# Fellowship Development

1 MAY 2021



## Select a language

Select **English** or one of the translation channels:

Farsi Greek Hebrew Polish Portuguese Russian Spanish







Everything that occurs in the course of NA service must be motivated by the desire to more successfully carry the message of recovery to the addict who still suffers. It was for this reason that we began this work.

We must always remember that as individual members, groups and service committees, we are not and should never be in competition with each other. We work separately and together to help the newcomer and for our common good. We have learned, painfully, that internal strife cripples our Fellowship; it prevents us from providing the services necessary for growth.

**BASIC TEXT INTRODUCTION** 



## How will your NA community celebrate the Third Annual Service Day?

Host a service-related speaker jam? Hold a virtual workshop? Organize a Service Learning Day?

NAWS will be hosting a webinar on Fellowship Development. 1 May, 11:00am-1:pm PDT. More information will be posted at www.na.org/webinar.

recover, and together, we serve—this is the spiritual core of our program, the foundation of our fellowship.

Together, we

Twelve Concepts for NA Service. Concept Twelve

Please send your ideas and comments to worldboard@na.org.







SATURDAY @ 1 MAY 2021



When we come together in service, we connect with each other in a vital way. Most of us feel better when we are productive, and doing something together that helps addicts

stay clean gives us a sense of belonging. The friendships we develop in service are unlike any in our lives—not because they are always easy or pleasant, but because we work hard, walk through struggles, and solve problems together. In contributing to our common welfare, we find meaning and joy. In creative action we find love and purpose.

Our vision statement includes the hope that every addict will be able to hear the message and that every member has the chance to "experience spiritual growth and fulfillment through

service." We experience unity in service when we see our work as part of a greater whole, in service to our primary purpose, and connected to our personal recovery. In whatever way we serve, our vision must be at the center. We can be so focused on a task that we neglect to reach out to members who might be willing or interested. Vision is important, and we must constantly adjust our focus—zooming in on the task at hand, and pulling back to see how it fits in the larger frame.

Guiding Principles, Tradition One



## A Vision for NA Service

All of the efforts of Narcotics Anonymous are inspired by the primary purpose of our groups. Upon this common ground we stand committed.

Our vision is that one day:

- Every addict in the world has the chance to experience our message in his or her own language and culture and find the opportunity for a new way of life;
- Every member, inspired by the gift of recovery, experiences spiritual growth and fulfillment through service;
- NA service bodies worldwide work together in a spirit of unity and cooperation to support the groups in carrying our message of recovery;
- Narcotics Anonymous has universal recognition and respect as a viable program of recovery.

of our service efforts, all of which rely upon the guidance of a loving Higher Power.



## www.na.org/virtual





FOR THE PUBLIC







Home > For the public > Virtual NA Meeting Resources

#### Virtual NA Meeting Resources

#### Coronavirus Statement - English | Portuguese | Spanish

This page contains links and resources to help addicts meet online or by phone. If you have developed resource you'd like to share, please let us know: <a href="mail@na.org">[smail@na.org</a>. Note—resources developed by World Services are noted with (NAWS) at the end of the title, and locally deversources are noted with (local) at the end of the title.

List or update virtual meeting information here

Find a Meeting

Webinars and Events

Administer a Meeting—Tech Tips

Seventh Tradition

On Screen Resources

Attend a Meeting

Carry the Message

Meeting Guidelines

COVID-19-Related Resources

**Resource Collections** 

Miscellaneous

#### Administer a Meeting—Tech Tips

- Zoom walkthrough (local) (MP4 in Zip Format)
- How to prevent Zoom bombing (local)
- Info about anonymity and Zoom (local)
- Bluejeans walkthrough (local) (MP4 in Zip Format)
- · NA By Phone walkthrough (local) (MP4 in Zip Format)
- <u>Virtual service meetings equipment</u> (local) (MP4 in Zip Format)

#### Seventh Tradition

- NAWS Contributions (NAWS)
- . Some suggestions about the 7th Tradition from Northern New Jersey (local)
- New England Region 7th Tradition PowerPoint (local)

#### On Screen Resources

- Literature:
- . How to access free recovery literature on na.org (local)
- · Flier on available NA elit (NAWS) PDF | JPG (for social media)
- Keytags and Chips
- Keytags in one file (NAWS) English | Portuguese | Spanish
- Keytags in all languages available (NAWS)
- Chips in one file (NAWS)
- On-screen Meeting Formats
- · Online Format Draft from The NorthStar Group (local)
- · Virtual Meeting Slideshow Template from Toronto ASC (local)
- · Miscellaneous Slides for Meetings
- Vision of NA Service slide
- NAWS contribution slide
- NAWS News Dec 2020 slide
- · How to Stay Informed

#### Attend a Meeting

- · Meeting Attendance Cards in Virtual Meetings
- · Raising hands and other tips while using Zoom (NAWS)- PowerPoint | PDF
- Web Meeting Participant Orientation (NAWS)

(This is the orientation World Services uses for online service meetings using a points here may be helpful for online recovery meetings as well.)

#### Carry the Message

- Reaching out to newcomers (NAWS)
- · Sample meeting closed notice (local)
- . Sample notice to clients about meeting closures for use by facilities (local)
- Covid19 Letter to H&I Facilities (local)
- . Bringing the NA Program Online to Jails and Prisons (NEZF) (local)
- · Virtual Parolee Presentation (NorCal) (local
- . Letter Template Requesting Rental Space (local)
- · Converting Your Web Presence (local) card front | card back

#### **Meeting Guidelines**

- <u>Updated online meeting guidelines Highlands and Islands UK (local)</u>
- Skype meeting guidelines Highlands and Islands UK (local)

#### COVID-19-Related Resources

- COVID-19 Suggestions for Online and In-person Meetings from Ontario Region (local)
- . Checklist for Reopening Meetings from New England Region (local)
- Contra Costa County NA (NorCal) Resumption Package (local)
- Covid-19 Meeting Guidelines (Hawaii) (local)
- Reapertura de Grupos NA (local)
- · poster reapertura A3 (local)
- · COV1D19 Safety Planning for Groups Northern Australia Area (local)
- COVID19 Meeting Entry Notice Brisbane Australia (local)
- PROTOCOLO DE BIOSEGURIDAD NARCOTICOS ANONIMOS AREA MEDELLIN (local)

#### **Resource Collections**

- · YouTube Channel with valuable resources (local)
- . Google Drive with valuable resources (local)

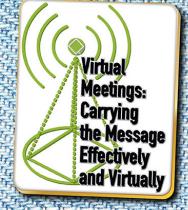
#### Miscellaneous

- 12 Traditions and 12 Concepts Sheet (NAWS)
- . Online Meetings Best Practices: NAWS Webinar Discussion Notes (NAWS)
- . Our virtual presence bulletin v3 (local)
- Event Cancellation Information—see Cancellation/Force Majeure section (NAWS)



## project news

- Please complete the survey:
  How virtual meetings are
  connecting to the wider world
  of NA and NA service delivery.
- Review outline for new tool on virtual meetings' best practices.
- See the report and all other materials posted on the project page for more detail.







## **ARGENTINA'S**



na.org.ar/maratonica







It started as a Regional service in response to the Covid 19 lockdown so that addicts looking for their first meeting could receive a single link instead of an endless list







## ... and it worked







4380

## **Meetings**

This is the equivalent of a meeting that opens 2 hours every day for more than 12 years 8760

## HOURS of non-stop service

Consecutive meetings, 2 hours each

500

## **Newcomers**

and countless visitors from outside the fellowship, institutions, governmental authorities and professionals 190

### **Servants**

Members from all over the world came together to make this possible: Argentina, Chile, Uruguay, Peru, Ecuador, Honduras, Mexico, Costa Rica, Germany, France, Spain and USA

Numbers running from March 23th 2020 to March 23th 2021,
(12 months of uninterrupted service)

na.org.ar/maratonica





## **Press Clippings**







Our website and social networks redirect users to the Zoom meeting, and our 24/7 free phone helpline does it too. We added a WhatsApp Business service with a bot that also gives this information

na.org.ar/maratonica





# This service body is developing into an area on its own but is currently a Fellowship Development regional









Each 2 hour time slot is a group with their own GSR and business meetings. The marathon meeting has regional representatives, group support forums, public relations, and a tech support







## **Challenges and Difficulties**

#### RECRUITING

We opened the invitation to serve and welcomed everybody with the spirit to serve without asking for any background. We found out that some people started to serve with big resentments with the fellowship and it was very problematic

#### **TECHNOLOGY**

We started using Google Meet and changed to Zoom after a few months. Security issues are constantly something we have to attend to. We use a URL that redirects to the current Zoom meeting link that can change through time without anybody noticing the change

#### **AUTONOMY**

We understand this as an ongoing service effort and not necessarilly a group. Some members would like this to be considered an area with full autonomy but they still depend on the Fellowship Development Committee.

