

## The Twelve Traditions of NA

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

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# British Columbia Region RCM Orientation



*This packet was created as an informational resource to help RCMs effectively serve their Areas. It is not meant to be the final word or a complete description of their duties but merely a suggested guide and should not override any group/area autonomy. We hope this will be an inspiration to serve in the RCM position more effectively.*

## BCRSC Vision Statement

All of the efforts of the Narcotics Anonymous British Columbia Regional Service Committee are inspired by the primary purpose of the groups we serve. Upon this common ground we stand committed. Our vision is that one day:

- Every addict in the region has the chance to experience our message in their own language and culture and find the opportunity for a new way of life;
- NA communities worldwide and the BCRSC work together in a spirit of unity and cooperation to carry our message of recovery;
- Narcotics Anonymous has universal recognition and respect as a viable program of recovery;
- Every member, inspired by the gift of recovery, experiences spiritual growth and fulfillment through service.

As our commonly held sense of the highest aspirations that set our course, our vision is our touchstone, our reference point, inspiring all that we do. Honesty, trust and goodwill are the foundation of these ideals. In all our service efforts, we rely upon the guidance of a loving Higher Power.

## The Twelve Concepts for NA Service

1. To fulfill our fellowship's primary purpose, the NA groups have joined together to create a structure which develops, coordinates, and maintains services on behalf of NA as a whole.
2. The final responsibility and authority for NA services rests with the NA groups.
3. The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.
4. Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.
5. For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined.
6. Group conscience is the spiritual means by which we invite a loving God to influence our decisions.
7. All members of a service body bear substantial responsibility for that body's decisions and should be allowed to fully participate in its decision-making processes.
8. Our service structure depends on the integrity and effectiveness of our communications.
9. All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.
10. Any member of a service body can petition that body for the redress of a personal grievance, without fear of reprisal.
11. NA funds are to be used to further our primary purpose and must be managed responsibly.
12. In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never of government.

# RCM Participation

## Guidelines

### Do

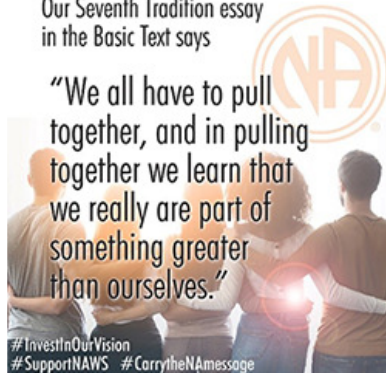
- Submit your area report at least 2 weeks in advance.
- Read all advance reports and prepare questions in advance.
- During the RSC we only ask questions about reports, we do not read them out loud.
- Ask Questions
- Sit with an experienced member
- Carry the conscience of your area not your own.
- Stay focused on the task at hand.
- Take notes, you will need these for your report back to your area.
- Get involved.
- Attend a subcommittee meeting.
- Stay in contact with other RCM's between quarterly meetings.
- Check your service email often.

### Don't

- Arrive late or leave early
- Sit quietly when you do not know what is going on, speak up.
- Don't repeat the same thing over & over again.
- Talk while other are speaking.
- Don't vote for something just because everyone else is. ----  
Think of your area and what they would want, carry their conscience.

Our Seventh Tradition essay  
in the Basic Text says

"We all have to pull  
together, and in pulling  
together we learn that  
we really are part of  
something greater  
than ourselves."



# InvestInOurVision  
# SupportNAWS # CarrytheNAMessage

# BC Region Service Forms

- [RCM Report Form](#)
- [BC Region Admin/Committee Report Form](#)
- [PR Area Report Form](#)
- [BC Group/Event Insurance Request Form](#)
- [BC Region Venue Accommodation Form](#)



## Regional Information

- [Regional Guidelines](#)
- [BCRSC PR Guidelines](#)
- [PNW Guidelines](#)
- [BC Regional Area Directory](#)
- [Project Charge Sheet](#)
- [Nomination Form](#)
- [Standardized Election Questionnaire](#)
- [Acronym List](#)

