSHOT of the ZONES of

Based on information provided by zones
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Latin American Zonal Forum



Established
1993

20 seated regions
7 unseated regions*
7,958 meetings

member regions include

Argentina
Baja Son
Bolivia*
Chile
Colombia
Costa Rica
Cuba*
Ecuador
El Salvador
Grande São Paulo
Guatemala
Honduras*
HOW Brazil
Mexico
Minas
Nicaragua
Occidente-Mexico
Panama
Paraguay*
Peru
Quisqueyana
Region Del Coquí
Uruguay
Venezuela
Spanish-speaking Area
of Southern California*
Spanish-speaking Area
of South Florida*
Spanish-speaking Area
of Texas*

Zonal Meetings

In-person
once every two years
(4 days long)

Virtual
four times a year
(average length 4 hours)

Hybrid
during WSC (4 hours long)

INFORMATION

Focus

The focus of the meeting is primarily public relations, Fellowship development, and how to provide services to their member regions. They do this through informational reports from the executive committee, zonal delegates, HRP, workgroups, and member regions. There are discussions on topics presented from these bodies which include: ideas, proposals, motions, projects, processes, procedures, and pending/new issues. They also conduct workshops. They get the work done through a mixture of CBDM and parliamentary procedures. They do hear all opinions on a topic, but when necessary, there are votes and decisions are made according to the majority.

Services

There are seven workgroups that perform the services of the zone: Public Relations, Fellowship Development, Internet, Revisions and Translations, InfoLatina (Magazine), Policies and Procedures, and the Latin American Convention on Narcotics Anonymous. The work of the workgroups benefit all of LAZF.

The PR and FD workgroups are available for virtual or in-person workshops scheduled through the region's delegate. The workgroup for the convention is comprised of members of the region that will host the next convention.

CAR/CAT workshops are hosted virtually for all who wish to attend. However, only the RD teams have a voice on the floor.

CHANGES/SUCCESSSES

The biggest changes and successes for the LAZF have happened due to the pandemic. A service platform called Recovery at a Distance (RAD) was implemented and they now host a daily virtual recovery meeting for Spanish-speaking members.

The PR workgroup created a virtual international H&I panel with 90 trusted servants that provide panels to more than 25 prisons and institutions all over Latin America.

The FD workgroup has provided mapping to identify and connect members in isolated and rural areas. They help them open virtual groups and eventually an in-person group. Efforts such as this have provided support to Cuba and Honduras where the very existence of NA was at risk. Now the LAZF is providing FD and strategic planning in both communities.

<https://fzla.org>

Chair: Héctor J. (Colombia)
Vice-chair: Bettina M. (Uruguay)
Treasurer: Martín P. (Quisqueyana)
Secretary: Andrea F. (Costa Rica)

Human Resources Panel

Chair: Agustín J. (Panama)
Vice-chair: Jose Luis A. (Quisqueyana)
Secretary: Edgar U. (Panama)
Alternate Secretary: Gonzalo V. (Colombia)

Work Group Coordinators

Public Relations: Alonzo G. (AHSCNA)
FD: Naty (Ecuador)
Internet: Paulo (Costa Rica)
Revisions and Translations: Charlie S. (Costa Rica)
InfoLatina - FZLA Magazine: Tania L. (AHHTXNA)
Procedures: Luis DC. (Peru)
17th CLANA: Antonio (Panama)
Zonal Delegate: Julio F. (Uruguay)
dz@fzla.org

COLLABORATION

All workgroups of the LAZF meet virtually and are open to all Spanish-speaking members with approval of the delegate of their region.

The LAZF and the Brazilian Zonal Forum are working together on the Interzonal Services Convention schedule for August 2023. They periodically have other zonal trusted servants share in their RAD morning meeting.

FINANCIAL

The biennial budget is \$17,840 and it is funded, for the most part, through the profits of their convention. The executive committee and ZD team are fully funded. Some regions are partially financed with 20% coming from the regions and 80% from LAZF.

