

Carrying the NA Message Making NA Attractive- IDT

Our message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Basic Text, Tradition Five



here is a mutual respect and caring among clean addicts because we've all had to overcome the misery of addiction. We love and support each other in our recovery. The program of NA is comprised of spiritual principles that we have found help us to remain clean. Nothing will be demanded of you, but you will receive many suggestions. This fellowship provides the opportunity for us to give you what we have found: a clean way of living. We know that we have to "give it away in order to keep it."

IP #22, Welcome to Narcotics Anonymous



In NA, our joys are multiplied by sharing good days; our sorrows are lessened by sharing the bad. For the first time in our lives, we don't have to experience anything alone. Now that we have a group, we are able to develop a relationship with a Higher Power that can always be with us.

IP #16, For the Newcomer



We want to make the newcomer feel welcome. We can all remember how frightened and apprehensive we were when we first came to NA. We welcomed that initial smile and learned a simple loving hug could make all the difference in the world when we felt alone. We needed to find others like ourselves who had been through what we had and would understand our feelings and experiences. From the very start we found that any addict could stay clean by following the example of others who were clean and living the NA program.

IP #2, The Group



Share your discussions: Scan or snap a photo of these notes & email them to rd@bcna.ca

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1. What is our message and how does our group demonstrate a commitment to it?

2. How does this commitment affect our members and our group, and what effect does it have in the greater community?

3. How can I help ensure that newcomers are welcomed with the “attitude of helpfulness, acceptance, and unconditional love” spoken of in the Third Tradition essay in It Works: How and Why?