This is still a focus of discussion.

na.org.ar/maratonica





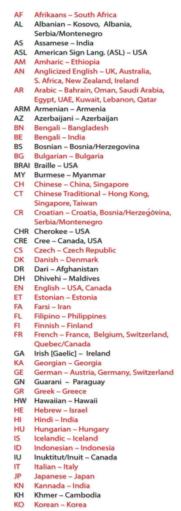


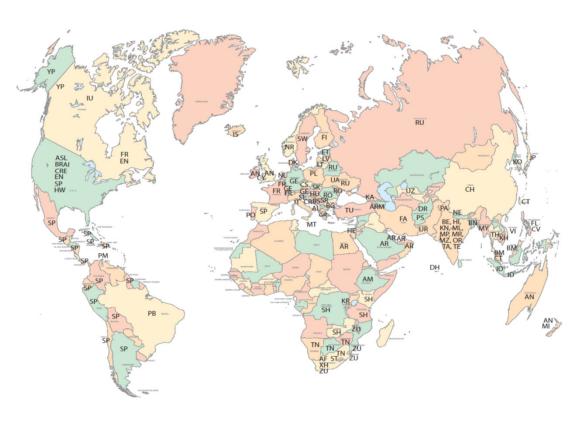
# thank you and Love from Argentina



## NA Meets in 91 Languages

#### 56 published languages in RED based on IP #1





Kurdish - Iran, Iraq, Syria, Turkey Latvian - Latvia Malay/Bahasa Melayu - Malaysia, Malayalam - India Maltese - Malta Manipuri - India Maori - Aotearoa/New Zealand Marathi - India MZ. Mizo - India Nederlands/Dutch - Netherlands Nepali - Nepal, India NE Norwegian - Norway Odia - India OR Papiamento - Aruba Pashto - Afghanistan Polish - Poland Portuguese - Brazil Portuguese - Portugal Punjabi - India Romanian - Moldovia, Romania Russian - Russia, Belarus, Ukraine Rwandan/Kinyarwanda - Rwanda Serbian - Serbia/Montenegro, Croatia Slovak - Slovakia Slovenian - Slovenia Sotho - Lesotho, South Africa

Spanish - Spain, Uruguay, Venezuela,

Argentina, Bolivia, Chile, Colombia,

Mexico, Nicaragua, Peru, Puerto Rico,

Panama, Paraguay, Guatemala, Belize

Swahili - Kenya, Tanzania, Uganda,

Tswana - Botswana, South Africa,

Zambia, Congo

Tamil - India

TE

Telugu – India

Swedish - Sweden

Namibia, Zimbabwe

Ukrainian - Ukraine

Uzbek - Uzbekistan

Xhosa - South Africa

Vietnamese - Vietnam

Visayan/Bisaya - Philippines

Zulu - South Africa, Malawi,

Mozambique, Swaziland

Yup'ik - Western Alaska, Yukon Territory

Turkish - Turkey

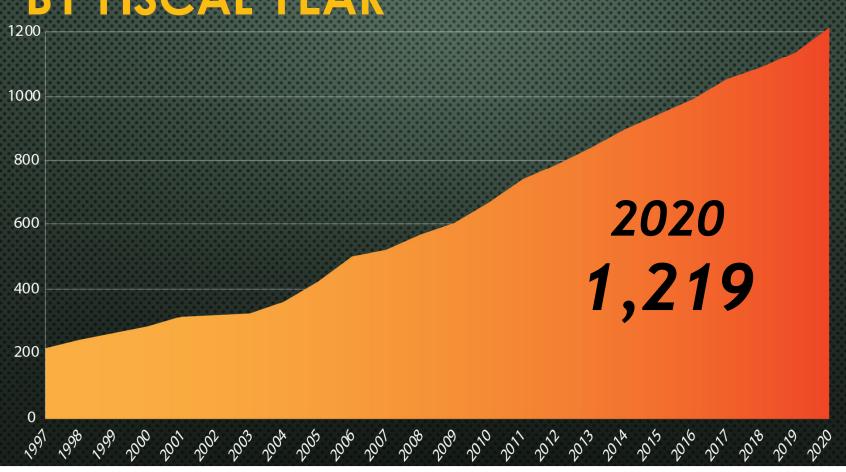
Urdu - Pakistan

Welsh - Wales

Costa Rica, Cuba, Dominican Rep.,

Ecuador, El Salvador, Honduras,

# TOTAL PUBLISHED TRANSLATED ITEMS BY FISCAL YEAR







## Narcotics Anonymous



## **Carrying the Message**









NA meetings were started in Indonesia in 2000 in Jakarta and Bali. NA currently has 54 meetings in 16 Cities within Indonesia. NA Bali and NA Jakarta have hosted International NA conventions.

"Perkumpulan NA Indonesia" was registered as a legal entity with the Department of Justice of Indonesia in 2020.











- With English speaking members in Bali
- Initial struggle because the fellowship was primarily expatriate based
- H&I meeting started in a local rehab resulting in Indonesian speaking members coming to the meeting
- Indonesian speaking member's started a new homegroup
- Indonesian speaking meetings became regular
- Group's got together to form NA area's in Bali, Bogor and Jakarta
- Translation from English to Bahasa Indonesia started to happen
- In 2017 we managed to form our RSC with 12 area's





- Archipelago (17.000 Islands)
- Diverse cultures and religions
- Language (more than 35 languages)
- Limited access to both English and translated literature
- Limited workshops or learning days on traditions and the service structure





- Getting Bahasa Indonesia speaking members in to all level of service structure
- Organized translations through area translation committees (leading to the official publication of the Bahasa Indonesia Basic Text in 2017)
- The success in getting NA Indonesia recognized as a legal entity
- APF annual meeting and convention in Bali 2019. 1<sup>st</sup> Regional PR event with NAWS and the Indonesian government.
- Regular NA presentations to various Indonesian government departments, leading to acknowledgment from them recognizing NA as a viable resource in recovery from drug addiction



## **Post Pandemic Solutions**



- 14 Regional virtual recovery meetings in a week, some bilingual.
- Regional virtual learning days for H&I and PR
- Hybrid H&I and recovery meetings in prison
- Many jails in Indonesia now stock NA literature in their prison libraries.
- The birth of Bahasa Indonesia speaking women's only homegroup
- Very active sponsorship and step working because of literature based or multiple topics meeting
- Launch of PSA in Bahasa Indonesia during PR week (leading to many calls on the phone lines)
- Literature supplies from NAWS got better
- Better communication between ASC and RSC



## NA BALI MEETING ROOM - INDONESIAN SPEAKING









## NA BALI MEETING ROOM - ENGLISH SPEAKING









## NA MEETINGS IN INDONESIA

Bali: 28 meetings	Lampung: 2 meetings
Banda Aceh: 1 meeting	Makassar: 1 meeting
Bandung: 1 meeting	Medan: 1 meeting
Batam: 1 meeting	Pontianak: 1 meeting
Bogor: 5 meetings	Samarinda: 1 meeting
Bengkulu: 1 meeting	Solo: 3 meetings
Jambi: 1 meeting	Surabaya: 2 meetings
Jakarta: 4 meetings	Tarakan: 1 meeting





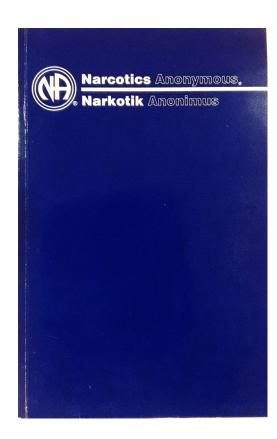
## NA LITERATURE IN BAHASA INDONESIA



- NA Indonesia Literature Translation Committee has translated the following items into Bahasa Indonesia.
  - NA Basic Text
  - 12 recovery pamphlets
  - 2 service pamphlets











