

***≡≡Revitalizing≡≡***

**H & I**



**A webinar  
brought to you by  
Narcotics Anonymous World Services, Inc.**

God

Grant me the serenity

To accept the things I cannot change

The courage to change the things I can

And the wisdom to know the  
difference

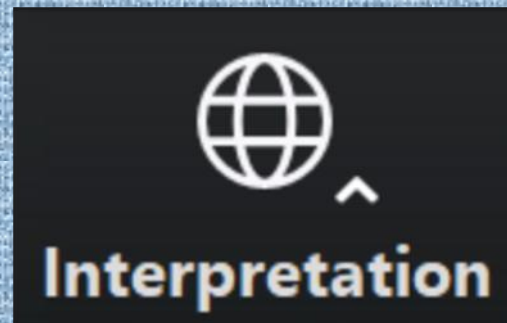
# PLEASE SELECT A LANGUAGE

English speakers, please select **English**.

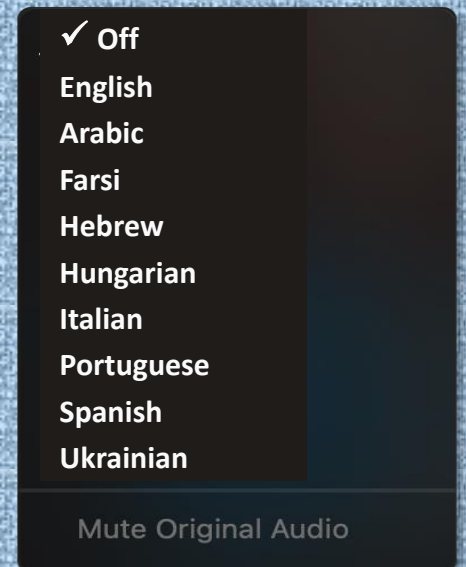
Everyone else select one of the translation channels:

**Arabic, Farsi, Hebrew, Hungarian, Italian, Portuguese, Spanish & Ukrainian**

**Click on this  
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your screen**



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language**







[pr@na.org](mailto:pr@na.org)

[www.na.org/webarchive](http://www.na.org/webarchive)

# *H&I Basics*

## Projects & Surveys

### Current Surveys

#### H&I Basics Survey:

- [Online Survey \(English\)](#) | [PDF version \(English\)](#)
- [Online Survey \(Farsi\)](#)
- [Online Survey \(Finnish\)](#) | [PDF version \(Finnish\)](#)
- [Online Survey \(French\)](#) | [PDF version \(French\)](#)
- [Online Survey \(German\)](#) | [PDF version \(German\)](#)
- [Online Survey \(Hebrew\)](#) | [PDF version \(Hebrew\)](#)
- [Online Survey \(Italian\)](#) | [PDF version \(italian\)](#)
- [Online Survey \(Polish\)](#)
- [Online Survey \(Portuguese\)](#) | [PDF version \(Portuguese\)](#)
- [Online Survey \(Russian\)](#)
- [Online Survey \(Spanish\)](#) | [PDF version \(Spanish\)](#)
- [Online Survey \(Ukrainian\)](#) | [PDF version \(Ukrainian\)](#)



[www.na.org/survey](http://www.na.org/survey)



# ***Volunteers!***



## Opportunities to Help with the Work

World Services is trying to take a more nimble and flexible approach to project work. We are planning for only two new workgroups this cycle– Future of the WSC, whose members were selected by zonal forums, and Local Support Committee for WCNA 38. The rest of the project work will be accomplished by focus groups and web meetings.

We've listed opportunities we believe we will need help with during the 2023–2026 cycle. Some of these may be focus groups or web meetings. Others may be opportunities to share experience.

Note: there won't be an opportunity for everyone to join a focus group. Even if you do not hear back from us, we appreciate your willingness. Thank you! Sharing ideas about posted drafts, completing surveys, and participating in workshops are also very important ways to help the work.



[\*\*www.na.org/survey\*\*](http://www.na.org/survey)



Narcotics Anonymous  
WORLD SERVICES



FOR THE PUBLIC



PERIODICALS



EVENTS



FOR OUR MEMBERS

[Home](#) > [For the public](#) > Meeting Search

## Meeting Search

Click here for local websites and phonelines that list meetings

[In-Person Meetings](#)

Click here for a list of virtual meetings, shown in the time zone from which you're searching.

