

Guiding Principles

Agenda (75 min workshop)

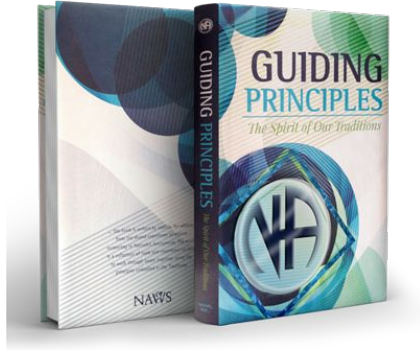
1. (5 min) Session Objective - To discuss issues that are affecting local groups, and to use our guiding principles to work through them.
2. (15 min) Case Scenario - 5 min discuss in groups, each group report back on top spiritual solution. 5 min to report what your group's spiritual solution is and why. 5 min add ons.
3. (30 min) Each table group is a homegroup. 5 mins - Each homegroup will write a scenario in which traditions are violated. Get creative and have some fun. Each homegroup will then pass the case to the next homegroup. 15 min - Using the literature on the table, discuss possible solutions. Draft a group response and report back. 10 min to share responses and add-ons.
4. (5 min) Closing Appreciations - one thing that you learned or appreciate about the solutions shared today.
5. (15 mins) - Trivia questions with 3 commemorative Guiding Principles books as prizes.

Workshop Resources

12 Traditions handouts

Facilitation notes, etc.

List of principles from the Guiding Principles book



Guiding Principles Workshop



Session Objectives

Holding our Traditions in our hearts
and minds we hope to:

- engage in small group discussions about problematic situations at the group level
- use NA literature to guide us toward spiritual solutions



*Our common welfare should come first;
personal recovery depends on NA unity.*

Tradition One



“I would give what I thought were expert opinions about every Tradition, but over time I realized I was missing the point of the First.”

Guiding Principles, Tradition One - In Service

How do we address common challenges such as:



- *Newcomers from a facility arriving by the busload?*
- *Helping addicts with young children hear a message when attending our meetings?*
- *Members who are disruptive or deliberately disunifying?*
- *Members who are threatening, intimidating, or predatory?*
- *Members who feel threatened or afraid?*
- *Breakups or conflict among our members?*

- *Guiding Principles, Tradition One - Group Inventory Questions*

Scenario

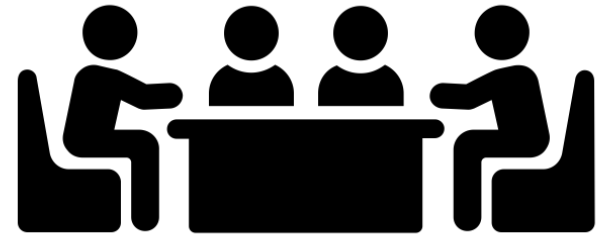
Predatory Behaviour at an NA Meeting

At the break of a weekly NA meeting, a person who is new to NA reports to the chairperson that for the past 3 weeks they have received unwanted sexual attention from another member attending the meeting. They also reveal that this member has privately contacted them through the group chat. They find the attention “creepy” and want it to stop. They want the member to leave them alone and would like the group to address the issue so that they can feel safe and continue to attend the meeting.

Predatory Behaviour

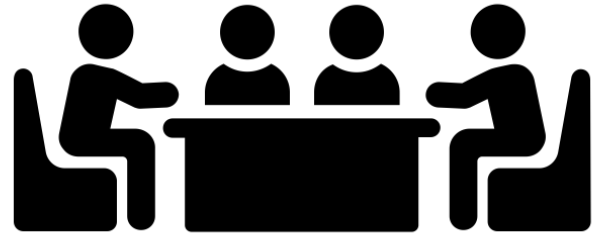
Small Group Discussion

- Using the literature on the table as a reference, discuss one action that the homegroup might take to respond to the scenario involving predatory behaviour.
- Add your group's solution using sticky notes on chart paper.



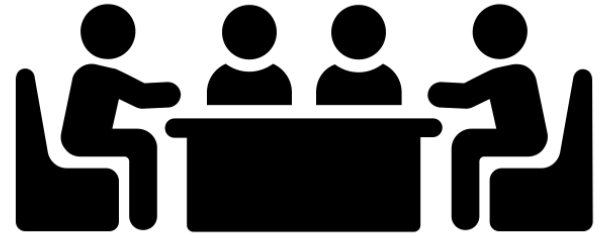
Homegroup Discussion

- Each group will need a recorder, a facilitator to keep the discussion on track and someone to share the results with the larger group.
- As a group, write a case scenario involving problematic behaviour or traditions violations at an NA meeting that is relevant to your local fellowship. Be creative and have some fun!