## Terima Kasih







## Twelve-Year Meeting Trends

www.na.org/media

_	2008	2010	2012	2014	2016	2018	2020	Average Growth
Western Europe	2,557	2,664	2,820	3,038	3,282	3,591	3,918	
		4%	6%	8%	8%	9%	9%	7%
Iran	11,256	16,793	18,195	18,200	20,598	21,974	26.075	
		49%	8%	0%	13%	7%	19%	16%
Middle-East	399	435	448	411	510	606	672	
		9%	3%	-8%	24%	19%	11%	10%
Africa	228	240	249	335	384	405	499	
		5%	4%	35%	15%	5%	23%	14%
USA -	25,613	26,881	27,804	27,317	27,375	27,677	27,005	
UUA		5%	3%	-2%	0%	1%	-2%	1%
Canada -	1,166	1,243	1,369	1,360	1,263	1,323	1,369	
Vallada		7%	10%	-1%	-7%	5%	3%	3%
Central America	3,299	3,903	3,312	3,379	3,167	3,097	3,326	
Contrar Amorroa		18%	-15%	2%	-6%	-2%	7%	1%
South America –	1,272	1,251	1,524	2,250	1,932	2,189	2,857	
Oddii America		-2%	22%	48%	-14%	13%	31%	16%
Brazil -	1,998	1,995	3,153	3,581	4,427	4,374	4,633	
Diazii		0%	58%	14%	24%	-1%	6%	17%
Eastern Europe	256	308	345	440	564	646	734	
Lastern Europe		20%	12%	28%	28%	15%	14%	19%
Russia -	340	523	909	1,042	1,657	2,072	2,726	
Russia		54%	74%	15%	59%	25%	32%	43%
Asia Pacific –	1,458	1,533	1,639	1,649	1,747	2,061	2,261	
Asia i asilio		5%	7%	1%	6%	18%	10%	8%
Total Meetings –	49,842	57,769	61,767	63,002	66,906	70,015	76,075	
Total mootings		16%	7%	2%	6%	5%	9%	7%



NA SERVICE DAY MAY 1ST, 2021



## WHERE'S THE AMAZON?







## **CHALLENGES IN THE AMAZON**

- PHYSICAL DISTANCES;
- INSUFFICIENT INTERNET ACCESS COVERAGE;
- TRANSPORTATION MODES
  - MOSTLY BOAT; PLANE IS VERY EXPENSIVE; QUITE A FEW ROADS;
- **COVID-19 PANDEMIC AND LEGAL CONSTRAINT RULES;**

# WHAT'S BEING DONE ABOUT THE CHALLENGES?

- BUT THERE'S SOMETHING THAT MAKES ALL THE DIFFERENCE: GOOD WILL
- MANY GOOD SERVANTS;
- CREATIVITY;
- VIRTUAL SERVICE TOOLS;

## **VIRTUAL FD/PR ACTIVITIES**

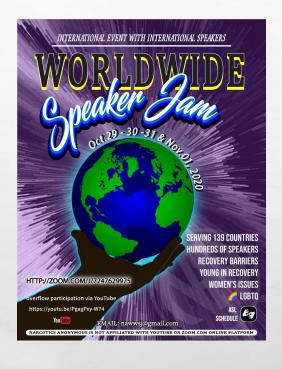
- VIRTUAL MEETINGS;
- NEW NA GROUPS THAT "WERE BORN" FROM ONLINE MEETINGS;
- FD/PR ONLINE WORKSHOPS;
- SERVICE WORKSHOPS: HELP LINE, H&I, VIRTUAL MEETING SERVICE, HOW TO USE ZOOM;
- VIRTUAL EVENTS ABOUT STEP STUDY, TRADITIONS, SERVICE CONCEPTS;
- PEOPLE WHO LIVE OUTSIDE THE AMAZON ARE ALSO OF SERVICE IN THE AMAZON!



## **THANK YOU FOR PARTICIPATING!**

BE OF SERVICE!







www.na.org/br



#### RUSSIAN-SPEAKING ZONAL FORUM



#### Countries

- 1. Russia
- 2. Abkhazia
- 3. Armenia
- 4. Azerbaijan
- 5. Belarus
- 6. Donetsk People's Republic
- 7. Georgia
- 8. Kazakhstan
- 9. Kyrgyzstan
- 10. Lugansk People's Republic
- 11. Tajikistan
- 12. Uzbekistan





### 8 REGIONS

282 towns

758 groups

2631 meetings every week

\*AS OF OCTOBER 2020











## Literature and LTC

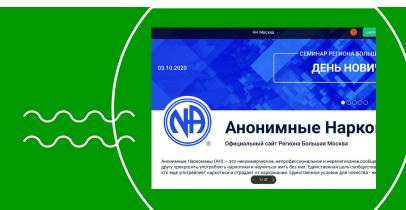
- All recovery literature is translated
- Agreement with NAWS on printing
- First edition of BT 6 is printed

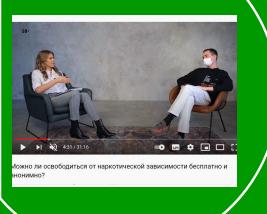
#### MY HOME PHARMACY

NA name cards and posters placed in:

- pharmacies
- drug treatment clinics
- outpatient psychiatric clinics
- tuberculosis dispensaries
- pawn offices etc.









#### Digital

- Website SEO (Search Engine Optimization)
- Yandex Zen (Blog with addicts' personal stories)
- YouTube channel



#### **NA** Radio





24/7 Internet broadcast



**Speakers** 



Interviews with trusted servants



Reading NA book excerpts



STAY SAFE!!!