[Virtual Meetings](#)

[FAQ](#)

[www.na.org/meetingsearch](http://www.na.org/meetingsearch)

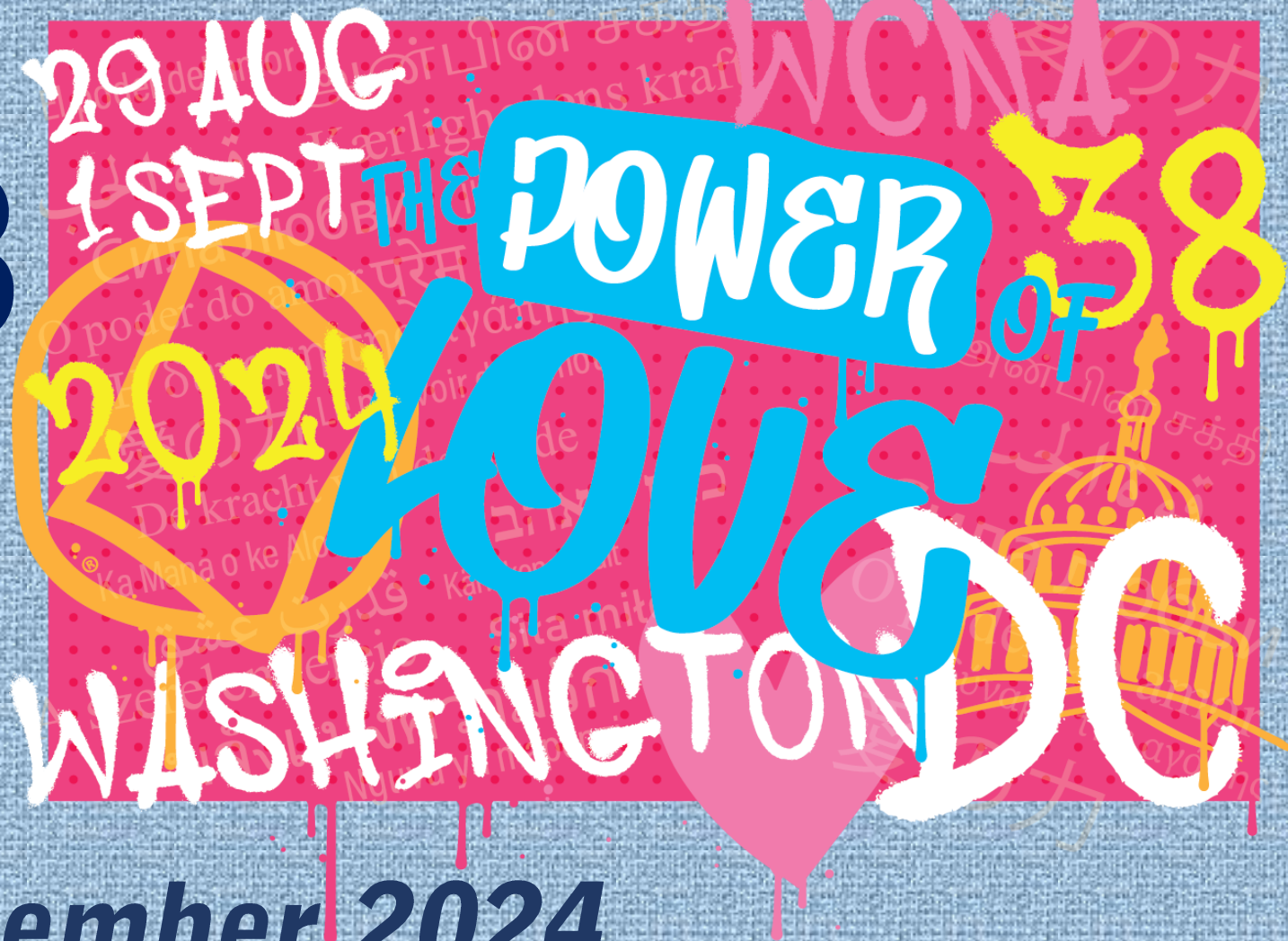
**WCNA 38**

***The Power  
of Love***

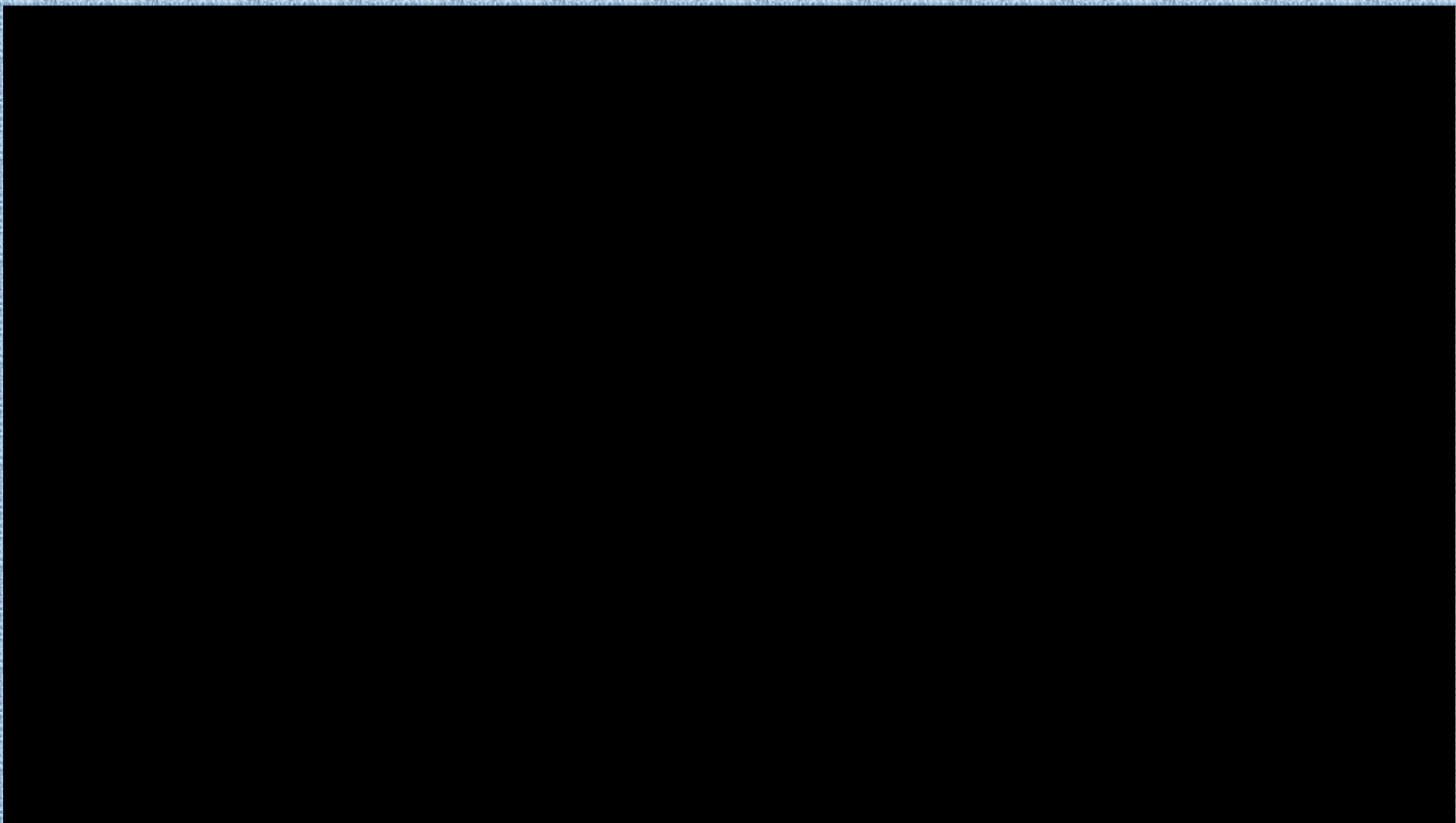
**Washington, DC**

***29 August – 1 September 2024***

***[www.na.org/wcna](http://www.na.org/wcna)***









**[www.na.org/give](http://www.na.org/give)**