Homegroup Discussion

- Pass the scenario to the table to the left.
- Conduct a mock homegroup discussion of the scenario and use the resources on the table to create a response based on our guiding principles.
- Choose one person to share with the larger group.

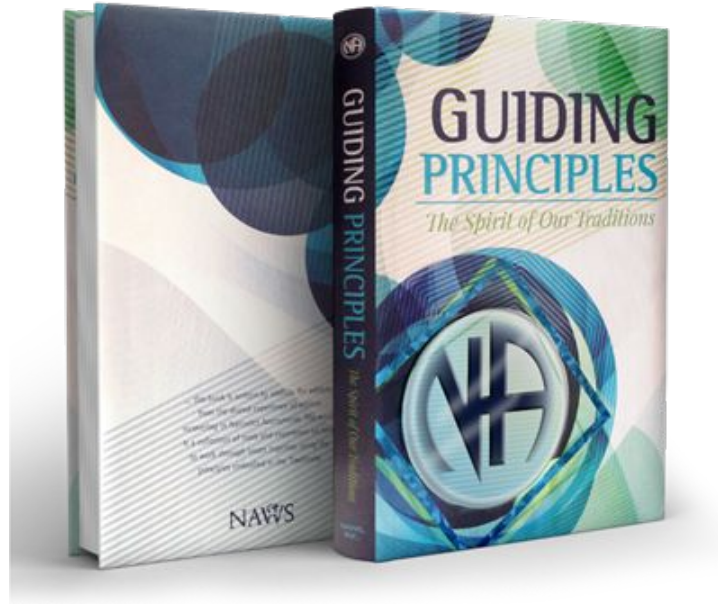




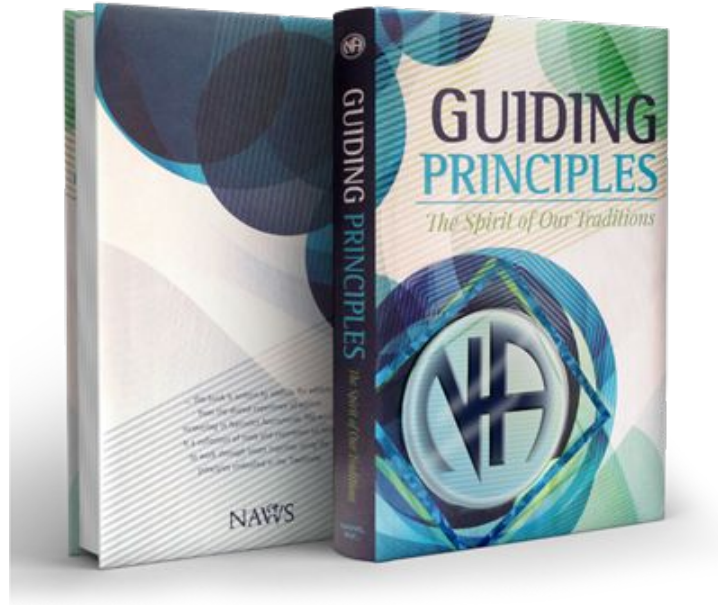
Wrap Up

What is your take away
from this workshop?

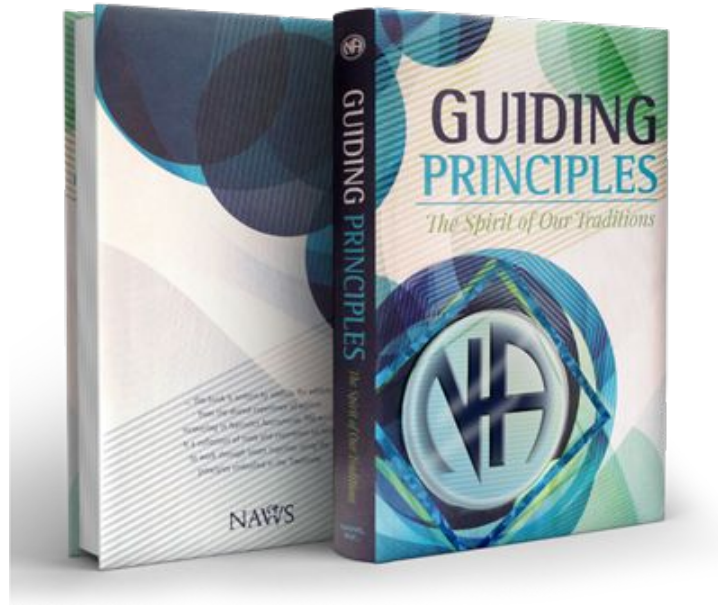
TIME TO WIN A SHINY NEW BOOK!!!



