



APRIL 2018

VOLUME THIRTY-FIVE ♦ NUMBER TWO

All of the efforts
of Narcotics
Anonymous are
inspired by the
primary purpose
of our groups.



**Upon this
common ground
we stand
committed.**



WSC 2018

-
- [The new NAWS webstores](#)
 - [Zonal forums](#)
 - [WCNA 37 update](#)
 - [WSC: Dear delegate](#)



THE
INTERNATIONAL JOURNAL
OF
NARCOTICS ANONYMOUS

The NA Way Magazine, published in English, Farsi, French, German, Japanese, Portuguese, Russian, and Spanish, belongs to the members of Narcotics Anonymous. Its mission, therefore, is to provide each member with recovery and service information, as well as recovery-related entertainment, which speaks to current issues and events relevant to each of our members worldwide. In keeping with this mission, the editorial staff is dedicated to providing a magazine which is open to articles and features written by members from around the world, as well as providing current service and convention information. Foremost, the journal is dedicated to the celebration of our message of recovery—"that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live."

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The NA Way Magazine welcomes the participation of its readers. You are invited to share with the NA Fellowship in our quarterly international journal. Send us your experience in recovery, your views on NA matters, and feature items. All manuscripts submitted become the property of Narcotics Anonymous World Services, Inc. Subscription, editorial, and business services: PO Box 9999, Van Nuys, CA 91409-9099.

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From the editor

"If we embrace the principles of recovery,
we naturally embrace the fellowship and help it to grow."

That's one of my many favorite passages in *Living Clean: The Journey Continues*. All NA service is meant to support our primary purpose, and in that process, not only do we grow as individuals, we also help others progress in their recovery—and we help strengthen and develop the very Fellowship that is so dear and indispensable to us. We all know every act of NA service is a part of our recovery process—and being of service offers some of the best (and sometimes most challenging) opportunities to grow. When we pitch in, we knock down our low self-esteem, feed our self-confidence, and defy addiction's self-centeredness—because we're helping others. When we approach NA service with goodwill, the sky is the limit for our personal growth and for helping to evolve and strengthen the NA Fellowship.

This issue of *The NA Way* celebrates that kind of service, with a highlight on the 2018 World Service Conference, which takes place 29 April-5 May.

"When we trust the process, we are free to participate in it. We are safe
to act in unity, speak our conscience from a place of love,
and hear the voice of a Higher Power."

Guiding Principles: The Spirit of Our Traditions, Tradition Two

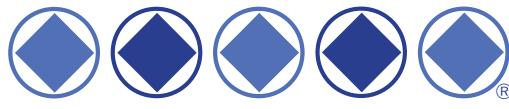
[De J. Editor](#)

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Electronic subscribers can click [here](#) for additional content.

The NA Way Magazine welcomes letters from all readers. Letters to the editor can respond to any article that has appeared in *The NA Way*, or can simply be a viewpoint about an issue of concern in the NA Fellowship. Letters should be no more than 250 words, and we reserve the right to edit. All letters must include a signature, valid address, and phone number. First name and last initial will be used as the signature line unless the writer requests anonymity.



Recovery without limits

This is the story of a recovering addict from Colombia who, despite his hearing difficulties and his inability to speak (deaf-mute), managed to find a way to stay clean in NA through service—eternally clean.



Raúl arrived at his first NA meeting accompanied by a family member. He was in a state of incredible physical deterioration, he was not wearing shoes, his smell was unpleasant, and besides that, he was deaf and mute. The members of the Grupo Enseñame a Vivir (Teach Me How to Live Group) from the city of Medellín, Colombia, welcomed him regardless of his condition. We invited him to keep coming back. During his first meetings, Raúl was brought to the group by his relatives. Despite his inability to hear our message of recovery and to share himself, he continued attending the meetings.

And then, to our surprise, he began attending by himself. It is not known exactly what day Raúl stopped using; it was a day in December, and in Colombia during the holidays, people party and use a lot more substances, but his change was reflected in his personal cleanliness and his regular meeting attendance.

In those days, the group was going through service difficulties, and attendance was reduced, but from the day he arrived in NA, Raúl never missed a meeting of his home group. During that time, Raúl and his friend, Juan Carlos were faithful group trusted servants. Juan began to have difficulties opening the meeting place every day because he had many responsibilities. It was difficult keeping the group open with often only two people attending, but seeing Raúl's consistency and commitment—that addict who could not hear and could not share his thoughts—Juan thought about giving Raúl the keys to the group facility when Raúl was about eight months clean.

Juan sat down with Raúl and explained with sign language the functions of a group secretary, and Raúl learned willingly. From that moment, Raúl was in charge of opening the doors of the group reliably on Tuesday and Friday of each week. He arrived two hours before the meeting, swept and mopped the place, organized the chairs, and always had coffee prepared for the members who came to the meeting. Raúl stood at the door and extended his arms to welcome each person with a big hug. In the course of the meeting, Raúl was in charge of serving coffee until everyone had a cup in his or her hands, and he passed the bag for the Seventh Tradition.

Something unforgettable about Raúl's service as the group secretary was that whenever there was a newcomer, he was the one responsible for giving them welcome keytags and IPs—accompanied by a big smile and a strong hug. The faces of the newcomers showed the emotion and the love they received, and Raúl used sign language to invite them to keep coming back, and to do so without using.

Every year in December, Raúl announced the celebration of his cleantime birthday, and all the members in the Medellín Area knew about this big celebration. The recovery meeting was full of hope and it was a miraculous message to witness the recovery of a member who could not hear or speak. At the end of the meeting, large quantities of food were served and there was a party for all the NA members.

Raúl had the opportunity to attend several regional and area conventions in Colombia. He was a beloved member of the whole Colombia NA community, and he was an example in service for many people. Raúl served for seven continuous years opening the doors of his group. He was known as a cheerful, loving person, but what described him most was his faith in a higher power. Raúl used to pray every morning and night, conveying a message of action and prayer.

Raúl was 54 years old and had seven years and eight months clean when he died of a heart attack. He was surrounded by his family and loved ones. We will always remember him with joy because he showed us that recovery is possible even beyond any physical limitations. He showed us that service is the path to recovery and that the commitment to serve helps the group grow. Thanks to Raúl keeping the doors of that meeting open for so many years, the Grupo Enseñame a Vivir now has an average attendance of 35 regular home group members, and Raúl's stories are still alive in the group. Thank you Raúl... now you are eternally clean.

Simon M, Bogota, Colombia

WCNA 37: THE MAGIC IS REAL

Still

Orlando, Florida, 30 August – 2 September 2018

www.na.org/wcna

There is still time to pre-register and get your tickets for WCNA 37 entertainment! Remember, tickets for seated events are issued based on your pre-registration date.