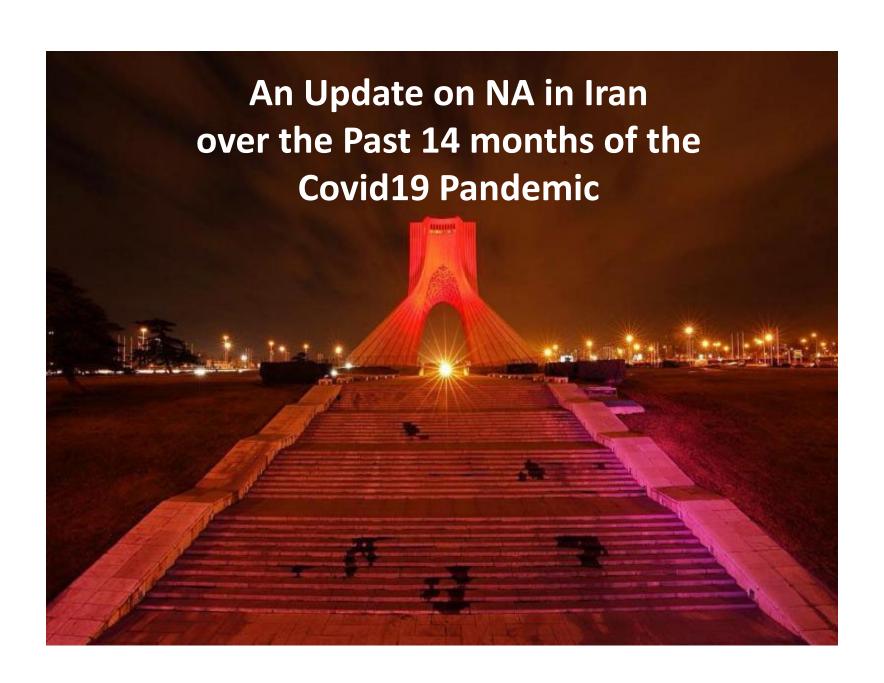
#### **Iran Convention 2015**

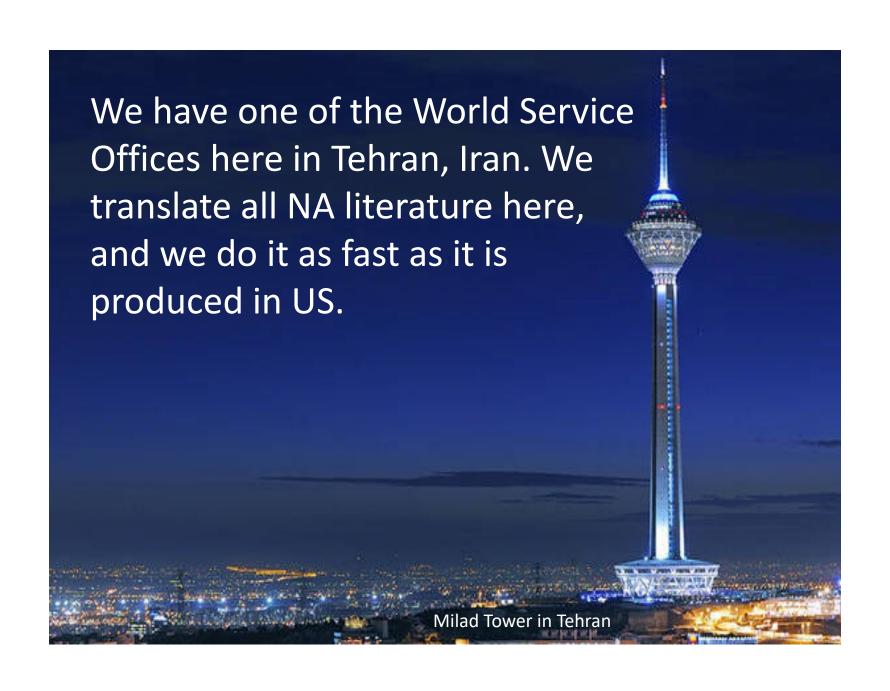
#### Iran Service Day flyer



















For Fellowship Development of Narcotics Anonymous of Iran and Farsi speaking communities in the neighboring countries and even other parts of the world; Iran's service structure has had many online virtual workshops and ready to continue doing so. We are always available and ready to help.





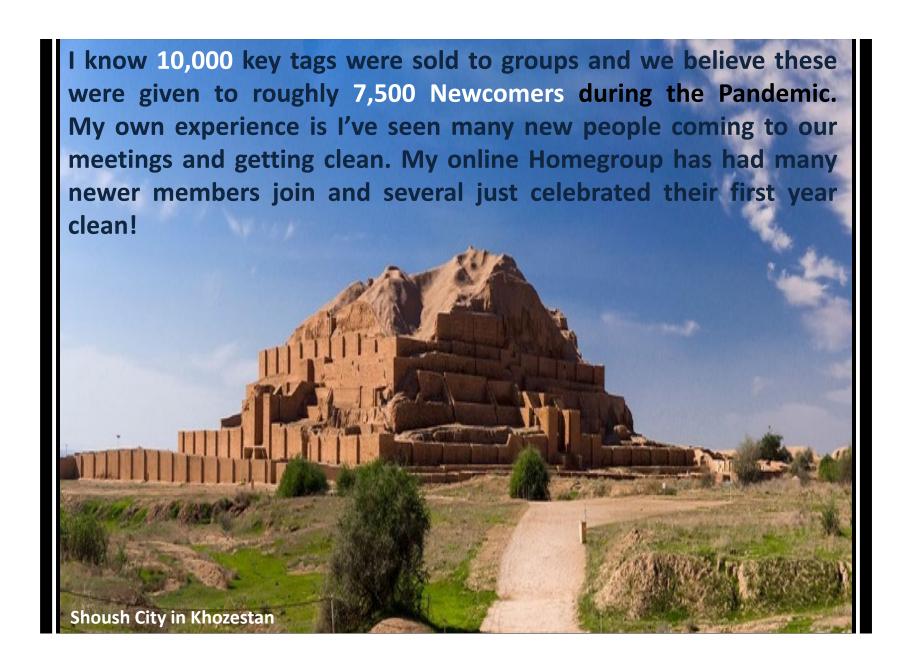
Before the Pandemic we had 23,800 meetings per week. Now, after 14 months of the Pandemic, we have 1,500 online meetings per week, or about 215 meetings a day. We've also had over 150 different types of service meetings during this period.





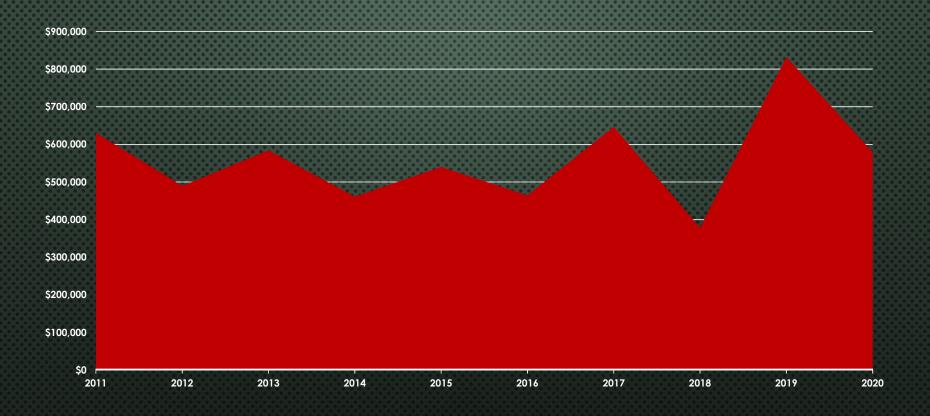
There has been more than 100 various online workshops with topics like literatures, sponsorship, traditions and concepts, FD, PR and so on...

Arg Bam Kerman





#### FREE AND SUBSIDIZED LITERATURE 2011-2020







"Many books have been written about the nature of addiction. This book concerns itself with the nature of recovery." ---Basic Text, What is the NA Program?

"It is our hope that this book will help the suffering addict find the solution we have found. Our purpose is to remain clean, just for today, and to carry the message of recovery."

--Basic Text, Introduction
"Es nuestra esperanza que este libro ayudará al adicto
que todavía está sufriendo encontrar la solución que
hemos encontrado. Nuestro propósito es permanecer
limpio, sólo por hoy, y para llevar el mensaje de
recuperación."

- Texto Básico, Introducción



#### Drug Problem?

¿Problema con adicción a las drogas? ...we can help. ...podemos ayudar.

NA members would like to send you a **FREE** Basic Text of Narcotics Anonymous. Please have at least 30 days left in your current facility before writing for a book, to allow for delivery time.

Los miembros de NA quisieran enviarle un Texto Básico GRATIS de Narcóticos Anónimos. Por favor, tenga por lo menos 30 días en su establecimiento actual antes de escribir para un libro, para permitir el tiempo de entrega.

Send a letter with your name, DOC# and location to:

Project Primary Purpose
PO Box \*\*\*\*\*, Omaha, NE 68102

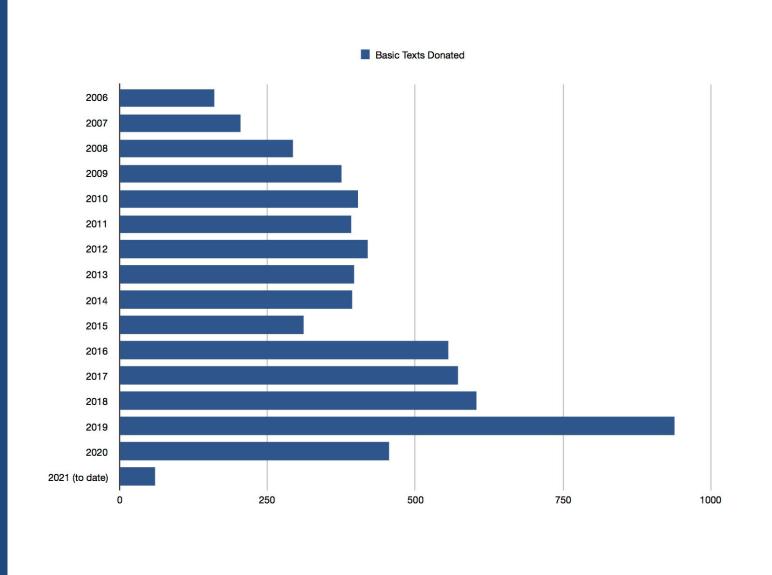
Envíe una carta con su nombre, DOC # y ubicación a:

Project Primary Purpose PO Box \*\*\*\*\*, Omaha, NE 68102

(Por favor, especifique que desea un texto en español.)

There is no cost for this book.

It is provided free of charge by another NA member's donation.



