What's happening in NA World Services that you may want to know...

- There are two new service pamphlets available, Leadership and An Introduction to NA Meetings. A beautiful commemorative edition of the Sixth Edition to celebrate the book's twenty-fifth anniversary, and tri-plate medallions are also now available. Visit our shopping cart at http://www.na.org/online literature sales entrance.htm
- You can help us with the Service System project by sending us your best practices on a local level. What are you doing in your NA community that is helping improve service delivery, build communication and cooperation, and more successfully carry the message to the addict who still suffers?
- Updated tools for the three Issue Discussion Topics for this cycle—Leadership; Communication; and Our Freedom, Our Responsibility—are available online at http://www.na.org/IDT/IDT.htm.
- Review and input drafts of the self-support pamphlets and proposed revisions to In Times of Illness will be released for fellowship review between 1 March and 30 May 2009. More information will be posted at the WSC area, as it becomes available - http://www.na.org/conference/.
- A survey is online to gather fellowship input for the book project, "Living Clean." You can participate by going to http://www.naws.org/survey/index.php?sid=69453&lang=en.
- If you are a region that did not result from a split from an existing region and would like to be considered for seating at WSC 2010, we ask that you let us know by 1 April 2009. And if you have ideas for us to consider in our discussions about the issue of WSC seating, we are always open and looking for your ideas!
- We encourage everyone to consider writing for the pages of our periodicals; especially those of you who can share experience, strength, and hope with addicts "on the inside" for Reaching Out. We continue to encourage people to obtain e-subs to The NA Way and NAWS News. This helps us to communicate more effectively and control distribution costs. For more information about submission guidelines, please go to http://www.na.org/ naway/submissionguides.htm or http://www.na.org/reaching-out/index.htm.
- As in the rest of the world, we have some financial challenges ahead of us. Costs have increased for developmental literature, translations, fellowship development and workshops, WSC publications, shipping, public relations, and the meeting of the World Service Conference. Nonetheless, we were able to provide over \$625,000 in free or subsidized literature to members around the world on your behalf between July 2007 and June 2008. We also would like to hear why you think regional donations are not coming to NAWS even though the regions' expenses have been offset by delegate funding. Please feel free to contact us.
- Worldwide Workshops: Oakland, California, 27 February-1 March 2009 and 20-22 November 2009, Boston, Massachusetts. Please visit http://www.na.org/nawsevents/event-reg.htm for more information.
- WCNA 33 will be 20–23 August 2009 in Barcelona! The last world convention in Europe was in 1995, and the next will be in 2027. Come and join us for this unique opportunity to celebrate both our recovery and our diversity. http://www.na.org/wcna/
- The Human Resource Panel is looking at ways to improve the process for regions, zones, and the WB to submit names to them for potential nominees to elected positions in world services. Please send the HRP (hrp@na.org) a description of the process you use for selecting these candidates!



OUR AMBITIOUS CONFERENCE CYCLE IS MOVING FORWARD!

Our second meeting of this cycle began on Wednesday, 22 October, which allowed us an additional day to work through a very full agenda. With the current worldwide

economic challenges, we devoted time to thoroughly review and discuss our fiscal health. Like any other organization, we are dedicated to staying abreast of changes in the world around us and carefully monitoring and adjusting our own activities, so we can prudently and responsibly manage our fellowship's resources. We reviewed plans for WCNA 33 and talked about the unique nature of a European world convention. It is essential for us to be able to plan for this world convention based on anticipated attendance for best resource utilization.

Thursday was dedicated to facilitation training with staff, which was conducted by our consultant, Jim DeLizia. We used the actual session profiles for the Leadership modules that were first introduced at WSC 2008 and that were later modified and sent out to conference participants. This gave us the opportunity for hands-on work with the session profiles. Each time we do this we identify ways these profiles might be improved. Throughout our training day, we reaffirmed the importance of being familiar with the session material and the value of making time to plan before the session.

Friday was a day devoted to conference projects, with updates and discussion on the Service System, Self-Support, and *In Times of Illness* projects. Each board member assigned to a workgroup reported on its progress and we assessed the work to date, confirming the focus and direction of each project.

As we moved into the last day of our meeting, we took time to go over our work plan for the rest of the conference cycle. This work will include our next strategic plan update in April 2009 and a joint meeting with the Human Resource Panel in January. We also continued our project work from the day before with an update from the "Living Clean" Workgroup. We printed information in the October issue of *The NA Way* to explain the project and seek input from the fellowship. This information is also available online and in this issue of *NAWS News*. Within a week of posting the "Living Clean" input questions on the website, we received thirty responses. Our hope is that this momentum will continue to ensure ample fellowship participation.

The revised service pamphlets were also reviewed and evaluated on Saturday. We reached consensus with *An Introduction to NA Meetings* and the *Leadership* pamphlets; our plan is to finalize these and include them in the next conference participants mailing.

We wrapped up our meeting by touching base on the Issue Discussion bulletin boards activity and our commitment to both monitor these boards and maintain strong communication with regional delegates. To this end, board members are investing time on the bulletin boards, and we have a plan to rotate monitoring of the bulletin boards. We have also implemented a plan for each board member to connect with RDs on a regular basis. This is an opportunity for us to communicate one-on-one throughout the cycle, share experience and solutions, and further strengthen our partnership with you.

