



# Virtual Meetings

*Please standby the webinar will begin shortly*



*A webinar  
brought to you by  
Narcotics Anonymous  
World Services, Inc.*

# Select a language

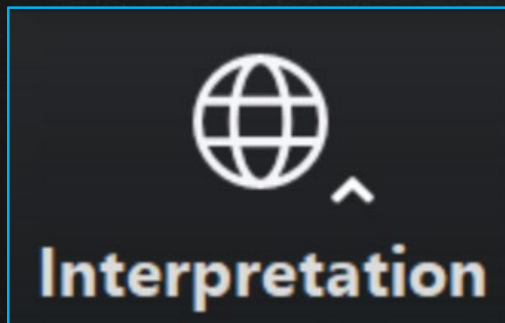
Select **English** or one of the translation channels:

**Portuguese**

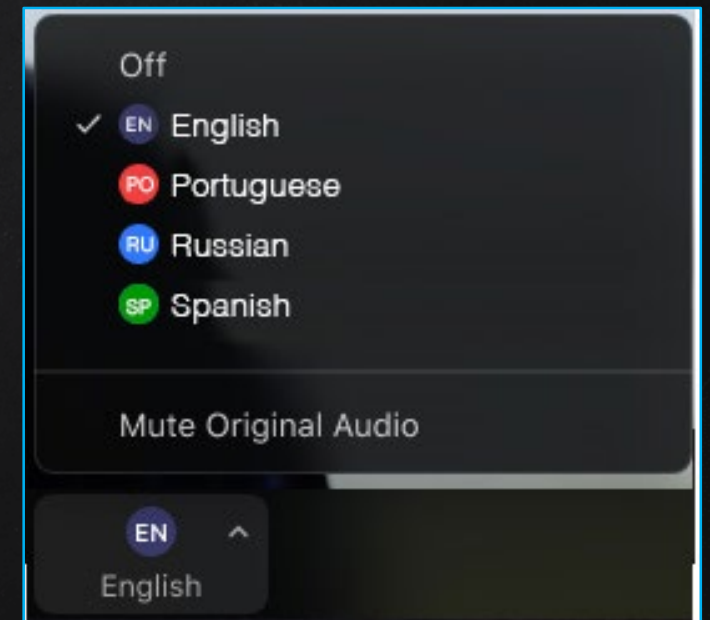
**Russian**

**Spanish**

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# Our relationship with a Higher Power

October 31

**“Ongoing recovery is dependent on our relationship with a loving God who cares for us and will do for us what we find impossible to do for ourselves.” Basic Text, p. 99**

**Working the Twelve Steps of Narcotics Anonymous gives us a fresh start in life and some guidance for living in the world. But the steps are more than a fresh start. When we do our best to work the steps, we develop a relationship with our personal Higher Power.**

**In the Third Step, we decide to allow a loving God to influence our lives. Much of the courage, trust, and willingness we need to continue through the succeeding steps comes from this decision. In the Seventh Step, we go even further by asking this Higher Power to change our lives. The Eleventh Step is a way for us to improve the relationship.**

**Recovery is a process of growth and change in which our lives are renewed. The Twelve Steps are the roadmap, the specific directions we take in order to continue in recovery. But the support we need to proceed with each step comes from our faith in a Higher Power, the belief that all will be well. Faith gives us courage to act. Each step we work is supported by our relationship with a loving God.**

**Just for today:** I will remember that the source of my courage and willingness is my relationship with my Higher Power.

# Agenda

- ✓ **Webinar format**
- ✓ **Introduction to project**
- ✓ **Survey to launch project**
- ✓ **Presentations**

North Star Group, Argentina marathon meeting, 7am Coffee Time meeting, Virtual meetings in Brazil, UKNA Communications Committee, Polish International Meeting, Montana Rural Outreach Workgroup, Russian speaking Tranzit Region

- ✓ **Q&A**



# Webinar format

- ✓ Emphasis on presenters
- ✓ Streaming on YouTube:  
link at [www.na.org/toolbox](http://www.na.org/toolbox)
- ✓ Type questions in the  
Q&A box
- ✓ If your question doesn't  
get addressed please  
write to [toolbox@na.org](mailto:toolbox@na.org)

A window titled 'Q&A' with a red, yellow, and green window control bar. It contains a large text input area and a text input field at the bottom with the placeholder text 'Type your question here...'.

# Virtual meetings

✓ Using term *virtual meetings* to refer to online, phone, and chat-based meetings

✓ Resources collected at [www.na.org/virtual](http://www.na.org/virtual)

✓ Virtual H&I resources at [www.na.org/localresources](http://www.na.org/localresources)



# Local Service Toolbox Project

- ✓ Several tools: *CBDM Basics*, *Serving NA in Rural and Isolated Communities*, and *GSR Basics*
- ✓ Collect experience to answer the question: What is our experience, and what do we want to say about it in a resource?
- ✓ Survey is first step



# Survey for Project

✓ Survey online  
until 31 December

✓ Focus:

- Best practices
- Applying NA principles
- Virtual meetings and the service system

2. **Best Practices:** Are there any other topics that you think the tool needs to cover? any experience you may have. [Please use a new text box for each topic to help us compile the survey responses.]

Topic 1

Topic 2

Topic 3

3. **Applying NA Principles in Virtual Meetings:** Please share any experience useful to include in a resource or tool for virtual meetings.

Welcoming newcomers and helping them get connected

Operating within the Third Tradition (e.g. not silencing or ejecting people without an atmosphere)

Administering meetings (e.g. avoiding dominance by individuals, creating an atmosphere)

Accessibility for members with additional needs

Finding a sponsor in a virtual environment

4. **Applying NA Principles:** Do you have any additional ideas for topics? Please include any experience you may have. [Please use a new text box for each topic to help us compile the survey responses.]

Topic 1

Topic 2

Topic 3

## NA World Services: Local Service Toolbox Project

### Virtual Meetings Service Tool

This survey is the first step in the creation of a service tool for virtual meetings and will be available until December 31st. It has been created by reviewing the material from locally created resources, the input from Fellowship discussions, and the many questions we have been asked about virtual meetings. We encourage you to share your experience and ideas here. You are welcome to complete the survey as an individual member, or with others in a group or service event setting.

We are using the term virtual meetings to refer to online, phone, and chat-based meetings—really any meetings that do not meet in person or that are hybrid and have some remote attendees. We are open to any ideas you have about which terms we use as long as they include the variety of ways that NA members come together to meet.

The survey focuses on three areas: best practices, applying NA principles, and virtual meetings and the service system.

For the first two areas we are offering a list of topics that each will cover. Think of these as section headings in the finished tool. Please share any practical experience you have by typing it into the comments box alongside each topic.

We have included the option to add more topics if you think there is something else the tool needs to cover.

The final area of the survey offers two questions about virtual meetings and the NA service system. We have also provided a space for any additional thoughts you may have.

1. **Best Practices for Virtual Meetings:** Please share any experience you think would be useful to include in a resource or tool for virtual meetings.

Choosing a meeting platform

Listing information about virtual meetings

Keeping a virtual meeting secure

Technical tips (e.g. helping with low bandwidth, orienting members to the platform)

Maintaining personal anonymity

Basic meeting protocols and etiquette

Practicing the Seventh Tradition

Signing attendance cards

Additional service positions for virtual meetings

Distributing literature and keytags

Suggestions for effective virtual meeting formats

Hybrid meetings

# Survey for Project

- ✓ How do virtual meetings and the rest of NA connect in your community?
- ✓ Are there any other ways that virtual meetings are providing services other than recovery meetings?

We are aware that some meetings are being held virtually on a temporary basis because they cannot meet in person, while others are intended to be virtual on a permanent basis. This difference may affect how you respond to the next two questions. Please help us to better understand your input by indicating in your response whether the meetings you are sharing experience about are virtual on a temporary or permanent basis.

**5. Virtual Meetings and the Service System:** We are aware of a number of approaches for how virtual meetings and the rest of the NA community connect within NA today and would like to hear what is happening within your community.  
How do virtual meetings and the rest of NA connect in your community?

**6. Virtual Meetings and the Service System:** We have heard of some virtual meetings reaching out to treatment, probation, and correctional facilities to invite them to their meetings.  
Are there any other ways that virtual meetings are providing services other than recovery meetings?

**7.** Do you have any additional thoughts or ideas you would like to share?

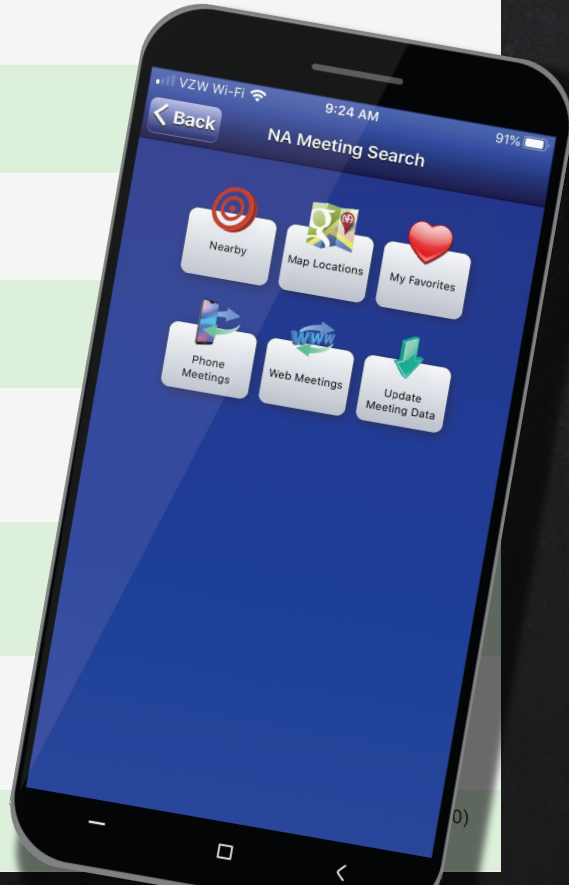
## Narcotics Anonymous Meeting Search Results

Showing results for: Web

Your search produced 1180 result(s). All meetings are non-smoking unless noted otherwise.

[Copy Link](#)

Location	Day	Time Language
<a href="https://us02web.zoom.us/j/558544927">https://us02web.zoom.us/j/558544927</a> Password 247247 Eastern Time (US) New York Zoom, , Web	Sunday	1:00 am (01:00) <a href="#">Map</a>
<a href="https://us02web.zoom.us/j/558544927">https://us02web.zoom.us/j/558544927</a> Password 247247 Eastern Time (US) New York Zoom, , Web	Sunday	2:00 am (02:00) <a href="#">Map</a>
<a href="https://us02web.zoom.us/j/558544927">https://us02web.zoom.us/j/558544927</a> Password 247247 Eastern Time (US) New York Zoom, , Web	Sunday	3:00 am (03:00)
<a href="https://us02web.zoom.us/j/558544927">https://us02web.zoom.us/j/558544927</a> Password 247247 Eastern Time (US) New York Zoom, , Web		
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<a href="https://us02web.zoom.us/j/558544927">https://us02web.zoom.us/j/558544927</a> Password 247247 Eastern Time (US) New York Zoom, , Web		
<a href="https://zoom.us/j/9519091234">https://zoom.us/j/9519091234</a> pwd: 654321 Pacific Time (Riverside, CA, USA) Zoom, , Web <b>Meeting Virtually</b>		
<a href="https://zoom.us/j/2915183591">https://zoom.us/j/2915183591</a> Password: 123456 South Africa Time Zoom, , Web		
<a href="https://zoom.us/j/2562753367">https://zoom.us/j/2562753367</a> Password 638594 Eastern Time (Newark, NJ, USA) Zoom, , Web <b>Meeting Virtually</b>		
<a href="https://us02web.zoom.us/j/558544927">https://us02web.zoom.us/j/558544927</a> Password 247247 Eastern Time (US) New York Zoom, , Web		