- ▶ **Saturday Night Concert—Co-headliners Everclear and Blue October:**
www.na.org/?ID=WCNA37-Saturday
- ▶ **Thursday Blues Lunch—Mike Zito and Anders Osborne:**
www.na.org/?ID=wcna37-blues
- ▶ **Friday Jazz Brunch—Keiko Matsui and Euge Groove:**
www.na.org/?ID=wcna37-jazz
- ▶ **Friday Night Comedy—Alonzo Bodden & Friends:**
www.na.org/?ID=wcna37-comedy
- ▶ **Pre-WCNA Cruise: Havana, Cuba:** www.montrosetravel.com/wcnacruise
(depart Port of Tampa, 25-29 August)
- ▶ **Being of service at WCNA:** www.webdata.na.org/wcna/sign-up.php
(We'll email you when we start assigning tasks and schedules.)
- ▶ **Mobility equipment rentals, local medical equipment and supplies*:**
 - ▶ www.locations.scootaround.com/WorldConventionNA
 - ▶ www.questmobilitysolutions.com
 - ▶ www.orlandomedicalrentals.com
 - ▶ www.familyrentals.com
- ▶ **Local public transportation:** www.iritetrolley.com*
(single-ride fares, one-day, and multi-day passes)
- ▶ **Special group discounted ticket offers:**
 - Disney World*: www.mydisneygroup.com/wcna37
 - SeaWorld*: www.seaworld.com/orlando/Special-Offers/group-events
 - Universal*: www.uomeetingsandevents.com/Why-Universal/Attendee-Ticket-Options/Default.html

* Provision of this information does not constitute an endorsement or affiliation with these organizations

**For WCNA 37 registration, hotel reservations info,
and updates on program and entertainment, please visit**

www.na.org/wcna



Mission accomplished

Nothing makes me more grateful than going in and out of prison in three hours. Last night, I attended an excellent Friday night H&I meeting at San Quentin State Prison. The main speaker had been out for 45 years and he had 41 years clean. There were also two speakers from inside—amazing shares by all.

It was chilling to hear a man speak about his Ninth Step and how he made amends to the niece who was four years old when she witnessed him kill her mother. We were all in tears. I realized that the break I had been taking from H&I service was over, even though I can no longer do it with the frequency I have done it in the past.

When several of the men were talking about working Steps and sponsorship, I was brought back to a San Quentin anniversary meeting years ago—2005—when Jeff G and Freddie A traveled from the World Service Office to attend. It was Freddie's first time going into San Quentin since he had been released from there in 1972. He was experiencing a lot of trepidation about going in, but he overcame his nerves and did it. He gave a great share and closed the circle. Then Jeff gave me two *NA Step Working Guides*. He wanted me to give them to newcomers and I said, "No! We need to give them to the inmates with the most time. There are no sponsors inside the walls." I gave them to two inmates with more than 25 years clean and asked them to agree to start sponsoring men. That meeting had 30 men from inside and 40 from outside. Last night, there were more than 100 men from inside and 20 of us from outside.

San Quentin NA is now a thriving recovery community with multiple generations of sponsors and sponsees who live together and recover together. Unlike many other parts of the prison community, these men do not see color, religion, or other affiliations when they look at each other. They see other NA members. I spoke with one man who said I had made him aware of the value of our literature when I spoke about how precious it is in some countries where it is so hard to come by. I complimented him on his share and encouraged him to work with other members who do not read well. That way they can have small meetings and help each other improve their skills.

Of the four weekly San Quentin meetings, two meetings regularly have attendance of 150 or more men each week. In the smaller yard, there are two meetings per week attended by 15 or 20 men. I am blessed to have once more been a part of this event where I witnessed the growth and maturation of a small recovery meeting into a thriving recovery community behind the walls.

Forever circled with love & hugs,

Jeff R, California, USA

Editor's Note: Jeff submitted this article in late 2017. Sadly, he passed in early 2018. Jeff will be warmly remembered as an NA "service enthusiast."

Click [here](#) to read Jeff and Freddie's story "Going on a mission" in the July 2005 *NA Way Magazine*.

Service begins with me

Service, an important aspect of my recovery, begins with me, with my willingness, my commitment, and my desire to stay clean. Many times I have heard our trusted servants complain that there is a lack of addicts willing to serve, then try to manipulate others into serving.

True, there is a lack of addicts who are willing to commit and serve in our Fellowship, but I believe we need to make service attractive. Whining, complaining, shaming, and manipulating are not very attractive to most people—myself included. We need to talk positively about our service experiences to let addicts know of the opportunities for growth and recovery that exist within service. Why not politely invite a sponsee, a friend, or the person sitting next to us at our home group to attend the next group conscience/business meeting, or an area subcommittee meeting, or the area service committee meeting?

I have had the opportunity to work with addicts at every level of NA's service structure: group, area, region, zone, and world. The experience, knowledge, and spiritual growth I have received from this involvement have been immeasurable in my recovery. But you do not need to start off as cofacilitator of the World Service Conference to receive these benefits; just start, as I did, at your home group.

My involvement with my home group gave me (and still gives me) the opportunity to meet new people and really feel a part of Narcotics Anonymous, as does my work at all service levels. In addition, I have learned to work with others, discovered some of my abilities and talents (one being the ability to "disagree without being disagreeable"), improved my self-esteem, become aware that I did not need to be right or have my way all the time, and developed some very strong, loving relationships.

I suggest that recovering addicts get involved in service. Anyone can attend a group conscience/business or subcommittee meeting and anyone can receive the benefits and personal growth that come with giving away what was so freely

given. I have heard it said that service is gratitude in action. So please show your gratitude today.

A grateful addict in service,

Mike B, Manitoba, Canada

Reprinted from *The NA Way Magazine*,
October 2004

Click [here](#) to see the original article published in *The NA Way Magazine*, October 2004

Rekindling service enthusiasm

After 27 years of doing service in the NA Fellowship, I can honestly say, I was getting tired. I no longer had that excited feeling when approaching service beyond the group. I was worn down by the stress experienced in service meetings and hearing newer members say, "I don't want to be a part of that hierarchy stuff; it's bullshit."

It worried me that service was no longer looking attractive to our newest members. Service was originally a concept to help our Fellowship grow, stay current with NA's role in our communities, and, above all, to help addicts get and stay clean. Our Traditions guided us and our Concepts reassured us.

In all my years, I never ever expected a change in the way our services could be delivered, so I balked at the ideas of the Service System Proposals. Who likes change, right? I had opinions, "Why fix something that isn't broken?" I thought only the tough and extremely willing would learn how to negotiate a service meeting. What I just experienced over the past two days has led me to question everything I experienced in service over the years, and has instilled hope in the deepest part of my heart. I never would have thought service on the next levels could be enjoyable and educational.

Who would've thought we could break down the barriers with unity? When we let go of old ideas, we open the door for change. Change, as I mentioned, can be very scary, but I assure you, from what I have just experienced, service can be incredibly safe, nurturing, supportive, creative, boundary-less, open-minded, unifying, and with a common purpose. No one yelled there—although someone barked—and no one is better than anyone else because they have more cleantime. Even the youngest of our members felt included and supported. I walked away grateful, with tears in my eyes. I just wanted to share how the Greater Queensland Local Services Board Conference in Brisbane, Australia, affected me, attracted me, and drew me back into NA service.