#### WHERE WE ARE AT NOW

- STATE INSTITUTION MAILINGS ( NE, IA, KS, SD, OK, BLR )
- OTHER REGIONS WE HAVE MAILED TO (AR, CA, CO, ID, IL, FL, MA, MO, MN, NM & WY)
- OVER 6500 BT SINCE 2006

Need more information or have questions? Email ENNAPR@COX.NET

EKTOS The EDM is a European based forum of me Europe inside and outside Europe, whose mission is to الفادي their growth and help them fullfil their still \suffering addict (3)(-)(0) MELT KARSIVA ADDIKTI y craissance

Workshops Meetings Barbecue





Workshops Meetings Party

#### Second EUROPEAN SERVICE LEARNING DAYS Wroclaw, April 28-30, 2017



The Second European Service Learning Days are provided by the EUROPEAN DELEGATES MEETING feel free to visit our website for more info: www.EDMNA.org



8-9.05.2021 ON ZOOM

#### EUROPEAN SERVICE LEARNING DAYS 2021

#### PROGRAM (all in CET times):

#### DAY 1: (SATURDAY 8TH OF MAY 2021)

#### DAY 2: (SUNDAY 9TH OF MAY 2021)

10:30 to 11:00 AM
INTRODUCTION TO THIS YEAR ESLD

10:30 TO 11:00 AM
INTRODUCTION TO TODAY'S PROGRAM

11:00 TO 12:30
RECOVERY MEETING
"SPEAKERS FROM GROWING FELLOWSHIPS AROUND THE EDM ZONE"

11:00 TO 12:30

RECOVERY MEETING

"SPEAKERS FROM GROWING FELLOWSHIPS AROUND THE EDM ZONE"

12:30 to 14:00 Lunch break (ENTERTAINEMENT)

14:00 to 15:30 PR WORKSHOP "PR MOVING FORWARD" 14:00 TO 15:30 FD WORKSHOP

Our 7th tradition: contributions rather than

fundraising 15:30 TO 16:00

**ENTERTAINEMENT** 

16:00 TO 17:30 PM
EDM NEWS WORKGROUP
"CARRYING THE MESSAGE AND SOCIAL MEDIA"

16: TO 17:30 PM
NAWS WORKSHOP
"VIRTUAL MEDIA MEETINGS AND SERVICES"

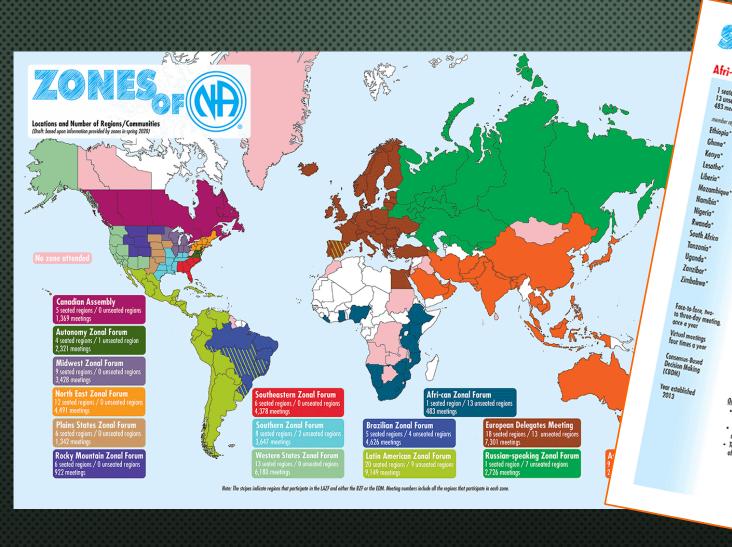
#### **ZOOM MEETING DETAILS:**

<u>DAY 1</u>: Meeting ID: 840 2189 4474 Passcode: 806337 <u>DAY 2</u>: Meeting ID: 814 2380 6242 Passcode: 984017

#### 7TH TRADITION CONTRIBUTIONS DURING ESL

Please note on the transfer: ESL 7th Tradition and who is making the contribution
Bank name: ING Bank Account holder: European Delegates Meeting NA
IBAN BE17 3634 4057 2121 SWIFT or BIC BBRUBEBB
Bank Address Bank ING, Av. de la Couronne, 449, 1050 Brussels, Belgium





SNAPSHOTO ZONES member regions include Ethiopia .

INFORMATION

Focus/Services

Ghong\*

Kenya\*

Lesotho\*

Liberia\*

POUS/JEVICES

Our focus is mainly on Fellowship development in our member register. This is primarily done through shared experience and warechops during the in-person meeting for the currently developing the in-person meeting provide FD and PS support. This is an angoing project.

Collaboration Opportunities

African I and Forum meetings provide an apportunity for member communities to collaborate an projects, such as translations.

Vision/Mission/Purpose

Y 3300/ m3300/ r vrpose

Out vising is that all addies in Africa have the opportunity
to experience the MA message of recovery in their own
hancome and rathere.

anguage and cuture.

Our mission is that the African Zaaal Forum is a service body created by the NA regions in Africa to provide a forum condition through a communicate and cooperate with one

 Sharing experiences and resources rimming experiences and resources

Enhancing and encouraging unity and motival support to
that the regions can nurture and sustain the growth of
MA in Africa

 Collaborating with other NA service bodies Our purpose is:

sca. reusee v.

To support NA Fellowship development projects in the

nument regions

To encourage and maintain effective communication

ommany measures regions.

To enhance connectivity and promote the shared sense of responsibility to those that we serve

africo@na.org.za

Chair Joseph I. (Nigeria) Vice-chair; Soleiman S. (Tanzanio) Secretary: Dave M. (Zimbobwe)

Zonai Delegate: Joseph J. ZD Alternate: Suleiman S.

#### CHANGES

A lot of work is going into structuring the AZE which is defining and derifying the following:

Zonal membership requirements

- Decision-making process
- versourcemanny process
   Fellowship development and Public Relations support structure for member regions

#### **FINANCIAL**

All zonel expenses are funded by NAWS. The chair and vice-chair are funded to attend.

vice-chair are Funded to altend,
Each African region elects a deligate and alternate
and they are both funded. Both attend the annual
Affirmating and one or both participate in the
MA community of participate in detected by their individual
Structure, and participate in attendance, right to
speak, taking part in concensus process, and voting.

#### **EVENTS**

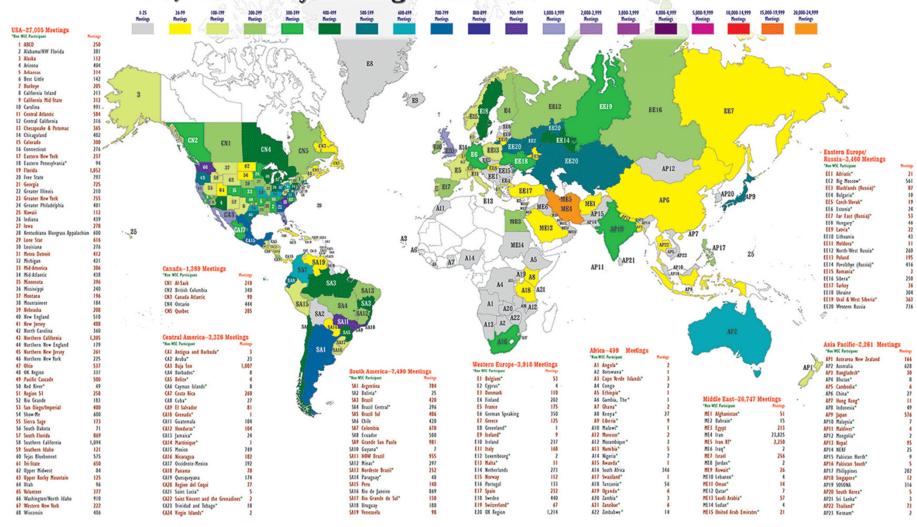
The annual face-to-face meeting is typically scheduled the enausal tock-to-lace meeting is typically scheduled to coincide with a convention or similar program occurring in the host region as a means of supporting or channels which region is a convention of supporting or channels.

#### QUESTIONS & CONCERNS

How do other zones keep members motivated for

# Regions Around the World 76,075 Weekly Meetings Worldwide

Data is based on regional/zonal reports to WSC 2020 and NAWS database when available. Map not intended to be geographically accurate.