SERVICE PAMPHLETS

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As you know, there are four service pamphlets currently in distribution, and drafts of four additional service pamphlets were sent to conference participants in January 2008, and for review and input from May-July. We reported in our October *NAWS News* that

input from the fellowship was considered during our August meeting where we decided to combine the two leadership pamphlets and the "Benefits of Service" piece to create two service pamphlets out of the three drafts. It's definitely worth noting that the SPs review and input process seemed to work very well. We were grateful to receive a variety of thoughtful input from many regions. The revisions were completed on An Introduction to NA Meetings and Leadership, and these will be released soon. However, we have been unable to reach consensus on the "Benefits" of Service" pamphlet; therefore, we decided to put this on hold indefinitely. We have an ambitious conference cycle, and we believe that it was prudent to postpone any further development on this piece. In fact, we have no immediate plans to begin work on any more service pamphlets this conference cycle.

ISSUE DISCUSSION TOPICS



Our two-year cycle Issue Discussion Topics are predicated upon "Our Freedom, Our Responsibility," which is our theme for this cycle. In a sense, we are at the beginning of the cycle with these IDTs. We have found that the Leadership sessions may be involved and lengthy, yet we seem

to be able to communicate the material in a workshop setting. We believe the Leadership session at the conference helped us understand the material, and we honed our skills with these two Leadership sessions at our October board facilitation training. Even though this is our sense, we would like to hear about your experiences with the sessions. Did you find that RCMs understood and embraced the sessions?

How have you adapted the sessions to make them more useful for RCMs and other participants? Is there something that should be added to this discussion?

Our Freedom, Our Responsibility is its own discussion topic this cycle. We believe that with the freedom gained through recovery to live our dreams and experience miracles that come with living a life drug-free, we have a responsibility to preserve that freedom for any and all addicts seeking recovery. We would like to know whether members have made the connection that gratefully giving back to our fellowship enhances their freedom. Have you found this profile to be helpful in conveying this message?

Finally, Building Communication is a topic that warrants discussion throughout our fellowship. Unity is fostered through effective communication, which helps keep our fellowship alive and growing. Reliable, consistent communication helps us make progress toward realizing the vision that one day, every addict in the world has the opportunity to experience recovery in their own language and culture. To achieve this, we need communication to flow from groups to areas, areas to regions, regions to zones and NAWS, and every possible combination in between.

We discussed at WSC 2008 the importance of hearing from RDs. We want to know how these sessions are working in your communities. Are the RCMs able to communicate these sessions to their area service committees? What and where are the stumbling blocks and how have you tailored the sessions to reach all members? Please help us. We are serving together to grow our fellowship and welcome addicts to a new way of life. We have revised the session profiles to gear these discussions more toward solutions and are including them with this mailing. All material about the Issue Discussion Topics can be found online at www.na.org/IDT/IDT.htm. Please send us your ideas and experience at worldboard@na.org. We are anxious to hear from you.

CONFERENCE PROJECT UPDATES

In Times of Illness



The workgroup met 16-18 October 2008 in Chatsworth, California, to review the first draft of the revised booklet and offer additional experience toward a second draft. The revised draft has an expanded section on medication in recovery. We have had numerous fellowship workshops on the

medication topic; by lengthening this section, we hope to offer the experiences of our members worldwide. This draft has identified sections that focus on terminal illness, mental health issues, and supporting members with illnesses. Additionally, the draft reflects our members' experiences with chronic illness and pain, informing healthcare providers, and managing emergency care incidents.

In Times of Illness was approved at the 1992 WSC. We hope to reflect sixteen years of growth and experience in this revision. With the growth of our fellowship and our shared illness experiences, this revision is extensive and has lengthened the booklet.

Currently, we anticipate that the review draft will be available for a ninety-day fellowship review and input period from 1 March to 30 May 2009. If we are able to release the draft earlier, we will, and that will offer members additional time for their review.

Living Clean

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By the time this is released and being read, the "Living Clean" Workgroup will have met twice.

The workgroup came together for the first time 12-13 September. We reviewed the project plan for this book which was adopted at WSC 2008; however, the idea for this book has been an item on the "literature wish list" almost continuously since 1983. The group agreed that the tone and style of the book would be much like that of the Basic Text: direct, honest, and straightforward.

At the workgroup's second meeting, 6-8 November, the group reaffirmed the direction, honed the outline, and reviewed the work to date including responses received from the online survey. The workgroup is elated with members' responses that focus on and describe experiences in different areas of recovery. A copy of the announcement for the survey, which appeared in *The NA Way Magazine*, is included in this *NAWS News*. We encourage all readers to take the time to complete the survey and use this in workshops. We all have recovery experiences to share and we hope to hear from each of you.

Service System

The Service System Workgroup has also met twice. This project is charged with developing a vision for all NA service efforts and framing recommendations for improvements to our service delivery.