Becci C, Curl Curl, Australia

For more information on the Service System Project and Proposals, please visit www.na.org/servicesystem

Women in service: what a concept!



Recently, we had a conversation about women in service at my home group. Someday, I have faith, we will not need to have such a conversation.

I do not feel that I am treated as an equal when I do service in NA. Is that the victim inside me? Sometimes, yes. Something happens to trigger emotions that I used to feel in response to things that happened all the time in my past: yelling, obscenities, and violence.

However, being told my ears are too sensitive—that is sexist. Trust me, my ears have heard plenty. Having another member stand in my face and yell—that is disrespectful. Being labeled a bitch—that is sexist. Many times I've seen men in service being considered bright and

assertive, while the same behavior from a woman is viewed as managing and controlling.

I understand that I need to work on my issues outside of service in NA. I need to work on my insecurity and I need to take a look at the times I victimize myself and others. I need to be willing to not act on my defects in service. I need to hold my head up and not victimize others or take on as a reality someone's poor treatment of me. I try to the best of my ability.

All of us in NA are the same—no matter what our gender. The ways we acted in the past need to change. I am changing. I hold my head up and I continue to be assertive. What a wonderful feeling! Other members help me, both male and female. The women who continue to stay clean and who are of service inspire me. The men who treat me as an equal give me hope.

Even the members who practice sexism help me grow. This is NA. It's my home. It's where I trust, where I grow, where I learn, and where I seek comfort. We're all the same here—sick addicts trying to change defects into positive living skills. I am not treated differently because I'm a woman; I'm treated the way each person I encounter knows how to treat a woman. Not because I am a woman, but because of who they are.

Nan O, New Brunswick, Canada

Reprinted from
[The NA Way Magazine, July 1998](#)

My WSC 2016 experience

When I first came to NA, I never thought of giving service to our Fellowship. My only concern was how to get clean and reintegrate with society. I hardly believed that "common welfare" and "selfless service" would help me directly in my personal recovery. Then, I started believing that miracles do happen when I found myself content with seeing other fellow addicts recovering from the disease of addiction.

Attending the 2016 World Service Conference (WSC) was one of the biggest experiences in the journey of my recovery. It was like a dream come true. When I got involved in NA service and heard long-term members talk about the WSC, I started dreaming of visiting the World Service Office (WSO) and being a part of the WSC.

We (the regional and alternate delegates) had a tour of the WSO, saw different departments, NA archives, and the translation room. The NA literature translated into Manipuri language that I saw at the WSO reminded me of our collective effort to translate our literature into local vernacular in Manipur.

I was overwhelmed by a video presented during the Conference of the history of NA: how our Fellowship has evolved, struggled, and expanded throughout the world. I forgot about the contemporary social issues of the world and felt that we, WSC 2016 participants, were brought together to acquire peace, love, and hope, and to give it back to the still-suffering addicts around the world.

On the closing night at WSC, I was given a chance to share at the closing speaker meeting, along with several other members from around the world. I was nervous and about to panic, hoping I could share a lot when it was my turn. When I was done, I actually I felt unsatisfied, but afterwards everyone in the room gave me hugs and told me they appreciated what I had to say.

Now, I have big passion about NA service and I believe our World Service Office is an "office of life." I am deeply inspired to contribute more for the Fellowship and to society. I feel like I have found a new society and new culture from which I can learn and grow. This kind of awakening is a result of my service to NA.

Guni F, Imphal, Manipur, India

Adapted from [Asia Pacific Forum News, #40, July 2016](#)



Photo: Dave T, California, USA

Basic caption contest winner

Thank you to everyone who participated in the Basic caption contest! The winning submission is from

George B-H, Washington, USA

"Carrying the moosage"

And some other notable entries:

It was so boring hanging here all alone until NA meetings started in this room. Now I know much about recovery, and I'm eager to share!

Elena I, Dzerzhinsk, Russia

• • • • •

Narcotics Anonymoose—one promoose, many gifts!

Bruce D, Florida, USA

• • • • •

My name is Bullwinkle J. Moose, and I'm an addict.

Dennis F, Pennsylvania, USA

• • • • •

"Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities."

Neil E, Auckland, New Zealand

• • • • •

The buck stops here. Our journey continues in Narcotics Anonymous.

Lori H, New Jersey, USA

• • • • •

Narcotics Anonymous puts a new head on your shoulders.

Christopher M, Ontario, Canada

• • • • •

Gettin' one in with the moose.

Dave T, California, USA

Next BCC

Here's your chance to participate in *The NA Way Magazine* in a whole new way. Write a caption for this image, send it to us, and you'll be magically entered in our caption contest. We'll choose the best (and maybe a few others) for publication in an upcoming issue. Your prize will be the satisfaction of seeing your name in *The NA Way*!

Email your entry with "Basic Caption Contest" in the subject line, and be sure to include your name and where you're from in the body of the email: naway@na.org.

What message did this member find in his fortune cookie?



Photo: Conor H, Dublin, Ireland

The World Service Conference



Our conference is the one time and place where all of our world services come together. Unlike all other service bodies of NA service, the conference is not an entity, it is an event—the coming together. Every two years, regional delegates, the members of the World Board, and the executive director of the World Service Office meet to discuss questions of significance to the Fellowship of Narcotics Anonymous as a whole. The purpose of the World Service Conference is to be supportive of the Fellowship as a whole and to define and take action according to the group conscience of Narcotics Anonymous.

[...] Guided by our Twelve Traditions and Concepts, it is the one point in our structure where the voice of NA as a whole is brought to view and expressed on issues and concerns affecting our worldwide Fellowship. The World Service Conference is not just a collection of regions; its concerns are greater than just the sum of its parts. The conference is a vehicle for Fellowship communication and unity: a forum where our common welfare is itself the business of the meeting.

Conference deliberations serve the needs of a diverse membership of different languages and cultures and address the challenge of how to provide effective services to NA groups around the world. The conference works for the good of all NA, taking into account both present and future needs.



A Guide to World Services in NA, pp 2 and 6





The work cycle between Conferences

Communication leading up to and in between meetings of the WSC is an essential part of preparing to conduct business. The 2014-2016 cycle provided many opportunities for Conference participants to discuss and develop ideas. Web meetings became a regular part of the communications process between WSCs. There are also three pre-WSC mailings to Conference participants that provide motions, essays, and information for Fellowship-wide review and discussion. In addition, Conference participants can submit ideas and proposals to be mailed out with the CAT and they can also share ideas in the *Conference Report*.