SNAPSHOT of the ZONES of

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Midwest Zonal Forum

10 seated regions
0 unseated regions
3,544 meetings

member regions include

Buckeye
Chicagoland
Greater Illinois
Indiana
Metro Detroit
Michigan
Minnesota
Ohio
Tri-State
Wisconsin

Zonal Meetings

Virtual

twice a year
(2.5 hours long)

Hybrid

twice a year
(2 days long)

Consensus-Based
Decision Making
with all in attendance
considered full
participants

Trusted servants
term is a single
WSC cycle



Established
1987

INFORMATION

Mission/Purpose

Mission Statement: The Midwest Zonal Forum (MZF) is a consensus-based service body that seeks to further NA's primary purpose by facilitating communication, cooperation, and growth in the midwestern United States and NA World Services.

Statement of Purpose: To provide participants a forum for the discussion and exchange of information on problems and issues confronting the regions of the midwest US. The Forum is a place to network and share ideas with the focus on finding solutions.

Focus

The focus of MZF meetings is basic business, trusted servant reports, member region reports, and prioritized issue topics that were raised at the meeting or specifically requested for the meeting. The first meeting after the World Service Conference is a hybrid planning meeting.

Services

Here is a list of services provided by the MZF:

- Zonal website and calendar
- Their virtual meeting account (Zoom) is available for virtual meetings at the regional level on a first-come, first-serve basis. Some member regions are taking advantage of this for regional business meetings, regional committee meetings, and convention committee meetings.
- PR presentations and training for local members
- Large- and small-group workshop presentations on topics including current and past IDTs, literature development, and Steps, Traditions, or Concepts
- Forum for participating regions to share best practices, issues, and solutions
- Forum for member region RDs and RDAs to establish a support community they can utilize at the WSC
- Host a weekend for hybrid CAR/CAT workshops that any member may attend

www.mzfna.org
cofacilitators@mzfna.org

Co-facilitators: Rick C. (Metro Detroit)
Marty D. (Michigan)
Secretary: Charles G. (Chicagoland)
Treasurer: Dave L. (Ohio)
Web tech: Doug H. (Metro Detroit)

Zonal contacts: Jim B. (Chicagoland)
Patti K. (Michigan)

COLLABORATION

The MZF supports and coordinates with the Southern and Plains States zones on the Multi-Zonal Service Symposium (MZSS).

FINANCIAL

This zone does not have a budget. However, they have guidelines that specify how expenses are dispersed (on a cash-available basis) and the priority for the disbursement. There are established reserve amounts to fund zonal trusted servants. For 2023 that amount is \$2,060. Most regions provide funding for their delegate teams.

They receive funds in voluntary donations from regions, areas, and members. They collect a Seventh Tradition at the face-to-face meetings. They also receive donations from MZSSNA.

EVENTS

At the request of the region that is hosting the hybrid meeting, the MZF offers to present workshops as well as a PR event during the weekend.

The next Multi-Zonal Service Symposium will be in Wichita, Kansas, USA, 1–4 October 2026.

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North East Zonal Forum

15 seated regions
0 unseated regions
4,782 meetings

member regions include

ABCD

Central Atlantic

Chesapeake & Potomac

Connecticut

Eastern New York

Free State

Greater New York

Greater Philadelphia

Mid-Atlantic

New England

New Jersey

Northern New England

Northern New Jersey

Northern New York

Western New York

Zonal Meetings

Virtual

twice a year
(average length 1.5 hours)

Hybrid

twice a year
(3 days long)

Consensus-Based
Decision Making

Trusted servants
2-year terms

Established
1992



INFORMATION

Focus

Meetings of the North East Zonal Forum focus on reports by its subcommittees and workgroups, proposals submitted by its regions and subcommittees, discussion topics raised during the open forum, and submissions to the agenda.

The NEZF also conducts annual strategic planning. Their Steering Committee prepares a survey of member regions to provide input. This committee also monitors the process and selects facilitators. A full day is spent identifying and prioritizing issues, and the goals and approaches needed to solve them. Open participation of members is welcomed. Project plans are developed and sent to the regions for approval. A point persons is assigned and the progress of active plans are reviewed and given direction as needed.

Services

The services of the NEZF are:

- Public Relations Subcommittee (pr@nezf.org)
- Fellowship Development Subcommittee (fd@nezf.org)
- NESSSNA (North Eastern States Service Symposium) (info@nesssna.org)
- Website (with US meeting info)

The PR Subcommittee hosts a monthly virtual meeting where 15 PR chairs regularly attend. They support regional PR committees directly by providing planning templates for professional roundtables and events, PowerPoints, and sample letters. The PR Subcommittee may also attend regional meetings (by invitation) and assist in coordinating workshops. They supported four professional roundtable/panel events, conducted several international PR workshops, and organized a virtual conference for correction professionals.

