

Reimagining and Revitalizing Service Committees



NESSNA



Gratitude in Action

April 26 - 28, 2024
Peabody, MA

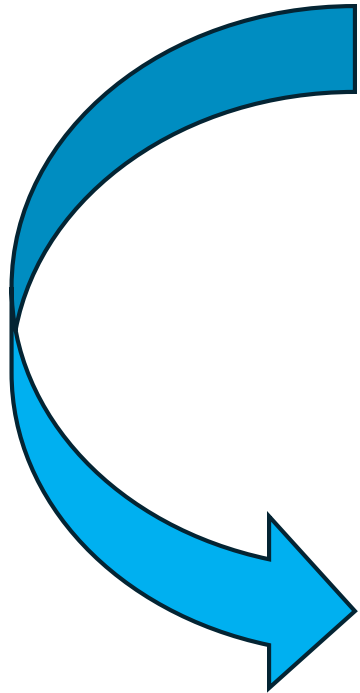


Issue Discussion Topics for 2023–2026 cycle

1. Dealing with disruptive and predatory behavior
2. Gender-neutral and inclusive language in NA literature
3. Reimagining and revitalizing service committees
4. DRT/MAT as it relates to NA



More IDTs from years past,, www.na.org/idt



The screenshot shows the website header with the NA logo and 'Narcotics Anonymous WORLD SERVICES'. A green navigation bar contains links for 'FOR THE PUBLIC', 'PERIODICALS', 'EVENTS', 'FOR OUR MEMBERS', 'SHOPPING CART', and 'CONTACT'. Below the navigation bar is a breadcrumb trail: 'Home > For our members > Issue Discussions'.

Issue Discussions

Issue Discussion Topics are subjects that recovering addicts in NA communities around the world focus on in discussions and workshops throughout each two-year conference cycle. These conversations encourage us to think more deeply about relevant topics and help build unity within our groups and service bodies. In addition, sending the results of your discussions to the [World Board](#) can help shape Fellowshipwide resources and services.

2023-2026 Issue Discussion Topics

Gender-Neutral and Inclusive Language in NA Literature	Dealing with Disruptive and Predatory Behavior	DRT/MAT as It Relates to NA
	Reimagining and Revitalizing Service Committees	

2020-2023 Issue Discussion Topics

IP #21: The Loner—Staying Clean in Isolation Possible Revisions	DRT/MAT as It Relates to NA What do we want to say in a piece of NA recovery literature?
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2018-2020 Issue Discussion Topics

Carrying the NA Message and Making NA Attractive	Attracting Members to Service	Drug Replacement Therapy (DRT) and Medication Assisted Treatment (MAT) as it relates to NA
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2016-2018 Issue Discussion Topics

Atmosphere of Recovery in Service	How to use Guiding Principles	Applying our Principles to Technology and Social Media
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2014-2016 Issue Discussion Topics


Group Support	Planning	Welcoming All Members
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News for our Members

Self-Support Links


- [IP #28: Funding NA Services](#)
- [IP #24: Money Matters: Self-Support in NA](#)
- [Virtual Meeting on-Screen Resources](#)
- [Contribute to World Services](#)

Our Seventh Tradition essay in the Basic Text says



“We all have to pull together, and in pulling together we learn that we really are part of something greater than ourselves.”

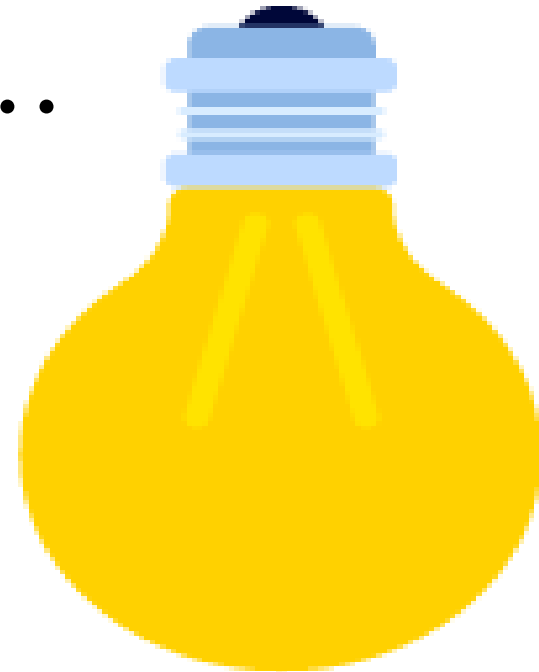
#InvestInOurVision
#SupportNAWS #CarryTheNAmessage

 **SUBSCRIBE**
to our Periodicals and Other Publications

With that said though...