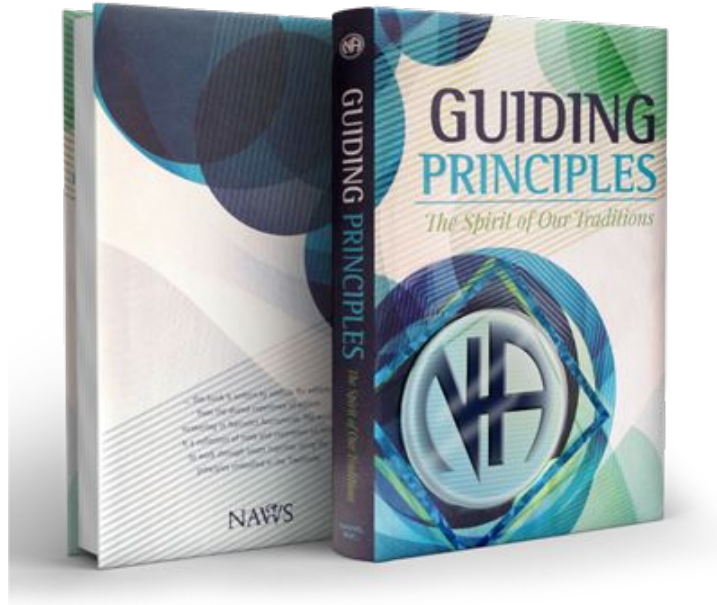
**THE FIRST PERSON TO SHOUT OUT
THE ANSWER WINS A BOOK!!!**



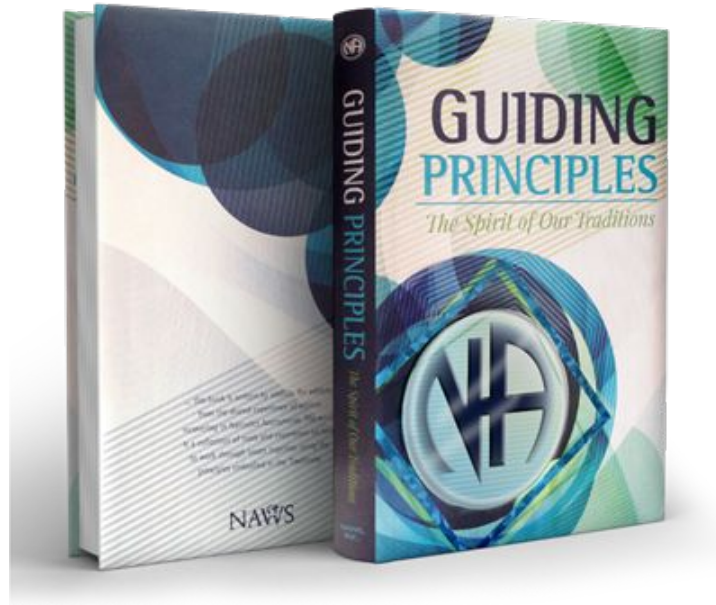
READY?!?!



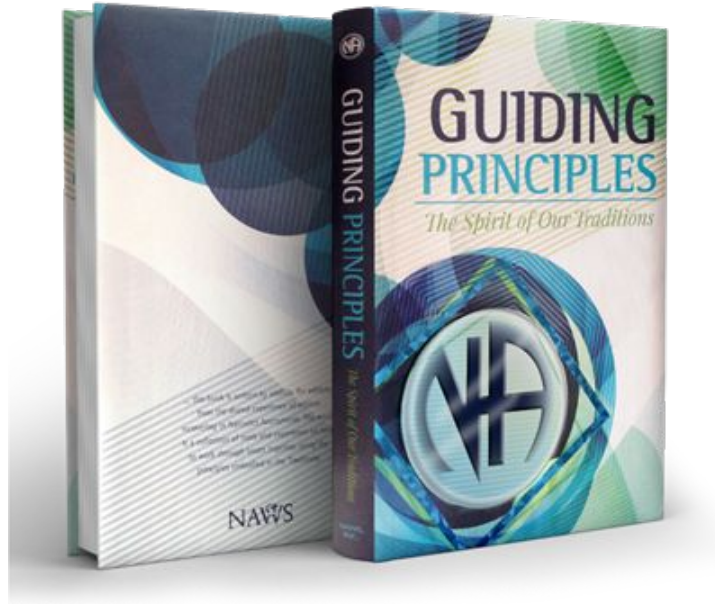
WHICH CITY HOSTED THE FIRST NA MEETING IN CANADA?



IN WHAT YEAR DID CANADA HAVE ITS FIRST NA MEETING?



HOW MANY NA REGIONS ARE IN CANADA?



**IN WHAT YEAR WAS THE BASIC
TEXT FIRST PUBLISHED?**