Our biggest challenge is how to engage the fellowship in a meaningful discussion that might lead to a reframing of our service efforts and, ultimately, the creation of tools that will help us deliver services more effectively—either a revision or rewriting of *A Guide to Local Services* and/or the production of other tools. Our strategic plan explains that the project will "be rooted in an analysis of the success factors that work across our service structure, as well as allow for flexibility in meeting unique local needs."

You can help in that effort right away by sending us your best practices on a local level. What are you doing in your NA community that is helping improve service delivery, build communication and cooperation, and more successfully carry the message to the addict who still suffers? Please write to the World Board (worldboard@na.org) and let us know.

Self-Support



By the time you read this NAWS News, the Self-Support Workgroup will have met twice. The first meeting of this group was in August, when they began discussing ideas for revisions to or replacements of the existing self-support pamphlets (IP #24, Hey! What's the Basket For? and #25, Self-Support: Principle and Practice). The board discussed and responded to the workgroup's ideas at our last meeting, and now the workgroup is preparing to refine the drafts they have developed.

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One of the two pieces the workgroup is putting together is a shorter, more graphically oriented piece aimed at the group, explaining the "hows" and "whys" of group contributions. The other piece is more philosophical and aimed to members, a thorough re-writing of *Self-Support: Principle and Practice*. These pieces will go out for a ninety-day review in March, and they will be included in the *Conference Agenda Report*. (We are hoping that the shorter, more graphical piece will ultimately be designated as Conference-approved instead of Fellowship-approved, so that local language communities can make any necessary revisions to the piece as they translate it.)

WSC Seating

We will be framing discussions about this issue during this conference cycle for further discussion at WSC 2010. There is a moratorium on the seating of regions resulting from a regional split until WSC 2012. This will allow the conference time to discuss this important issue. If you are a region that did not result from a split from an existing region and would like to be considered for seating at WSC 2010, we ask that you let us know by 1 April 2009. This will allow us time to enter into a dialogue with each region requesting seating in order to obtain information for the conference to consider. And if you have ideas for us to consider in our discussions about the issue of WSC seating, we are always open and looking for your ideas!

NA PERIODICALS

The October issue of *The NA Way Magazine* marked the transition of *NA Way* Workgroup members. As has been done in the past with the rotation of workgroup members, in our "real time" training process, new workgroup members observed the workgroup's activities for the first two months, which included monitoring the review process for the October issue of the magazine. Most of the workgroup's activity takes place via the Internet through email and use of a dedicated ftp site. The workgroup does meet once per cycle, and they are scheduled to do so in March 2009.

Reaching Out, our quarterly newsletter for those recovering "on the inside," is designed to make recovery, hope, and

inspiration available to individuals in correctional institutions. It is also an effective tool for those who are now recovering

We're happy to have more than 50,000

NA Way subscribers, including approximately
42,000 print subscribers. However, with
current economic challenges and nearly
\$170,000 in publication expenses last year,
we believe it's time to increase
electronic subscriptions to help
defray printing and postage costs.

Please help us use our fellowship's resources
responsibly by encouraging members
to subscribe electronically.

Subscribe online at http://www.na.org/naway/naway-toc.htm

"on the outside" and serving our fellowship, especially H&I subcommittees. The *Reaching Out* Workgroup accomplishes most of its tasks via email, focusing primarily on reviewing newsletter content; however, during this conference cycle, the workgroup will gather to consider ways to better support and engage local H&I subcommittees.

We encourage everyone to consider writing for the pages of our periodicals; especially those of you who can share experience, strength, and hope with addicts "on the inside". Just write as you would share in a meeting—and don't worry about spelling, grammar, or whether you choose the right word. We'll take care of all those details before your letter, article, or other material goes to print. We're also always looking for photos of NA groups and events and evidence of "NA in the world around us" (like your custom-painted car, your home group's unique keytag rack, or other cool NA stuff). You can submit material to *The NA Way* at **naway@na.org** and to *Reaching Out* at **fsmail@na.org**.

Both of these periodicals are available online on our reports and periodicals webpage: http://www.na.org/reports.htm. As with all our work, we always hope you will let us know if you have suggestions for *The NA Way Magazine* or *Reaching Out*. Please email us at worldboard@na.org or naway@na.org with your ideas and feedback.

FISCAL UPDATE

Our theme for this conference cycle is "Our Freedom, Our Responsibility." We believe this means that we have been given the gift of recovery and, in turn, we exercise our responsibility to give back to our fellowship so that others may also find recovery. We exercise our responsibility, in part, by sharing information, so we are including this NAWS News

article to provide all members with an update of our current financial affairs. From our reports, many members are aware of circumstances that contributed to a revenue downturn and financial loss associated with WCNA 32 in San Antonio, and issues associated with costs and projected expenses for WCNA 33 in Barcelona. What we have yet to discuss with you are the financial trends that seem to either be emerging or continuing in other NAWS activities beyond the world convention. We spent a great deal of time at our October meeting reviewing financial data and trends for NAWS. We will be providing information in the 2008 *Annual Report* that we expect to have out early in 2009, but wanted to begin to let you know here what some of our challenges are.