# SERVICE IN NIGERIA

MANAGING SCARCE RESOURCES

## NA IN NIGERIA

- 5 GROUPS WITH ABOUT 8 MEETINGS
- GROUPS ARE CONCENTRATED AROUND NORTH-WEST NIGERIA. BUT THERE
  ARE GROUPS IN OTHER PARTS OF THE COUNTRY AND MEMBERS ARE ALL
  OVER THE COUNTRY.
- WHEN WE FIRST REACHED OUT TO NAWS TO REQUEST LITERATURE TO HELP US START OUR FIRST GROUP, WE WERE SURPRISED AND GRATEFUL THAT WE HAD THIS SUPPORT, AND PLEASED THAT THE ITEMS WERE SHIPPED TO US.
- KEEP IN MIND THAT IT COSTS ABOUT 25USD TO SHIP A 1KG PARCEL FROM NIGERIA TO THE US (NOT SURE WHAT THE COST IS THE OTHER WAY AROUND)

## NA IN NIGERIA

- WITH COVID, LIKE THE REST OF THE WORLD, GROUPS HAD TO SWITCH TO ZOOM AND OTHER VIRTUAL MEETING PLATFORMS IN ORDER TO HAVE MEETINGS.
- THIS PRESENTED AN OPPORTUNITY FOR MEMBERS TO NOT JUST LINK UP WITH OTHER GROUPS IN NIGERIA, BUT WITH THE WORLDWIDE FELLOWSHIP, AS A LOT MORE VIRTUAL MEETINGS BECAME AVAILABLE.
- FOR THE FIRST TIME IT WAS POSSIBLE TO ASK A SPONSEE TO ATTEND
  MEETINGS EVERY DAY FOR A PERIOD OF TIME (THINK 90 MEETINGS IN
  90 DAYS)

# WHAT ARE SOME OF THE IDEAS WE HAVE COME UP WITH?

- TO HELP US ALL MANAGE THE COST, LITERATURE MANAGEMENT HAS BEEN CENTRALIZED AT THE "REGIONAL LEVEL". GROUPS FROM ACROSS THE COUNTRY SEND THEIR LITERATURE REQUESTS TO THE REGION, AND THEN THE REGION COMPILES AND FORWARDS THIS REQUEST TO NAWS AND RECEIVES THE ITEMS FROM NAWS.
- SELLING THE LITERATURE TO MEMBERS AT THE RECOMMENDED PRICES
   WOULD BE PROHIBITIVELY EXPENSIVE TO MOST MEMBERS, AS SUCH,
   MEMBERS ARE CHARGED A TOKEN FEE, AND THOSE FUNDS ARE USED BY THE
   GROUPS TO MANAGE EXPENSES INCLUDING COVERING THE COSTS OF
   SHIPPING OF THE ITEMS FROM THE REGION TO THE GROUP

# WHAT ARE SOME OF THE IDEAS WE HAVE COME UP WITH?

- VIRTUAL MEETINGS HAVE ALSO GIVEN US THE IDEA TO LINK UP AS GROUPS TO OTHER GROUPS SPECIFICALLY FOR:
  - STEP WORKING MEETINGS
  - SPEAKER MEETINGS
  - NA Workshops
  - SPONSORSHIP
- THE NASCENT NATURE OF THE FELLOWSHIP IN NIGERIA MEANS WE DO NOT HAVE AS MUCH RESOURCES TO SUPPORT THESE DOMESTICALLY AND SO LINKING UP WITH NA GLOBALLY HELPS US TAP INTO THESE RESOURCES.
- ALSO FUNDS FOR COVERING SUCH LINKUPS AS GROUPS CAN BE RAISED FROM LITERATURE SALES AND MEMBER CONTRIBUTIONS.

## We All Are PR

6-12 June **Third Annua** 



**Every area, region, and zone is** encouraged to commit to at least one activity during PR week.

Whether your PR team is young or seasoned, rural or urban; whether you have just a few or many members, we hope you will all come together enthusiastically to increase awareness of PR service and of the NA recovery program. For more "We All Are PR" note cubes available information and activity ideas go to at the webstore www.na.org/pr\_act

Please send flyers, ideas, or photos of your events to pr@na.org

Wszyscy jesteśmy PR

6-12 (Somos todos RP

Wir sind alle PR



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Narcotics Anonymous World Services Ob euer PR-T

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6 al 12 de iunio

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**All Are PR'** (Nous faisons tous des relations publiques

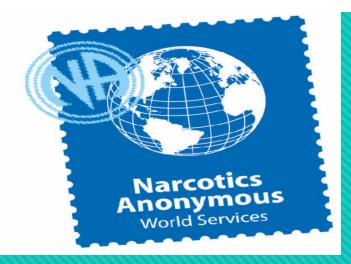
6-12 iuin 202



sont encouragées à organiser au moins une activité pendant la semaine des RP.

Que votre équipe de relations publiques soit récente ou expérimentée, rurale ou citadine, que vous n'ayez que quelques membres ou beaucoup, nous espérons que vous serez nombreux à joindre vos forces pour mettre en avant l'importance du service en RP et de notre programme de rétablissement NA. Pour plus d'informations sur les activités possibles, visitez la page www.na.org/pr act

Merci d'envoyer vos flyers, vos idées et des photos de vos événements à pr@na.org



# Information about









**MVP** 



#### MVP Who we are?



OThe multinational virtual panel of hospitals and institutions manages activities in conjunction with "reintegration and social rehabilitation" institutions starting in the state of Veracruz, Mexico since June 18, 2020. We formally began virtual links with penitentiary centers in Veracruz in September 2020.



### Who and how we serve?





- We serve 23 social reintegration centers (prisons)
- We have had the presence of 868 inmates in our virtual meetings from January 1 to April 15, 2021
- O Just during those dates we have had 61 newcomers come for the first time to a 12-step recovery program
- We hold meetings in 6 different formats so that the members stay interested and responsive.
- To date we have 0 reports of indiscipline in any of the centers where we carry out the links.

## Our service in Images











Brasil y México comparten experiencias Por Detrás de las Rejas





#### BRASIL

- Región Minas Región HOW Brasil Región Gde. São Paulo Región Rio de Janeiro

### AMÉRICA LATINA - Región México - Región Colombia - Región Costa Rica - Región Ecuador



Hora das 11h30 (México)







PANEL VIRTUAL MULTINACIONAL H&I GTRRPP/FZLA

BUSCAMOS PADRINOS Y MADRINAS PARA AYUDAR A PRIVADOS DE LIBERTAD



### Literature Donation

OWe have had the opportunity to carry out literature donations in prisons in Mexico and Ecuador by this virtual panel and recently the world service office reinforced this donation with the sending of 200 introductory guides that have already begun to be delivered to the members deprived of liberty.

## México Prisons Donations







WSO donation boxes

#### **Ecuador Prisons Donations**



As a result of the meetings with the multinational virtual panel in Manabi, Ecuador, the institutional group "the last chance" was opened.







- OThe multinational virtual panel appreciates the opportunity to continue sharing the message of recovery from the disease of addiction and reiterates its commitment ... we are waiting to serve in 3 more countries.
- We have a team of more than 46 willing and available servers from several parts of the world trained and committed.









www.na.org

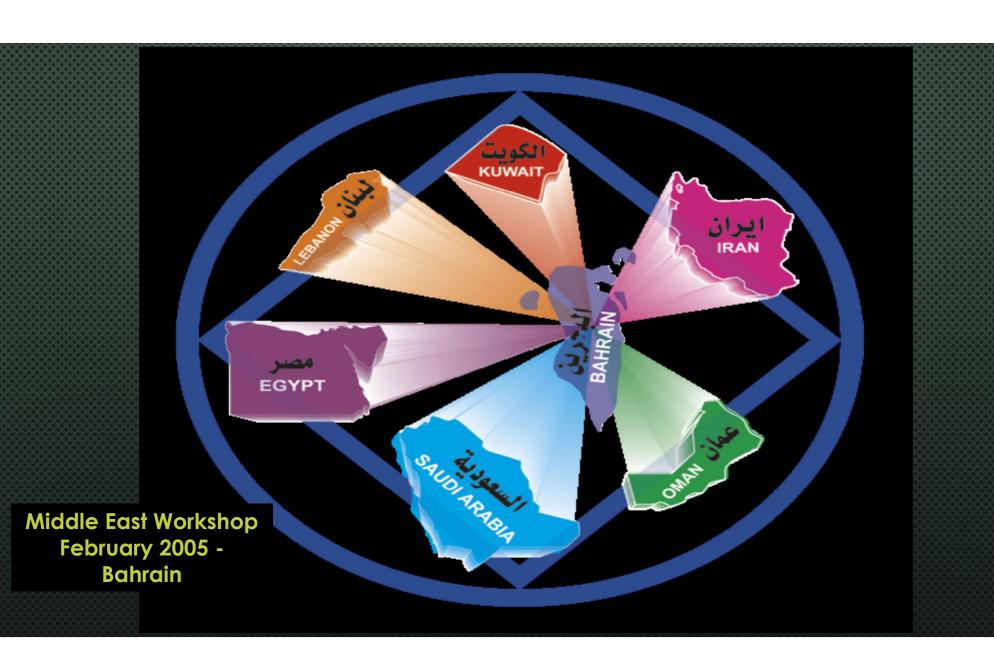
www.forozonalatino.org.