The Conference Agenda Report (CAR) contains proposals and motions from regions and the World Board on which the Fellowship is asked to form a Fellowship-wide group conscience. These are among the topics that will be discussed at the WSC. The World Board includes recommendations and statements of financial impact for each motion. One copy is mailed to each Conference participant and to each region's mailing address. NA members may purchase additional copies from the World Service Office at a price based on the cost of production and distribution (US \$11.00 this year) or through their local area or regional service committee/service office. The CAR also includes essays on topics of current interest, a tally sheet for all motions, a literature survey that all members are encouraged to complete, and a glossary of terms commonly used in World Services.

The Conference Approval Track (CAT) material is mailed to Conference participants the January before the WSC. In the past, all of this material was included in the CAR. In response to groups' requests to make the CAR more relevant to their purpose and needs, however, the CAT was developed to include material related to service, strategic planning, project plans, and budgetary material. An overview of the CAT material is also included in the CAR.

The Conference Report is released a short while before each WSC and contains information about the Conference week, status of major projects, challenges and successes, and suggestions for new work. Regional reports, submitted by RDs, are also included and convey information about the regions such as number of groups and meetings, service activities, challenges, and specific experiences that may benefit other regions and/or world services. Zonal forums may also submit written reports for distribution.

Web meetings have become a regular part of the work cycle between Conferences. The World Board hosted its first Conference participants web meeting 13 July 2013. Some twelve web meetings have been held now, with opportunities to share project updates and information, seek input on topics, and discuss issues in online small group discussions. The Board itself holds web meetings in between their face-to-face meetings, several project workgroups also meet online, and there have been many opportunities to "attend" local events via an online connection.



Dear delegate

Messages from WSC 2008 to WSC 2018

At the 2008 World Service Conference, we asked participants to imagine the Conference in ten years and write a letter to the member who would hold their position at WSC 2018. We published some of those letters in *The NA Way* in July 2008, and we recently read all of the letters again to share some with you here.

Some of those same members will attend this year's WSC, while others have moved on to other areas of service, and some have passed away. These letters are a good reminder of the growth and spiritual fulfillment we experience in service, of how finite our time really is, and of what a privilege it is to spend that time in NA service. We hope this WSC serves to honor the spirit of these trusted servants and that WSC 2018 is characterized by the optimism, unity, and love shared in the 2008 Dear Delegate Letters.

I hope that what you find in your present is a healthier, ever-growing Fellowship in both numbers and diversity. I hope you are able to reach back to my present and see that our efforts have mattered to the Fellowship, as I am now able to reach back and feel the love and sweat selflessly poured into our Fellowship by those who came before me—for us in our now, and for you in your now.

Peter T, Australia Region

Most of all, I hope you leave your Conference with a greater appreciation for NA as a whole and achieve all that you set out to do in 2018. I hope you thank your predecessors and pave the way for those who will serve long after you are gone.

Lita P, Indiana Region, USA

I'm sure you're taking responsibility in serving the members of our Fellowship, being accessible to them, and sharing the passion of service. Light them up! Love them! Enjoy the path and bring others along with you! Thank you for your dedication.

Pierrot G, Quebec Region, Canada

Most of my addiction was lived in emotional isolation. I have come to see that service is a door to the involvement with humanity and that involvement can lead to intimacy—something I long for but do not know how to reach. My hope for you is for you to know yourself and make an intimate connection with all of us.

Bill S, Greater New York Region, USA

I am proud of the achievements my region has done so far. I hope and wish that when WSC 2018 has come, your Spanish RD will be representing a much larger Fellowship because we, the whole region, were able to carry the message to all those areas in our country where NA was not known yet. I'm sure that the work we did before you at the EDM is now showing its benefit...

Iñigo C, Spain Region

Above all, please know that we who were here before you and those who will come after you appreciate the service you are doing. Thank you for your willingness to serve. My hope for you is that you find that we made some decisions at this Conference that encouraged growth of this beautiful, life-giving Fellowship and that every addict "has the chance to experience our message in his or her own language."

Belinda H, Volunteer Region, USA

Each person in his/her own time must be off service in the best possible way so we can continue building this strong web of hope. Please remember that not all people in NA have a feeling of gratitude for what we do here, and some don't care about what we do here. But don't be discouraged; NA works, and it is important that we continue working hard so the message of hope and freedom reaches every corner of the world.

Diego M, RD, Costa Rica Region

The work during the 2008 Conference has helped pave this path to equality and universality, so it is up to you, the present and pathway to your future, to keep the spirit alive. Thank you!

Tim S, Mid-America Region, USA

I hope you can take the methods that are taught here to our members and find a way that we can use them to respect each other so more members will stay.

Ramiro S, Baja Son Region, Mexico

Thank you for being here as an alternate delegate of your region. I hope the work we have done in 2008 gives you more information to better carry our message. I know you feel the same responsibility I felt: It is the driving force behind NA service. Look around you and see the miracles like yourself who will leave here with the [2008] theme, "Our Freedom, Our Responsibility" in their hearts. Remember that freedom isn't free; it requires effort from you to continue the sharing of our message to the still-suffering addict.

Dale W, Ohio Region, USA

I'm the Brazilian alternate delegate, and I flew 18 hours to get here. English is not my native language, and it's always a shock to meet with the American culture. I've been to WSC before in 1998, 1999, and 2000; but it's still kind of uncomfort-

able. What is comfortable is that I'm sure that we're here for the growth of NA and we are all the same as NA members. This Conference has been very interesting so far; a lot better than the others I've attended. I feel everybody is a lot more interested in making this Fellowship a real international recovery organization. I feel people [are] a lot more open to the diversity within our Fellowship. This is beautiful!

Jose M, Brazil Region

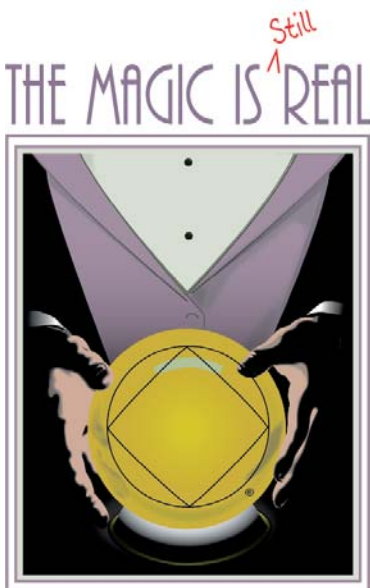
I hope you will feel more comfortable because there will be other delegates from our Russian-speaking NA communities. I hope that other Russian regions forming now will have voice at the WSC. I believe that now delegates from all over the world will understand how difficult it is to manage and serve such a big a region that covers 1/6 of the world's

continental land. I also hope that you will find that delegates have finally realized how much the World Board does for Fellowship development in developing NA communities such as ours was ours ten years ago (from the time you are reading this).

Natalia B, Western Russia Region

I can tell you this experience is totally overwhelming and awe-inspiring, but the love and support of those who came before us carries us through. I'm guessing that the most important work we will do here this week will revolve around the Sixth Edition Basic Text. I believe the Sixth Edition will reflect the Fellowship as a whole—a worldwide program. Thank you for stepping up, and for keeping this program alive and free for those who come after us.

