



A Vision for NA Service

All of the efforts of Narcotics Anonymous are inspired by the primary purpose of our groups. Upon this common ground we stand committed.



Our vision is that one day:

- Every addict in the world has the chance to experience our message in his or her own language and culture and find the opportunity for a new way of life;
- Every member, inspired by the gift of recovery, experiences spiritual growth and fulfillment through service;
- NA service bodies worldwide work together in a spirit of unity and cooperation to support the groups in carrying our message of recovery;
- Narcotics Anonymous has universal recognition and respect as a viable program of recovery.



Honesty, trust, and goodwill are the foundation of our service efforts, all of which rely upon the guidance of a loving Higher Power.



The Twelve Concepts for NA Service

1. To fulfill our fellowship's primary purpose, the NA groups have joined together to create a structure which develops, coordinates, and maintains services on behalf of NA as a whole.
2. The final responsibility and authority for NA services rests with the NA groups.
3. The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.
4. Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.
5. For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined.
6. Group conscience is the spiritual means by which we invite a loving God to influence our decisions.
7. All members of a service body bear substantial responsibility for that body's decisions and should be allowed to fully participate in its decision-making processes.
8. Our service structure depends on the integrity and effectiveness of our communication.
9. All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.
10. Any member of a service body can petition that body for the redress of a personal grievance, without fear of reprisal.
11. NA funds are to be used to further our primary purpose, and must be managed responsibly.
12. In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never of government.



Concept Three: The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.

When we give our trusted servants a job, we must adequately describe to them the job we want done, and we must provide them with the support they need to complete their job. Then, once we've given them instructions and support, we must delegate to them the authority necessary to make decisions related to the task they've been assigned. When our groups delegate sufficient authority to our service structure, our groups need not be overcome with the demands of making every service decision at every level of service, and our fellowship's primary purpose can be served to the fullest. With the Third Concept squarely in place, our groups are free to conduct recovery meetings and carry the NA message directly to the addict who still suffers, confident that the service structure they have created has the authority it needs to make the decisions involved in fulfilling its responsibilities.



The Twelve Traditions of Narcotics Anonymous ~ *We keep what we have only with vigilance, and just as freedom for the individual comes from the Twelve Steps, so freedom for the group springs from our Traditions. As long as the ties that bind us together are stronger than those that would tear us apart, all will be well.*

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.



Tradition Three: The only requirement for membership is a desire to stop using.

Narcotics Anonymous is much larger than it once was. Our Fellowship spans the globe, and our groups are growing in places very far from each other both geographically and culturally. Our Third Tradition makes it possible for membership to be the same for addicts in very different places, and for our message to be heard and understood in dozens of languages and cultures. One member shared, "The beauty of NA be-came real when I saw members at an NA event embrace and sit together when their home countries were on the brink of war." We may notice this more when we see such strong differences melt away, but it can be just as powerful to sit in a meeting or to serve with another addict with whom we've had personal conflict.

Our only requirement for membership is a desire to stop using, and our vision is that it will be possible for every one of us to find recovery in our own language and culture. We can hear NA speak to us in words we understand, and experience the freedom our program promises, no matter who we are or where we are. Tradition Three opens our program to all addicts with a desire to stop using. That allows our Fellowship to grow and develop beyond our wildest dreams.



In one word, what do you hope to bring to the WSC this week?

amour courage enthusiasm listening
mind regions purpose passion future health vision
community participation attention
compromiso responsibility spirit world esc faith spirituality
peace experience connection integrity patience unity trust sanity
responsibility spirit world esc faith spirituality
1st service voice
goodwill caring
understanding inspiration
open-mindedness resolution kindness
willingness open serenity collaboration joy
farewell open serenity collaboration resolution kindness
tradition compassion cooperation view joy
empathy stability fellowship excitement smile



What a day! Well done, WSC 2020

Agenda for 24 April Friday

- ✓ Orientation to a virtual WSC
- ✓ Business and/or agreements needed to engage in a partial, virtual WSC
- ✓ Discussion and question time



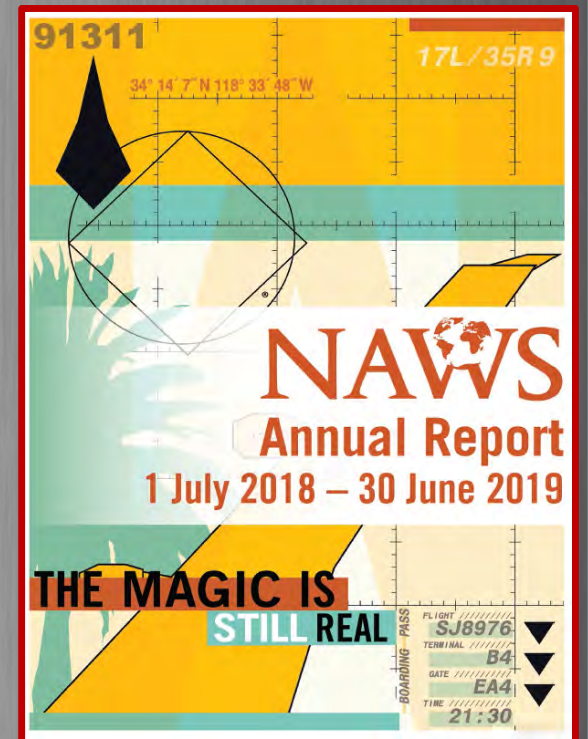
NAWS Report

to the 2020 World Service Conference

Part 1: Corporate, financial, & legal issues

Part 2: Projects & the WB's work
in the 2018-2020 cycle

Plus time for Q&A/Discussion





Anthony Edmonson

Executive Director
NA World Services



FIPT*-related Activities



- Protecting our message
- Trademark registrations, copyrights, and renewals
- Legal challenges
 - Use of the NA name
 - Content of NA literature
 - Legal petition