The FD Subcommittee provides services to regions within the zone and, by request, outside the zone. NEZF FD provided mentorship, support, and facilitated connection in a variety of forums. This included workshops at various events, support to areas and regions with planning and in the creation and implementation of service bodies. FD also collaborates on training and mentoring videos. They supported a local area to create a website and developed virtual service materials for RDs, RCMs, and GSRs.

The Northeastern States Service Symposium of Narcotics Anonymous (NESSSNA) gathers members together from across our Fellowship (local, regional, national, and international). NESSSNA offers a unique opportunity for the exchange of experience, strength, and hope between all members of Narcotics Anonymous fostering the magic of service. Our Fellowship, Our Responsibility is the theme of NESSSNA III.

www.nezf.org

Chair: James P. (New England)
chair@nezf.org

Vice-chair: Allyse M. (Connecticut)
vicechair@nezf.org

Secretary: D'Lanor H. (New England)
secretary@nezf.org

Treasurer: Andrew B. (Western NY)
treasurer@nezf.org

FD Chair: Sarah L. (Western NY)
fd@nezf.org

PR Chair: Richie S. (Eastern NY)
pr@nezf.org

IT Chair: Dennis McC. (Northern NY)
it@nezf.org

NESSSNA: Jim D. (New England)
info@nesssna.org

Zonal contacts: James P. and Allyse M.

COLLABORATION

The NEZF member regions collaborate on projects through the strategic planning process and the FD and PR subcommittees.

The zonal PR subcommittee has supported local PR committees by providing planning templates for roundtables, NA convention site professional panels, committee startup support, and presentations on projects (bus ads, pharmacy bags, DMV kiosk PSAs), and sample letters. The PR subcommittee includes an H&I Task Team, which meets bimonthly.

FINANCIAL

The NEZF treasurer leads a Finance Committee that oversees the creation of an annual budget that supports the efforts of our committees, our project plans and funding of trusted servants. The Finance Committee also reviews guidelines and practices and offers suggestions for practical changes. The NEZF funds technical expenses (Zoom account and website hosting/domain registration); subcommittee budgets/projects; and Trusted Servant reimbursements.

SNAPSHOT of the ZONES of

Based on information provided by zones
February 2023 and updated February 2025



Plains States Zonal Forum



Established
1995

6 seated regions
0 unseated regions
1,226 meetings

member regions include

Best Little

Iowa

Mid-America

Nebraska

OK

South Dakota

Zonal Meetings

Virtual

twice a year
(average length 3 hours)

Hybrid

twice a year
(3 days long)

Consensus-Based
Decision Making

Trusted servants
3-year terms

INFORMATION

Purpose

The Plain States Zonal Forum fulfills these purposes:

- We coordinate services between our member regions.
- We provide an opportunity for discussion and exchange of information on problems and issues confronting NA.
- We facilitate communication, cooperation, and growth among regions in the Great Plains of the United States and NA World Services (NAWS).
- We help regional delegates prepare for the biennial World Service Conference and learn from each other, former delegates, and other experience trusted servants.
- We assist local NA members or communities who have questions about NA service or how to handle challenging situations.
- We conduct workshops and learning days on various topics in NA service.
- We sponsor multi-regional events with participation from NAWS.

Focus

The focus of the PSZF is Fellowship development through workshops/IDTs, training for delegate teams, sharing best practices, Public Relations, and Sponsorship Behind the Walls.

At the start of each cycle, after the election of trusted servants, they conduct a planning session where members are asked for input by their delegates. A Zonal Assessment Workshop PowerPoint is used during this meeting. The ideas generated from this meeting are sent to a workgroup for further development. The details are brought back to the member regions for a vote.