The areas that exceeded budget in our last fiscal year that ended 30 June 2008 include developmental literature, translations, fellowship development and workshops, WSC publications, shipping, public relations, and the meeting of the World Service Conference. The declining exchange rate for the dollar and increases in fuel charges that affect travel and shipping affected many of these areas.

We spent almost \$140,000 more than we had budgeted for developmental literature and subsidies. We continue to look for ways to reduce these costs through local literature production and a variety of other means, but we believe that the nearly \$625,000 in free or subsidized literature provided to NA members around the world last year is definitely in keeping with our stated purpose.

We spent about \$80,000 more than budgeted for WSC publications. This is definitely due to increased costs for translations, an increase in the number of languages that we translate into, and increased shipping costs.

Our costs for shipping in this last fiscal year were over \$140,000 more than what we actually charged for shipping. This loss was incurred from less than half of the literature that we shipped since offices that purchase under contract, which account for over fifty percent of our literature sales, are charged for actual costs. This is an area that the Business Plan Workgroup will be discussing in December, and we expect to have to raise our shipping and handling charges in the near future.

The increase in costs for fellowship development, workshops, and public relations were largely due to the number of requests that we received and the number that we said yes to. In the last conference cycle this included seventy-four workshops and zonal forums and more than forty professional events. This is in addition to the large number of fellowship and professional events that we did not attend, but for which we provided material and resources. The number of requests we receive continues to increase, and we are simply not able to attend all of them. In many parts of our worldwide fellowship, NAWS has evolved to funding participation of local members' attendance in locations like Eastern Europe and Russia,

Indonesia, Nepal, India, and the Middle East. As travel costs continue to rise, so do these expenses.

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In addition, NAWS began fully funding conference participants to the World Service Conference in 2000, an action that was supported by our worldwide fellowship. At the time, we thought that in our partnership, regions that had previously funded their participants would make contributions to NAWS to offset WSC expenses. As we have reported, this has yet to be our reality. At the same time, we have rising costs for the conference, with costs increasing more than \$100,000 from WSC 2006 to WSC 2008. We are hoping that those of you who are reading this information for the first time will discuss this at your regional service committee meeting.

To date, NAWS has not received additional contributions from regions sufficient to cover the cost of delegate funding. We are traditionally reluctant to openly discuss money matters in our fellowship; yet, we are at a loss to understand why, in the years since the adoption of delegate funding as part of the two-year conference cycle policy at WSC 2000, we, as a fellowship, are still not supporting the World Service Conference through regional contributions. And, contributions do not increase in the year that we have a WSC; in fact, they often go down slightly which seems to be due to the expense of regions funding their alternates. The vast majority of US regions, who in the past funded their delegate to attend the WSC, did not contribute enough in the last fiscal year to offset that expense.

Granted, we understand that emerging and developing communities may take time to become fully self-supporting; these NA communities generally do contribute something and are proud to be able to take that step. We are still confused, however, as to why fully developed and functioning NA communities have not continued to donate at least the same amount they spend on delegate travel to the WSC as they did in previous conference cycles.

NAWS is looking at ways to reduce expenses and can always take the approach of reducing the amount of fellowship support and public relations activities in an environment of the fellowship's ever-increasing demands; however, we believe these activities are directly tied to fulfilling our mission and vision. Decreasing professional event attendance, reducing literature subsidies for cooperative public relations events with local NA communities, and changing the criteria for considering requests for fellowship developmental trips and workshops are all steps that can be taken. Still, we have made great strides through public relations to help professionals view NA as a viable and credible program of recovery. Local communities are energized and enthused through their participation in cooperative events, and our infrastructure and fellowship growth have benefited from development trips and workshops. Thus, we hope that any steps we might have to take to decrease fellowship support are a temporary stop-gap measure and that increased contributions help us achieve greater financial stability.

We want to work toward realizing our vision, and we need your financial help to do that. We need to share a more equal financial responsibility with our partners, members of the NA Fellowship. We also would like to hear why you think regional donations are not coming to NAWS even though the regions' expenses have been offset by delegate funding. Please feel free to contact us at **worldboard@na.org** with your comments, suggestions, and solutions. We believe that, together, we can continue to carry our message worldwide so that no addict need die without having the opportunity to experience recovery.

PUBLIC RELATIONS



NAWS attended several professional events and teamed with local trusted servants to inform professionals about recovery in Narcotics Anonymous. These Professionals appreciate the attendance of NA members from their geographic area at these national conferences. They are able to obtain

local meeting schedules, inquire about meetings in the area, and are able to establish a connection with nearby NA members. The local NA members who attend the conferences with NAWS are able to obtain professional contact information and offer presentations to professionals who work in the local community.

NAWS attended the American Correctional Association conference, and we attended and presented at the Southwestern School for Behavioral Health Studies conference. Additionally, we ventured for the first time to the American Psychological Association and Association of Family Physicians conferences. We chose to participate at these events because many psychologists and family practitioners come into contact with addicts. By providing these professionals with information about NA, we can ensure they have a recovery choice for their clients and patients.