Jodi G, Southern Idaho Region



Narcotics Anonymous World Unity Day 2018

Sunday, 2 September 2018 • 11:00 am EDT

Celebrate NA World Unity Day by joining thousands of addicts around the world for the closing meeting of WCNA 37 in Orlando, Florida, USA.

Can't be at the meeting yourself? All you need is the "magic" of an internet connection. A **free audio webcast** will be live-streamed via the internet for all to hear the NA message.

We'll post additional information as it becomes available at www.na.org/wcna.

This free internet stream replaces the telephone hook-up system used in the past, except for institutions that cannot access the internet stream.

For information about institutional connections, contact jane@na.org.



PICTURE THIS

NA communities are invited to send photographs of their meeting places and events. Sorry, we cannot use photos that identify NA members. Please tell us the group/event name, location, how long it has been in existence, format or special traditions, and what makes it a unique part of your NA community. Please send submissions to naway@na.org.



Adsiz Narkotik in Istanbul

The Action Group of NA, in Istanbul, held its first meeting on 6 October 1993. It is our oldest group, and that date is said to be the start of NA in Turkey. We are coming up on our 25th anniversary! Our group changed locations several times during these 25 years. The faces also kept changing, except for a couple of long-term members from the early days. Our membership is getting younger and younger as the group gets older.

I started on my recovery journey in this group. I changed home groups during the course of my recovery and served and supported several newer groups. However, as of last year, I moved back to my original home group. It was awkward fitting back in at first, but at one point, I decided to clean the toilet, and doing so worked to help me become a part of the group again. I belonged! I love my home group.

The Action Group has a rotating format and meets at 7:30 pm on Monday (literature study), Wednesday (Q&A), and Thursday (Steps,

Traditions). On Saturday, the meeting is open and it begins at 3:00 pm, and the format is a focus on the First Step. When you are in Istanbul, come visit us at Action Group in Taksim district. Check the meeting list at www.na-turkiye.org. We keep what we have by giving it away.

Betul B, Istanbul, Turkey



Serenity sisters

In early January 2017, a local church contacted NA World Services expressing interest in hosting a meeting in response to the opioid crisis. NAWs forwarded the information to one of our local trusted servants who, in turn, forwarded the request to another local member. It is very unusual for a church to reach out to NA requesting a meeting. It is usually the other way around! So, we truly believed it was HP's intervention that brought about this meeting.

We met with the church, identified Tuesday as the night available, and decided that a women's meeting would be the best choice for this situation.

We named the group "Serenity Sisters," and we held our first meeting on 7 February 2017, beginning at 7:30 pm, at 126 Black Rock Road in Oaks, Pennsylvania. This is the first women's group in the Montgomery County Area of NA. It has become a cornerstone for many women who need a place where they can share openly and honestly about their daily challenges. While we consider our group a women's meeting, Serenity Sisters decided to keep it as an open meeting accessible to anyone in need of a meeting.

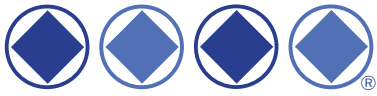
Our format for weeks one through three of each month is open participation based on the daily *Just for Today* reading. The fourth week is a literature meeting, and the fifth

week is "chairperson's choice." We celebrate cleantime with keytags and a hug, and we provide newcomers with a phone list and several hugs to make them feel welcomed. The group is thriving and attracting as many as 20 to 25 recovering women every week. These women are finding a new way to live, staying clean and reaching out to one another for support.

The group has not really faced any challenges. The church is supportive, the meeting space is very comfortable, and the meeting is well attended. We are grateful for the service of the original home group members who helped get the meeting started and for their continuing support and regular attendance. We are fortunate to have this time and place to support and celebrate the women in our area. We look forward to the continuing efforts of our Serenity Sisters home group to carry the message of NA.

Serenity Sisters Group





FELLOWSHIP DEVELOPMENT

A *Guide to World Services in NA* explains that "zonal forums are service-oriented sharing and/or business sessions that provide the means by which NA communities can communicate, cooperate, and grow with one another." Zonal forums are not a part of NA's formal decision-making system, but World Services, regions, and zones often work together on Fellowship development, inter-regional communication, and serve as a focal point for training within their communities. For more information on zonal forums and planning the future of the WSC, visit www.na.org/future.

Afri-can Zonal Forum

The Afri-can Zonal Forum sprang from a May 2013 gathering in Tanzania that NA World Services supported. Members representing eleven African countries participated in that first meeting. The AZF is dedicated to supporting and growing NA in Africa. At its January 2018 meeting, 14 countries were represented: Ethiopia, Ghana, Kenya, Lesotho, Liberia, Mozambique, Namibia, Nigeria, Rwanda, South Africa, Tanzania, Uganda, Zanzibar, and Zimbabwe. The Afri-can Zonal Forum meets online monthly in between their face-to-face meetings.

The AZF supports NA's growth on the continent, strives to make NA available in urban and rural communities, and where there are not yet any meetings. The AZF is also dedicated to translating NA literature and distributing literature into countries where regulations make it difficult to do so.

Asia Pacific Forum

We, the NA regions and communities of Asia Pacific, have joined to discuss issues of mutual concern, address our common needs, exchange ideas, and share experiences to further our primary purpose. This forum is intended to complement the existing service structure of NA.

The APF meets annually and uses strategic planning, including monitoring and ongoing reviews of its goals:

- Encourage and support Fellowship development
- Encourage, maintain, and support communication among NA members, communities, and regions
- Maintain financial security to fund ongoing service efforts, and maintain a prudent reserve
- Encourage and support translations of NA literature
- Collaborate with NA World Services in service efforts; establish and maintain relationships with other zonal forums; establish and maintain relationships with institutions and agencies that serve addicts.

The APF serves and is accountable to 30 NA communities and maintains an interactive website at www.apfna.org.

Autonomy Zone

The Autonomy Zonal Forum brings together its participating regions to further the common welfare of NA...The AZF is ultimately responsible to the groups it serves, inspired by the joy of selfless service, and the knowledge that its efforts make a difference.

The Autonomy Zone is comprised of six regions located in six Eastern states (below) and has an informative website at www.autonomyzonalforum.org:

- Chesapeake & Potomac Region
- Eastern Pennsylvania Region
- Freestate Region
- Greater Philadelphia Region
- Mountaineer Region
- Central Atlantic Region

Brazilian Zonal Forum

The service bodies of the Brazilian Zonal Forum gather to exchange collective experience and to discuss and support development of NA in its participant communities. Any NA member who has an interest can join.

The regional service committees of the Brazilian Zonal Forum are:

- Brazil
- Brazil Central
- Brazil Sul
- Grande Sao Paulo
- HOW
- Minas
- Nordeste
- Rio Grande do Sul
- Rio de Janeiro

A multi-regional service office distributes literature for the whole country/zone. In a joint multi-regional effort through the literature translation committees, *Reaching Out*, is translated to Brazilian Portuguese. Learn more about the BZF at www.na.org.br.