**FIPT = Fellowship Intellectual Property Trust*



Activity level at WSO Chatsworth



- Still shipping a few days a week
 - Several orders from Areas & from correctional facilities
- Staff work habits keep staff safe

| NAWS - California | # of orders | invoice totals |
|--------------------------|--------------------|-----------------------|
| March (18 days) | 1185 | 598,956 |
| April (16 days) | 494 | 84,455 |
| | 42% | 14% |
| Canada | # of orders | invoice totals |
| Feb (15 days) | 41 | 17,530 |
| March (15 days) | 13 | 3,075 |
| | 32% | 18% |
| Europe | # of orders | invoice totals |
| Feb (15 days) | 55 | 29,216 |
| March (15 days) | 22 | 3,809 |
| | 40% | 13% |

- Skeleton crew working remotely focused on mission-critical tasks





All of this posted
since March 18!



Newly Posted Recovery Literature - visit na.org/IPs

| | |
|--|----|
| Arabic: IP #2 | 1 |
| Bahasa Melayu: IP #6 | 1 |
| Bengali (Bangladesh) Webpage: IP #1 | 1 |
| French: NARS & IP 28 | 2 |
| German: Intro Guide, IP #2 & 15 | 2 |
| Hungarian: Intro Guide, IP 20 & 23, GRC | 4 |
| Icelandic: IP #6, 11, 14, 16, 19, 20, & 22 | 7 |
| Italian: Intro Guide, White Bklt, IP #2, 6, 8, 12, 13, 15, 21, 23, 26, & 27 | 12 |
| Japanese: IP #7, 19, 22, 23, & 29; GRC | 6 |
| Kannada: IP #6, 9, & 16 | 3 |
| Portuguese (Brazil): BTW & IP #10 | 2 |
| Swedish Version: IP #10 | 1 |
| Tamil Version: IP # 6, 8, 9, 16, & 22 | 5 |
| Turkish Version: IP #2, 14, 15, 19, & 29 | 5 |
| Zulu Version: IP #2 | 1 |

Newly-translated PR Materials at na.org/PR

| | |
|-----------------------------------|---|
| Membersip Survey: French & German | 2 |
| Info about NA: French & German | 2 |

More Service Material in World Languages at na.org/?ID=servicemat-service-material

| | |
|--|---|
| Polish: GBM, NA Groups, & Social Media | 3 |
| Portuguese (Brazil): Social Media | 1 |



Updated literature and material list

- Our catalog of recovery literature and service materials has grown!
 - 50+ newly translated items in 16 languages
 - Updates to Appendix F in red