**Recurring contributions  
are the most sustainable  
form of income for World  
Services.**

***Thank you for  
considering this.***



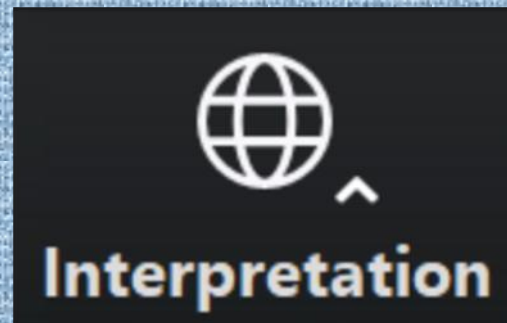
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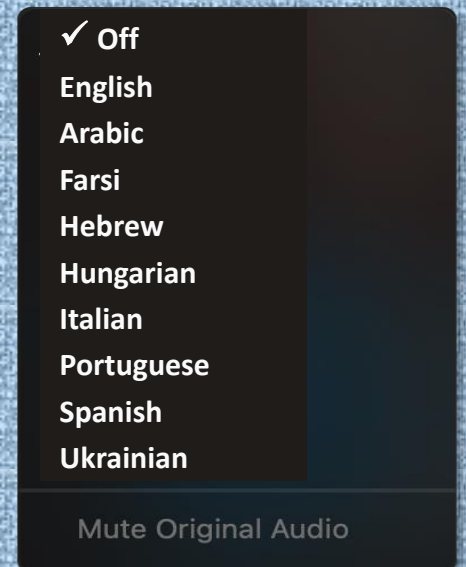
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icon at the  
bottom of  
your screen**