Services

The services that the zone provides:

- Zonal website with Basic Meeting List Toolbox (BMLT) support to all regions
- Zonal website with a Yap server for phonenumber services
- Access to three Zoom meeting accounts
- Calendar and scheduling available for any service body of any group, area, or region within the zone
- Funding available for literature, booth rent, etc. for professional conferences located within the zone
- Funding of Sponsorship Behind the Walls (SBTW) for any facility located within the zone
- PR to Professionals event on the Friday of hybrid zonal meeting
- CAR/CAT workshops with World Board participation (if available) that is open to all members

www.pszfna.org

Facilitator: Beth N. (Mid-America)
facilitator@pszfna.org

Co-facilitator: Brenda D. (Nebraska)
co-facilitator@pszfna.org

Secretary: Cindi B. (OK)
recorder@pszfna.org

Treasurer: De L. (OK)
treasurer@pszfna.org

PR Coordinator: Krista L. (Best Little)
pr@pszfna.org

IT Coordinator: Joseph H. (Best Little)
it@pszfna.org

Sponsorship Behind the Walls: Sam B. (Best Little)
sbtw@pszfna.org

Zonal contacts: Beth N. and Brenda D.

COLLABORATION

The zone does provide opportunities for collaboration in their member regions but no projects have taken place this cycle. They support and attend the Multi-Zonal Service Symposium (MZSS) and work with the Collaboration of US Zones.

SUCCESSES

During the pandemic, the zone added an additional Zoom account for local service bodies to use. They also started hosting a virtual recovery meeting, which continues today. They provided weekly, then monthly, training sessions for groups on how to host virtual meetings. Because of these actions, members gained a better understanding of the zone and the services they can provide.

FINANCIAL

Their biennial budget for 2022–2024 is \$11,311 and is funded by group, area, and region contributions and biannual fundraising auctions at hybrid zonal meetings.

The trusted servants and delegates are funded through their member regions. PSZF can provide funds for travel and lodging if regional funds are not available.

SNAPSHOT of the ZONES of

Based on information provided by zones
February 2023 and updated February 2025



Rocky Mountain Zonal Forum



Established
1998

6 seated regions
0 unseated regions
793 meetings

member regions include

Colorado

Montana

Southern Idaho

Upper Midwest

Upper Rocky Mountain

Utah

Zonal Meetings

Hybrid

twice a year
(1.5 days long)

with an added meeting
during the WSC, set by
the allotted time

Consensus-Based
Decision Making

Trusted servants
terms follow the
WSC cycle

www.rmfn.org
rmfna@googlegroups.com

Webervant: Mike H. (Colorado)

Zonal contacts: Dawn P. (Montana)
Chuck C. (Colorado)

INFORMATION

Mission Statement and Purpose

The Rocky Mountain Zonal Forum (RMZF) supports its regions by acting as a problem, discussion, and solution clearinghouse and an informational resource, to further regions' efforts to carry the message to the addict who still suffers through the principles of love and unity, thereby promoting growth so isolation does not hinder any addict's recovery.

The purpose of the Rocky Mountain Zonal Forum is to provide a regularly scheduled time and place where representatives of the member regions come together to further our primary purpose through service oriented discussions, workshops, events and task forces. The Rocky Mountain Zonal Forum's primary function is to facilitate joint, multi-regional efforts, which serve our member regions, and is directly responsible to the Regional Service Committees within this Zonal Forum.

We offer the following for addicts, groups, areas, and regions within the Rocky Mountain Forum boundaries:

- Suggestions for solutions to NA problems given to this body
- Addicts for outreach if at all possible/if needed
- Information such as meeting lists, literature, online contacts, resource contacts, and web links to better meet the needed requests
- Contacts with interested, experienced, and service-oriented addicts (resource people).
- A website (www.rmfn.org), which has our Mission Statement, contact methods, topics currently posted to discuss, an activities list, an archive of our documents, and a discussion of Rocky Mountain Forum website through the Traditions of NA.

We are action-based with web and postal contacts. We are here to serve the addicts within the boundaries of the Rocky Mountain Forum through the spiritual principles of unity and love.

Focus/Services

The Rocky Mountain Zonal Forum focuses on collaborating and sharing best practices with members of the zone through regional reports, activities, CAR/CAT-related discussions, and other agenda items as requested.

COLLABORATION

The RMZF has worked with other zones to hold a National Multiple-Zone CAR/CAT Workshop. They invite all zones to attend and participate in their workshops and discussions. They attend the Collaboration of US Zones and regularly brainstorm other opportunities to increase Fellowship development through collaboration.

CHANGES

The purpose of the meeting held in December is to workshop the CAR or the Interim WSC Report along with a current Issue Discussion Topic.

The July meeting is for planning and brainstorming survey topics.