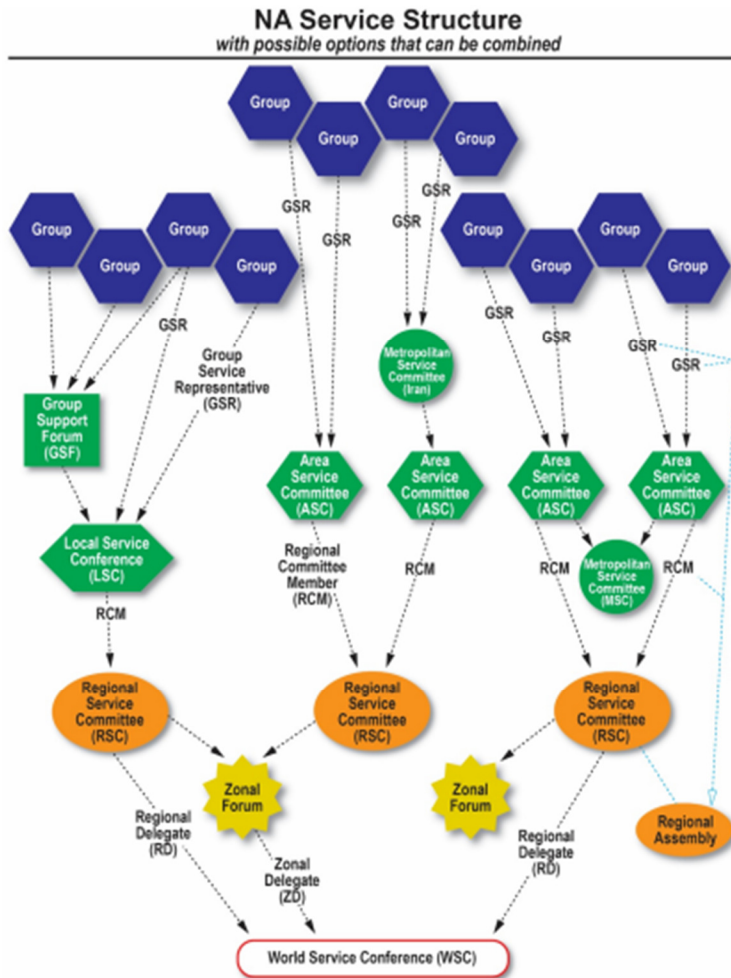
## Useful Links (use search engine at na.org)

- [NA Bulletins](#)
- [Locally Developed Resources](#)
- [Funding NA Services](#)
- [Principals of Leadership in NA Service SP](#)
- [NA Logos & Style Guide](#)
- [Suggested Ground Rules](#)

## NA Handbooks

- [Guide to Local Service in NA](#)
- [Guide to World Service in NA](#)
- [12 Concepts Booklet](#)
- [NA Planning Basics](#)





## Regional Committee Members (RCMs)

Regional committee members are just that: They serve as the core of the regional service committee, a body which coordinates service forums throughout the region, is responsible for the regional convention, and conducts the regional assembly. The regional committee also serves year around as a contact point between NA world and local services. Detailed information on the services provided by regional committees and their Zone Canadian Assembly (CANA-ACNA). RCMs keep their areas in touch with the larger world of NA by providing information on activities in neighboring areas, functions being sponsored by the regional committee, reports relevant to subcommittee affairs, and important issues being discussed at various levels of service.

Both the region and its areas depend on RCMs to be well-versed in NA service practices and principles. RCMs should be closely acquainted with the Twelve Traditions and Twelve Concepts, the fundamentals of service in our fellowship. Familiarity with all published service manuals and bulletins puts the resources of the whole fellowship at the RCM's fingertips.

RCMs should carefully study the reports from their own areas' groups, officers, and subcommittee chairs so that they can pass their areas' experience on to others at the regional meeting. RCMs will be more effective contacts between their areas and the regional committee if they take time to talk personally with other participants in their area committees. That way, they can get a better idea of what needs and concerns the regional committee should address.

Regional committee members serve two-year terms. Most areas have two RCMs serving at any one time, one elected in odd-numbered years and the other in even years. This helps regional committees maintain a balance between experienced members and those just learning the ropes. It also ensures that a regional committee serving only three or four areas will have enough members to be able to do its work.