



# WORLD UNITY DAY

3 September, 2022

*Livestream link at [www.na.org/webinar](http://www.na.org/webinar)*

A webinar brought to you by Narcotics Anonymous World Services, Inc.



# Select a language

Select English or one of the translation channels:

Farsi Italian Portuguese Spanish

1. Find at  
bottom of  
screen



Interpretation

2. Choose a  
language

## Listen In:

- ✓ Original Audio (Interpretation Off)  
English
- Italian
- Farsi
- Portuguese
- Spanish

Mute Original Audio



A group of people are shown from the back, hugging each other in a supportive embrace. The image is partially covered by a semi-transparent blue rectangle that contains white text. The text is a prayer for serenity, acceptance, courage, and wisdom.

God, grant us  
the serenity to  
**ACCEPT**  
the things we  
cannot change, the  
**COURAGE**  
to change the things we  
can, and the  
**WISDOM**  
to know the difference.



# Free to Be Authentically Me

*A Spiritual Principle A Day, 3 September*

*We can be ourselves in the present moment without fear or apology, without the need for approval or justification*

*—Living Clean, Chapter 7, “Awakenings”*

As we lived through active addiction, few of us felt free to be fully ourselves. We often needed to pretend to be someone we weren't to get what we wanted or needed, and it didn't take long before we were confused about who we really were—if we ever had any idea in the first place. We were so accustomed to wearing masks that we didn't know what our own faces looked like anymore.

The atmosphere of acceptance and welcome we found in NA was a breath of fresh air for those of us who couldn't breathe freely for a long, long time. The Basic Text tells us, “The masks have to go,” and we notice that when the metaphorical masks come off, it's so much easier to breathe. For some of us, NA might be the very first place we have been where we suspected that we might be able to show our true selves to others.

We may not feel that way in every meeting or with everyone we know in NA, but little by little, we become much more comfortable showing who we really are.

The freedom to be ourselves flows directly out of the sense of security we develop by being welcomed and accepted in NA. Admitting that we are addicts was the first of many admissions; each time we show a bit more of who we truly are to our fellow members, we increase our sense of security and become free to learn even more about ourselves. We accept who we are and lose the need for approval from others. We no longer feel the need to justify our existence. The insecurity that defined so much of who we were in active addiction fades away, and we become who we were meant to be all along.

*I will take off my mask and breathe more easily, knowing that others in NA will accept me for who I am.*





# World Unity Day Shout-Outs



The NA Way Magazine, October 2018

from WCNA 37





# COMING SOON!

free email subscription  
[www.na.org/subscribe](http://www.na.org/subscribe)







# **New** QR code to access NAWS Quick Contributions directly

Scan for the  
quickest way to  
make a one-time or  
recurring contribution.





# DRT/MAT as It Relates to NA

What do we want to say in a piece of NA recovery literature?

*We need your thoughts  
and experience*

due: 30 November

survey  
link

[www.na.org/survey](http://www.na.org/survey)

workshop  
materials



**VISIT**  
**na.org/toolbox**  
**to download!**

## Virtual Meeting Basics

## Contents

*(list below is linked to appropriate page in document)*

## SECTION ONE – Getting Started

- Introduction
- Choosing a meeting platform
- Choosing a meeting format
- Listing meeting information
- Service positions for virtual meetings
- Tips for attending a virtual meeting

## Administering a Virtual Meeting

# Virtual Meeting Basics

## Virtual Meeting Basics

se a meeting platform  
ter cost, accessibility, ease  
and the features it offers.