The meeting held during the WSC is to touch base on current topics and set a plan in motion for the upcoming year.

FINANCIAL

The RMZF does not operate under a budget with the exception of the website domain cost of \$99 US every 5 years. This expense is covered by the member regions. The region hosting the meeting provides the location, facilitator, and designates a note taker.

EVENTS

Workshops, presentations, and idea discussions are mostly hybrid — inviting the Fellowship from other Zones to attend and participate.

SNAPSHOT of the ZONES of

Based on information provided by zones
February 2023 and updated February 2025



Russian-speaking Zonal Forum



2 seated regions
8 unseated regions*
3,767 meetings

member regions include

Big Moscow*
Blacklands*
Far East Russia*
Nevskiy*
North-West Russia
Povolzhye*
Siberia*
South*
Ural & West Siberia*
Western Russia

Established
2010

delegate.rzf@gmail.com

Chair: Dmitry (Povolzhye)
Secretary: Jamyan (Siberia)
Treasurer: Vladimir (Povolzhye)

Zonal Delegate: Mikhail (Big Moscow)
ZD Alternate: Igor (Big Moscow)

INFORMATION

Focus

During the meeting of the Russian-speaking Zonal Forum, they hear reports from their member regions, conduct workshops, hold elections, and plan for the services they will carry out during the following year. Although they do not utilize strategic planning, they do take regional requests into account when preparing the annual budget. They also conduct virtual CAR workshops.

Services

They have a website and provide these services: PR coordination, translations, H&I, IT committee, Narcotics Anonymous Community Assistance Fund, Autonomous Non-profit Organization, Fellowship development, and literature production and distribution.

The PR and H&I services are mostly meeting points for regions and areas to exchange experiences and ideas. They also coordinate common activities like at a service assembly or similar projects.

Fellowship development is relatively new for the RZF. They are working to support weaker Russian-speaking communities. FD became a fully functioning committee with a chairperson and ongoing duties.

Narcotics Anonymous Community Assistance Fund and Autonomous Non-profit Organization are independent nonprofit organizations with the full legal capacity necessary to ensure the activities of the Narcotics Anonymous community in the Russian Federation. This helps the zone with rental contracts, bank accounts, and assuming their literature production responsibilities.

Zonal Meetings

In-person
once a year
(3 days long; can be joined virtually if needed)

Virtual
12–24 times a year
(average length 1.5–2 hours)

Consensus-Based Decision Making

Trusted servants
2-year terms

CHANGES

The zone produces NA literature through an agreement with NA World Services, on NAWS behalf. They finished the process of legalizing the financial aspects of literature distribution. They took on this responsibility for many reasons, some internal, some external but all with the desire to make the process fully legal according to their laws.

FINANCIAL

The annual budget for the zone is funded through profit from the convention, and Seventh Tradition contributions. The zone funds the elected trusted servants to attend the meetings and regional delegates by request.

EVENTS

In 2024, the Russian-speaking Zonal Forum held their fourth huge zonal NA convention, which was 26–28 July in Samara, Russia. The previous zonal convention was held in 2021 in Kazan, Russia.

RZF plans to hold a zone-wide H&I / PR assembly in 2025 in St. Petersburg, Russia. And the fifth zonal NA convention is to be held in 2026 in Ekaterinburg, Russia.

SNAPSHOT of the ZONES of

Based on information provided by zones
February 2023 and updated February 2025



Southeastern Zonal Forum



Established
1992

6 seated regions
1 unseated region*
3,984 meetings

member regions include

Alabama/
Northwest Florida

Bluegrass Appalachia*

Carolina

Florida
(including Bermuda and
Trinidad-Tobago)

Georgia

North Carolina

South Florida
(including the Bahamas)

Zonal Meetings

Hybrid

three times a year
over two days

Consensus-Based
Decision Making

Trusted servants
terms match WSC
cycle

INFORMATION

Mission

The mission of the SEZF is to provide a regularly scheduled time and place where representatives of the member regions come together to further our primary purpose, "to carry the message of recovery to the still suffering addict," through service-oriented discussions, workshops, events, and task forces. The SEZF's primary function is to facilitate joint, multi-regional efforts that serve our member regions and are directly responsible to the Regional Service Committees within the zone.