Current List of Published Materials

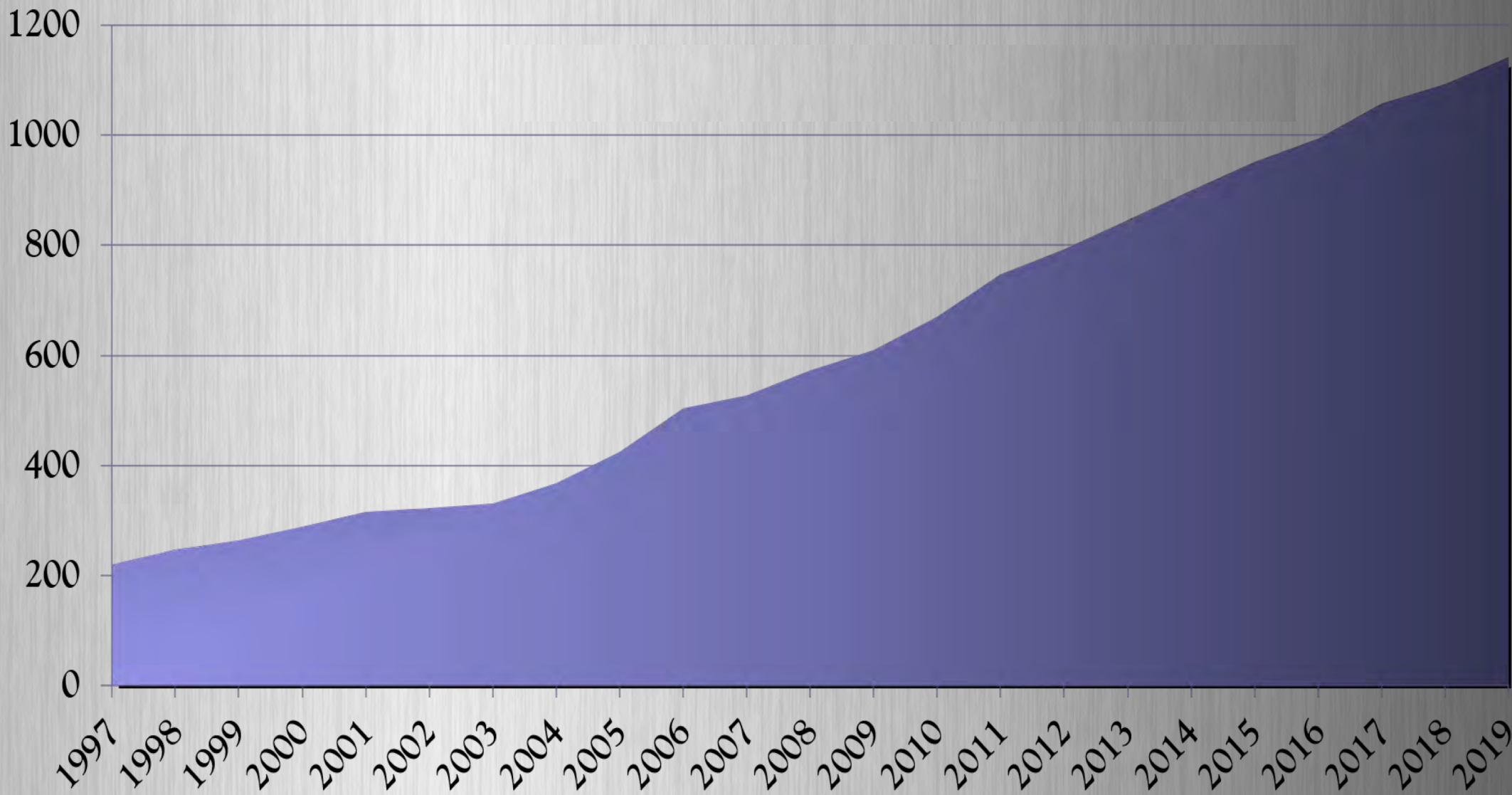
| Item | Author | Language | Year | Format | Material | Language Added |
|---------|--------|----------|------|--------|----------|----------------|
| 1000001 | ... | ... | ... | ... | ... | ... |
| 1000002 | ... | ... | ... | ... | ... | ... |
| 1000003 | ... | ... | ... | ... | ... | ... |
| 1000004 | ... | ... | ... | ... | ... | ... |
| 1000005 | ... | ... | ... | ... | ... | ... |
| 1000006 | ... | ... | ... | ... | ... | ... |
| 1000007 | ... | ... | ... | ... | ... | ... |
| 1000008 | ... | ... | ... | ... | ... | ... |
| 1000009 | ... | ... | ... | ... | ... | ... |
| 1000010 | ... | ... | ... | ... | ... | ... |
| 1000011 | ... | ... | ... | ... | ... | ... |
| 1000012 | ... | ... | ... | ... | ... | ... |
| 1000013 | ... | ... | ... | ... | ... | ... |
| 1000014 | ... | ... | ... | ... | ... | ... |
| 1000015 | ... | ... | ... | ... | ... | ... |
| 1000016 | ... | ... | ... | ... | ... | ... |
| 1000017 | ... | ... | ... | ... | ... | ... |
| 1000018 | ... | ... | ... | ... | ... | ... |
| 1000019 | ... | ... | ... | ... | ... | ... |
| 1000020 | ... | ... | ... | ... | ... | ... |

| Item | Author | Language | Year | Format | Material | Language Added |
|---------|--------|----------|------|--------|----------|----------------|
| 1000021 | ... | ... | ... | ... | ... | ... |
| 1000022 | ... | ... | ... | ... | ... | ... |
| 1000023 | ... | ... | ... | ... | ... | ... |
| 1000024 | ... | ... | ... | ... | ... | ... |
| 1000025 | ... | ... | ... | ... | ... | ... |
| 1000026 | ... | ... | ... | ... | ... | ... |
| 1000027 | ... | ... | ... | ... | ... | ... |
| 1000028 | ... | ... | ... | ... | ... | ... |
| 1000029 | ... | ... | ... | ... | ... | ... |
| 1000030 | ... | ... | ... | ... | ... | ... |
| 1000031 | ... | ... | ... | ... | ... | ... |
| 1000032 | ... | ... | ... | ... | ... | ... |
| 1000033 | ... | ... | ... | ... | ... | ... |
| 1000034 | ... | ... | ... | ... | ... | ... |
| 1000035 | ... | ... | ... | ... | ... | ... |
| 1000036 | ... | ... | ... | ... | ... | ... |
| 1000037 | ... | ... | ... | ... | ... | ... |
| 1000038 | ... | ... | ... | ... | ... | ... |
| 1000039 | ... | ... | ... | ... | ... | ... |
| 1000040 | ... | ... | ... | ... | ... | ... |

| Item | Author | Language | Year | Format | Material | Language Added |
|---------|--------|----------|------|--------|----------|----------------|
| 1000041 | ... | ... | ... | ... | ... | ... |
| 1000042 | ... | ... | ... | ... | ... | ... |
| 1000043 | ... | ... | ... | ... | ... | ... |
| 1000044 | ... | ... | ... | ... | ... | ... |
| 1000045 | ... | ... | ... | ... | ... | ... |
| 1000046 | ... | ... | ... | ... | ... | ... |
| 1000047 | ... | ... | ... | ... | ... | ... |
| 1000048 | ... | ... | ... | ... | ... | ... |
| 1000049 | ... | ... | ... | ... | ... | ... |
| 1000050 | ... | ... | ... | ... | ... | ... |
| 1000051 | ... | ... | ... | ... | ... | ... |
| 1000052 | ... | ... | ... | ... | ... | ... |
| 1000053 | ... | ... | ... | ... | ... | ... |
| 1000054 | ... | ... | ... | ... | ... | ... |
| 1000055 | ... | ... | ... | ... | ... | ... |
| 1000056 | ... | ... | ... | ... | ... | ... |
| 1000057 | ... | ... | ... | ... | ... | ... |
| 1000058 | ... | ... | ... | ... | ... | ... |
| 1000059 | ... | ... | ... | ... | ... | ... |
| 1000060 | ... | ... | ... | ... | ... | ... |