NAWS partnered for ten cooperative events with the trusted servants of the lowa, Mid-America, ABCD, Montana, New England, Show Me and Southern California Regions. We also worked cooperatively with the Swedish Region on two events, which included NAWS presenting at the World Forum Against Drugs, which was held in Sweden. This group of professionals wanted information about our worldwide fellowship, and they were particularly interested in NA–Iran. All of our PR efforts help NA to be perceived as a viable and credible program of recovery worldwide.

WORLDWIDE WORKSHOPS

You may be interested to know that we have secured dates and sites for two 2009 US-based worldwide workshops. The first will be held in Oakland, California on the weekend of 27 February–1 March 2009. We are very excited to be getting together with members in the Northern California Region, as well as with those who are sure to travel into "NoCal" from surrounding areas and regions. A downloadable flyer and online registration form for the Oakland worldwide workshop can be found on our website at http://www.na.org/nawsevents/event-reg.htm.

We also have selected a site dates for a fall worldwide workshop: 20-22 November 2009, in Boston, Massachusetts. Again, this is sure to be a great opportunity to interact with members from in and around Boston and beyond. We will have more details on the Boston WWW as we move closer to it, and once those details are finalized, we will post a flyer and online registration on the website. These will be the only US-based worldwide workshops for this 2008-2010 conference cycle.

We hope everyone will help us get the word out on these workshops to ensure successful events. Remember, registration is free and the workshops are designed to be of interest to every NA member, not just those involved in structured service in NA. It is a great opportunity for members to share what is going on in their NA communities and broaden their perspective by hearing and seeing what is going on elsewhere in NA.

FELLOWSHIP WORKSHOPS

Edmonton, Alberta, Canada

Morethan one hundred members turned outfor the Edmonton Area's first public relations learning day on 23 August 2008 in Edmonton, Alberta, Canada. The day began with breakfast and a traditions workshop focusing on unity, and concluded with PR training that included trusted servants conducting mock PR presentations. That was followed by dinner, a meeting, and a dance. In total, the area had four workshops facilitated by NAWS. This learning day seemed to generate positive enthusiasm for service with a number of members committing to serve on various area subcommittees.

Canadian Assembly of NA

The Canadian Assembly held its annual meeting 26-29 August in Charlottetown, Prince Edward Island. The assembly reviewed its strategic plan and updated the plan to include accountability points and prioritized plans. They utilized the small group process for discussion prior to the body reaching consensus. They also participated in the two Leadership Issue Discussion Topic sessions, which were facilitated by NAWS. The IDT sessions were meant to train the regional delegates and alternates to assist them in their regional efforts.

During the same trip, NAWS conducted four workshops at the Canadian Convention of NA 16, held 29-31 August. We invited the Ontario Regional Delegate to help us co-facilitate the Leadership session and the Fellowship Development Chair of Eastern Canada to co-facilitate the PR workshop. This afforded CANA members an opportunity to gain hands-on facilitation experience. On Friday, 29 August, professionals from the community were invited to the convention to gain a practical understanding of NA, experience meetings, and meet local NA members. The professional attendance was sparse, perhaps due to a long summer holiday weekend; yet, those who did attend were welcomed and given information about NA.

India

In September, NAWS attended the semiannual meeting of the Society of the Indian Regional Service Committee of NA (SIRSCONA), one of India's two regions, which took place over three days in the city of Mumbai (formerly Bombay). Many RCMs from the region attended, as well as guest RCMs from India's Northeastern Regional Forum (NERF). Additionally, two representatives from the emerging NA community in neighboring Bhutan attended to experience a functioning service committee in action.

As we've reported in the past, consistent and effective literature distribution has been a goal in India. Over the past year, NAWS has coordinated literature distribution after each SIRSCONA meeting. During this trip, we secured a storage and distribution site, which we'll use on a trial basis. Our hope is to have a permanent site in India from which the areas and isolated groups can order literature whenever they need.

NA in India continues to experience modest growth, and outreach has been identified as a priority for the region. During the six months between regional meetings, the RD maintains links with isolated groups and provides starter kits for new groups. Regional trusted servants understand the important roles public relations and literature translations play in fostering growth in their communities, and NAWS remains committed to assisting in these endeavors. The PR subcommittee has been particularly effective in Kolkata over the last few cycles and is regularly invited to attend community gatherings and events. A recent influx of new and veteran members into PI in Mumbai seems to be a positive sign of their efforts. Also, several communities have active translations projects, including Bengali, Hindi, Kannada, Manipuri, and Marathi. With these outreach, PR, and translations activities, we anticipate continued forward momentum in NA in India.

Inland Empire West Area

NAWS was invited to participate in a mid-September area level workshop in nearby Pomona, California. This day-long event consisted of four workshops, two conducted by NAWS and two conducted by local trusted servants. For our portion

of the time, we conducted two of the Issue Discussion Topic sessions, Leadership and Building Communication. Many of the members present had service experience primarily at the group and area levels, while there were a few more experienced members present. The sessions were met with great enthusiasm, and our sense was that the material left many of the members with energy and excitement about service. While it isn't every day we have the chance to participate in small local workshops like this, doing so helps remind us of the impact effective RDs can have on their local communities by holding Issue Discussion Topic workshops. We hope you will continue to provide us with input on the sessions we develop so that we can better assist in making these workshops successful.