1. The Forum is comprised of regional delegates and alternate delegates from within the geographical boundaries of the Southeastern Zone.
2. To accomplish its primary purpose, the Southeastern Zonal Forum has established guidelines that provide direction and accountability for its actions. Changes to the guidelines require consensus.
3. The Southeastern Zonal Forum will conduct itself in accordance with the Twelve Traditions and the Twelve Concepts for NA Service so that a spirit of selfless service and not of government remains always as its guidepost.
4. The SEZF shall act as a service to the Regions and not as another level of service between the Regions and NAWS.

Focus/Services

The SEZF meetings focus on support for member regions through reports and delivery of services. At each zonal meeting, they try to cater workshops for the local community. The host region selects the topics to discuss.

Currently, the only active task force is Public Relations, however they are exploring more ways to increase their Fellowship Development efforts.

The SEZF also helps with local projects if assistance is requested by local service bodies.

They also host hybrid CAR and CAT workshops.

www.sezf.org
sezf@googlegroups.com

Facilitator: Mat S. (South Florida)
**Secretary/
Treasurer:** Belynda N. (Florida)
PR Liaison: Joel B. (Florida)
Webservant: Michelle C. (Florida)
Zonal contacts: Jessie B. (North Carolina)
Mat S. (South Florida)

COLLABORATION

The SEZF provides collaboration opportunities for the member regions with the standing task force teams. Task force teams/project workgroups are formed based on need and trusted servant availability; the SEZF may have several workgroups at any given time and anyone may join these groups.

The SEZF participates in multi-zonal workshops and reaches out to other zones — especially in the areas of PR and Additional Needs. The SEZF also participates in the US Collaboration of Zones.

FINANCIAL

The three year budget for 2023–26 is \$33,517. Member regions send funds to the zone. The attendance of the facilitator, secretary/treasurer, and webservant are funded by the zone.

Regional delegates are funded by their regions to attend each SEZF meeting.

SNAPSHOT of the ZONES of

Based on information provided by zones
February 2023 and updated February 2025



Southern Zonal Forum

8 seated regions
1 unseated region*
3,299 meetings

member regions include

Arkansas
Kentuckiana
Lone Star
Louisiana
Mississippi
Red River*
Show-Me
Tejas Bluebonnet
Volunteer

Zonal Meetings

Hybrid
three times a year

Consensus-Based
Decision Making
with all in attendance
included in the process

Trusted servants
2-year terms



Established
1992

INFORMATION

Focus

The Southern Zonal Forum (SZF) focuses on addressing regional issues, collaborating with other zones and members, and sharing best practices to strengthen the Fellowship. They review Issue Discussion Topics, NAWS updates, and SZF guidelines while creating strategic plans to better serve the community.

Each zonal meeting includes workshops tailored to the host region's needs with topics chosen by the hosting region and the zonal body. SZF forms internal workgroups for regional delegates and their alternates, as well as external workgroups which are open to any member within the zone.

Following the 2024 strategic planning session, SZF launched three key workgroups: Communications, Mentorship, and Effects of Racism in the SZF.

The SZF also supports FD and PR efforts in member regions and communities upon request. The hybrid format of meetings and workgroups makes participation more accessible.

Services

Workshops: The SZF hosts workshops during meetings and for local communities upon request. Topics include Fellowship development, public relations training, and other service-related efforts.

Website: Resources such as workshop presentations, guidelines, meeting minutes, event calendar, and other helpful documents are available on their website.

Zoom Access: Their Zoom meeting account is available for subcommittees, workgroups, and member regions, depending on availability.

CAR/CAT workshop: The SZF facilitates CAR/CAT workshops with World Board participation and are open to all members.

Public Relations: They host monthly virtual PR meetings which are open to all members to share ideas and resources. They also provide templates, PowerPoints, and sample letters to help with professional events and outreach. When requested, they attend regional meetings to support events and training.

Fellowship Development: The SZF hosts monthly virtual FD meetings which are open to all members. They provide mentorship, support, and training workshops to help regions develop and implement FD services.

www.szfna.org
all@szfna.org

Facilitator:

Scott M. (Show Me)

Secretary:

Patsy P. (Tejas Bluebonnet)

Treasurer:

Callie G. (Volunteer)

FD Coordinator:

Kristin D. (Show Me)

PR Coordinator:

Craig G. (Volunteer)

Zonal Contact:

**Scott K.
(Bluegrass Appalachian)**

COLLABORATION

The SZF matches mentors with mentees through Fellowship development efforts and is developing a SZF Human Resource Panel pool of trusted servants.