# Meeting Finder App / NA Meeting Search on na.org

- ✓ Registering virtual meetings
- ✓ Will be a discussion at WSC 2022
- ✓ Still searchable in the app and na.org
- ✓ Survey will help inform the work of the project

# Select a language

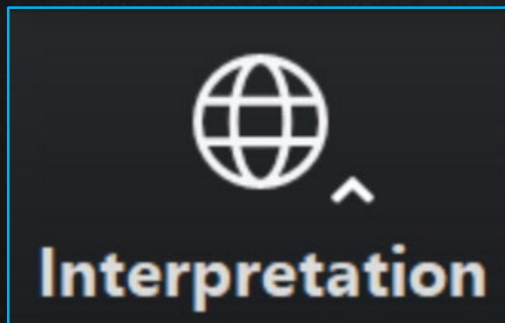
Select **English** or one of the translation channels:

**Portuguese**

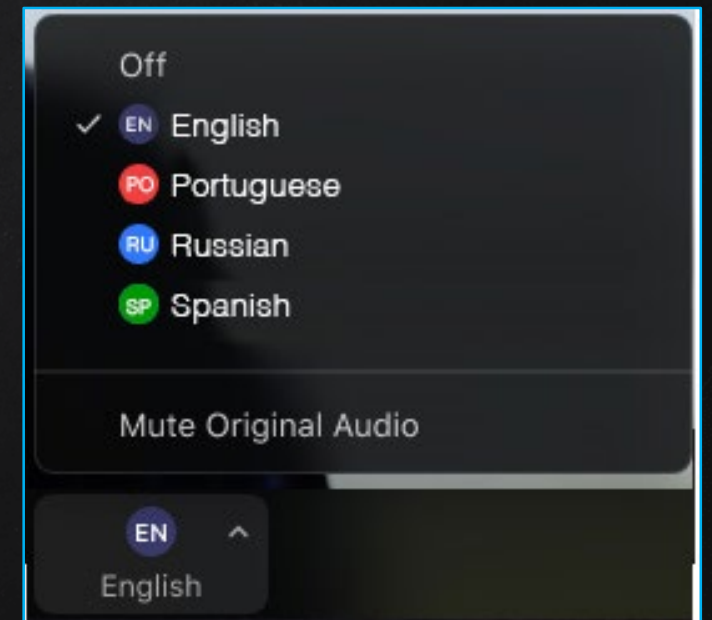
**Russian**

**Spanish**

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2. Choose a language



A woman with long dark hair is looking down at a tablet computer she is holding. The image is overlaid with a semi-transparent blue filter. The background is a blurred indoor setting with some light bokeh.

# BUILDING A VIRTUAL COMMUNITY

NORTHSTAR ONLINE NA GROUP, SINCE MAY 10<sup>TH</sup>, 2018

KENTUCKY SURVIVORS AREA, [HTTPS://KYSURVIVORS.COM](https://kysurvivors.com)

BLUEGRASS-APPALACHIAN REGION, [HTTPS://BARCNA.COM](https://barcna.com)

northstaronlinegroup@gmail.com

# JUST THE FACTS: ZOOM 201-257-2764

- WE BEGAN MEETING IN MAY 2018 ON THE ZOOM PLATFORM AS AN AREA OUTREACH PROJECT
- WE TRANSITIONED TO A VOTING HOMEGROUP IN OUR AREA ON JULY 14<sup>TH</sup>, 2019
- WE OWN 2 “PRO ACCOUNTS” (1 WITH 500 CAPACITY FOR EVENTS)
- WE MEET EVERYDAY 7:00-8:30PM EASTERN U.S. TIME (NEW YORK)
- OUR DAILY ATTENDANCE IS 40-75 ATTENDEES (MOSTLY FROM USA)
- WE CONSISTENTLY HAVE 4-7 OUTSIDE ORGANIZATIONS ATTENDING OUR MEETINGS THROUGH HYBRID TECHNOLOGY
- OUR 7<sup>TH</sup> TRADITION PRUDENT RESERVE: \$1,500-\$1,800 (U.S.) FOR 3 MONTHS (PHONELINE COST FLUCTUATES)
- WE HAVE 25-30 HOMEGROUP MEMBERS, EACH ONE SERVING IN SOME CAPACITY (THE MAJORITY DURING OUR RECOVERY MEETINGS)



WE BECAME  
FULLY  
SELF-  
SUPPORTING

JULY 14<sup>TH</sup>, 2019

**GSR Monthly Report**

For The Month Of: July

Homegroup Name: NorthStar Online Group

Meeting Days & Time: Thursday 7:00 pm - 8:30 pm Eastern

Meeting Location & City: Zoom 201-257-2764

Average Attendance: 10-25

Literature Order: 0

Area Donation: 0

Regional Donation (if applicable): 0

**GSR INFORMATION:**

GSR Name: Shane C

Phone # [REDACTED]

(If the person that is filling this form out is different than the GSR at your home group, please only list the GSR's name)

Mailing Address: Same

Email Address: [REDACTED]

Homegroup Business: We are requesting to be seated at the area meeting with equal rights as every other group. We need the 6 points of a NA meeting. We only wish to vote on CAR and CAT motions and any policy that would affect our group. We wish to abstain and not affect "quorum and group tally" on motions that do not affect our group.

We are requesting that we be put on the next printing of the meeting schedule as our own meeting, in a Thursday slot, based on we have been on the schedule for over a year in a different capacity

ur home group's vote: \_\_\_\_\_



WHERE DO WE FOCUS?

# BE PUNCTUAL

## GET THERE EARLY, STAY LATE

THIS PROVIDES AN OPPORTUNITY FOR MEMBERS TO RESOLVE VIDEO AND AUDIO TECHNICAL ISSUES . IT ALSO ALLOWS TIME FOR INSTRUCTION OF ATTENDEES THAT ARE NEW TO THE MEETING PLATFORM (RAISE HAND, CHAT, ETC.). ASSIGNING READINGS AND OTHER TASKS BEFORE THE MEETING IS HELPFUL. AFTER THE MEETING WE ALLOW PEOPLE TO SHARE WHO WERE NOT ABLE TO SHARE DURING THE MEETING. THIS IS ALSO A TIME FOR SOCIALIZING.

# BE CONSISTENT

## ESTABLISH CLEAR EXPECTATIONS

A CONSISTENT ATMOSPHERE HELPS NEW ATTENDEES MAKE A DECISION IF THEY WOULD LIKE TO RETURN TO OUR MEETING. WE ASK OURSELVES QUESTIONS LIKE: ARE WE TREATING ATTENDEES EQUALLY WHILE COMMUNICATING? ARE WE SHARING THE TIME FAIRLY? ARE WE *SHOWING AND TELLING* ALL OF OUR ATTENDEES THAT THEY ARE IMPORTANT TO US?

# PROVIDE A SAFE MEETING SPACE

MEMBERS ARE LIKELY TO RETURN WHEN THEY FEEL THAT THE HOSTS ARE DOING THEIR BEST TO CONTROL THE MEETING SPACE. CONTROLLING THE MUTE/UNMUTE, SCREENSHARE, CHAT, AND VIDEO FEED OPTIONS OF THE MEETING ARE ALL GOOD PRACTICES. WE ASK ATTENDEES TO ALERT THE HOST IF SOMEONE IS BEING DISRUPTIVE.



# PROVIDE OPPORTUNITIES TO SERVE

WE CREATE OPPORTUNITIES FOR ANYONE TO SERVE DURING OUR MEETINGS, REGARDLESS OF THEIR TECHNICAL SKILL LEVEL OR CLEAN TIME. THE DEVICE THAT THEY ATTEND THE MEETING WITH WILL DICTATE WHAT TECHNICAL RESPONSIBILITIES THEY ARE ABLE TO FULLFILL. DUTIES AT OUR MEETING INCLUDE HOST/CHAIRPERSON, CHAT, 12<sup>TH</sup> STEP PHONE LIST SERVANT, TIMER (FOR EACH SHARE), AND VIDEO PATROL.



# WE OFFER SPONSORSHIP

OUR MEETING REGULARLY HAS THREE GENERATIONS (OR MORE) OF SPONSORSHIP IN ATTENDANCE. WE ANNOUNCE OUTLOUD AND IN THE CHAT THAT WE PROVIDE A LIST OF WILLING AND CAPABLE MEMBERS WHO WILL SPONSOR. WE ENCOURAGE ANYONE WITHOUT A SPONSOR TO STAY AFTER THE MEETING TO ASK QUESTIONS AND GET PHONE NUMBERS.



# JOIN OUR GROUP CONSCIENCE

WE ENCOURAGE ALL MEETING ATTENDEES TO JOIN OUR MONTHLY GROUP BUSINESS MEETING, EVEN IF THEY ALREADY HAVE A HOMEGROUP. IF YOU ATTEND OUR MEETING REGULARLY, WE ARE INTERESTED IN YOUR OPINION. THIS IS WHERE NEW IDEAS ARE INTRODUCED, AND WHERE WE MAKE FINANCIAL DECISIONS REGARDING OUR 7<sup>TH</sup> TRADITION DONATIONS.



# 7<sup>TH</sup> TRADITION

WE ACCEPT MONETARY DONATIONS AT OUR MEETINGS VIA [VENMO](#) AND [CASHAPP](#). WE USE SOME OF OUR DONATIONS TO PAY THE BILL FOR OUR MEETING ROOM ON ZOOM. WE FUND A NORTH AMERICAN VIRTUAL MEETING PHONELINE VIA [YAP](#) AND [BMLT](#) TECHNOLOGY. WE ALSO FUND PUBLIC SERVICE ANNOUNCEMENTS THAT LEAD THE PUBLIC TO NA WORLD SERVICES, VIRTUAL-NA.ORG, THE BLUEGRASS-APPALACHIAN REGION, AND THE KENTUCKY SURVIVORS AREA. WE ARE GRATEFUL TO SHARE RESPONSIBILITIES WITH ALL LEVELS OF OUR SERVICE STRUCTURE IN A TIME WHERE VOLUNTEERS AND SPECIAL WORKERS HAVE BEEN GREATLY AFFECTED BY THIS PANDEMIC.

# MEETING ATTENDANCE VERIFICATION:

WE PROVIDE MEETING ATTENDANCE VERIFICATION THROUGH AN AUTOMATED EMAIL SYSTEM, WHICH IS MONITORED BY 2 TRUSTED SERVANTS. THIS PROVIDES AN OPPORTUNITY FOR MORE POTENTIAL MEMBERS TO ATTEND OUR MEETINGS. AS A RESULT, SOME MEMBERS NEEDING VERIFICATION HAVE JOINED OUR HOMEGROUP AND ARE PART OF OUR COMMUNITY TO THIS DAY.

# COMMUNICATING THROUGH ANNOUNCEMENTS

WE COMMUNICATE EVERY ASPECT OF OUR RECOVERY MEETING AND BUSINESS MEETING DURING OUR ANNOUNCEMENTS. WE SPEAK THEM OUT LOUD DURING EVERY MEETING AND PLACE THEM IN THE CHAT.

## TOPICS INCLUDE:

- THE MEETING FORMAT / TOPIC
- FREE LITERATURE AT NA.ORG
- OUR 12<sup>th</sup> STEP PHONE LIST
- CAN WE CONNECT YOU TO YOUR LOCAL NA COMMUNITY?
- OUR 7<sup>TH</sup> TRADITION OPTIONS
- MEETING ATTENDANCE VERIFICATION
- DATE OF BUSINESS MEETING
- DO YOU NEED A SPONSOR?

# ATTRACTING EXPERIENCED MEMBERS: OUR PHILOSOPHY

HAVING GUEST SPEAKERS ON A REGULAR BASIS HAS BEEN HELPFUL IN EXPOSING EXPERIENCED MEMBERS TO OUR COMMUNITY. MANY HAVE COME TO SPEAK AND DECIDED TO RETURN. ALSO, ADAPTING OUR MEETING FORMAT TO INCLUDE A PIECE OF OUR GUEST'S LOCAL NA CULTURE HAS HELPED THEM TO MAKE A DECISION TO JOIN THE GROUP. SOME CHANGES THAT WE HAVE ADOPTED OVER TIME HAVE INCLUDED: NA TERMINOLOGY IN THE FORMAT, THE ORDER OF RECOVERY MEETING OPERATIONS, AND ADOPTING NEW "DECISION MAKING RULES OF ORDER" FOR A RAPIDLY CHANGING COMMUNITY.