Midwest Zonal Forum

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In mid-October, we traveled to Minneapolis, Minnesota, for a weekend-long event hosted by the Midwest Zonal Forum, the Minnesota Regional Service Committee, and the 26th Minnesota NA Convention. We facilitated the Leadership I and II workshops and the workshop on Building Communication. We provided a NAWS update and an open question and answer/dialogue session. The Leadership material was challenging to get through; however, we did get through both session profiles in three and a half hours. About 200 attended the event, which included past and current RDs and RDAs, area and regional trusted servants, and some folks who were just interested and involved NA members. Attendees were from Minnesota, Wisconsin, Michigan, Ohio, Indiana, Illinois, Iowa, and the Dakotas. This was a great opportunity to work with a broad mix of participants. It was especially valuable for the RDs and RDAs to be exposed to the Leadership sessions again and, just as important, for them to have another opportunity to observe and practice facilitation techniques to strengthen their skills in conducting these sessions in their local NA communities.

Western Services Learning Days 22

NAWS attended WSLD 22 held 10-12 October at the Makaha Valley Resort on the island of Oahu in Hawaii. Prior to the service component of this event, a workshop was held for professionals in the area. A variety of social services agencies attended the day-long workshop, which included presentations by medical professionals, corrections staff, and NAWS. The workshop offered those in attendance continuing education units (CEUs) which seemed to generate interest and offered the attendees additional value. The organizers of that workshop worked very hard to sort through the often confusing requirements of providing CEUs. This effort contributed to the success of the event and generated an attendance of nearly sixty professionals.

The service-learning component began Friday afternoon, running concurrently with the professionals' workshop, and covered a wide range of topics including Building

Relationships with the Community, So You Want to Be a GSR/RCM, Sponsorship Behind the Walls, Unity, and the Clarity of Our Message. All of this happened with a uniquely Hawaiian flair – a hula presentation just before the Friday evening speaker meeting and leis for each of the main speakers. Attendees came from all across the globe with members from the United Kingdom and the Philippines, along with several of the western states of the US including Washington, Arizona, California, Oregon, and Nevada. WSLD 23 will be held at a location in the Central California Region in the fall of 2009.



Imagine ... strolling along a cobblestone, tree-lined street, wandering through boutiques and elaborate architecture. You amble a little farther, sip an espresso, snack on a couple tapas, and shop a little; journey with your friends through a museum while others sit and people-watch at the outdoor sidewalk cafes. You look at your watch and realize that the passing hours seemed like minutes, and it's time to catch the Metro that's just a few feet away. Your friends grab one more coffee for the road and you are on the underground train before you know it. You find the train filled with others wearing convention badges and you make a few new friends on your way to the convention center. A couple of Metro stops and a few minutes later, you're walking through the Diagonal Mar, gazing out at the sea, wandering into the convention center to take your place in the main meeting.... The meeting went by too quickly: the tears, the laughter, the unity. Across the street you get paella the way it was meant to be made and then go with your friends to dance, sing, and savor the sweet sounds of the Mediterranean, of Europe, of the world, of recovery. To laugh together, to love together; recovery has no bounds. In the early morning hours you hug new and old friends good night, return to your hotel, settle into you room and think to yourself, "I never knew it could be this good." Love without Borders - Amor sin fronteras.

More than a thousand people have already pre-registered for WCNA 33. Hundreds of rooms have been reserved, and the post-WCNA cruise is breaking sales records. Don't miss

out on this experience. The world convention has not been to Europe since 1995 and will not return to Europe again until 2027. Where will you be? There are hotel rooms for every taste, preference, and budget.

Go to www.na.org/wcna for all the latest information about WCNA 33. We published the WCNA 33 brochure in The NA Way Magazine, but we're not planning to send out traditional flyers in a separate mailing to the fellowship. Instead, we're spending that money on new and exciting ways to get the message out about WCNA 33, but if you need more information in your hands to get the word out, please email us at **events@na.org**. Most people who pre-register or seek information about the world convention seem to go online (over 95 percent, in fact), but we've translated and published the brochure for members in Spain, and we can do that for others if there is need. Like many other aspects of WCNA 33, we are doing things a little differently this time, and we'll be interested to see how it goes and what you think. We'd love your feedback, but so far the eblasts and info in The NA Way seem to be working.

For those of you who are interested, we will be offering alternative merchandise at WCNA 33. As in the past, we are currently planning to provide limited space for areas and regions to sell merchandise. This event will most likely take place on Saturday afternoon, 22 August 2009. If you are interested in more information please email **johnny@na.org.**

Why Pre-register for WCNA 33?

WCNA registration prices are set to cover direct expenses, and not specifically to generate income for NA World Services. While the cost of registration may seem high, the fact is that putting on such a major event is very expensive and the costs cannot be compared to those incurred at a typical area or regional convention. Compared to other conventions in Barcelona, the WCNA registration cost is considered "symbolic" by professionals in the city who are helping NAWS with WCNA 33. Our convention could cost more than €1.5 million to produce! Registration fees alone do not cover even the basic costs of a world convention such as facility rentals, translation services, non-ticketed events, audio/video equipment, labor, plus countless other expenses. Merchandise and ticket sales help offset some of these costs, but if we had to rely on registration alone, the convention would always lose money because the costs of putting on a convention are simply too high compared to what our members are used to paying.

