Guiding Principles: Putting Our New Traditions Workbook to Work

Small Group Discussion Questions

Tradition One: Our common welfare should come first; personal recovery depends on NA unity.

When we come together in service, we connect with each other in a vital way. Most of us feel better when we are productive, and doing something together that helps addicts stay clean gives us a sense of belonging. The friendships we develop in service are unlike any in our lives—not because it's always easy or pleasant, but because we work hard, walk through struggles, and solve problems together. In contributing to our common welfare, we find meaning and joy. In creative action we find love and purpose.

<u>Discuss:</u> Does our NA community work together in a spirit of unity? How can we build or enhance a spirit of unity?