This workshop isn't the original IDT...

We rewrote it for today...





Imagination :

- the faculty or action of forming new ideas, or images or concepts of external objects not present to the senses.
- the ability of the mind to be creative or resourceful



Reimagine :

- Reinterpret, rethink

Revitalize :

- Imbue something with new life and vitality

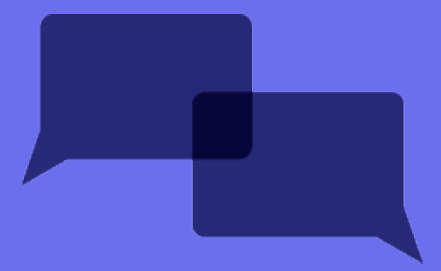


What does that mean for us?

We reinterpret and rethink the way we do service, using new, resourceful, and creative ideas so that we can imbue our services with new life and vitality.

Let's get started!

Large Group Discussion

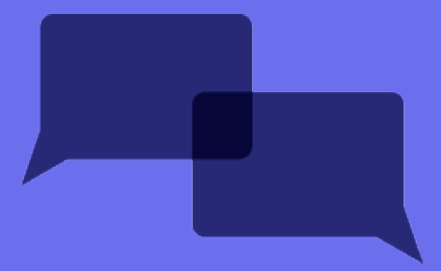


What is working well in your service body?

What are your successes?



Large Group Discussion

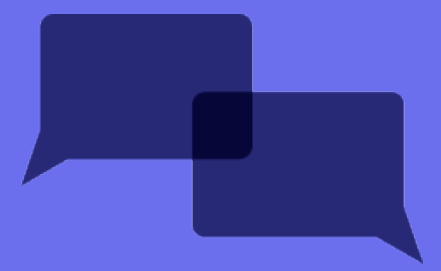


What new idea have you tried out or are considering in your service body?

Did it work? Not work?



Large Group Discussion

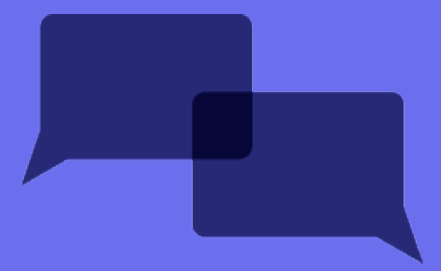


What idea have you heard about from another service body that you want to try out?

What excites you about it?



Large Group Discussion

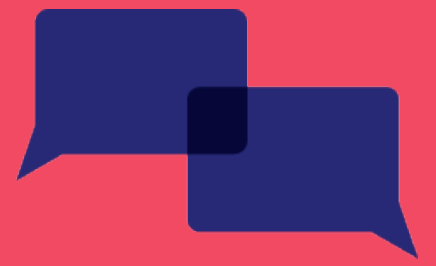


How have you incorporated virtual meetings and services in your service body?

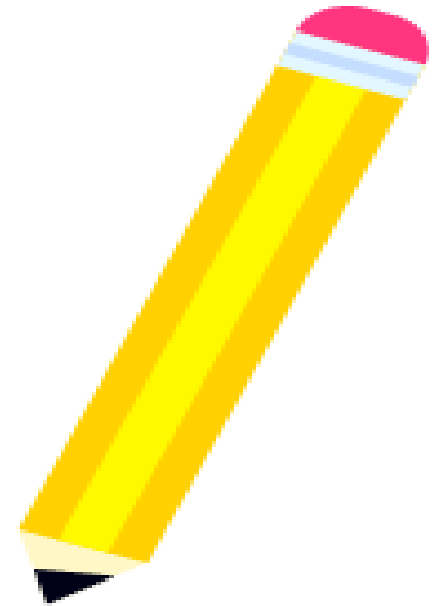


How has this added value to recovery and service there?

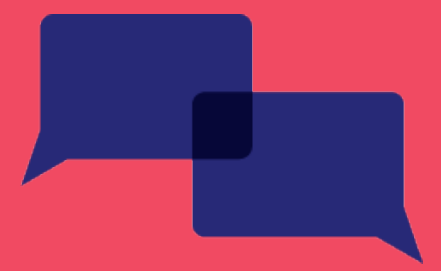
Small Groups Set-up



- You will need a facilitator and someone to take notes.
- Review the groundrules, brainstorming guidelines, and facilitator's instructions
- Write clearly!