*WHEN WE WERE HONEST WITH OURSELVES THAT THE MAJORITY OF THESE PIECES ARE PERSONAL PREFERENCES INSTEAD OF SINGULAR TRUTHS, IT WAS EASIER TO ACCEPT CHANGE IN THE INTEREST OF BEING MORE WELCOMING AND INCLUSIVE. WE FOUND THAT HUMILITY AND A WILLINGNESS TO COMMUNICATE WERE THE MOST IMPORTANT TOOLS DURING THESE TRANSITIONS.*

# EACH MEMBER IS IMPORTANT:

WITH THE FOCUS ON MAKING INDIVIDUALS FEEL WELCOME, WE HAVE  
CONTINUED TO GROW.

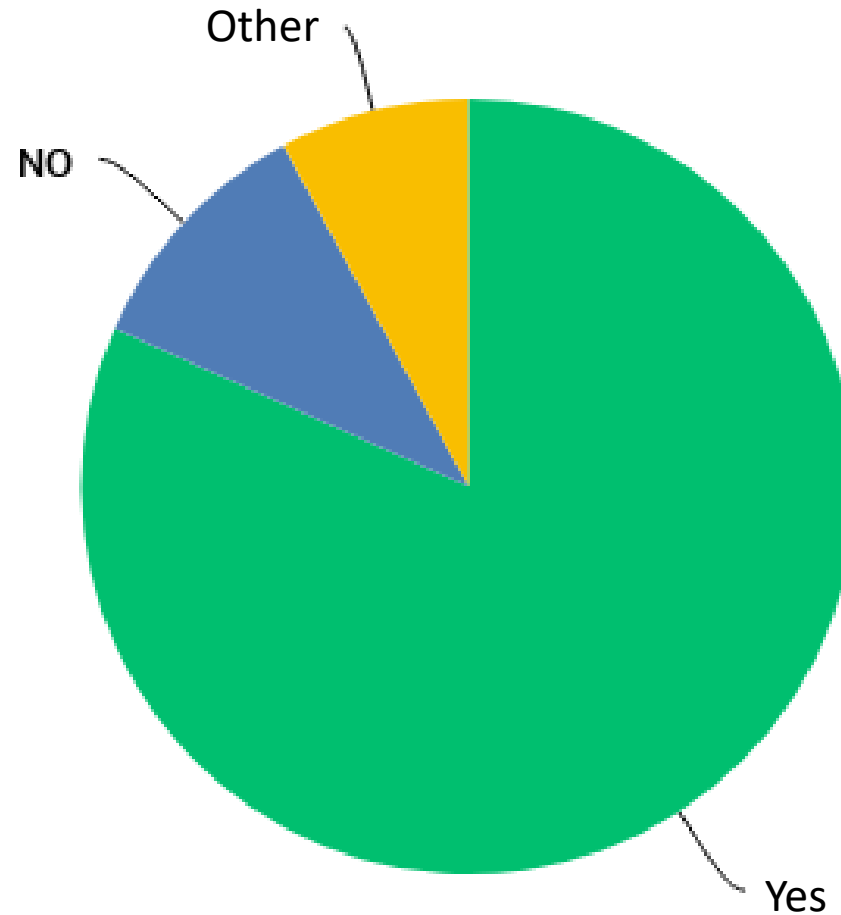
THANK YOU FOR ALLOWING US TO BE OF SERVICE TODAY.

Latin American Zonal Forum (LAZF)

# **Membership Survey on Virtual Meetings**

**FOROZONAL**  
LATINOAMERICANO

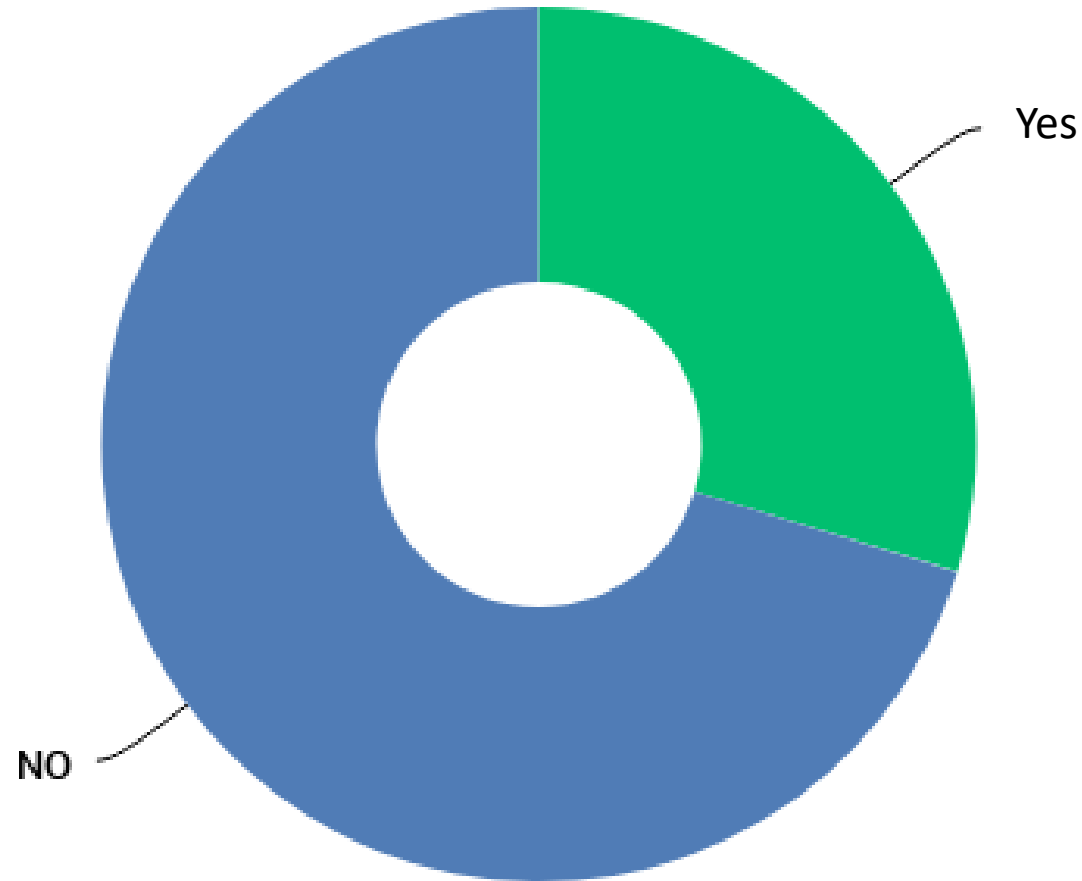
P7: Is your home group closed due to the pandemic?



# P7: Is your home group closed due to the pandemic?

Answers Options	%	Answers
YES	81.68%	165
NO	10.40%	21
OTHER	7.92%	16
TOTAL		202

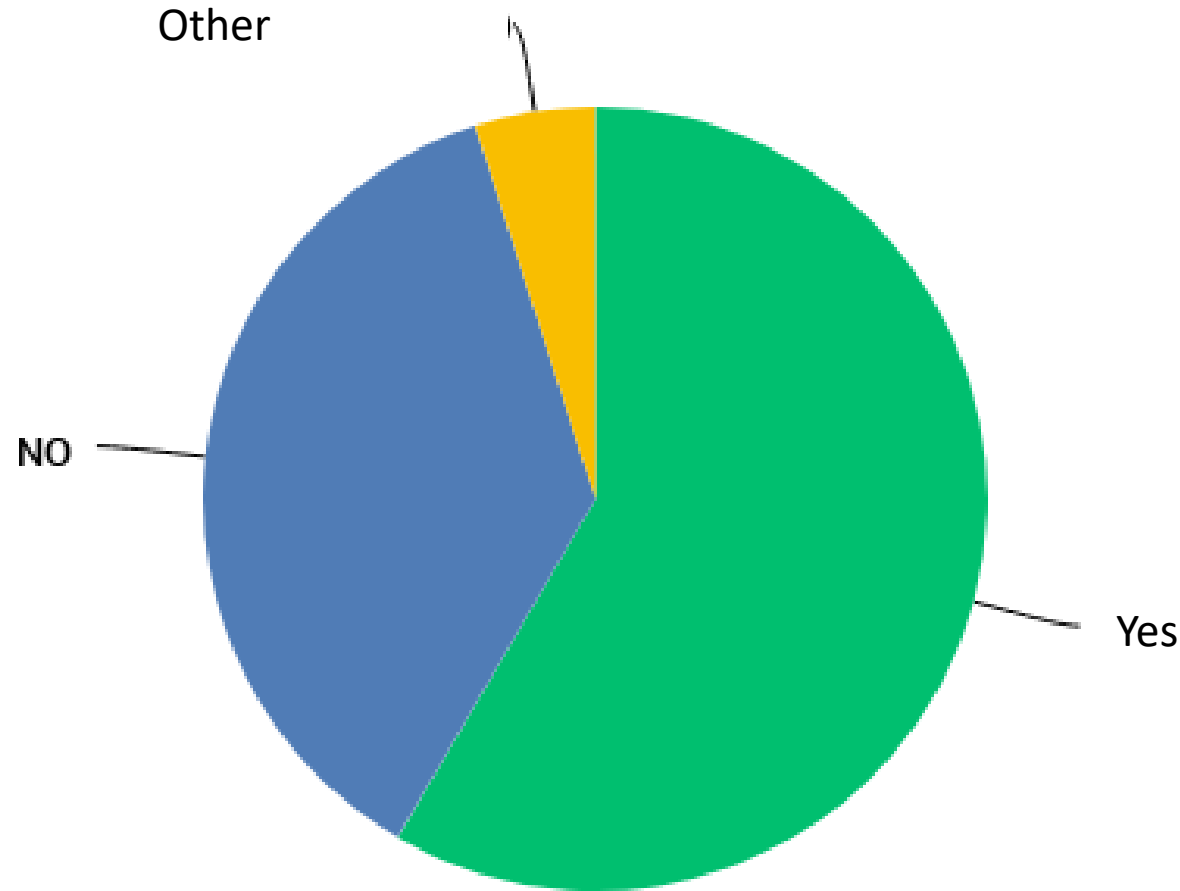
P9: Is your home group already functioning normally?