**Choose a  
language**





**23 March**

**11 am–12:30pm PDT  
(18:00–19:30 GMT)**

**Please join us for  
an open webinar  
on revitalizing**

**H&I  
service**

**Webinar ID: 850 1204 3843**

**Passcode: 1953**

**Spanish and Portuguese translation provided.**

**Contact [pr@na.org](mailto:pr@na.org) if you require other interpretation.**

Mark B. – Nebraska

Yevhen – Ukraine

Anita – Georgia

John – UK

Eddy – Tennessee/Virginia





# UKNA Prison Sponsorship

“WE only keep what WE have by giving it away”



## What is Prison Sponsorship.?

Prison Sponsorship is a subcommittee of the UK NA Region of Narcotics Anonymous, offering 12 step NA sponsorship VIA CORRESPONDENCE, to NA members in prisons and other locked institutions across the United Kingdom regardless of their physical environment or geographical location.

## Why was this committee formed.?

Through the work our fellowship offers, carrying the message to people who are unable to freely attend meetings it was felt that more could be done to further our fellowships primary purpose, which is:

**“carrying the message to the addict who still suffers”**


## Who is it aimed at.?

Prison Sponsorship is aimed at anybody behind the walls who has a desire to STOP USING,  
And cannot obtain the precious gift of sponsorship through the 12 steps in the conventional way.

## How it Works.

Prison Sponsorship offers any NA member in jail or lockdown institution the freedom to recover from active addiction by working the 12 steps of Narcotics Anonymous, through written correspondence with a member who has already experienced this miracle.

## The Sponsee Process...


|  |  |
|--|--|
|  <p><b>SPONSOR REQUEST</b><br/><b>Prison Sponsorship</b><br/><b>Committee</b><br/><b>UKSO</b><br/><b>Derby House</b><br/><b>12 Winckley Square</b><br/><b>Preston</b><br/><b>PR1 3JJ</b></p> <div data-bbox="1154 268 1258 392">Please<br/>Place<br/>Stamp<br/>Here</div> | <p><b>Q: What is an NA Institution Sponsor ?</b></p> <p><b>A:</b> An NA member with a working knowledge of the 12 steps who is able to guide you through the programme. For more information, see Sponsorship Pamphlet which will be sent to you.</p> <p><b>Q: How do I request an NA Institution Sponsor?</b></p> <p><b>A:</b> Fill in this card and you will be sent a welcome pack.</p> <p>Your details<br/>Name: _____</p> <p>ID Number (If applicable): _____</p> <p>Institution Name &amp; Address<br/>_____<br/>_____</p> |
|--|--|

This is the card that the NA Member in the institution fills out and sends to PS. These cards are on the tables in meetings in prisons or lockdown institution. It is the meeting co-ordinators responsibility to make sure these cards are available. Cards can also be requested direct from Prison Sponsorship. Email: [ps@ukna.org](mailto:ps@ukna.org)



Once this card is received By Prison Sponsorship the post person will log the details onto a database, They will then notify the welcome pack person as well as the book distribution person. These trusted servants will then send out both a Welcome Pack, and a free Basic Text.

The Welcome pack consists of a covering letter, And IP pamphlets, Welcome to Narcotics Anonymous and Sponsorship.  
As well as more information on Prison Sponsorship.

  
**Welcome to Narcotics Anonymous**

Who We are

We are recovering addicts who are members of Narcotics Anonymous, we have set up an NA committee to give prisoners or anyone locked in an institution the chance to work the steps by letter or email with an NA sponsor. Face to face sponsorship cannot be arranged through prison sponsorship.

What an NA sponsor can do for you

He will guide you through the steps of Narcotics Anonymous. He will answer all questions to the best of his ability regarding the NA programme, and Narcotics Anonymous as a whole.