Small Groups Discussion

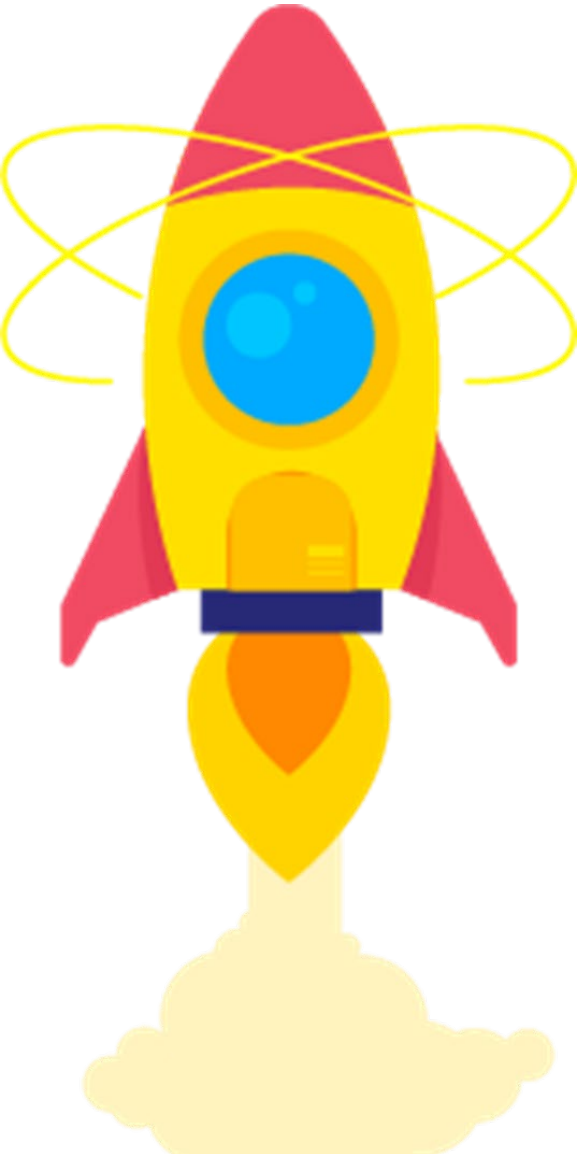
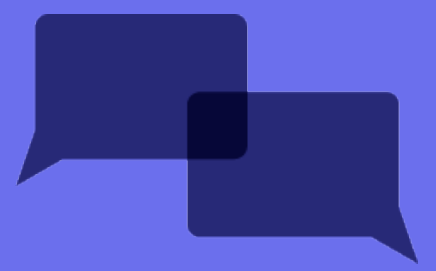


1. First, decide what service body you are – group, area, region, etc.
2. Next, come up with ideas for service delivery at your service body – pick the 3 that most excite you.
3. Last, think about changes that might need to happen to do these exciting new ideas..

- Do you need to make structural changes?
- Do you need to redefine some of your trusted servants' roles and responsibilities?
- Do you need any additional resources to help reach this goal?