Canadian Assembly of NA (CANA)/ Assemblée Canadienne (CANA/ACNA)

During the 2016–2017 cycle our zonal forum attended six national professional events, and we overhauled processes for our annual national convention to make it more template-based. We also completed a bilingual website, held a successful national public service announcement (PSA) campaign on a major television network, and we contributed \$10,000 to NA World Services.

As we do each year, we updated our strategic plan goals to focus on our needs today and tomorrow. We have a busy year ahead of us with several projects planned to help reach our goals. Learn more about CANA/ACNA and our current projects at www.canaacna.org.

European Delegates Meeting

The EDM is a European-based forum of multilingual and multi-cultural NA communities inside and outside Europe, whose mission is to further their common welfare and unity, support their growth, and help them fulfill their primary purpose of carrying the NA message to the still suffering addict.

The EDM meets four days in the summer, held near the host town of the European Convention and Conference (ECCNA) and four days during winter, held in one of its member communities. The EDM maintains a website at www.edmna.org. There are currently 29 regions participating at the EDM.

Foro Zonal Latinoamericano/ Latin American Zonal Forum

In April 1993, representatives from several Latin American NA communities gathered with NA World Services at the World Service Conference to form the Foro Zonal Latinoamericano or Latin American Zonal Forum. The FZLA/LAZF gathers and develops service resources for its participants and strives to contribute to the continued growth of NA and serve as a service resource for member communities.

Current members of the FZLA/LAZF include Argentina, Baja Son Mexico, Bolivia, Chile, Colombia, Costa Rica, Cuba, Dominican Republic, Ecuador, El Salvador, Guatemala, Honduras, Mexico, Nicaragua, Occidente Mexico, Panama, Paraguay, Peru, Puerto Rico; Brazilian regions Grande Sao Paulo, Rio Grande do Sul, and HOW; the Spanish-speaking Area of Southern California; Uruguay, and Venezuela. Visit the FZLA/LAZF website at <https://forozonealatin.org/revistas/infolatinas>.

Midwest Zonal Forum

The Midwest Zonal Forum was established at the 1987 World Service Conference with the intent of facilitating communication between NA regions in the US Midwest. Current member regions are Chicagoland, Greater Illinois, Indiana, Metro-Detroit, Michigan, Ohio, Buckeye, and Wisconsin.

The Midwest Zonal Forum provides an opportunity for discussion and exchange of information on problems and issues confronting NA. The MZF facilitates communication, cooperation, and growth among regions in the Midwestern United States and between the regions and NA World Services. The MZF also conducts workshops and learning days on various topics in NA service, sponsors multi-regional events with participation from NA World Services, and serves as a point of contact for public information requests. Learn more about the MZF at www.mzfn.org.

North East Zonal Forum

Our primary purpose serves as a catalyst to all our service endeavors in the NEZF through the application of spiritual principles. We work for the joy of selfless service and with the knowledge that our efforts make a difference to the addict who still suffers. We are connected through cooperation fostered by unity, honesty, trust and goodwill.

The NEZF consists of regions located in the northeastern United States including all of or parts of Connecticut, Maine,

Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, and Vermont. A zonal website provides information at www.nezf.org.

The NEZF meets twice per year in one of its member regions and shares its members' experience, strength, and hope in the service area, to better fulfill NA's primary purpose.

Plains States Zonal Forum

The PSZF is composed of the South Dakota, Mid-America, Best Little, OK, Iowa, and Nebraska Regions, located in South Dakota, Kansas, north central and panhandle Texas, most of Oklahoma, most of Iowa, and Nebraska (except western Nebraska). In addition to maintaining an interactive website (www.pszfna.org), some of the PSZF's other efforts are:

- Coordinate services between member regions.
- Facilitate communication, cooperation, and growth among Great Plains regions and NA World Services.
- Help regional delegates prepare for the World Service Conference.
- Conduct workshops and learning days on various topics in NA service.
- Sponsor multi-regional events with participation from NA World Services.

Rocky Mountain Zonal Forum

The Rocky Mountain Zonal Forum (RMZF) supports its regions by acting as a problem discussion and solution clearinghouse and an informational resource, to further regions' efforts to carry the message to the addict who still suffers through the principles of love and unity, thereby promoting growth so that isolation does not hinder any addict's recovery.

The RMZF includes the Colorado, Montana, Southern Idaho, Upper Rocky Mountain, and Utah Regions. At their December 2017 meeting, the Upper Midwest Region joined the forum. Visit www.rmzfn.org for more details. As a zonal forum spanning all or parts of nine US states, its member regions collaborate on solutions to some of its common issues:

- Member areas spanning vast geographical areas
- Geographically small member areas
- Isolated rural communities lacking human resources
- Large numbers of penal institutions located in distant geographical areas
- Coordination of services between member regions

Russian-speaking Zonal Forum

The RZF was initially created to ensure equal access to literature, but it soon became obvious that there was more to do. Today, there are H&I, PR, literature, and literature translations sub-committees, an administrative body, and a website coordinator, who maintains a service materials database.

The member regions are the Big Moscow, Far East, North-West Russia, Povolzhie, Siberia, Ural and Western Siberia, Western Russia, and Blacklands Regions. In addition to an annual zonal assembly, the RZF organizes a number of different service-specific (H&I, PR, literature) weekend-long service events, but they are now planning to combine all of them into one huge service-oriented assembly.

Starting in 2015 the RZF began organizing a Russian Zonal convention, with the first in Saint Petersburg in 2015 marking 25 years of NA in Russia/Saint Petersburg. The second took place in Moscow in 2017. Learn more about the Russian-speaking Zonal Forum on their website, www.na-russia.org.

Southeastern Zonal Forum

In the Southeastern Zone, member delegates discuss and help each other implement best practices. Some of the ways member regions are collaborating include:

- Maintain all member regions' meeting databases on a single server managed by the SEZF.
- Utilize a free video call and chat app that provides a recording of that day's meetings, a text message with the next few upcoming meetings, and an option to talk to someone in the city/county requested.
- Provide web-meeting software for all member regions and areas.
- Work toward a regional phonenumber with a single number that works across the entire region.
- Collaborate with and help to fund member regions for PR activities such as the National Rx and Drug Abuse Summit in Atlanta, Georgia.

A SEZF website provides information and resources at www.sezf.org.

Southern Zonal Forum

The geographical area of the Southern Zonal Forum extends from Richlands, Virginia, west over 1446 miles to Del Rio, Texas; and from Brownsville, Texas; to the northern border of Missouri. This covers over 900,000 square miles. The SEZF serves the Regions of Arkansas, Bluegrass Appalachian, Kentuckiana, Lone Star, Mississippi, Red River, Show Me, Tejas Bluebonnet, and Volunteer.