**3. Decide on a day, time, and meeting format**  
Groups use a variety of formats to enhance the atmosphere of recovery in their meetings.

re secure  
ent

**7. Set up options for the Seventh Tradition**  
Virtual meetings are free to practice the principle of self-support.

## UNO - Cómo Empezar

## Guía Básica de Reuniones Virtuales

## Contenido

(la lista a continuación está vinculada a la página correspondiente en el documento)

## SECCIÓN UNO – Cómo Comenzar

- Introducción
- Elección de una plataforma de reunión
- Elección de un formato de reunión
- Publicación del listado de reuniones
- Posiciones de servicio para reuniones
- Sugerencias para asistir a una reunión

## SECCIÓN DOS – Administrar una Reunión Virtual

- Mantener una reunión virtual segura y hacer frente a las interrupciones
- Mantener el anonimato personal
- Practicar la Séptima Tradición
- Distribuir literatura y llaveros
- Firmar las tarjetas de asistencia a las reuniones

# Guía de Inicio Rápido

**Guía  
Básica de  
Reuniones  
Virtuales**

# Guía Básica de Reuniones Virtuales

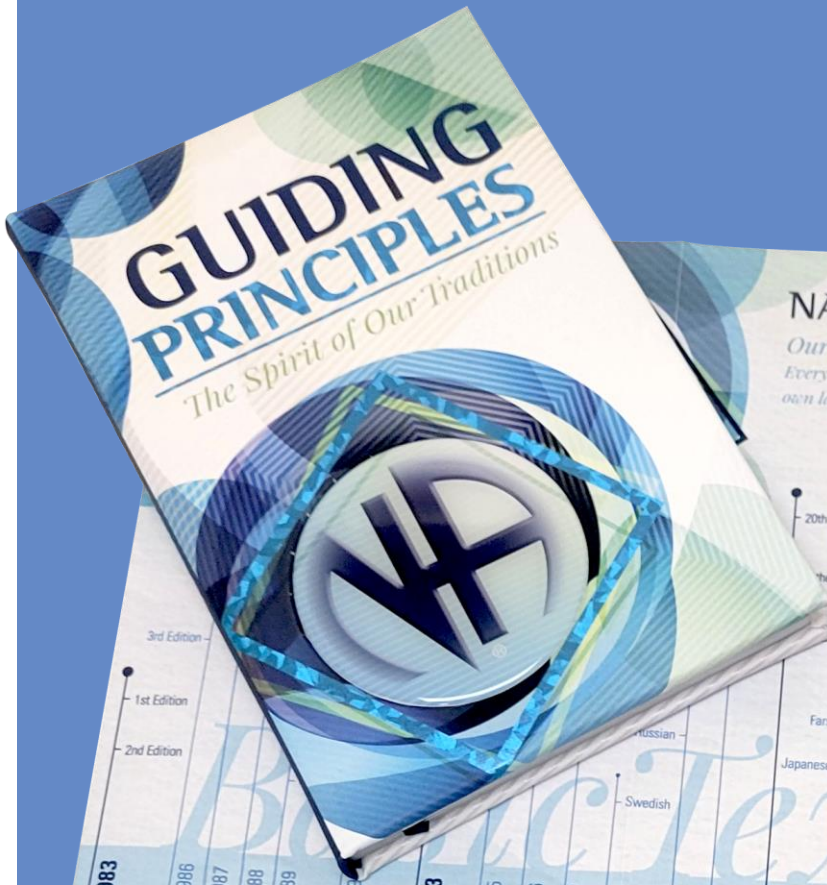
**3. Decida el día, la hora y el formato de reunión**  
Los grupos utilizan una variedad de formatos para mejorar el ambiente de recuperación en sus reuniones.

Configuración  
ra  
esto puede  
a reunión.

## 7. Establish



# *Guiding Principles* gift bundle



\$35

#1205B

[www.na.org/webstore](http://www.na.org/webstore)



# Select a language

Select English or one of the translation channels:

Farsi Italian Portuguese Spanish

1. Find at  
bottom of  
screen



Interpretation

2. Choose a  
language

## Listen In:

- ✓ Original Audio (Interpretation Off)  
English
- Italian
- Farsi
- Portuguese
- Spanish

Mute Original Audio



A group of people are shown from the back, hugging each other in a supportive embrace. The image is overlaid with a semi-transparent blue filter. The text is centered over the image.