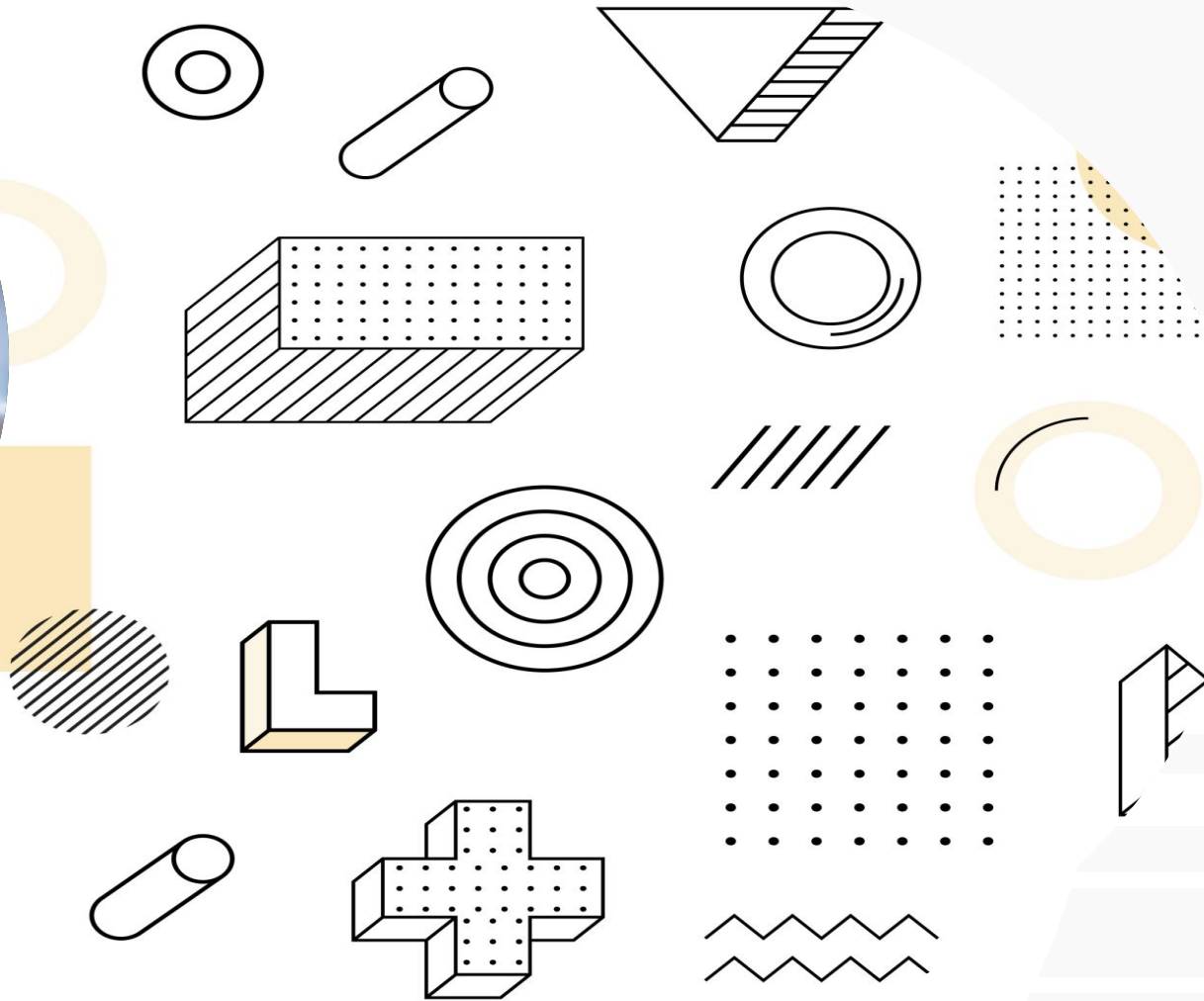


Large Group Discussion



Share your three ideas!

- **What's exciting about them?**
- **What needs to change to accomplish them?**



“Planning for NA services asks us to think ahead, take time to prepare, and develop action plans to reach identified goals.”

Planning Basics

Real life example

May 2023 Capital Area Annual Service Planning Day

Issue: Area structure is rigid / unable to bend; “this is how we’ve always done it”

Goal: An area service structure that provides flexible service delivery and focuses on outcomes rather than process

Approaches:

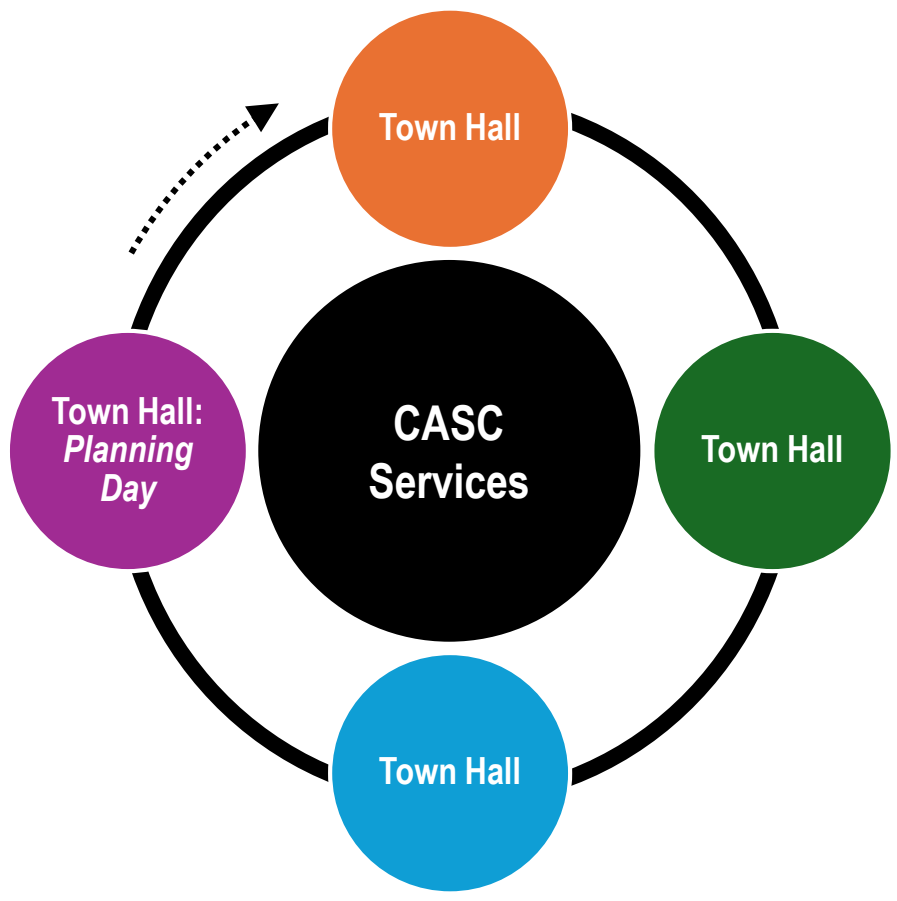
- ✓ Establish an annual planning process that includes prioritization and evaluation of services and development of an annual budget
- ✓ Streamline subcommittees and incorporate task teams
- ✓ Establish Consensus Based Decision Making
- ✓ Streamline the CASC policy to match actual practices and move to an annual policy

Service Delivery Ad Hoc Subcommittee

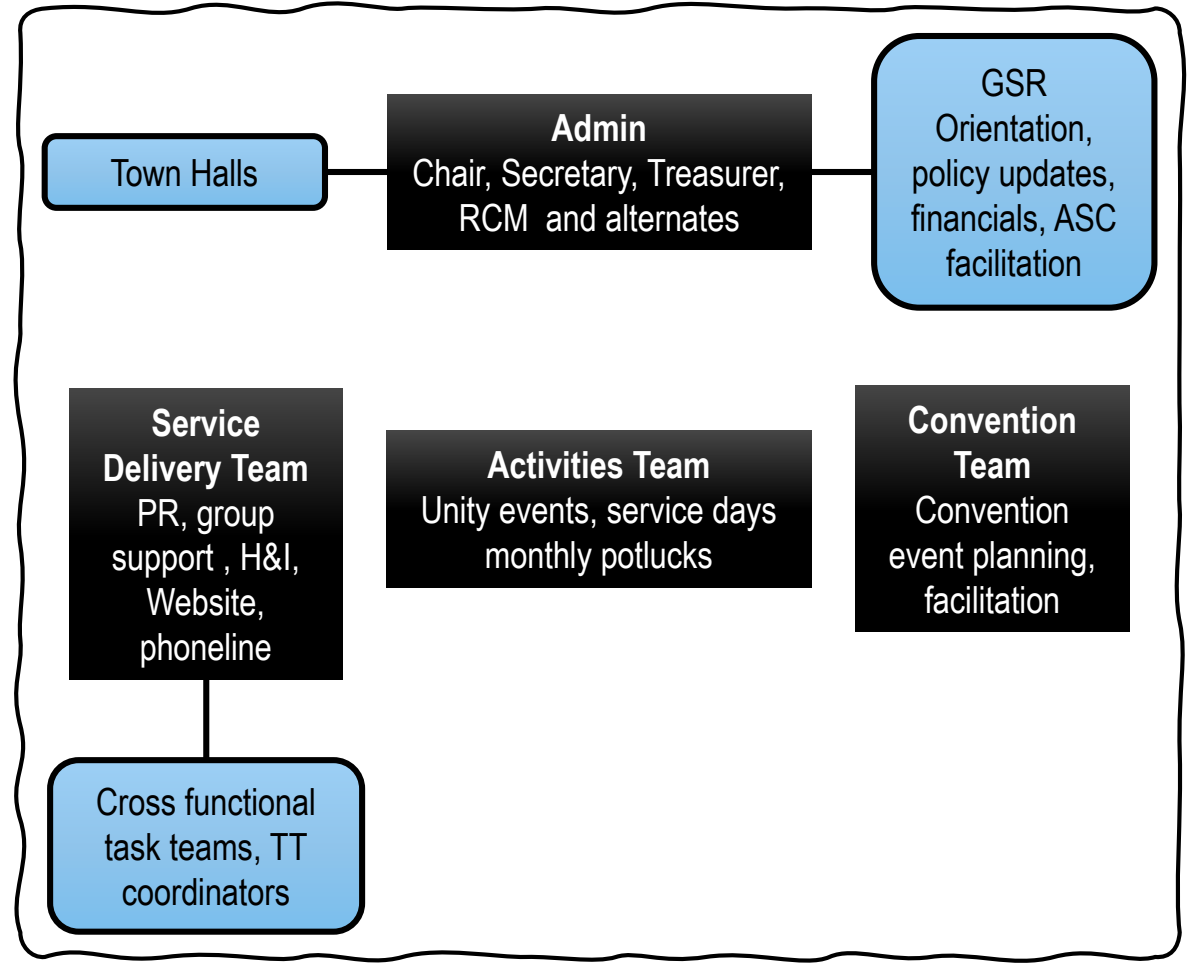
- Service Delivery Ad Hoc Subcommittee formed August 2023 as a result of the May 2023 Service Planning Day
- Subcommittee meets once a month – all are welcome
- Research into how other NA service bodies operate, discussion on how Capital Area NA can benefit from those examples