Translated Titles





Audio Basic Text

- Available in several world languages
 - Arabic, Hungarian, Russian
 - Coming soon: English & Spanish
 - Find them at na.org/?ID=bt-aud



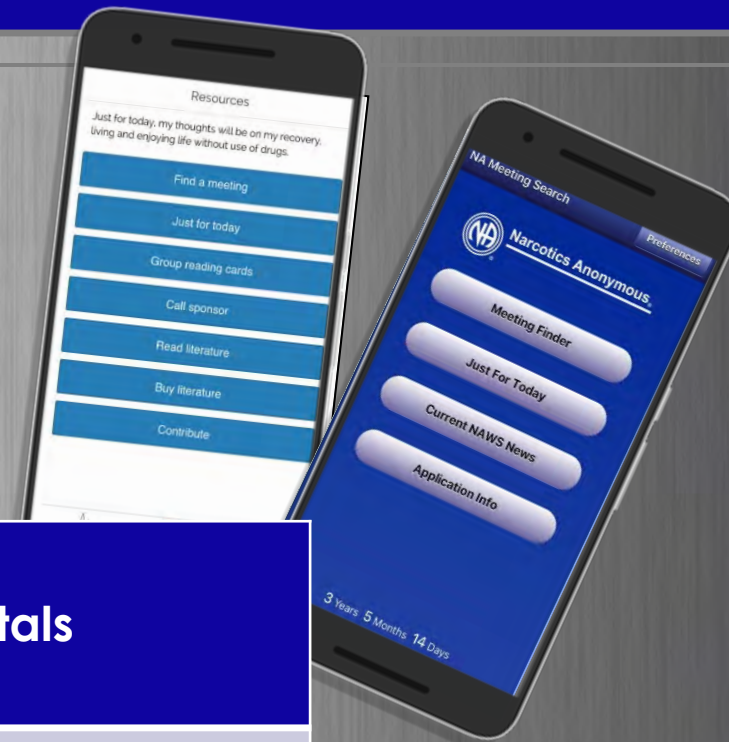


Electronic Literature

| | Basic Text | It Works | Sponsorship | Living Clean | SWG (Interactive) | SWG (Regular) | Guiding Principles | Italian BT | Spanish BT | Hungarian BT | Russian BT |
|-----------------------------------|------------|----------|-------------|--------------|-------------------|---------------|--------------------|------------|------------|--------------|------------|
| Totals thru 31 Dec 2019 | 34245 | 15969 | 1910 | 18593 | 918 | 7503 | 535 | 43 | 145 | 5 | 64 |
| Jan–March 2020 | 1369 | 612 | 77 | 763 | 25 | 576 | 394 | 14 | 22 | 5 | 1 |
| Totals since first listing | 35614 | 16581 | 1987 | 19356 | 943 | 8079 | 929 | 57 | 167 | 10 | 65 |



Apps



| Vendor | NA Meeting Search | NA Recovery Companion | Totals |
|----------------------------|-------------------|-----------------------|---------|
| iTunes | 363,458 | 10,039 | 373,497 |
| Google Play | 469,372 | 3,012 | 472,384 |
| Amazon App store | 1,808 | 209 | 2,017 |
| Totals thru 31 Dec 2019 | 834,638 | 13,260 | 847,898 |
| Jan-March 2020 | 50,013 | 795 | 50,808 |
| Totals since first listing | 884,651 | 14,055 | 898,706 |



Online Resources for Virtual Meetings

- New page at na.org:
na.org/virtual



A screenshot of a web browser displaying the 'Web, Phoneline and other Virtual NA Meeting Resources' page. The page title is 'Web, Phoneline and other Virtual NA Meeting Resources'. Below the title, there is a 'Coronavirus Statement' link in English, Arabic, and Spanish. The main content area contains several paragraphs of text and numerous hyperlinks. The links are organized into sections: 'Locally-developed resources for virtual meetings' and 'Locally-developed resources for virtual meetings'. The links include: 'Listing of local and worldwide virtual meetings', 'Our virtual presence bulletin v3', 'YouTube Channel with valuable resources', 'Google Drive with valuable resources', 'How to prevent Zoom bombing', 'Info about anonymity and Zoom', 'Virtual-na.org', 'COVID-19 Suggestions from Ontario Region', 'Sample meeting closed notice', 'Sample meeting closed for use by facilities', 'The NorthStar Online Format Draft', 'TASC Virtual Meeting Slideshow Template', 'Skype meeting guidelines - Highlands and Islands UK', 'Updated online meeting guidelines - Highlands and Islands UK', 'Bluejeans walkthrough (MP4 in Zip Format)', 'NA By Phone walkthrough (MP4 in Zip Format)', 'Zoom walkthrough (MP4 in Zip Format)', and 'Virtual service meetings equipment (MP4 in Zip Format)'. The browser's address bar shows 'na.org/?ID=virtual_me...'. The browser's toolbar includes various icons for navigation and utility.