Where is your money going?

It's still too early to tell (because we're right in the middle of planning WCNA 33), but the general breakdown of where your registration money goes is:



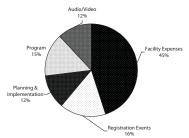
45% = Facility Expenses

16% = Registration Events (like dances and coffee houses)

12% = Planning and Implementation

15% = Program

12% = Audio and Video for Meetings and Registration Events



And the most important question... What's in it for me?

Based on NA's principles of individual responsibility and selfsupport, we strongly encourage all those attending WCNA to pre-register. Beyond the satisfaction of knowing that you are doing your part to support WCNA, there are many things your registration badge gives you. While the details of WCNA 33 are still in the works, your convention registration badge usually gives you admission to the WCNA Festival, and the coffee houses and dances. Basically, even if you can't afford event tickets, you will have something entertaining to do every night if you are registered for WCNA. Beyond supporting WCNA and being entertained, at WCNA 32 preregistrants were allowed early access to the merchandise room and we will do something similar for WCNA 33. For WCNA 33, we may be required to limit access to main meetings to those with registration badges because of the space limitations. Your registration badge will guarantee you a seat in the main meetings. Imagine...for the cost of registration you get to feel good about doing your part, look good in the merchandise you can buy before everyone else, be entertained, and have the once-in-a-lifetime, recoveryjolting experience that is WCNA 33!

Don't procrastinate! If you're planning on going to WCNA 33 pre-register now at **www.na.org/wcna**.

WEBSITE UPDATE



We are pleased to report that activity on the world convention page (http://www.na.org/wcna/) has been brisk, and many visitors have already preregistered for WCNA 33. As usual, we

have updated the website with the new issues of *The NA Way Magazine*, *NAWS News*, and *Reaching Out*. You can subscribe to receive notification when the newest issue of these and other periodicals are available by going to our subscriptions page at:

http://portaltools.na.org/portaltools/Subscriptions/.

Due to some delays with major upgrades to our database system, we will launch the new website in stages, starting in January 2009. We had hoped for the single-logon system to be a part of the launch, but it will be incorporated into the main website at a later date, once all functionality has been fully developed and tested. We appreciate your patience and are hopeful that you will agree with us that the new website will be much more user-friendly and easier to navigate. In the meantime, please check back to the new additions page (http://www.na.org/additions.htm) frequently for additions and changes.

Due to many requests from our fellowship, we have posted It Works: How and Why in its entirety on the website. Additionally, we have uploaded the Sixth Edition Basic Text, in keeping with only having those items on the website that we currently produce. The experiment of us emailing the daily meditations from Just for Today continues to be a great success, with well over 13,000 subscribers receiving it daily. If you want to subscribe, please go to http://www.jftna.org/jft-subscription.htm and fill out the simple form. If you subscribe prior to 9:00 pm Pacific daylight time, you will start receiving the daily meditations in your email box the following morning.

GREETINGS FROM YOUR HUMAN RESOURCE PANEL!

A reminder to delegates to consider ways to improve the RBZ process:

Please share your policies, guidelines, or other resources that you have used or will be using. They can be emailed to **hrp@na.org**, and will be placed on the local resources ftp site for others to download. Thank you.



CALENDAR FOR 2008-2010

Worldwide Workshops

27 February–1 March 2009, Oakland, California 20-22 November 2009, Boston, Massachusetts

Deadlines

15 February, Travel requests for April-June 2009 1 March–30 May 2009, Review and input period for In Times of Illness and Self-Support

1 April 2009, Requests for regional seating

WCNA 33

20–23 August 2009 Barcelona, Spain



Product Update



Basic Text Commemorative Edition

Celebrate the Basic Text's 25th anniversary—and the Sixth Edition release—with this hand-numbered, limited version. The handsome deep blue and purple leatherette cover, punctuated by a debossed NA logo and silver lettering, opens to a stunning title page where a three-dimensional rendering of the NA logo is accompanied by those familiar words: ...that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Item No. 1103 Price US \$25.00

Tri-plate Roman Numeral Medallions

These new medallions feature a three-color paint design on a gold-tone base. A choice of color combinations will be offered, priced at \$20 each or \$16 each for orders of 25 or more pieces.

> Purple/dark blue & black/purple Series 6200—6299 Price US \$20.00

> Translucent blue/pearl & black/pearl Series 6300—6399 Price US \$20.00

Translucent red/pearl & black/red Series 6400—6499 Price US \$20.00





Service Pamphlets

An Introduction to NA Meetings

Revised based on fellowship input, this piece offers a welcoming introduction to NA meetings. It explains some of the practices that might be unfamiliar to those at their first meetings, and offers tips on ways to help the group preserve an atmosphere of recovery.

Item No. 2201 Price US \$0.21

Principles and Leadership in NA Service

Our Fourth Concept highlights the importance of effective leadership for quality NA services. This pamphlet addresses how our principles are applied in service. It also highlights some of the skills and qualities of effective leaders, and includes ideas about how our service bodies can work to attract and cultivate such leaders.