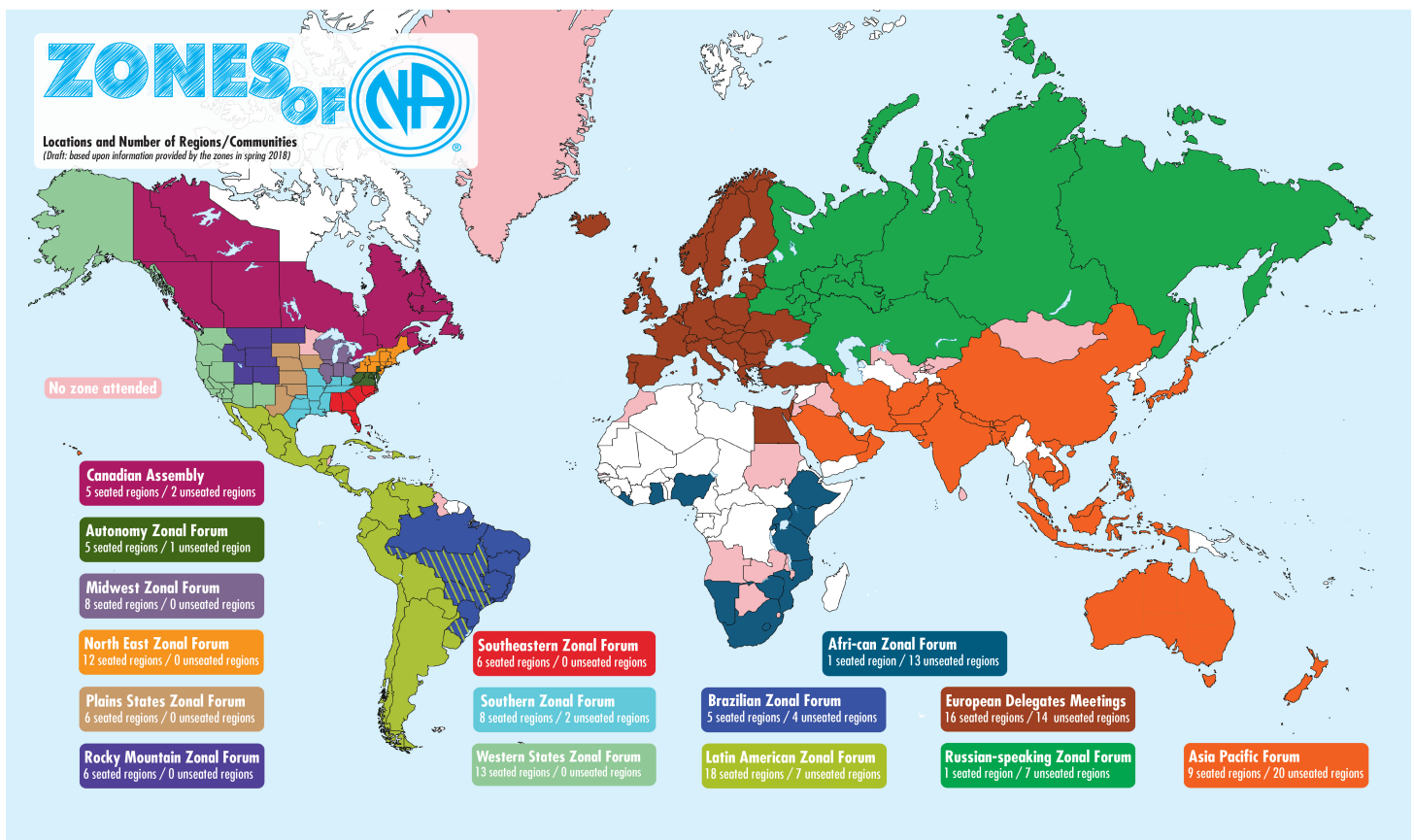
At quarterly meetings, member regions discuss topics that affect NA as a whole. SEZF members believe that by sharing experience, strength, and hope in the service area, they can help to fulfill NA's primary purpose. The SEZF is not a decision-making body; however, the zonal forum fosters solution-based discussion dealing with topics from groups, areas, and regions. Learn more at www.szfn.org.

Western States Zonal Forum

Member regions collaborate, communicate, train, and plan in order to carry out NA's primary purpose.

Member regions of the WSZF are Arizona, California Inland, California Midstate, Central California, Northern California, Pacific Cascade, Region 51, Rio Grande, San Diego/Imperial, Sierra Sage, Southern California, Southern Idaho, and Washington / Northern Idaho.

The most recent zonal forum meeting was held in Fairbanks, Alaska, in January 2018, where members experienced sub-zero temperatures, lots of snow, and a local recovery meeting in North Pole, Alaska.





CALENDAR

Multiday events and those occurring between publication dates are printed according to the schedule posted online. To enter events or to access event details, visit the online calendar at www.na.org/events. (If you don't have internet access, fax or mail your event info to 818.700.0700, attn: NA Way; or *The NA Way*; Box 9999; Van Nuys, CA 91409 USA.)

Brazil

Rio de Janeiro 20-22 Jul; Carioca Rio de Janeiro Regional Convention 19; Colegio Pedro II, Rio de Janeiro; www.na.org.br

Canada

Alberta 1-3 Jun; Edmonton Area Convention 33; Radisson Hotel and Convention Center, Edmonton; eana.ca

Nova Scotia 16-22 Jul; Pig Roast and Campout; Blomidon Provincial Park, Canning; event info: 902.691.3424

Prince Edward Island 28-29 Apr; Clean & Straight Group Unity Days 19; Saint Paul's Parish Centre, Summerside
www.carna.ca

Colombia

Armenia 9-11 Jun; Colombia Regional Convention; Armenia; nacolombia.org/web

Croatia

Trogir 8-10 Jun; Adriatic Regional Summer Convention 12; Hotel Medena, Trogir; na-croatia.org

Denmark

Skanderborg 3-5 Aug; Convention & Camp 11; Audonicon, Skanderborg; namidtyjylland.dk/konvent/index.htm

Germany

Bremen 18-20 May; German Speaking Convention 35; Saint Pauli Gemeinde, Bremen; <http://na-nord.de/conventions/>

Greece

Halkidiki 15-17 Jun; Northern Greece Regional Convention 14; Camping Lacara, Sithonia, Halkidiki; localconvention14thessaloniki@yahoo.com

Indonesia

Seminyak 22-24 Jun; Bali Area Convention 18; Puri Saron hotel, Seminyak; na-bali.org

Japan

Nagoya City 22-24 Jun; Japan Regional Convention 14; WINC AICHI, Nagoya City; jrna.sakura.ne.jp/dgm24903/english-information/

Kenya

Mombasa 4-6 May; East Africa Convention 6-Free at Last; Baobao Beach Resort and Spa, Mombasa; ea-na.com

Norway

Kongsberg 25-27 May; Oksne Gathering; Oksne, Kongsberg; nanorge.org/arrangementer

Poland

Krakow 27-29 Jul; European Conference and Convention 34; EXPO Krakow, Krakow; eccna.eu