# Today's panelists

Yoel – Israel

Traci – Northern California

Mahboobeh – Iran

James – Canada

Sasha – Ukraine

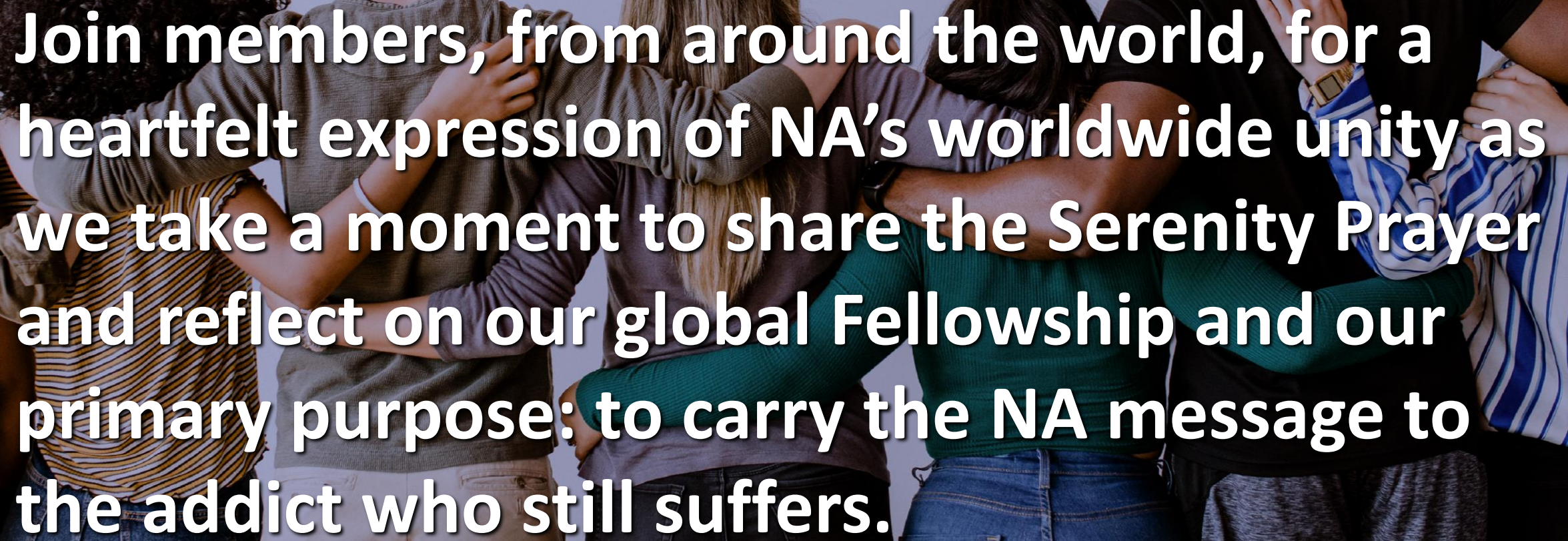
Hank – Southern California



A photograph showing the backs of several people standing in a row, with their arms wrapped around each other's shoulders in a supportive embrace. The person on the far left wears a grey sweater and light-colored pants. The person next to them has long blonde hair and wears a grey long-sleeved shirt. The person in the center has dark hair and wears a dark grey long-sleeved shirt. The person on the far right wears a black t-shirt and a blue and white striped shirt underneath, with a gold watch visible on their left wrist. The background is a plain, light-colored wall.

# *Moment of Silence*





Join members, from around the world, for a heartfelt expression of NA's worldwide unity as we take a moment to share the Serenity Prayer and reflect on our global Fellowship and our primary purpose: to carry the NA message to the addict who still suffers.



*God, grant us the serenity to accept  
the things we cannot change,  
the courage to change the things we can,  
and the wisdom to know the difference.*

*Thank  
you*