Example: Flexible Service Model Structure



Annual Cycle



Structure

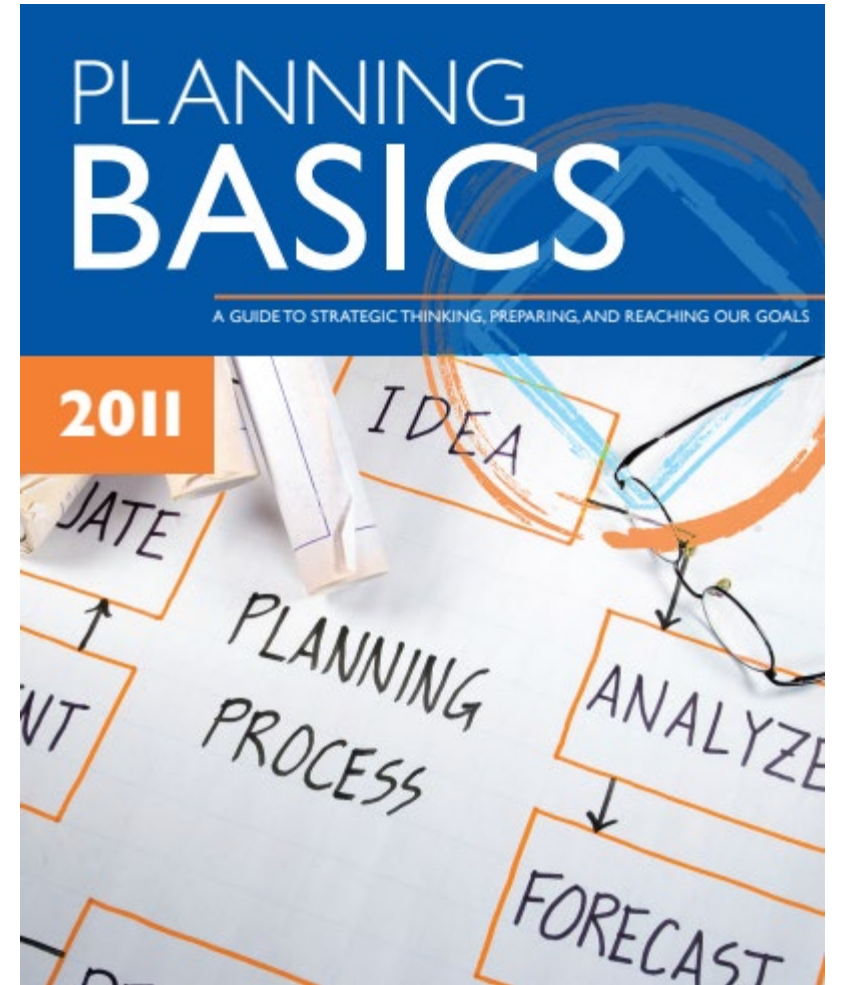
Resources Available

Service Basics (na.org)

<https://www.na.org/?ID=service-basics>

Issue Discussion Topics (na.org)

<https://www.na.org/?ID=IDT-IDT>



What are you taking away from today to your service body?

What is the most exciting idea you look forward to trying?

**NESSNA
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