



# Building Strong Home Groups





# Welcome

we are here to look at the

# Practices

that contribute to building a strong home group

**A group's practices are its  
deliberate specific efforts to  
enhance the atmosphere of recovery  
and move toward the ideals of a strong home group**



# Groundrules

Listening is an act of respect  
for others.

Be sure that everyone  
participates; don't dominate.

Don't forget our Fifth Tradition;  
We all love NA!

Stay focused on the subject  
at hand.

To disagree without being  
disagreeable. . .  
that is OUR process!

One more time—  
avoid repetition.





# Brainstorming Guidelines

One good idea leads to another...good idea.

"No" and "can't" do not exist.

Listen and seek input to  
enhance your understanding.

Creativity has no limits.

Be part of—participate.

Think fast, analyze later... judging, evaluating,  
and criticizing are not brainstorming.

Learn from the past, but be willing  
to challenge your assumptions.

**Freely share your thoughts  
and perspective.**

And above all...

**HAVE FUN!**



# Ice breaker

If you were the one

**naming**

your home group

**what**

would it be?



Q1. **What is a home group?**



Q2. **What does a home group mean to you?**



Q3. What specific actions does your group do to enhance an atmosphere of recovery?





Q4. **What is the format of your home group?**



# Wrapping Up

We are going to be  
**returned**  
to the main room in a  
**moment**  
then each group  
will get an opportunity to  
**share**  
some of our answers