# P9: Is your home group already functioning normally??

Answers Options	%	Answers
YES	29.70%	60
NO	70.30%	142
TOTAL		202

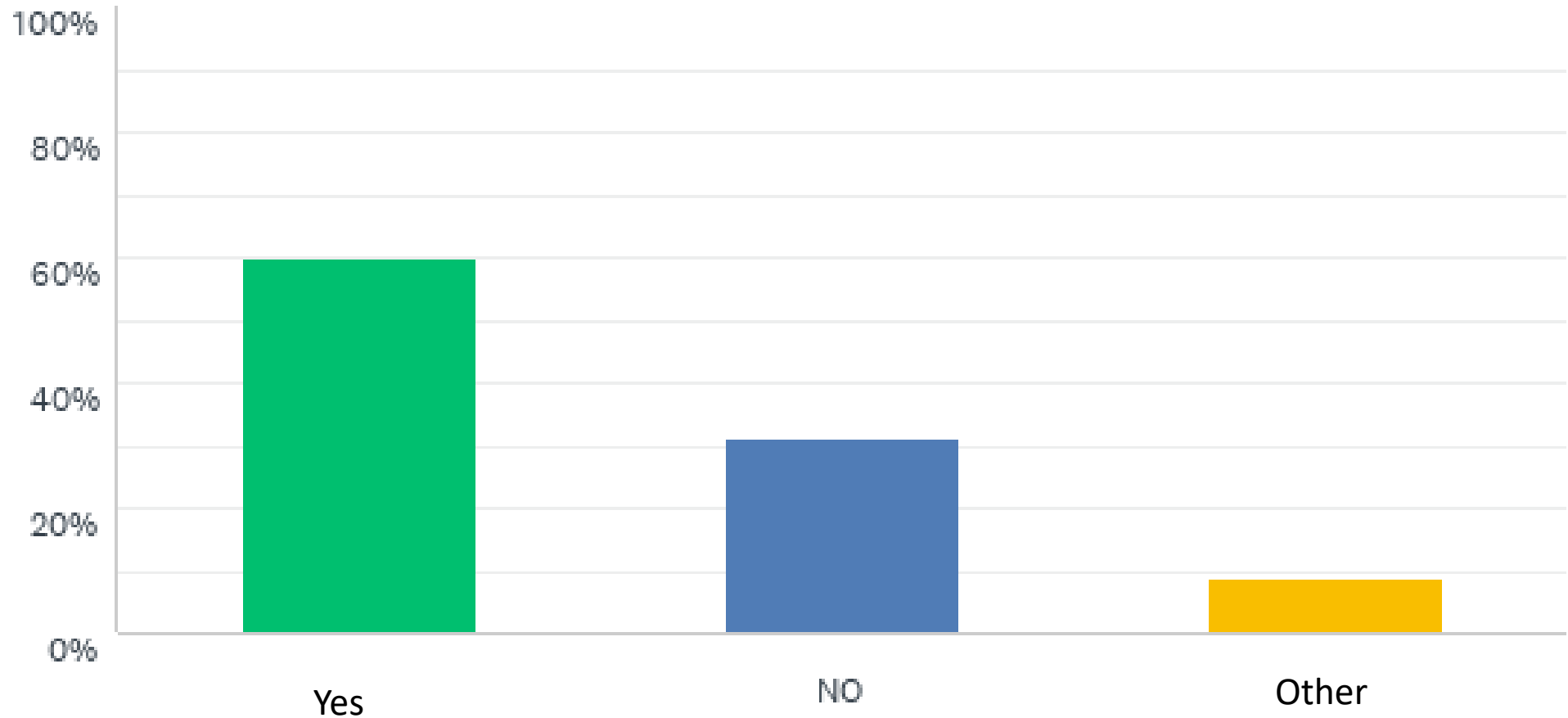
P13: Does your home group continue to offer literature to its members? Selling?



# P13: Does your home group continue to offer literature to its members? Selling?

Answers Options	%	Answers
YES	58.42%	118
NO	36.63%	74
OTHER	4.95%	10
TOTAL		202

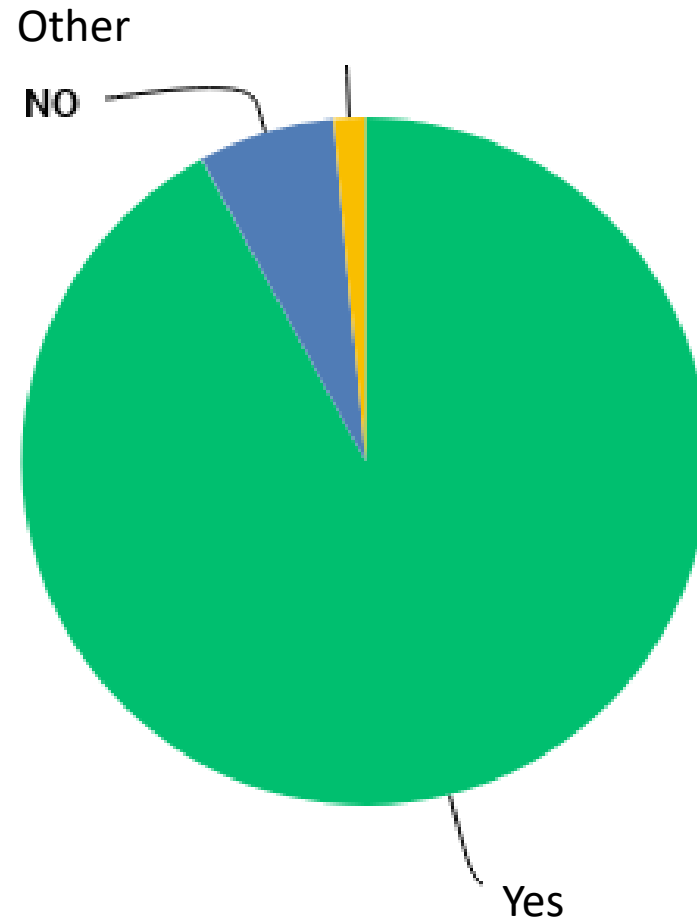
P15: Is your home group contributing financially to the service structure?



# P15: Is your home group contributing financially to the service structure?

Answers Options	%	Answers
YES	59.90%	121
NO	31.19%	63
OTHER	8.91%	18
TOTAL		202

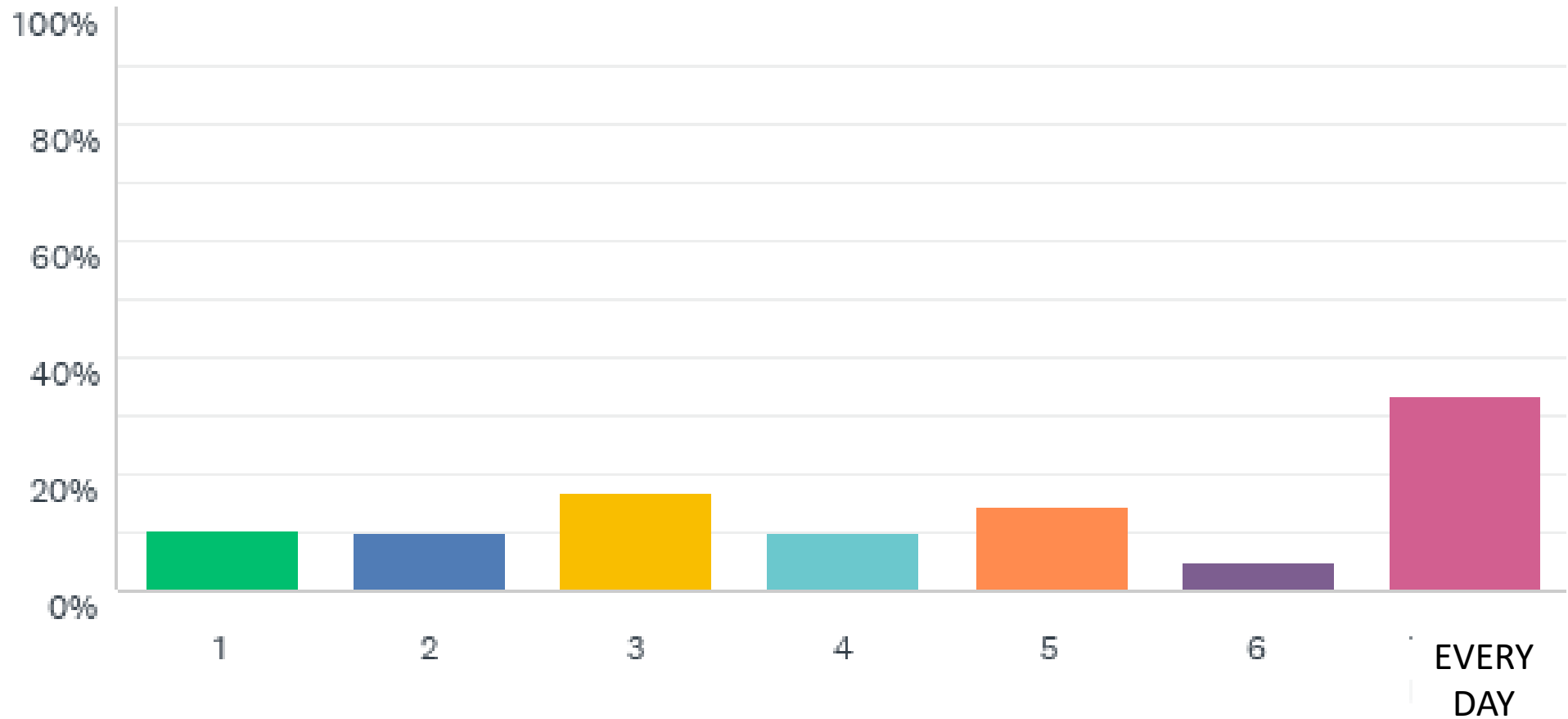
P17: Are you attending virtual meetings?



# P17: Are you attending virtual meetings?

Answers Options	%	Answers
YES	92.08%	186
NO	6.44%	13
OTHER	1.49%	3
TOTAL		202

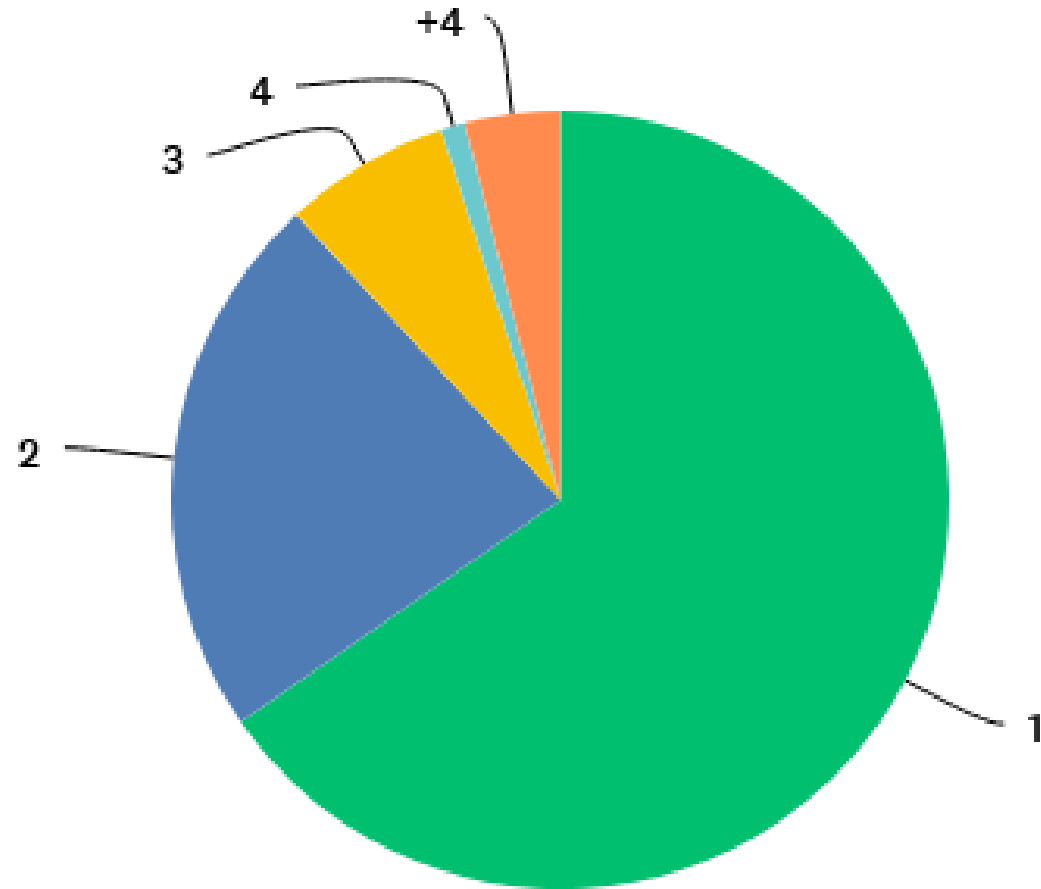
P18: How many times a week do you attend a virtual meeting?