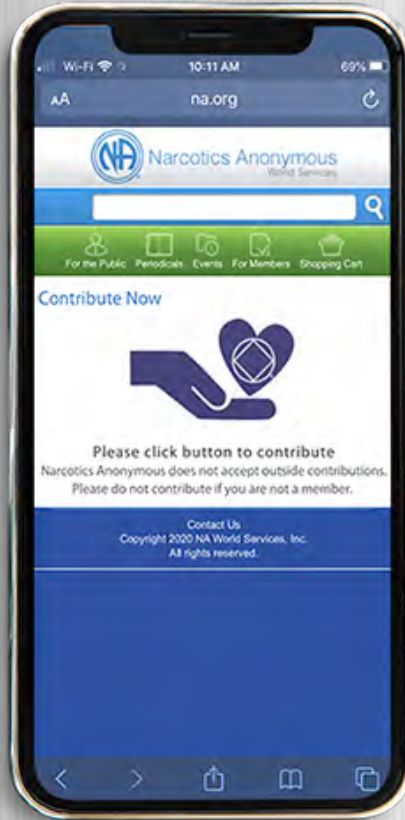


New Webpage & Portal for Contributions

- na.org/contribute
- \$65,000 in contributions since the new portal's inception
- We are deeply grateful for your generosity
- The old portal may still be useful for groups and service bodies that want their contributions attributed to them in the Annual Report.



Contributions Data since the Shutdown



- THANK YOU for responding to a renewed call for contributions
 - Late February: ~50 reoccurring contributors that totaled about \$2,089 per month
 - 22 April: 310 members had set up reoccurring contributions totaling \$8,091 per month
 - Ongoing conversation about the value of increased contributions vs the volatility of dependence on literature sales



From the Strategic Plan: Invest in Our Vision



- The need for sufficient resources—both human and financial—is a challenge that confronts NA on every level.
- World Services is not alone in this.
- Together we need to work to increase the health and stability of NA World Services and service bodies worldwide.
- Contributions—financial, resources, time—help us to realize A Vision for NA Service



Highlights from the 2019 Annual Report

available at:
na.org/AR

A stylized graphic for the NAWS Annual Report. It features a grid background with various colored bands (yellow, green, orange). At the top left is the number "91311". To its right is the code "17L/35R 9". Below these is the coordinate "34° 14' 7" N 118° 33' 48" W". A large black diamond shape is positioned on the left side, overlapping a circular geometric pattern. The text "NAWS" is prominently displayed in a large, bold, orange font, with a small globe icon integrated into the letter 'A'. Below "NAWS" is "Annual Report" in a smaller orange font, followed by the date range "1 July 2018 – 30 June 2019". At the bottom, the slogan "THE MAGIC IS STILL REAL" is written in white and teal. In the bottom right corner, there is a boarding pass section with the following details:

| | | |
|----------|--------|---|
| FLIGHT | SJ8976 | ▼ |
| TERMINAL | B4 | ▼ |
| GATE | EA4 | ▼ |
| TIME | 21:30 | |

NA Meetings Growth 1983-2020





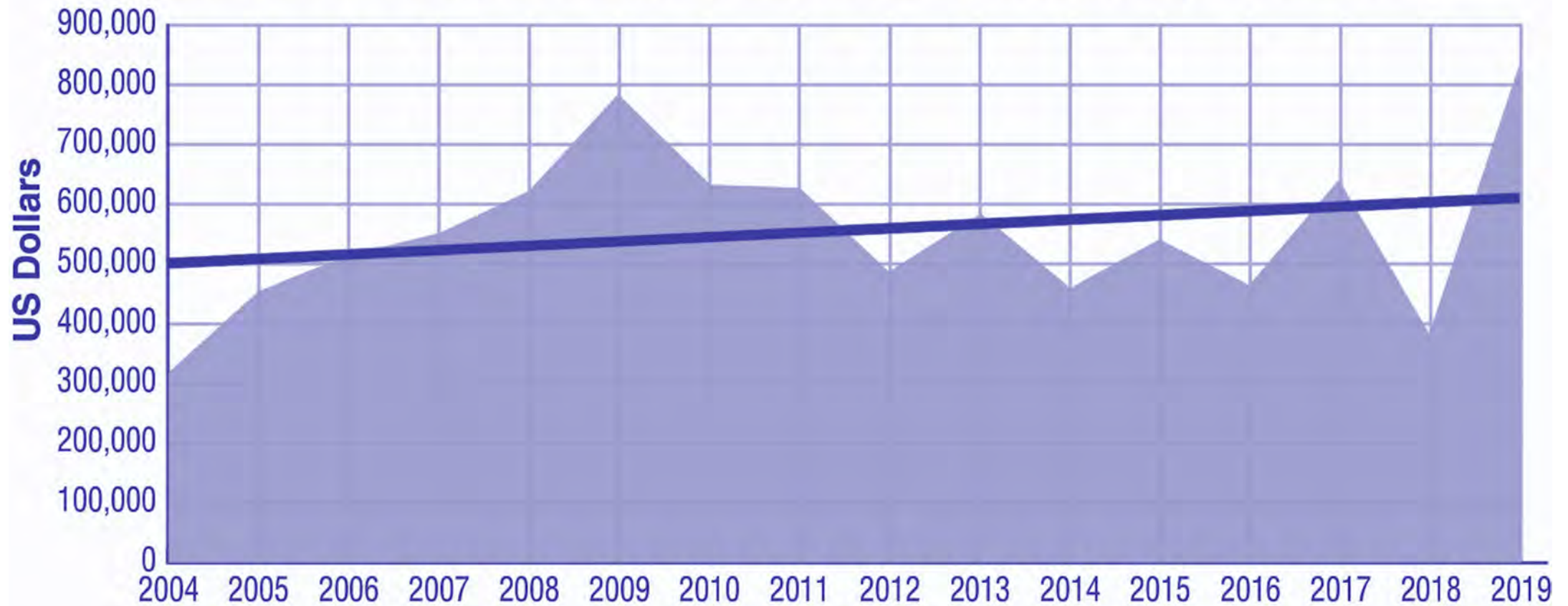
Meeting growth 2008-2020

For a closer look, visit
<https://www.na.org/?ID=wsc2020virt>

| | 2008 | 2010 | 2012 | 2014 | 2016 | 2018 | 2020 | Average Growth | Current percentage of Fellowship |
|-----------------|--------|--------|--------|--------|--------|--------|--------|----------------|----------------------------------|
| Western Europe | 2,557 | 2,664 | 2,820 | 3,038 | 3,282 | 3,591 | 3,918 | | |
| | | 4% | 6% | 8% | 8% | 9% | 9% | 7% | 5% |
| Iran | 11,256 | 16,793 | 18,195 | 18,200 | 20,598 | 21,974 | 26,075 | | |
| | | 49% | 8% | 0% | 13% | 7% | 19% | 16% | 34% |
| Middle-East | 399 | 435 | 448 | 411 | 510 | 606 | 672 | | |
| | | 9% | 3% | -8% | 24% | 19% | 11% | 10% | 1% |
| Africa | 228 | 240 | 249 | 335 | 384 | 405 | 499 | | |
| | | 5% | 4% | 35% | 15% | 5% | 23% | 14% | 1% |
| USA | 25,613 | 26,881 | 27,804 | 27,317 | 27,375 | 27,677 | 27,005 | | |
| | | 5% | 3% | -2% | 0% | 1% | -2% | 1% | 35% |
| Canada | 1,166 | 1,243 | 1,369 | 1,360 | 1,263 | 1,323 | 1,369 | | |
| | | 7% | 10% | -1% | -7% | 5% | 3% | 3% | 2% |
| Central America | 3,299 | 3,903 | 3,312 | 3,379 | 3,167 | 3,097 | 3,326 | | |
| | | 18% | -15% | 2% | -6% | -2% | 7% | 1% | 4% |
| South America | 1,272 | 1,251 | 1,524 | 2,250 | 1,932 | 2,189 | 2,857 | | |
| | | -2% | 22% | 48% | -14% | 13% | 31% | 16% | 4% |
| Brazil | 1,998 | 1,995 | 3,153 | 3,581 | 4,427 | 4,374 | 4,633 | | |
| | | 0% | 58% | 14% | 24% | -1% | 6% | 17% | 6% |
| Eastern Europe | 256 | 308 | 345 | 440 | 564 | 646 | 734 | | |
| | | 20% | 12% | 28% | 28% | 15% | 14% | 19% | 1% |
| Russia | 340 | 523 | 909 | 1,042 | 1,657 | 2,072 | 2,726 | | |
| | | 54% | 74% | 15% | 59% | 25% | 32% | 43% | 4% |
| Asia Pacific | 1,458 | 1,533 | 1,639 | 1,649 | 1,747 | 2,061 | 2,261 | | |
| | | 5% | 7% | 1% | 6% | 18% | 10% | 8% | 3% |
| Total Meetings | 49,842 | 57,769 | 61,767 | 63,002 | 66,906 | 70,015 | 76,075 | | |
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Cost to NAWS for Free & Subsidized Literature, 2004–2019



Worldwide Fellowship Support Cost per Meeting per Year

\$106.22

Dollars needed to
cover the cost of
Fellowship services
from contributions
per meeting
worldwide

\$2.04
weekly



Actual dollars received
per meeting/group
worldwide (without Iran)

\$16.74

\$.32
weekly



Publications



- Paper mailings currently suspended
- Opportunity to rethink publications including *The NA Way*



NAWS Report

to the 2020 World Service Conference

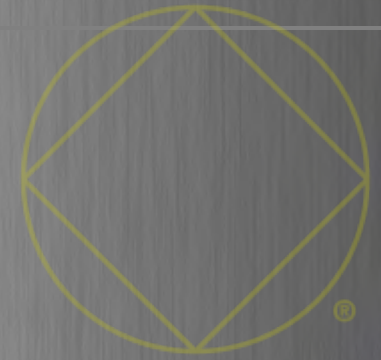
Part 2: *Projects & the WB's work in the 2018-2020 cycle*





Webinars & Web Meetings

Visit www.na.org/webinar for more info!