They collaborate with other service bodies to support SZF projects, such as the "Basic Text for Jails" initiative.

They participate in the Collaboration of US Zones, a quarterly virtual meeting of all seven US zonal forums. These meetings focus on shared service efforts to benefit addicts across the United States (<https://usa-na.org>).

FINANCIAL

The zone is currently formalizing a budget based on the previous year's expenses. Funds come from groups, areas, and regions, and any amount exceeding the prudent reserve is forwarded to NAWS in line with SZF guidelines. To support zonal efforts, they collect registration donations during SZF meetings and occasionally raises funds through t-shirt sales.

EVENTS

One of SZF's in-person meetings is held in conjunction with the Multi-Zonal Service Symposium, which will take place 1–4 October, 2026, in Wichita, Kansas, USA (www.mzssna.org).

SNAPSHOT of the ZONES of

Based on information provided by zones
February 2023 and updated February 2025



Western States Zonal Forum

13 seated regions
0 unseated regions
5,604 meetings

member regions include

Alaska

Arizona

California Inland

California Mid-State

Central California

Northern California

Pacific Cascade

Region 51

Rio Grande

San Diego

Imperial Counties

Sierra Sage

Southern California

Washington

Northern Idaho

Zonal Meetings

In-person

once a year
(4 days long)

Virtual

twice a year
(average length 2 hours)

Hybrid

once a year
(average length 2 hours)

Consensus-Based

Decision Making

(consensus is reached
when 2/3 of the voting
RDs are in favor of a
proposal/topic.

(9 out of 13 for full vote)

Established
1991

INFORMATION

Mission

The Western States Zonal Forum is a service-oriented sharing session that joins the regions of the Western States Zone to collectively share our service challenges and share our solutions to challenges through annual meetings and ongoing communication. The Forum provides training opportunities to benefit zonal and local members and their service bodies. The interaction and collaborative exchange with NAWS and the World Board serve our body and help us prepare for the WSC and support Fellowship development.

Focus

The focus of the Western States Zonal Forum is to administer workgroups, and provide training, sharing of best practices, challenges and solutions, Fellowship development, and preparation for the World Service Conference.

Services

WSZF implements Fellowship development in conjunction with their annual weekend meeting, and they maintain a zonal website. In order to further the goal of providing more services within the zone, they have open webinars for Fellowship development, H&I, and PR sharing opportunities throughout the year.

They conduct CAR/CAT workshops for delegate teams with the World Board in attendance. Visitors are welcome and may be invited to participate if time allows.

WSZF provides opportunities for members within the zone to get involved on projects. They form internal workgroups that are open to past and present RDs and RDAs. They also form external workgroups that are open to any member who lives in the zone.

They utilize planning by prioritizing issues of concern and forming workgroups that meet in-person and virtually to take the next steps and report back to the forum at large.

www.wszf.org

Facilitator:

Tina N. (Region 51)

Alt. Facilitator:

Mandy H. (Alaska)

IT Workgroup

Alan B.

Facilitator:

(Washington Northern Idaho)

Zonal contacts:

Tina N. and Mandy H.

COLLABORATION

The zone has been using online collaboration tool (Loomio) for discussion, posting documents, and information sharing. This works for the members that use it and check it consistently.

The process of identifying areas of focus, creating workgroups that meet virtually, and then posting progress on the online collaboration tool is showing some success. They have been able to provide Fellowship development, tailored to the local needs, at the annual weekend meetings for the local community in which they meet.

For the 2020 CAR workshop, they invited the Rocky Mountain Zonal Forum to attend. Two members from that zone participated in the meeting.

FINANCIAL

The WSZF has an annual budget of up to \$3,900.

Contributions to the budget are made by member regions at a suggested rate of \$300 per region. The budget includes funding trusted servants (travel, lodging, per diem), some costs associated with the zonal meetings, and other expenses as agreed to by the zone and its member regions, such as technology.

Any zonal forum member may submit a request for reimbursement for expenses. Each request will be considered individually.

EVENTS

During the three- to four-day formal meeting, they plan an event or session that serves the needs of the local Fellowship. This could be either Fellowship development, training, or some other event. One of the informal meetings co-occurs with Western Service Learning Days (WSDL).