# P18: How many times a week do you attend a virtual meeting?

Answers Options	%	Answers
1	10.40%	21
2	9.90%	20
3	16.83%	34
4	9.90%	20
5	14.36%	29
6	4.95%	10
EVERY DAY	33.66%	68
TOTAL		202

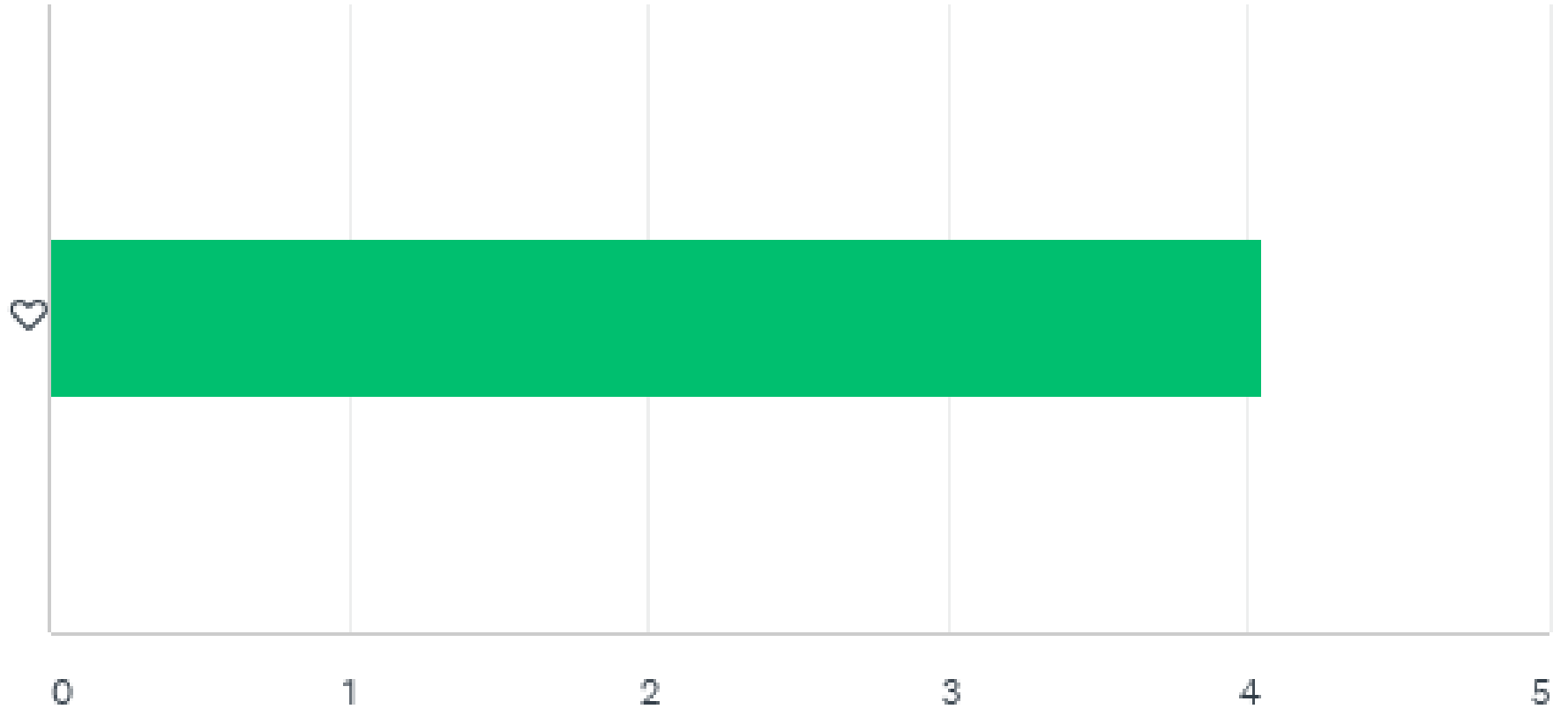
P19: How many times a day do you attend a virtual meeting?



# P19: How many times a day do you attend a virtual meeting?

Answers Options	%	Answers
1	65.35%	132
2	22.77%	46
3	6.93%	14
4	0.99%	2
+4	3.96%	8
TOTAL		202

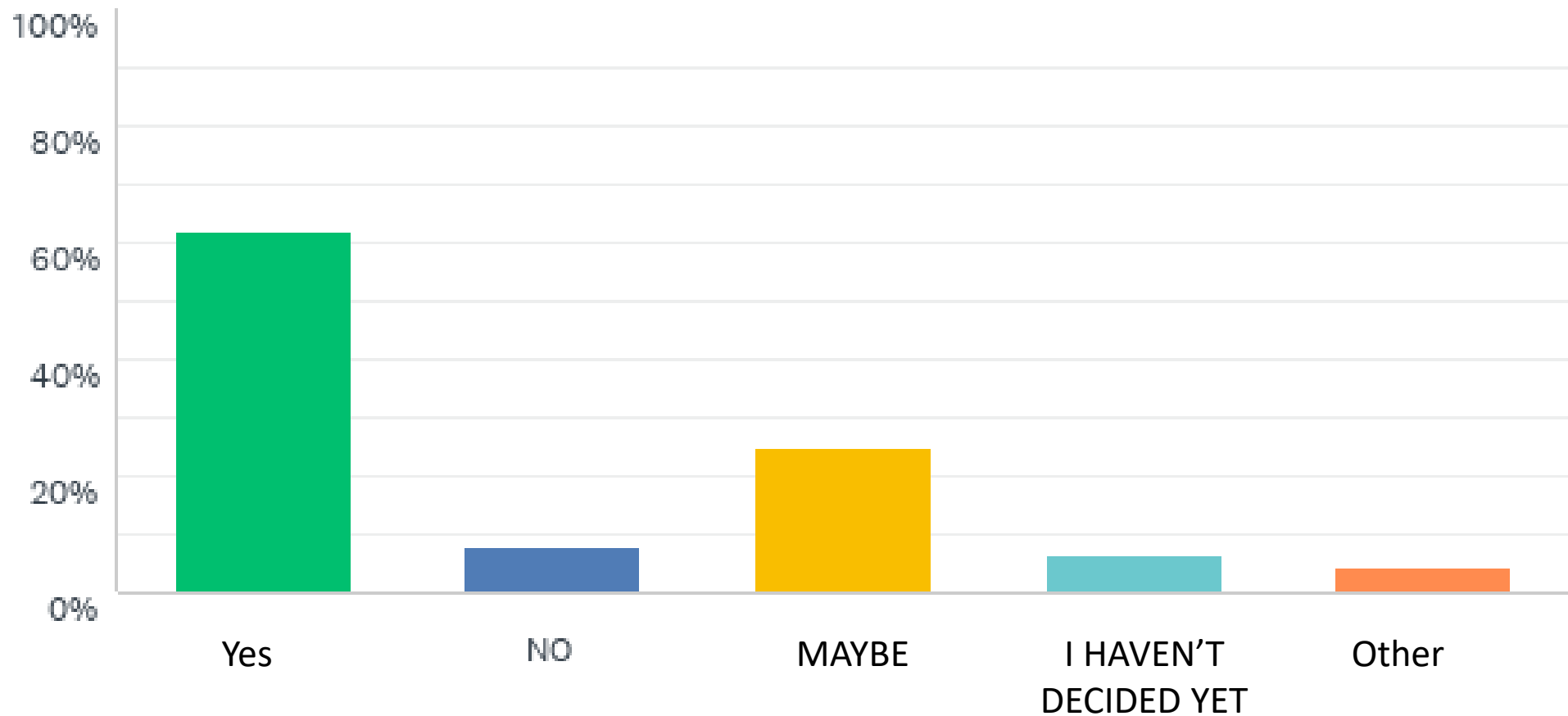
P22: Do you like virtual meetings?



# P22: Do you like virtual meetings?

	1	2	3	4	5	TOTAL	RATING
♥	8.91% 18	5.45% 11	14.36% 29	14.36% 29	56.93% 115	202	4.05

P27: After the pandemic, do you plan to continue attending online meetings?

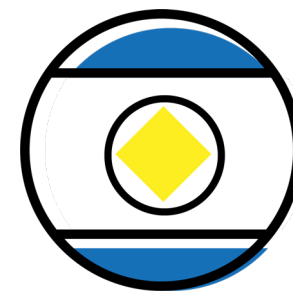


# P27: After the pandemic, do you plan to continue attending online meetings?

Answers Options	%	Answers
Yes	61.88%	125
NO	7.92%	16
MAYBE	24.75%	50
I HAVEN'T DECIDED YET	6.44%	13
Other	4.46%	9
Total de encuestados: 202		

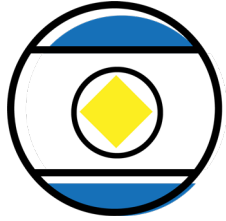


# ARGENTINA'S



## MARATHON MEETING

[na.org.ar/maratonica](http://na.org.ar/maratonica)

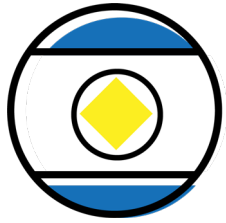


# MARATHON MEETING

*24/7 since March 23th*



It started as a Regional effort as soon as our physical meetings began closing so the addicts looking for their first meeting could receive a single link instead of an endless list



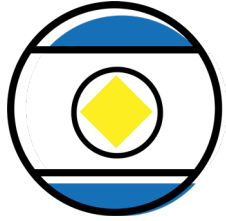
# MARATHON MEETING

*24/7 since March 23th*



... and it worked

[na.org.ar/maratonica](http://na.org.ar/maratonica)

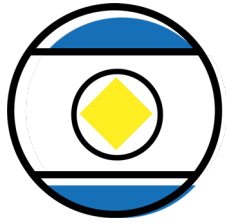


# MARATHON MEETING

*24/7 since March 23th*



Our website and social networks redirect users to the zoom meeting. Our 24/7 free phone helpline does it as well. We added a corporate Whatsapp service with a bot that gives this information as well



# MARATHON MEETING

*24/7 since March 23th*



2570

## **NA MEETINGS**

*This is the equivalent of a meeting that opens 2 hours every day for more than 7 years*

5140

## **HOURS of non-stop service**

*2 hours per meeting one after the other*

350

## **Newcomers**

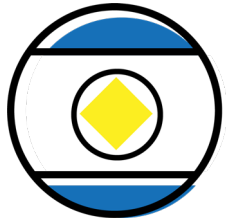
*and countless visitors from outside the fellowship, institutions, governmental authorities and professionals*

140

## **Servants**

*Members from all over the world came together to make this possible: Argentina, Chile, Uruguay, Peru, Ecuador, Honduras, Mexico, Costa Rica, Germany, France, Spain and USA*

*Numbers running from March 23th to October 23th  
(7 months of uninterrupted service)*



# MARATHON MEETING

*24/7 since March 23th*



## Press Clippings

*Major Media Appearances*



[na.org.ar/maratonica](http://na.org.ar/maratonica)