*Public
Relations*



*Rural
Service*



*Hospitals &
Institutions*



*Conventions
Events*



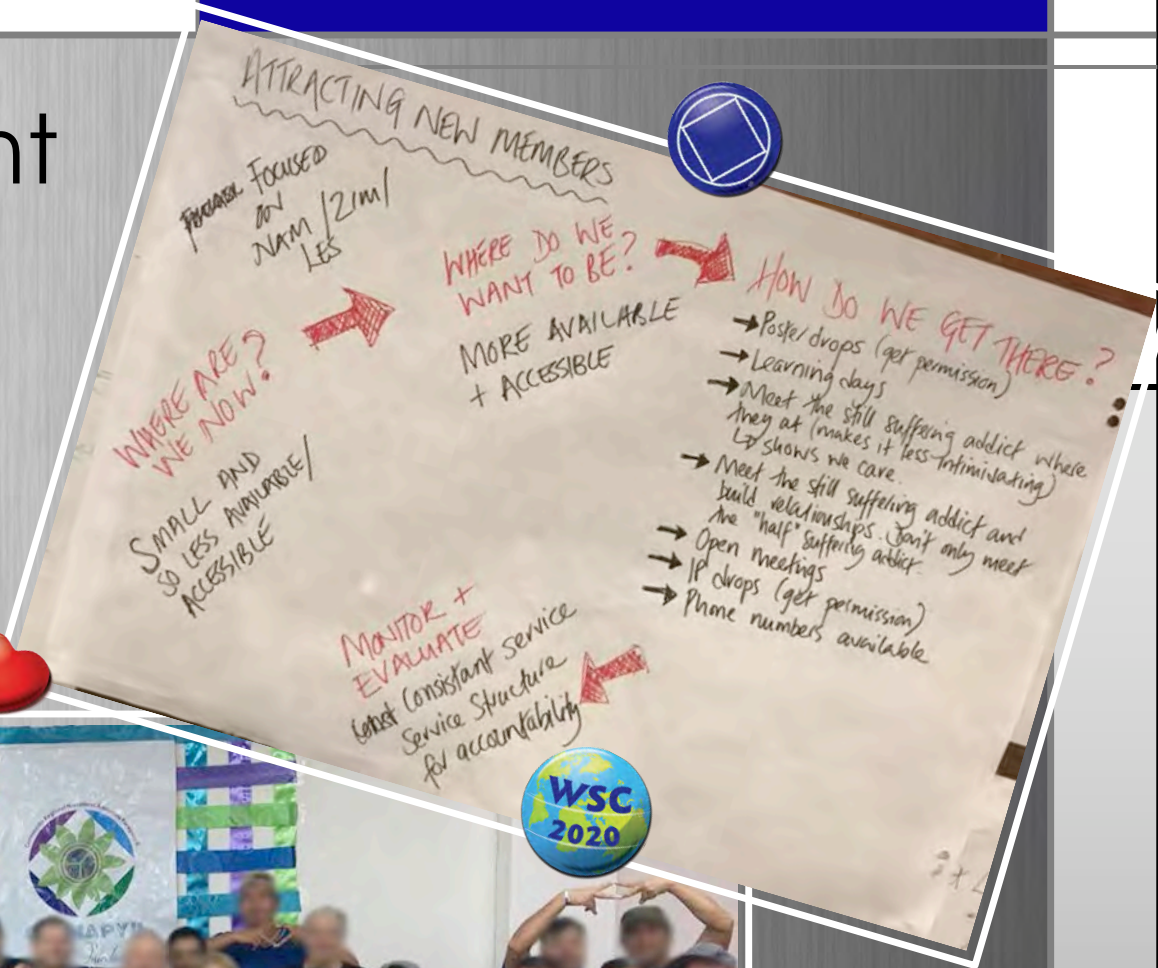
*Inmate Step
Writing*



*Local Service
Toolbox*



Fellowship Development





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For a closer look, visit
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Projects, Workgroups, and Fellowship Discussions



The NAWS Strategic Plan sets objectives for every two-year Conference cycle. Project plans, including timelines and budgets, come from the strategic plan and require Conference approval. Decisions at WSC 2018 set the agenda for the projects, workgroups, and Fellowship discussions described below.



WSC of the Future Project



Training & Tools Project



Daily Meditation Book Project



FIPT Operational Rules

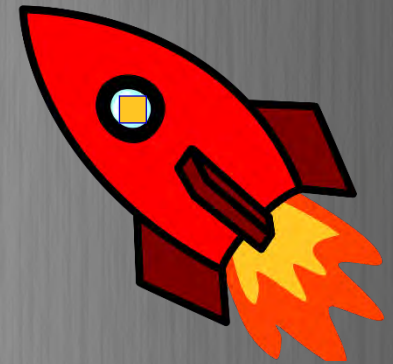


Mental Health/Illness IP Project



WSC of the Future

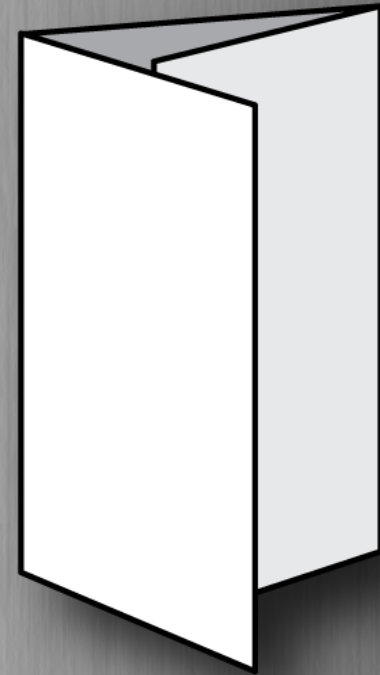
- Zonal and US zonal webinars
- Effectiveness and sustainability tool
- State of the Zones results and plans for the Role of Zones project coming next





