

The JFT Group of NA

Annual Group Inventory 2024



Welcome

Building a Strong Home Group:

“When new members come to meetings, our sole interest is in their desire for freedom from active addiction and how we can be of help.”

It Works: How and Why, “Third Tradition”



Spiritual Inventory:

A spiritual inventory is a *group*-assessment tool that can help *the group* recognize their qualities, identify areas for improvement, and celebrate their growth. It can also provide a framework for understanding how to *better serve the NA community*.

Member Concerns:

Q – When nominations are considered for hosting, that trusted servants be asked if they have the technology (laptop, tablet, internet etc..) to be of service.

A - This is generally covered in elections qualifications process as well as the required Trusted Servant Training as stated in our policy

Q – We should review all policies

A – This is covered in our annually policy review which is also a policy requirement.



The Framework:

There will be 3 pillars on which this inventory is framed and focused:

1. Consistency and commitment to service

This refers to home group members who regularly attend and support the group. Members become accountable to the group and for the group when they participate in both the meeting and group service. Participating consistently sends a clear message to newcomers. They get to see the same people time and time again in their early recovery. If actions speak louder than words, our ongoing participation can do more to carry the message than what we share in the meeting.

2. A safe and positive environment

This helps to bring our Third Tradition to life. A group must create an atmosphere of acceptance and respect for all members. A simple way to start could be to ask people who attend to refrain from cross talk. People feel safe when they are welcomed into meetings, when home group members remember their names, when they know the meeting will be there every week no matter what, and when they see the same people show up regularly. Groups might not have control over who shows up and who engages in disruptive behavior, but they can choose how to react. Strong home groups can show appreciation to members who attend regularly. They can also stand up firmly to disruptive behavior so members feel safe. We make sure that disruptive members know that they are welcome, even if their behavior is not.

3. Member support

This doesn't just mean all home group members; it means all NA members, especially newcomers. Groups help members find recovery, not just abstinence. The group must encourage members to grow and change in their recovery. Groups and members can help each other in a lot of ways: showing up on time and staying for the entire meeting; working the steps and sharing our experience, strength, and hope in the meeting; and showing positive care and concern for other members, new and old. The actions of the group and its members form the basis of the group's character, which will affect the group's roles in and out of NA.

Ground Rules:

Groundrules

Listening is an act of respect
for others.

Be sure that everyone
participates; don't dominate.

Don't forget our Fifth Tradition;
We all love NA!

Stay focused on the subject
at hand.

To disagree without being
disagreeable. . .
that is OUR process!

One more time—
avoid repetition.



Guidelines:

Brainstorming Guidelines

One good idea leads to another...good idea.

"No" and "can't" do not exist.

Listen and seek input to
enhance your understanding.

Creativity has no limits.

Be part of—participate.

Think fast, analyze later... judging, evaluating,
and criticizing are not brainstorming.

Learn from the past, but be willing
to challenge your assumptions.

**Freely share your thoughts
and perspective.**

And above all...

HAVE FUN!

Break Out:



Each breakout group will appoint a representative to facilitate and present their findings upon return to the main group.

Inventory Questions:



1. Consistency and commitment to service

What can the group do to bring more consistency to the meeting and among the trusted servants?

2. A safe and positive environment

What can the group do to help foster a more safe and positive environment?

3. Member support

How can the group better reach out to members that don't feel as noticed and/or as supported?

One Minute: Wrapping Up



We are going to be
returned
to the main room in a
moment
then each group
will get an opportunity to
share
some of our answers

Presentations:



Any motions developed from discussions may be submitted to the main group at the completion of this presentation.

Additional Thoughts:



1. Consistency and commitment to service

What can the group do to bring more consistency to the meeting and among the trusted servants? IE: *Making ongoing refresher training in zoom operation a by-weekly event. Formally setting up a volunteer human resource panel with a list of plug & play trusted servants that can fill-in in a pinch. Being more thoughtful in the Trusted Servant selection process. Insist the Host follow the spirit of the JFT format and limit inserting their personal interests and beliefs into the format.*

2. A safe and positive environment

What can the group do to help foster a more safer and positive environment? IE: *Have the host set the tone of recover for the meeting. Pay closer attention to limiting cross talk (is this the responsibility of the host; would cross talk fall into the category of disruptive behavior?). Find ways to better manage the chat when it becomes combative without resorting to disabling the chat. Find ways to better manage the disruptions without making the disrupter feel unwelcome and/or unwanted.*

3. Member support

How can the group better reach out to members that don't feel as noticed and/or as supported? IE: *Consider providing newcomer orientation. Consider providing ongoing service/training workshops for those who may want to learn about or get involved in service. Consider ways of making greater efforts to greet all members as they enter the room prior to the start of the meeting. In an attempt to expand member participation in the group, consider seeking out less involved members to read the suggested readings instead of giving them to the usual suspects. Monitor these efforts to assure that the group's meeting attendance is steady and/or growing.*

Thank You for your Service



Together we can do what I cannot do alone.