# “REMOTE” REACHING OUT SERVICE

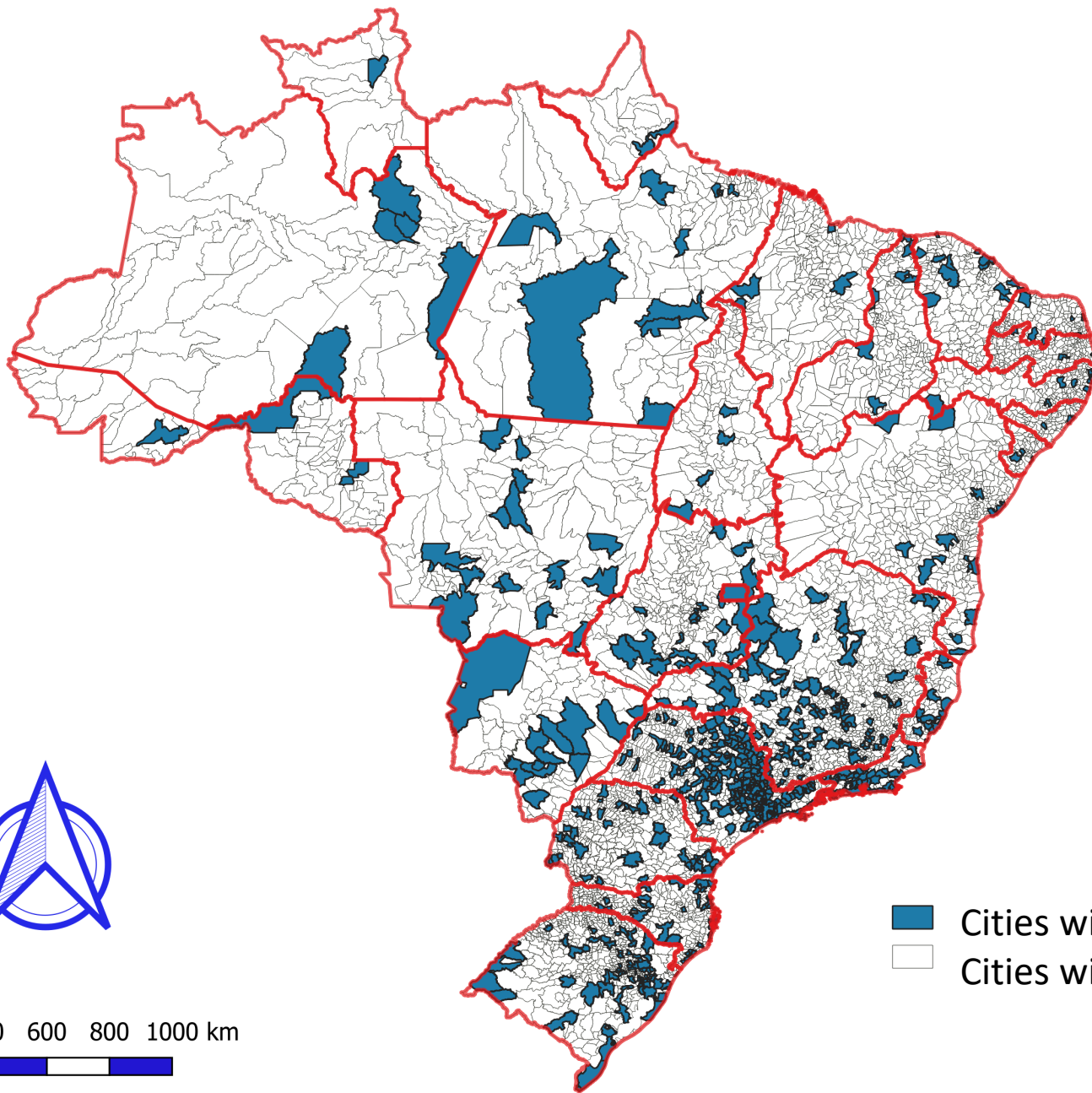


## “SISTEMA RAD” = Distance or Remote Recovery System

- RAD is a Reaching Out service, working as a recovery support tool, through two basic formats: online meetings and semi-in person meetings (hybrid), both closed meetings for people who have or believe to have a drug problem.

# OBJECTIVE

- To serve as support for NA Fellowship development, to integrate members from all around the world, to bring recovery to remote locations where NA is currently initiating or where there are no NA meetings, and to provide NA public information service.