Item No. 2206 Price US \$0.26

Brazilian/Portuguese

Roman Numeral Bronze Medallions

Traditional bronze finish in 18 months and 1–30 years. Item No. BR/PO-43XX Price US \$2.75



Filipino

IP No. 6: Recovery and Relapse

Paggaling at Relapse

Item No. FL-3106 Price US \$0.21



Sponsorship

Le parrainage

Item No. FR-1130 Price US \$7.00



Group Business Meetings

Les réunions d'affaires des groupes

Item No. FR-2202 Price US \$0.21

Group Trusted Servants: Roles & Responsibilities

Les serviteurs de confiance du groupe : rôles et responsabilités

Item No. FR-2203 Price US \$0.21



Disruptive & Violent Behavior

Comportements violents et dérangeants

Item No. FR-2204 Price US \$0.21

NA Groups & Medication

Les groupes de NA et les médicaments

Item No. FR-2205 Price US \$0.26

Greek

IP No. 11: Sponsorship

Σχέση υποστήριξης

Item No. GR-3111 Price US \$0.21





Lithuanian

White Booklet revised to include personal stories

Narkomanai anonimai

Item No. LT-1500 Price US \$0.63

Nepali

IP No. 16: For the Newcomer ভূহ बनिळजेश दिसेन

Item No. NE-3116 Price US \$0.21





Slovenian

IP No. 1:

Who, What, How, and Why

Kdo, kaj, kako in zakaj Item No. SL-3101 Price US \$0.21



Living Clean The Journey Continues

"More Will Be Revealed," the Basic Text tells us – and more *has* been revealed in the lives of countless addicts around the world in the twenty-five years since our text was published. "Hopeless living problems have become joyously changed. Our disease has been arrested, and now anything is possible," it goes on. Inspiring words, to be sure, but what exactly does that mean for you? This is the question with which we begin our newest literature project,

We are
recovering in the
here and now
and the future
becomes an
exciting journey.

Basic Text

http://www.naws. org/survey/index.php? sid=69453&lang=en

worldboard@na.org

www.na.org

Living Clean – The Journey Continues.

As we live the program we find that dreams really do come true. We also find that we struggle sometimes with real-life problems we may never have expected. Who among us expected to get old? (For that matter, many of us never meant to grow up at all.) How have we dealt with a loved one struggling with addiction? How have we dealt with material or financial success (or ruin)? We could go on and on. You know the particular challenges you've grown through – and we want to hear about them.

The same principles that got us clean continue to be the tools that help us live happy, productive lives as we stay clean through all kinds of life events. But we may struggle sometimes in knowing how to apply those tools, or even in believing that they are still relevant to us.

Our vision for *Living Clean – The Journey Continues* is that it will be a book for all of us as we grow in recovery. We want to collect our experience as a fellowship in dealing with the very human challenges that make up our lives, and the very particular ways our addiction – and our recovery – lead us to respond and grow.

To realize this vision, we need you. We invite you to share your experience in recovery. Tell us about the times when life threw you a curve – good or bad – and NA gave you the tools to respond to it. Tell us about finding the passion – or being graced with it – to make NA a way of life for you. Tell us about the night the newcomer in your home group said the words that changed your recovery. We want to hear about it.

In the twenty-five years since the Basic Text came out, without question, More Has Been Revealed. Miracles have happened in all our lives. We have grown. And we have learned. Please join us in bringing together our collective experience and wisdom, so we can learn from each other and share what we've learned with the members we haven't met yet.

We've included some questions to get you started. You can answer them online at http://www.naws.org/survey/index.php?sid=69453&lang=en, email your responses to worldboard@na.org, or you can write down your answers and send them to us (NAWS, Living Clean; PO Box 9999; Van Nuys, CA 91409 USA). You can answer the questions alone or with your home group, friends, committee, or sponsees. Interview an oldtimer. Ask the guys smoking outside

the NA dance to tell you the best thing they've heard at a meeting. But please – take some time to tell us what rocks your recovery.

Pass this on. If you got this as an email, please forward it. If you received a paper copy of this announcement, make more copies. Announce it at meetings. Take it to area. Tell your friends. Pass the word – and send it in. We're waiting to hear from you.

The questions that follow are a guide to get you started, but don't let them limit you – if you have a story you want to tell us, or a great line you want to share, by all means include it. You can answer these directly at http://www.naws.org/survey/index.php?sid=69453&lang=en or use them as a guide – whatever feels right to you.

Turning points

Think about a time when it didn't seem to make sense to stay in NA.

What made you re-commit? What did someone say that clicked? What happened that made going to meetings, or working a program, feel meaningful again? How did another addict get in when your walls were up?

Overcoming obstacles

What obstacles along the path have you overcome? What warnings would you caution others about in recovery? What was the closest call to a relapse you encountered?

Growing in recovery

Tell us about the things you've heard, or experiences you've had, that have stuck with you throughout your recovery.

What are the experiences that deepened your recovery? What gems have you heard shared that made an old message seem new? What lessons have you learned in recovery that changed your perspective and caused you to appreciate your recovery on a deeper level?