Mental Health IP

- Approval draft was published in the CAR
- Decision later this week about how to deal with WSC matters & motions that we don't address this week





FIPT Operational Rules & Bulletins

- *CAR motions were the outcome of this workgroup in the 2018-2020 cycle*
- WSC 2018 placed a moratorium on additional FIPT inspections until the close of WSC 2020
- The motions intended to address the challenges that led to the moratorium
- This Conference will decide whether or not to close WSC 2020 business. This will impact the moratorium



Service Tools Project

Convention & Events Toolbox

- Money Management
- Program
- Contracts (draft)



Local Service Toolbox

- CBDM Basics
- Rural & Isolated communities
- GSR Basics (draft)



Ongoing Workgroups

- *Reaching Out*
- *The NA Way*
- Delegates Sharing
- Business plan workgroup





Issue Discussion Topics (IDTs)

- Carrying the Message & Making NA Attractive
- Attracting Members to Service
- DRT & MAT as it Relates to NA





Strategic Planning

- In use for two decades
- More thoughtful decision making
 - Increasingly collaborative
 - Making efforts to simplify
- How do we plan collaboratively in a virtual setting?
- The Strategic Plan frames in the projects and plans in the Conference Approval Track (CAT) material



Umbrella approach

Resources

- List of possibilities
- CAR survey results

Decisions

- Project plans
- Service material
- Issue Discussion Topics





CAR SURVEY

- Results posted at <https://www.na.org/?ID=wsc2020virt>
- Available in a record number of languages
- Linked from the meeting finder app
- Responses from
 - 4,557 members in 8 languages
 - 53 regional responses
- Please review in advance of tomorrow's discussion



Region-Board-Zone (RBZ) candidates

- The WB discusses our needs in light of rotation & evaluating candidates' fit in terms of
 - Skills & qualities
 - Diversity
 - Language skills
 - Business acumen
 - Cultural background
 - History & service experience
- We stand behind our process and have confidence in the candidates we've endorsed
- The Human Resource Panel (HRP) also uses an extensive process to produce a slate of qualified candidates





Q & A



WELCOME

BACK



Concept Four: Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.

When we carefully consider the leadership qualities of those we ask to serve, we can confidently give them the room they need to exercise those qualities on our behalf. We can allow effective leaders freedom to serve, especially when they demonstrate their accountability to us, reporting regularly on their work and asking, when necessary, for additional direction. True, our leaders are but trusted servants, not governors; yet we also expect our trusted servants to lead us. If we select them carefully, we can confidently allow them to do so.



Tradition Four: Each group should be autonomous except in matters affecting other groups or NA as a whole.

Autonomy—the ability to make decisions for ourselves—is part of what we aspire to in recovery. Understanding what autonomy means when we are part of a larger Fellowship can help us understand the relationships between our powerlessness and our responsibility, between our actions and the people around us, between our group and the Fellowship we all share.

Tradition Four frees us from the need to regulate the behavior of others even as it challenges us to look carefully at the consequences of our own. Our open membership policy described in Tradition Three and the autonomy of our groups outlined in Tradition Four create the conditions for us to practice Tradition Five—to carry the message to the addict who still suffers, in whatever way allows us to be honest, hopeful, and humble. Anonymity reminds us that in Narcotics Anonymous we are equals, sharing our experience, strength, and hope. We do not direct, enforce, or govern; each of us carries the message in the way best suited to us, and together we create groups, services, community, and local customs, with responsibility and creative freedom.



Looking ahead

Reminder: Our storehouse for WSC 2020 materials:

na.org/conference

& the 'Virtual Materials' page linked there

- Please review:
 - Emergency budget (just posted)
 - Motions V2 and V3 (voting begins *after* tomorrow's session)
 - CAR survey results
 - Project plans in the 2020 CAT





April 25, 2020

Embracing reality

"Recovery is a reality for us today."

Basic Text, p. 101

Pain and misery were realities in our using lives. We were unwilling either to accept our living situation or to change what was unacceptable in our lives. We attempted to escape life's pain by taking drugs, but using only compounded our troubles. Our altered sense of reality became a nightmare.

Through living the program of Narcotics Anonymous, we learn that our dreams can replace our nightmares. We grow and change. We acquire the freedom of choice. We are able to give and receive love. We can share honestly about ourselves, no longer magnifying or minimizing the truth. We accept the challenges real life offers us, facing them in a mature, responsible way.

Although recovery does not give us immunity from the realities of life, in the NA Fellowship we can find the support, genuine care, and concern we need to face those realities. We need never hide from reality by using drugs again, for our unity with other recovering addicts gives us strength. Today the support, the care, and the empathy of recovery give us a clean, clear window through which to view, experience, and appreciate reality as it is.

Just for Today: A gift of my recovery is living and enjoying life as it truly is. Today, I will embrace reality.