gtrrppfzla@gmail.com

panelvirtualna@gmail.com







## فريق دعم زمالة المدمنين المجهولين بالوطن العربي



Support Team for Arabic Communities

NASTAC

## Background

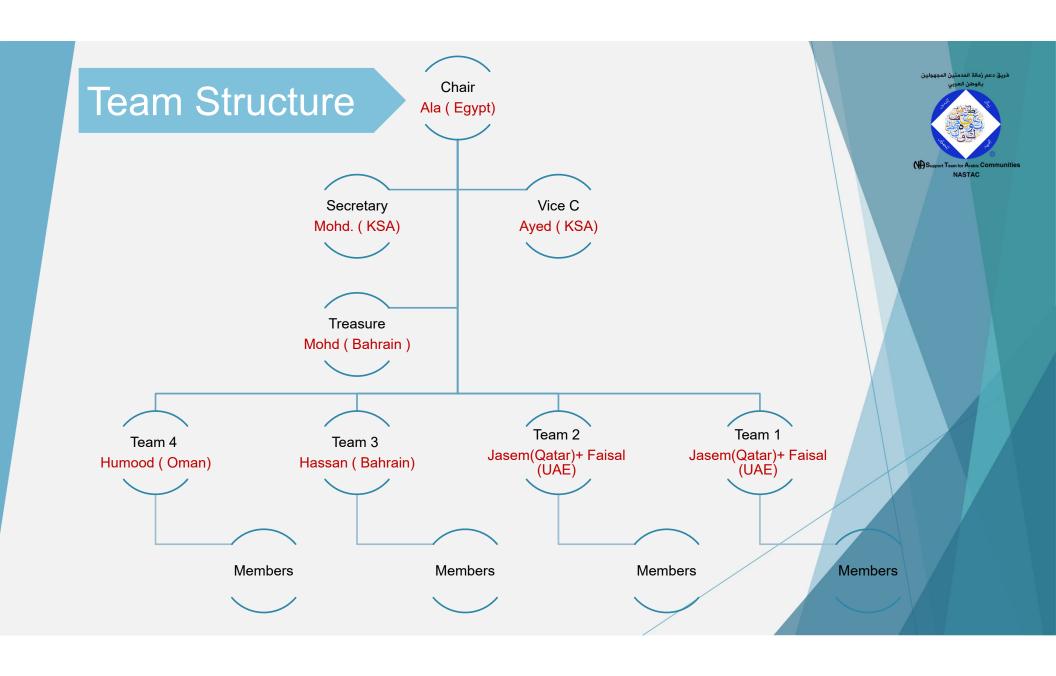


- 22 Arabic-speaking countries
- Half have no NA meetings
- Other half do have NA meetings but vary in size and maturity
- The idea of cooperation based on Arabic language was born during 5th NA ME workshop by NAWS, Dubai Nov 2017
- The team was very small until sept 2020 (unity day event)
- Many members have showed interest

## Structuring the team



- The team first service structure was formed on Oct 2020.
- The team has become more organized and focused.
- Team's Vision and goals were created.
- Four Goals were defined based on survey's outcome.
- Written R&R for each service position were provided.
- Clear tasks for each position.
- Specific KPI's for each Goal leader.



#### Vision



- NA groups in the Arab communities to be source of hope for recovery from the disease of addiction.
- Narcotics Anonymous to become a vital resource to Arab societies and to build relationships based on respect and cooperation.
- Promote the spirit of unity and teamwork.

#### Goals

- Contribute to starting new meetings in Arab countries which have no Arabic NA meetings. ( Team 1 )
- 2. Support growing NA Arab communities by providing appropriate expertise to help them grow and carry the message. (Team 2)
- 3. Provide the necessary resources and materials to support the old Arab fellowships in order to help improve the performance of their services in carrying the message and in order to be able to sustain and accelerate the growth process and make NA meetings available in a wider area in those countries. ( Team 3 )
- 4. Encouraging NA service groups and structures in Arab countries to unify the efforts of their service structures and meet in a cooperative framework that helps them exchange experiences and successful practices. ( Team 4 )

Each Goal has a team leader + members



#### 2021 Plan



- Timeline is 31 Dec 2021 to continue if the Arab NA communities fail to establish a forum.
- Start new meeting and support communalities to grow. Focus on Sudan, Jordan, Morocco, Iraq, Tunisia, and Yemen. (team 1&2).
- Conduct Workshops (ASC planning & inventory, H&I, PR, Helplines and 12 Concepts), create service materials bank. Team 3
- Create and submit collaboration forum initiative. Team 4
- Review and assess the team performance after 6 months.

## Managing the team

الموطن العربي

Support Team for Anabic Communities

NASTAC

- NASTAC was not formed by NA communities as it is basically an initiative by volunteer fellows.
- Setting clear goals that enable the team to meet the vision.
- Plan to implement goals. Time and resources.
- Establish practical and appropriate procedures to implement the objectives.
- Distribute tasks among team members in proportion to each goal (a team for each goal).

- The four teams leaders are accountable to NASTAC service structure.
- W Support Team for Arabic Communication

- Specific tasks given to ease the leaders job.
- Key performance indicators help the service structure to measure the performance of each team.
- Follow-up and review the performance of the team and the sub-teams.
- Meet virtually once a month, each team leader will provide a report.
- In the monthly meeting thoughts are shared on issues addressed in the team's report.

## Things done so far



- Surveys and data collected from NA Arab communities.
- Virtual workshops on different topics (Group service, Traditions, Concepts, PR, H&I and ASC). One workshop every two weeks.
- PR presentation for staff and addicts in one Tunisian treatment center.
- Started NA meeting in Tunisia.

- Created service materials bank. (cloud)
- Link NA members in Iraq with fellows in Arab countries.
- Workshop for Sudanese NA members.
- PR for professionals in Sudan and participation in the group's
   4th anniversary.
- Created detailed initiative to create NA Arabic Forum.
   Communities feed back By July 2021.
- Monthly meetings (1<sup>st</sup> Sunday of each month).



### **Funding**



- NASTAC has not asked for donations. Not much money needed for the time being.
- WSO is providing free literature to growing communities.
- Sources of money in NA usually depend on donations from members, groups, service committees, and through fund raising events (conventions).



## Thank you

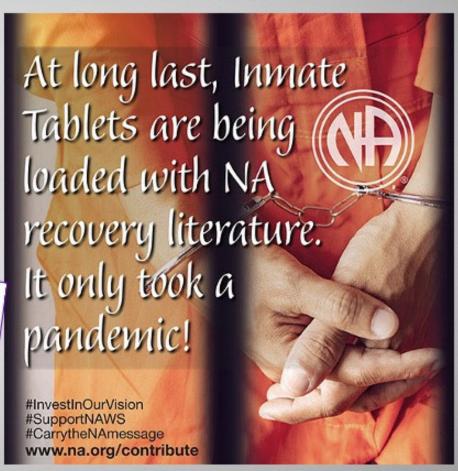
#### **Inmate Tablets**

Carrying the message "behind the walls"

 Increased access for members or potential members that are incarcerated

 See NAWS News for more information







# NA e-Lit on the tablets of 45,000 potential members incarcerated in Ohio.

# How it happened.

Central Ohio Area of Narcotics Anonymous nacentralohio.org

COASCNA@gmail.com

Facebook: Central Ohio Narcotics Anonymous PR

Instagram: CentralOhioNarcoticsAnonymous

Paul M, Public Relations Subcommittee Vice Chair

Central Ohio Area of Narcotics Anonymous, PR Subcommittee



#### **Short story:**

Through NA unity, and newly established and existing relationships with professionals in the community.



The COVID lockdown actually inspired opportunities to reach out to criminal justice (CJ) professionals in new and creative ways.



In March 2020 with the help of other NA service bodies like the North East Zonal Forum and the New England Region of NA, COASCNA learned how to host virtual and hybrid meetings.