What an NA sponsor can't do for you

He will not send money, He will not send gifts, He will not visit you.

How it works

Send your mail to our UK service office. It will then be forwarded unopened to your appointed NA prison sponsor who will reply promptly.

**Please remember your mail is subject to normal censorship procedures within the prison service.**

Please read the enclosed leaflets and if you would still like an NA sponsor, and have more than 3 months remaining of your sentence then please write a letter telling us a little bit about yourself, complete the form below and send them both to:

Prison Sponsorship, UKSO 202 City Rd, London EC1V 2PH

|                       |  |
|-----------------------|--|
| Name                  |  |
| Prison Number         |  |
| Expected release date |  |
| Prison                |  |
| Date                  |  |

**It works if WE work it.**



## The Sponsor process...

These cards & flyers/posters go out to meetings and at events like unity days and conventions, As well as being available through PS.



Once PS have received your request, some information and PS sponsorship guidelines will be sent out along with an application form with various questions to be answered. On return receipt of this form all the PS committee will read it and vote to ratify the sponsor, once the sponsor is ratified they will then be allocated a Sponsee.

## The Mail Process...

The sponsor once allocated a Sponsee has two options, communicate by Post or Email.

**By Post:** The sponsor sends their letters etc straight to the NA member in prison. The PS Sponsee then sends their reply / step work to the UKSO, the UKSO then sends all PS mail to the post person on the PS committee, this is then forwarded on to the sponsor.

**By Email:** After setting up an email account following the PS guidelines, communication is then done via email.

Both these ways maintain anonymity.

All mail is subject to the usual prison checks.



## PS Sponsee & NA Literature...

If the Sponsee engages with PS at the beginning and requests information from prison sponsorship, as previously mentioned , They will receive a free basic text immediately.

If they are allocated and engage with a Prison Sponsor they can then also request a free book bundle containing a “Step Working Guide”

As well as a  
“It Works: How and Why”  
Book.

## Moving Forward...

Prison Sponsorship is currently looking at also adding the “Just For Today” Book to its free bundle collection.

## Prison Sponsorship Positions Of Service...

PS committee Service positions are all for 2 years.

**Chair** = 5 years clean time & experience of NA service structure.

**Secretary** = 2 years clean time. To take minutes & distribute

**Treasurer** = 4 years clean time. To deal with all expenses regarding PS.

**Welcome pack person** = 2 years clean time. To send out welcome packs and cards for meetings.

**Post person** = 2 years clean time. To receive post from UKSO and send on to sponsors.

**Sponsor Liaison** = 2 years clean time. Send out sponsor application forms and deal with ratification process.

**Book distribution Person** = 2 years clean time. Sending out all Basic Texts and book bundles.

All service positions have a vice position.

For a full description of roles and responsibilities see the PS Guidelines.

For further Information on Prison Sponsorship  
Including becoming a Sponsor.

OR

For cards and posters for meetings,  
conventions or unity days.

Please contact:  
Email [ps@ukna.org](mailto:ps@ukna.org)

Or by writing to us,  
**PS UKSO Derby House, 12 Winckley Square,  
Preston PR1 3JJ.**





Help Line  
Number  
0300 999 1212

# Drug Problem

## In Prison

**Do you need an NA sponsor?**

For All Information

Write to: PS UKSO  
Derby House  
12 Winckley Square  
Preston  
PR1 3JJ

Email: [ps@ukna.org](mailto:ps@ukna.org)



Help Line  
Number  
0300 999 1212

# Drug Problem

## In an Institution

**Do you need an NA sponsor?**

For All Information

Write to: PS UKSO  
Derby House  
12 Winckley Square  
Preston  
PR1 3JJ

Email: [ps@ukna.org](mailto:ps@ukna.org)

## Statistics...

Sent from Prison Sponsorship in 2023  
To members with a desire to stop using,  
within prisons and locked institutions.

628 Basic Texts sent in total (this includes 1 Basic Text and 1  
behind the walls booklet).

Bundles, (which includes 1 Step Working Guide and  
1 It works: How and Why) 46 of each book to the Sponsees  
who had the desire to find a new way of life.

127 Sponsors allocated (all) who had a willingness to give  
away this precious gift.  
Through the 12 Steps of Narcotics Anonymous.



**Keep Coming Back!**



[pr@na.org](mailto:pr@na.org)

[handi@na.org](mailto:handi@na.org)

[www.na.org/wcna](http://www.na.org/wcna)

[www.na.org/survey](http://www.na.org/survey)