Slovakia

Bratislava 11-13 May; Czecho-Slovak Regional Convention; Vysoka skola sv Alzbety, Bratislava; anonymnarkomani.sk/akcie/

Ukraine

Odessa 18-20 May; Ukrainian Convention & Conference 2; Concert Hall-National Polytechnic University, Odessa; uccna.org

United Kingdom

Aberdeen 26-27 May; East Coast of Scotland Area Convention; Hilton DoubleTree, Aberdeen; ukna.org/event/east-coast-scotland-narcotics-anonymous-convention--promise-freedom

Birmingham 5-8 Jul; UK Convention 29; Birmingham Hilton Metropole, Birmingham; convention.ukna.org

United States

Arizona 25-27 May; Arizona Regional Convention 32; DoubleTree Paradise Valley, Scottsdale; arizona-na.org/WP/?page_id=94

California 1-3 Jun; Ride 4 Recovery Campout; Sierra Bible Camp, Canyon Dam; naride4recovery.com

2) 29 Jun-1 Jul; Gold Coast Area Women's Retreat 31; Serra Retreat, Malibu; event info: 805.561.8656

Florida 4-6 May; Daytona Area Convention 19; Hilton Daytona Beach Oceanfront Resort, Daytona Beach; dacna.org

Georgia 22-24 Jun; East Coast Convention 22; Valdosta State University, Valdosta; eccna.org

Hawaii 25-28 Oct; Hawaii Regional Convention 26; na-hawaii.org/na-hawaii/hawaii-regional-convention

Illinois 5-8 Jul; Iowa Regional Convention 35; Holiday Inn, Rock Island; iowa-na.org

Kansas 27-29 Apr; Mid-America Regional Convention 35; Ramada Downtown Hotel & Convention Center, Topeka; marscna.net

2) 6-8 Jul; Mid-America Regional Free Campout 39; Chautauqua Park, Beloit; marscna.net

Kentucky 29 July-1 Jun; Cleanfest 10; Blue Licks Battelfield State Park, Carlisle; barcna.org

Louisiana 25-27 May; Louisiana Regional Convention 36; Wyndham Gardens, Shreveport; lrcna.org

Massachusetts 4-6 May; Celebration of Recovery 29; Island Inn, Oak Bluffs; www.mvana.org

Michigan 5-8 Jul; Michigan Regional Convention 34; Shanty Creek Resort, Bellaire; michigan-na.org/mrcna

Montana 15-17 Jun; Montana Gathering 30; Symes Hot Springs Hotel, Hot Springs; namontana.com

New Jersey 1-3 Jun; Ocean Area Convention 9; Georgian Court University, Lakewood; shoretorecover.com

New Mexico 17-20 May; Rio Grande Regional Convention 29; Sheraton Albuquerque Airport, Albuquerque; rgrcna.org

New York 25-27 May; Unity from the Heart Convention 14; Holiday Inn, Liverpool; www.honyana.org

2) 1-3 Jun; Promise of Freedom Campout 10; Camp Scully, Wynantskill; thepromiseoffreedomcampout.com

3) 8-10 Jun; Rochester Area Convention 24; Rochester Riverside Hotel, Rochester; rochesterny-na.org

North Carolina 20-22 Jul; New Hope Area Convention 25; Marriott Downtown, Durham; newhopeconvention.com

Ohio 25-27 May; Ohio Convention 36; Hope Hotel, Dayton; ocna.fiveriversna.org

2) 6-8 Jul; Dayton Area Convention 12; Crowne Plaza Hotel, Dayton; dascna.org/service/convention

Oregon 8-10 Jun; Portland Area Convention 3; Jantzen Beach Red Lion Hotel, Portland; portlandreanaconvention.org

Pennsylvania 8-10 Jun; Tri-Area Convention 3; DoubleTree GreenTree, Pittsburgh; Tri-Area.org

2) 21-24 Jun; Living Recovery Campout 10; Rickett's Glen, Benton; nabeehive.org

South Carolina 29 Jun-1 Jul; Gap Area Convention 25; Best Western University Inn Hotel, Clemson; crna.org

Tennessee 4-6 May; NA in May Campvention & BBQ Competition; Meeman-Shelby State Park-Piersol Group Camp, Millington; nainmay.org

Texas 27-28 May; Texas State Convention; Courtyard Austin Pflugerville, Pflugerville; tscna.org

2) 27-29 Jul; Recovery by the Sea 34; On the Beach, Corpus Christi; recoverybythesea.org

Utah 8-10 Jun; Southern Utah Area Convention 11; Hilton Garden Inn, Saint George; nasouthernutah.org

Virginia 25-28 May; Marion Survivor's Group Campout; Hungry Mother Lutheran Retreat Center, Marion; mfisher71@hotmail.com;

Washington 27-29 Jul; Seattle International Convention; Seattle Airport Marriott, Seattle; seattlenaconvention.org

Coming Soon

Arabic

It Works: How & Why

إنه ينجح

Item No. AR1140 Price US \$9.00/7.90 €

Bahasa Melayu

Basic Text (Fifth Edition)

Narcotics Anonymous

Item No. BM1101 Price US \$7.90/6.90 €

Polish

An Introductory Guide to NA

*Wprowadzenie do Wspólnoty
Anonimowych Narkomanów*

Item No. PL1200 Price US \$2.00/1.75 €

Slovenian

NA White Booklet

Narcotics Anonymous

Item No. SL1500 Price US \$0.75/0.65 €



Welcome to our new web stores!



It's the new NAWS web stores! Browse thousands of products in more than 80 categories in our US (<https://cart-us.na.org/>), Canada (<https://cart-ca.na.org/>), and Europe (<https://cart-eu.na.org/>) web stores—and come back often to see what's new.

Web store questions, comments, or concerns? We welcome your feedback at customer_service@na.org.

NAWS Product Update

Indonesian

IP #5: Sudut Pandang Lain

Item No. ID3105 Price US \$0.24/0.21€

IP #14: Pengalaman Seorang Pecandu dengan Penerimaan...

Item No. ID3114 Price US \$0.24/0.21 €

IP #19: Penerimaan Diri

Item No. ID3119 Price US \$0.24/0.21 €



Serbian

IP #1: Ko, šta, kako i zašto

Item No. SR3101 Price US \$0.24/0.21 €

Swedish

2015 Membership Survey

Medlemsundersökning

Item No. SW2301 Price US \$0.30/0.27 €

Portuguese (Brazil)

Revised versions of the Sixth Edition Basic Text

Just for Today

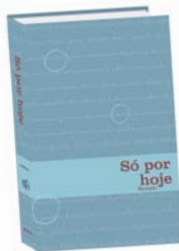
Só por hoje

Item No. PB1112 Price US \$9.00/7.90 €

The NA Step Working Guides

Guia para trabalhar os Passos de NA

Item No. PB1400 Price US \$8.50/7.50 €



Information about NA

Information om NA

Item No. SW2302 Price US \$0.30/0.27 €