Starting in April 2020 we began reaching out to CJ professionals with the hope of establishing virtual meetings in prisons and jails.



In July we began participating in the NEZF's planning committee for a CJ Professionals Conference to be held on three separate dates in September.

This was a conference with panelists from various criminal justice settings, including a panelist from our Franklin County Drug Court here in Central Ohio.

There were 8 other CJ professionals from Ohio who attended, along with many others from around the country.



During the Conference, after the main presentation, we went into breakout rooms to discuss barriers and to brainstorm solutions and generate new ideas.

It was here, in September 2020, that COASCNA first learned about the possibility of getting NA literature on the computer tablets of inmates in Ohio institutions.



We reached out to Jane at NAWS to discuss options. She was very encouraging and said it was possible, and connected us with Dodie, a trusted servant in Sarasota, FL.

Years ago she had succeeded at getting literature **pushed out** onto tablets in a Sarasota County Jail.

She was kind enough to share the Letter of Permission, which was a form letter from the Sheriff's Office and which needed to be signed by both the Sarasota Sheriff's Office and NAWS.



The Copyright
Permissions
letter that
Sarasota
Sheriff's Office
needed to get
signed by
NAWS.



#### Sarasota County Sheriff's Office 6010 Cattleridge Blvd. Sarasota, Fl. 34232

#### **Copyright Permission**

Use will be a of charge.	shared electronically via tablet and made available to the Jail population free
appreciate a including cu	t control the copyright on all of the above-mentioned material, we would ny contact information you can give us regarding the proper rights holder(s), rrent address(es). Otherwise, your permission confirms that you hold the the permission requested here.
	reatly appreciate your consent to our request. If you require any additional please do not hesitate to contact us.
If you agree send one co	with the terms as described above, please sign the release form below and by via email
Sincerely,	
Lt. A. Tracy	, •



When I refer to eLit being <u>pushed out</u>, I mean that the tablet manufacturer, GTL, makes the literature available on the tablets in a stand-alone library. For free.

This is at no cost to NAWS, the prison system, to GTL, COASCNA, or to the inmates.

It is made available to the inmates automatically; they do not need to use their commissary funds to purchase it, nor do they have to download it from a prison kiosk.



We connected with the Ohio professionals who attended the Criminal Justice Professionals Conference to propose the idea of pushing out eliterature in Ohio.

#### **Our main contacts were:**

- Ohio Department of Rehabilitation & Corrections (ODRC)
- Ohio Department of Mental Health and Addiction Services (OHMAS)
  - a State of Ohio initiative called Recovery Ohio.



We used the Sarasota, FL Letter of Permissions as a template and drafted a similar one.

We took the initiative of adding the logos of both ODRC and OHMAS to the letter, to make it look professional and to make the entire process as easy as possible for them.







Bureau of Correctional Recovery Services Department of Mental Health & Addiction Services 4545 Fisher Road, Columbus, OH 43228 Ohio Department of Rehabilitation and Correction 4545 Fisher Road, Columbus, OH 43228

Narcotics Anonymous World Services
PO Box 9999, Van Nuys, CA 91409, (818) 773-9999
Care of: Jane Nickels, PR Manager, NA World Services, Jane.Nickels@na.org

RE: Permissions for electronic distribution of NA materials to inmates in Ohio

Dear Permissions Editor:

We would like your permission to distribute any or all of the \$\ \], Narcotics Anonymous literature selections listed below to Inmates incarcerated in the State of Ohio. All of the selections are available for free download from the Narcotics Anonymous website <a href="https://www.na.org/?ID=ips-eng-index">https://www.na.org/?ID=ips-eng-index</a>

The NA White Booklet Behind the Walls Staying Clean on the Outside Self Acceptance The Triangle of Self Obsession

Selected materials will be shared electronically via tablet, and made available to Inmates free of charge,

We would greatly appreciate your consent to our request. As you are aware, the ongoing pandemic has made it unfeasible for volunteers from recovery groups to enter prisons and jails in order to give presentations and distribute literature at no cost to Inmates. Many of our Inmates are eager to receive NA's message of recovery, and we see this as a solution until we are able to get back to normal operations.

If you agree with the terms as described above, please sign this release form below and return to [Department of Mental Health & Addiction Services, and Ohio Department of Rehabilitation and Correction].

Sincerely,		
Signature	Date	_
Ohio Department of Mental Health and Addiction Ser		
Signature	Date	_
Ohio Department of Rehabilitation and Correction		
PERMISSION GRANTED FOR THE USE OF MATERIALS A	AS DESCRIBED ABOVE:	
Name & Title:	Signature:	
Company: Narcotics Anonymous World Services	Date:	

The letter that our Area PR drafted for Ohio's ODRC and OHMAS.



From: KS (ODRC)

Date: January 25, 2021 at 11:21:37 AM EST

To: Paul M, JS (OHMAS)

**Subject: Executed Signature Page** 

#### Paul,

I am excited to share we have been able to successfully sign the document you provided and are ready to proceed with sharing your literature electronically with our incarcerated population. Thank you again for your advocacy and for sharing this forward. If there is anything that OHMAS or I can do to further assist, please let us know. Thank you. ~



Through consultation with NAWS, the following five pieces of literature were pushed out to 45,000 inmates in the ODRC system:

- The NA White Booklet
- Behind the Walls
- Staying Clean on the Outside
- Self Acceptance
- The Triangle of Self Obsession



# This initiative depended on:

# Working with other members of NA across the US via the NEZF...



# This initiative depended on:

# Existing COSCNA PR relationships in the community...



## This initiative depended on:

# New COASCNA PR relationships developed during the Professionals Day Conference.



As a matter of fact, the ODRC required that OHMAS be a signatory on the Letter of Permissions.

The very person responsible for signing the letter on behalf of OHMAS was one of the attendees at the Conference in September.



**NOTE:** There are a few tablet manufacturers.

So far we have worked only with GTL via the ODRC.

To find out if GTL provides tablets to any institutions in your area or region, go to this link and sort by state:

https://web.connectnetwork.com/facilitieslist/



After we were successful, we worked with the Arizona Region, sharing our ESH, and in April they experienced similar success.

Now 40,000 inmates in Arizona have easy and free access to our literature.



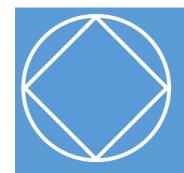
#### On May 30, 2021 the three of us—

- Sarasota Shark & Sun Coast Area
  - Central Ohio Area
    - Arizona Region

will host a virtual service learning event. Each will talk in more depth about how we accomplished this. The email for the event is:

NAeLit2021@gmail.com





PR 🧡 H&I

Our unity resulted in FREE
e-literature to 85,000
people in prisons and jails.
This is how we did it!

(3pm - 5pm EST)

Zoom ID 861 4255 8490, pwd 1953

How did Trusted Servants from Florida, Ohio & Arizona work with Criminal Justice personnel, state government, Narcotics Anonymous World Services, and each other to provide FREE NA e-literature to 85,000 potential members experiencing incarceration?

Join us - we'll explain who we contacted, what barriers we faced, who were our allies & champions, and how the literature got on the tablets. There will be plenty of time for Q&A. A recording and resource packet will be made available to the Fellowship.

NAeLit2021@gmail.com

Contribute to NAWS here! NA.org

### www.na.org/contribute





FOR THE PUBLIC





FOR OUR MEMBERS

Home > For the public > Contribute Now

#### Contribute Now



Please click the button above to contribute via PayPal, debit card, or credit card.

#### FAQ about recurring contributions

CONTRIBUTIONS PORTAL: If you wish to receive a receipt for your contribution in the name of your registered group or service body, or to ensure that your individual contribution is noted as being from a member in a particular region, please click here to sign in to your account Contributions Portal.

Please click hereto find out about bank transfers to NA World Services.

"The money that reaches our service system helps support services that let other addicts, in our own communities and around the world, know that hope is available."

(IP #24, Money Matters: Self Support in NA)

Thank you for helping to make our vision a reality.

PLANNED GIVING: For more information, including making a contribution through an estate plan, please contact contribution questions@na.org



### What's coming up?





@narcoticsanonymous

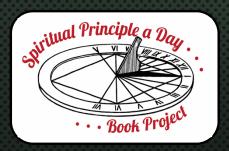




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Narcotics Anonymous
World Services

The Fellowship Intellectual
Property Trust

www.na.org/fipt

wb@na.org