0 200 400 600 800 1000 km

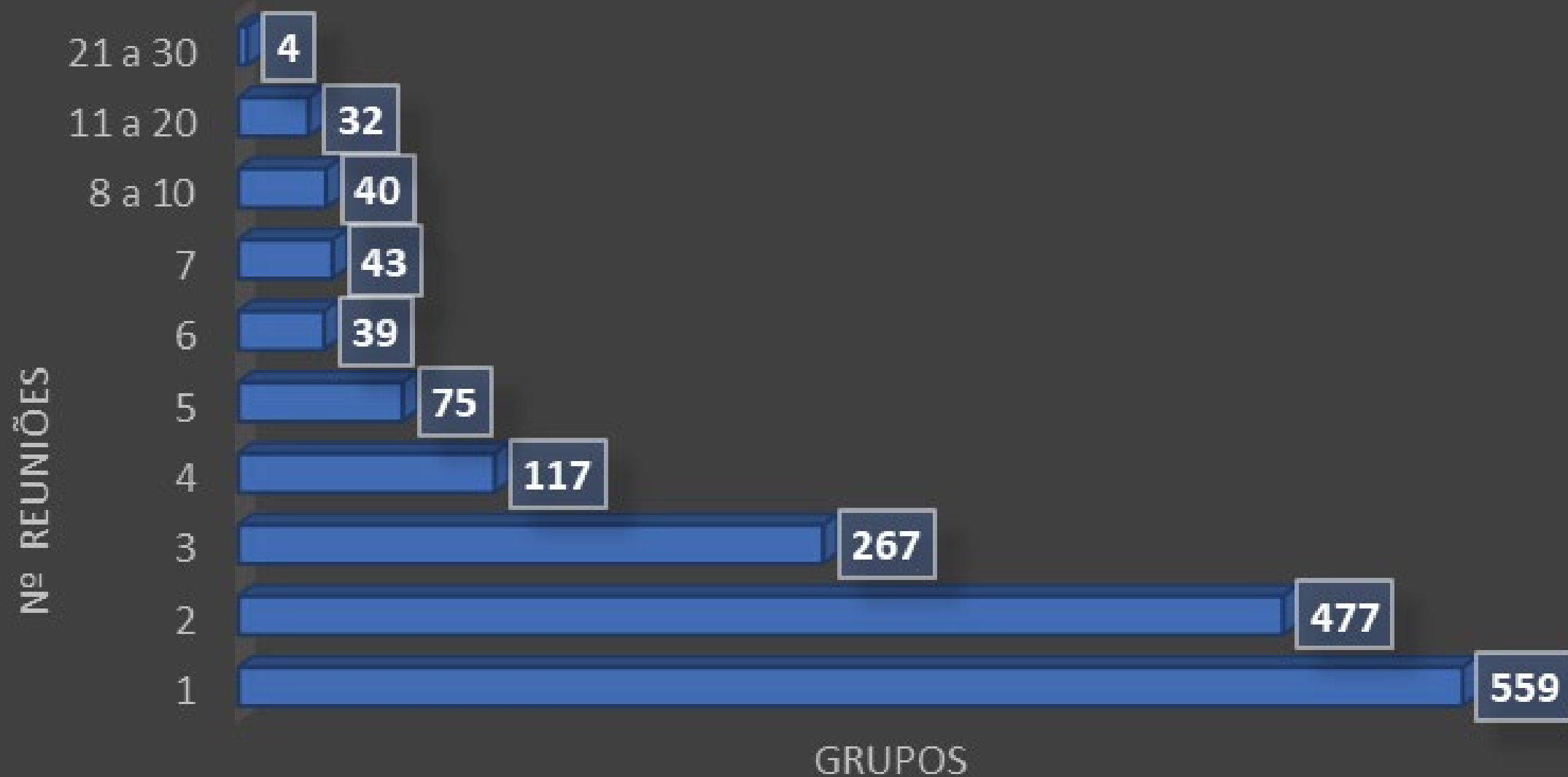


■ Cities with NA  
□ Cities without NA

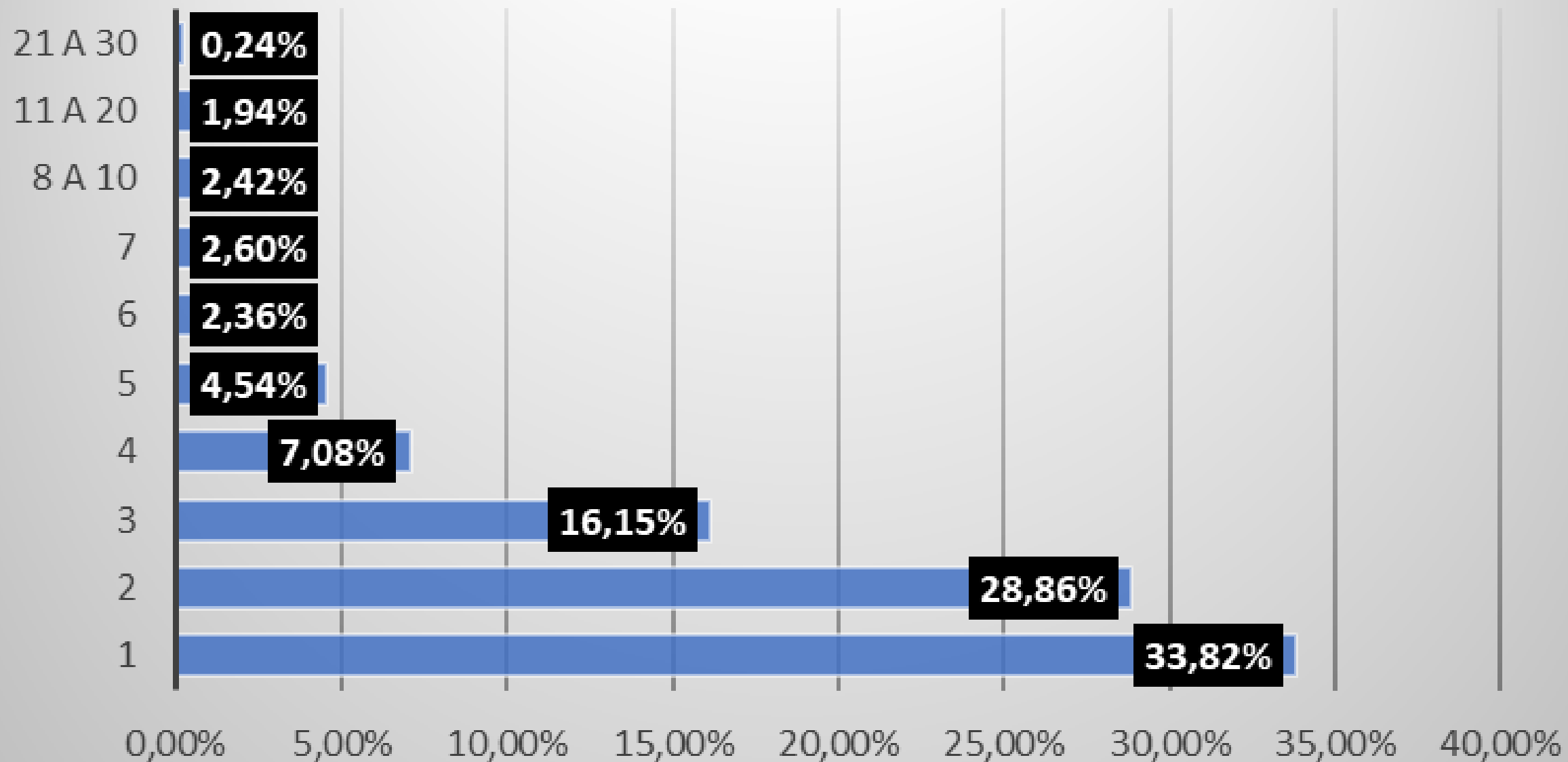
**5570**  
Municipalities

**700**  
Of which have  
meetings

## MEETINGS PER GROUPS

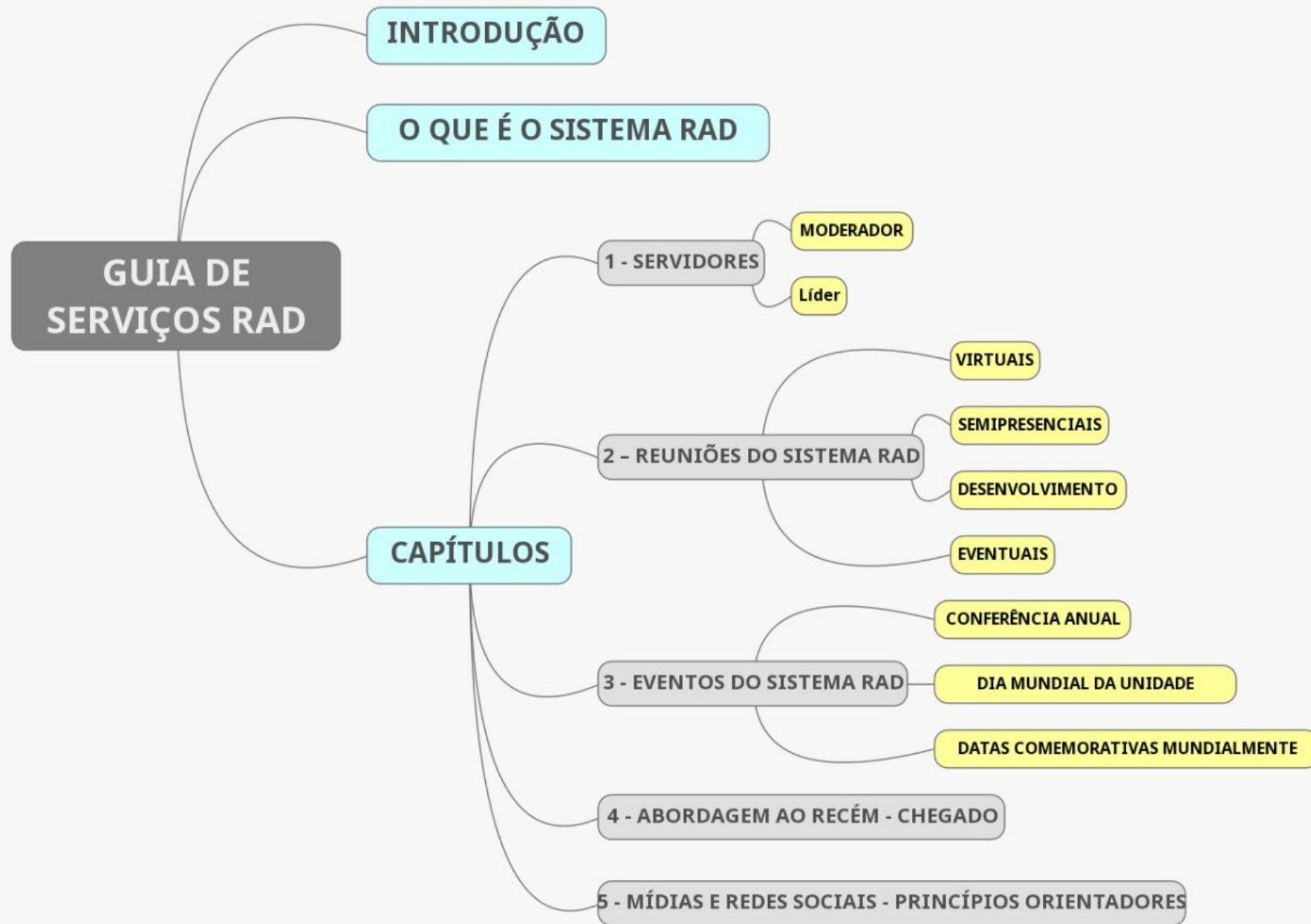


## MEETINGS PER GROUPS



# GUIDING PRINCIPLES

- Fellowship development meetings, to provide a space for accountability, and enable new members to be integrated to the service body
- To follow the RAD (Distance Recovery) service guide, specific material developed on this type of service format thus providing sponsorship and training to new trusted servants.
- To annually organize a service conference, offering in person experience between the servants, to discuss past projects and plan future service.
- To part of the Narcotics Anonymous service structure, to be accountable to Narcotics Anonymous, and to follow guidelines provided by the fellowship on a continuous basis.



# ATIVIDADES REALIZADAS



REUNIÕES



VIRTUAIS



SEMI PRESENCIAIS



ONLINE  
ESTAR  
SENTE

SOLUÇÕES  
RMAÇÕES  
NVOLVIMENTO

**SISTEMA  
R.A.D.**

TEMA DE RECUPERAÇÃO A DISTÂNCIA

SOLUÇÕES REMOTAS

CITE: Envie um email para [sistema.rad@hotmail.com](mailto:sistema.rad@hotmail.com)

INTERAJA: Estaremos respondendo seus e-mails

PARTICIPE: Esteja online em nossos encontros

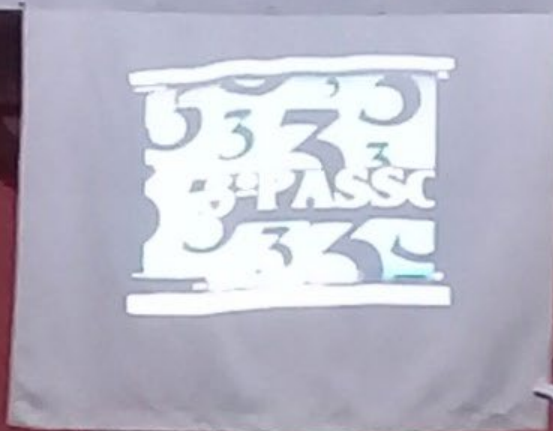
[www.rad.org.br](http://www.rad.org.br) // [www.sistemarad.org](http://www.sistemarad.org)

MAIORES INFORMAÇÕES: 0800 8886362





Bem Vindos ao Encompassos  
da USL Sem Fronteiras





# *7 years and still going...*

- ✓ Over 4000 thousand meeting
- ✓ 9 groups as hybrid meeting HQ's.
- ✓ 3 in person events with 2 service conventions
- ✓ 1 virtual service convention
- ✓ Various on-line transmissions, including one in a Regional Convention in the city of Olimpia, SP, Brazil.
- ✓ Effective participation in the World Unity Day.
- ✓ Local Service Guide being updated to it's fourth version in September 2020
- ✓ RAD convention (on-line) with 72 hours of uninterrupted meetings.

Abertura da semana de RP

# Adictos **brasileiros** no exterior



**Partilham**

Companheiros Brasileiros que hoje vivem no exterior, partilham suas experiências em recuperação.  
(Europa, América do Norte, Ásia...)

**31 Maio**  
08h as 19h

Semana de Relações Públicas 2020  
#SomosTodosRP

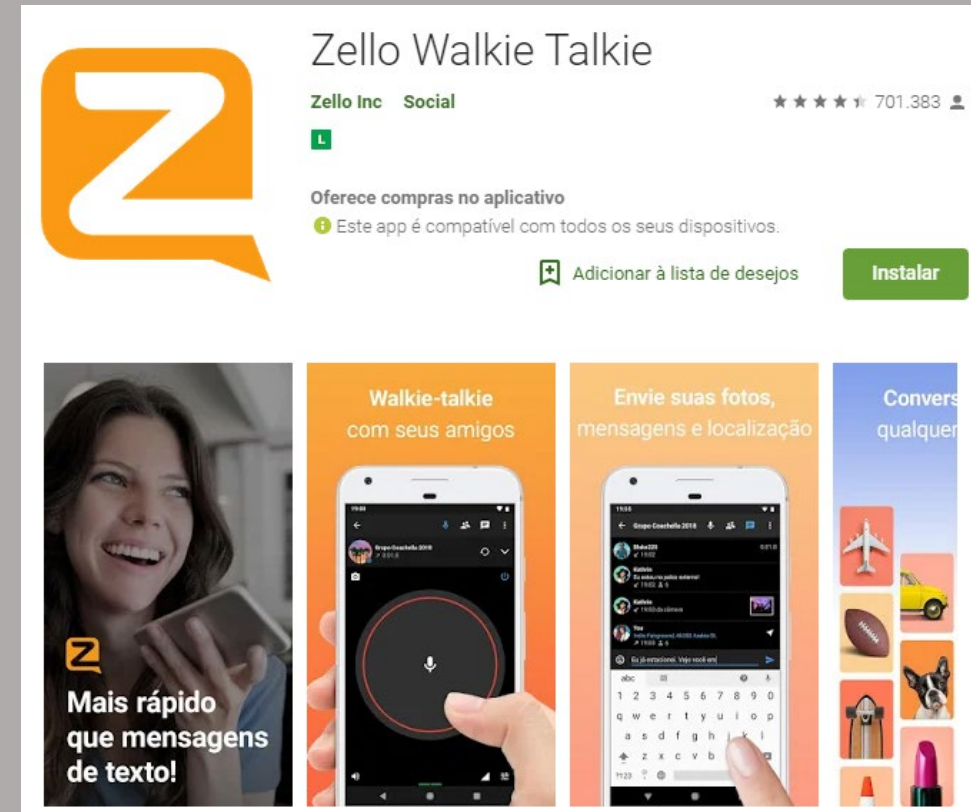
ASSOCIAÇÃO BRASILEIRA DE NARCÓTICOS ANÔNIMOS

zoom  
id. 999 222 1953

# HOW TO PARTICIPATE



**ID – 999 888 6262**



**Channel – Sistema.RAD**

*“Never before have so many addicts  
clean by their own choice and free  
been able to come together,  
regardless of where they are, to  
maintain their recovery and total  
creative liberty.”*

*www.sistemarad.org*

*For more information:*



**0800 888 6262**



*sistema.rad@na.org.br*

Agnieszka, Online Area  
Delegat, Poland



Jan, Online Area  
Coordinator, Poland



First Online meeting - 2013

Skype → ZOOM

7th Tradition → PayPal

Now: 11 groups, 20 meeting

2019: Online Area  
formation

# Montana Regional Service Committee

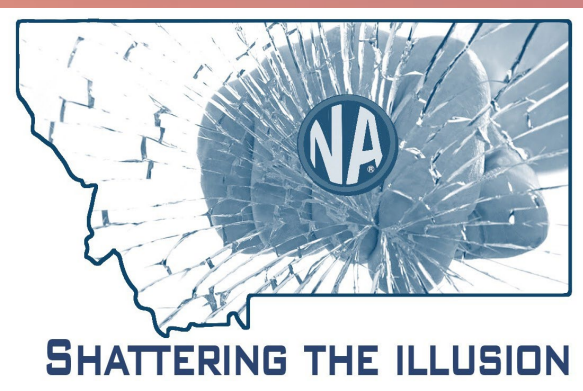


**Rural Outreach and Online Meeting Project**  
a Workgroup of the MRSC Public Relations Subcommittee  
October 26, 2020

**[www.namontana.org](http://www.namontana.org)**

# MRSC Rural Outreach and Online Meeting Project

- **INTRODUCTION**
  - **Montana Regional Service Committee**
  - **Public Relations Subcommittee**
  - **Working within the MRSC Service Structure**



# MRSC Rural Outreach and Online Meeting Project

- **A REGIONAL PR APPROACH**
  - Discuss Rural Recovery, Problems
  - Role of Technology as Part of Solution
  - Leverage Existing Regional Resources
  - Work with Area and Group Needs in Mind
  - Figure Out How to Engage Rural Addicts



# MRSC Rural Outreach and Online Meeting Project

- **SLOW PROGRESS: Plan, Test, Launch**
  - 2010 – Begin to Explore Video Conf. Tech
  - 2017 – Initiate Rural Outreach Project
  - March 17, 2019 – Brainstorm Using Zoom for Rural Outreach Meetings
  - Aug 11, 2019 – 1<sup>st</sup> Zoom Rural Outreach Meeting



*Share from the Heart,  
Connect at the Heart:  
The Ties that Bind*

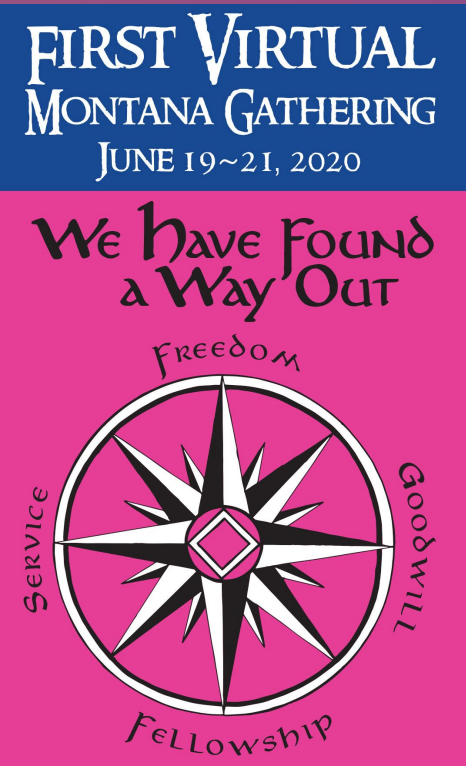
# MRSC Rural Outreach and Online Meeting Project

