

**Each of us contributes  
time, energy, creativity,  
experience, and love.  
When we commit to  
self-support, we take  
responsibility for our  
well-being and our future.  
We protect ourselves  
from outside influence.**

*Guiding Principles,  
Tradition Seven*



There is a spiritual satisfaction in freely giving  
to support the fellowship that saved our lives.

IP #24 *Money Matters: Self-Support in NA*

[www.na.org/give](http://www.na.org/give)