- **CRISES MOBILIZATION, 2020**
  - **March 15 – In-person Meetings Close; Decide to Offer 2 Zoom Meetings Every Day**
  - **March 16 – Opened 13 New Zoom Meetings**
  - **March 22 – Add 3 More; 17 Meetings Total**
  - **March 29 – Added Hosts & Trainings for All Meetings, Announcements, Temp Sponsors**



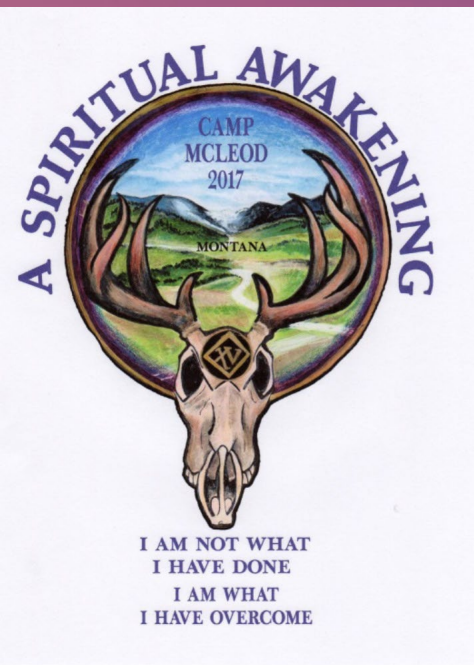
# MRSC Rural Outreach and Online Meeting Project

- **STEP BACK & LOOK AT BIG PICTURE**
  - **April 5, 2020 – Working Within the Service Structure:  
Individuals, Groups, Areas, PR**
  - **June 6 – Seventh Tradition Added to Website**
  - **June 19-21 – Assisted with Virtual Montana Gathering**



# MRSC Rural Outreach and Online Meeting Project

- **PROGRESS NOT PERFECTION**
  - July - Deal With Online Listings & Security
  - Balance Atmosphere of Recovery w/Security
  - Offer H&I and P&I Outreach Opportunities
  - Realize Benefits of Expanded Range of Broad Fellowship & Connections to Rural Recovery
  - August – Start Work on Hybrid Meetings



# MRSC Rural Outreach and Online Meeting Project

- **BRANCH OUT & GET IN THE GROOVE**
  - Sept 4-6 – Celebrate NA Unity Weekend
  - Sept 26 – Assist with the MTRCNA
  - Sept – Nov 2020, Ongoing:
    - Maintain and Adapt Security Vigilance
    - Work to Attract New Trusted Servants
    - Trainings
    - Rotations
    - Policies



# MRSC Rural Outreach and Online Meeting Project

- **MOVING FORWARD**
  - **Chair and Other Trusted Servant Rotations**
  - **Adjust Regional Service Positions, i.e. Moving Tech Duties to Regional Tech Webservant**
  - **Maintain Ongoing Daily, Weekly, Monthly and Quarterly Communications within Service Structure**



# MRSC Rural Outreach and Online Meeting Project

- **MAINTENANCE**
  - Quarterly Reviews & Commitments
  - Offer Ongoing Opportunities to be of Service
  - Atmosphere of Recovery & Security
  - Be Transparent, Accountable & Responsible to Members & Service Structure



# MRSC Rural Outreach and Online Meeting Project

- **FUTURE**
  - **Events (i.e. Thanksgiving Open House)**
  - **New H&I and P&I Opportunities**
  - **Meeting Verifications**
  - **Recordings: Archive and Post to Website**
  - **Find New Ways to Attract Members**
  - **Explore Expanded Service Opportunities**



# Virtual NA Meeting Resources

Coronavirus Statement - [English](#) | [Portuguese](#) | [Spanish](#)

This page contains links and resources to help addicts meet online or by phone. If you have a locally developed resource you'd like to share, please let us know: [fsmail@na.org](mailto:fsmail@na.org). Note—resources developed by World Services are noted with (NAWS) at the end of the title, and locally developed resources are noted with (local) at the end of the title.

## Find a Meeting

### 25 July Web Meeting

### Administer a Meeting—Tech Tips

### Seventh Tradition

### On Screen Resources

### Attend a Meeting

### Carry the Message

### Meeting Guidelines

### COVID-19-Related Resources

### Resource Collections

### Miscellaneous

## Find a Meeting

- [NA Meeting Search - web meetings](#) (NAWS)
- [NA Meeting Search - phone meetings](#) (NAWS)
- [Listing of local and worldwide virtual meetings](#) (local)
- [Virtual-na.org](#) (local)

## 25 July Web Meeting

- [Discussion questions](#) | [Spanish](#) (NAWS)
- [Meeting PowerPoint](#) | [PDF Version](#) (NAWS)
- [South Africa Region Hybrid NA Meeting Workshops](#) (local)
- [New England Region - Can We Re-Open Flyer](#) (local)

## Administer a Meeting—Tech Tips

- [Zoom walkthrough](#) (local) (MP4 in Zip Format)
- [How to prevent Zoom bombing](#) (local)
- [Info about anonymity and Zoom](#) (local)
- [Bluejeans walkthrough](#) (local) (MP4 in Zip Format)
- [NA By Phone walkthrough](#) (local) (MP4 in Zip Format)
- [Virtual service meetings equipment](#) (local) (MP4 in Zip Format)

## Seventh Tradition

- [NAWS Contributions](#) (NAWS)
- [Some suggestions about the 7th Tradition from Northern New Jersey](#) (local)
- [New England Region - 7th Tradition PowerPoint](#) (local)

## On Screen Resources

- Literature:
  - [How to access free recovery literature on na.org](#) (local)
  - Flier on available NA elit (NAWS) - [PDF](#) | [JPG](#) (for social media)
- Keytags and Chips
  - Keytags in one file (NAWS) - [English](#) | [Portuguese](#) | [Spanish](#)
  - [Keytags in all languages available](#) (NAWS)
  - [Chips in one file](#) (NAWS)
- On-screen Meeting Formats
  - [Online Format Draft](#) from The NorthStar Group (local)
  - [Virtual Meeting Slideshow Template](#) from Toronto ASC (local)

## Attend a Meeting

- Raising hands and other tips while using Zoom (NAWS)- [PowerPoint](#) | [PDF](#)
  - [Web Meeting Participant Orientation](#) (NAWS)
- (This is the orientation World Services uses for online service meetings using Zoom. Some of the points here may be helpful for online recovery meetings as well.)

## Carry the Message

- [Reaching out to newcomers](#) (NAWS)
- [Sample meeting closed notice](#) (local)
- [Sample notice to clients about meeting closures for use by facilities](#) (local)
- [Covid19 Letter to H&I Facilities](#) (local)
- [Bringing the NA Program Online to Jails and Prisons \(NEZF\)](#) (local)
- [Virtual Parolee Presentation \(NorCal\)](#) (local)

## Meeting Guidelines

- [Updated online meeting guidelines - Highlands and Islands UK](#) (local)
- [Skype meeting guidelines - Highlands and Islands UK](#) (local)

# www.na.org/virtual

# Don't forget to fill out the survey

# www.na.org/toolbox

## COVID-19-Related Resources

- [COVID-19 Suggestions for Online and In-person Meetings from Ontario Region](#) (local)
- [Checklist for Reopening Meetings - from New England Region](#) (local)
- [Contra Costa County NA \(NorCal\) Resumption Package](#) (local)
- [Covid-19 Meeting Guidelines \(Hawaii\)](#) (local)
- [Reapertura de Grupos NA](#) (local)
- [poster reapertura A3](#) (local)
- [COVID19 Safety Planning for Groups Northern Australia Area](#) (local)
- [COVID19 Meeting Entry Notice Brisbane Australia](#) (local)
- [PROTOCOLO DE BIOSEGURIDAD NARCOTICOS ANONIMOS AREA MEDELLIN](#) (local)

## Resource Collections

- [YouTube Channel with valuable resources](#) (local)
- [Google Drive with valuable resources](#) (local)

## Miscellaneous

- [Online Meetings Best Practices; NAWS Webinar Discussion Notes](#) (NAWS)
- [Our virtual presence bulletin v3](#) (local)

[www.na.org/spad](http://www.na.org/spad)

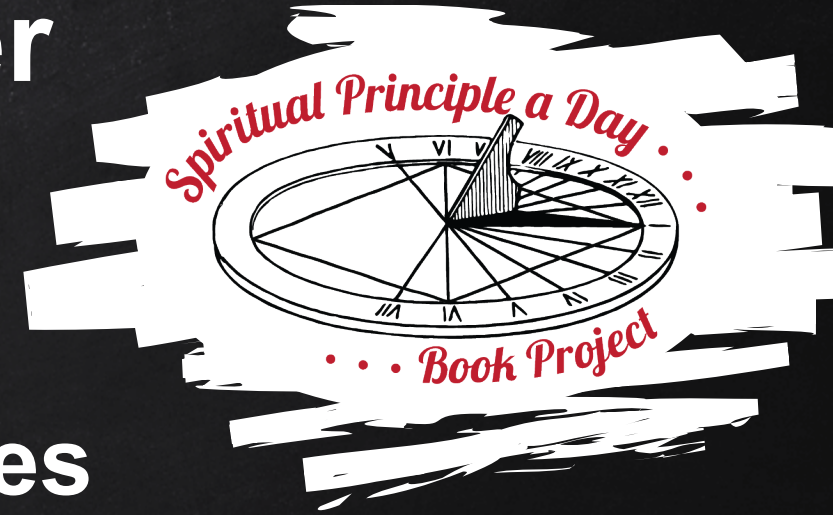
The book is being put together using writing from members.

Anyone can contribute :

- ✓ click one of the spiritual principles
- ✓ select a quote
- ✓ write about how you practice the principle

Fourth batch of review and input is available:

Anonymity, Discernment, Empathy, Faith, Gratitude, Honesty, Hope, Open-mindedness, Vigilance, and Willingness



# [www.na.org/contribute](http://www.na.org/contribute)

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**Thank you to the members who  
have set up recurring monthly  
contributions.**

# [www.na.org/nawsnews](http://www.na.org/nawsnews)

# [www.na.org/subscribe](http://www.na.org/subscribe)

## Keep up to date. Stay informed.

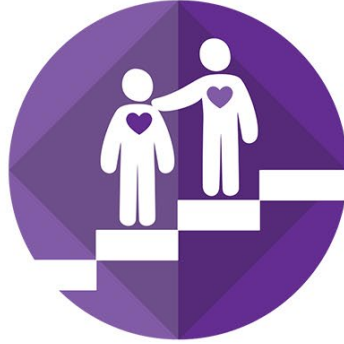


# Sponsorship Day

Tuesday  
1 December 2020

**Sponsorship can serve as a model on which we begin to build other relationships that are healthy, loving, and productive.**

*Living Clean, "Relationships"*



*How will you celebrate?*

- Read from the Sponsorship book in your meetings, with your sponsorship "family," or a special gathering of NA friends.
- Focus a speaker jam or speaker meeting on sponsorship.
- Hold a sponsor/sponsee event.

*We encourage you to consider and discuss how your community will celebrate these days.*



Sponsorship Day  
medallions at  
[www.na.org/webstore](http://www.na.org/webstore)

We would love to hear your ideas and successes  
celebrating Sponsorship Day: [worldboard@na.org](mailto:worldboard@na.org).

[www.na.org/webstore](http://www.na.org/webstore)

Thank  
you!