

2024/25

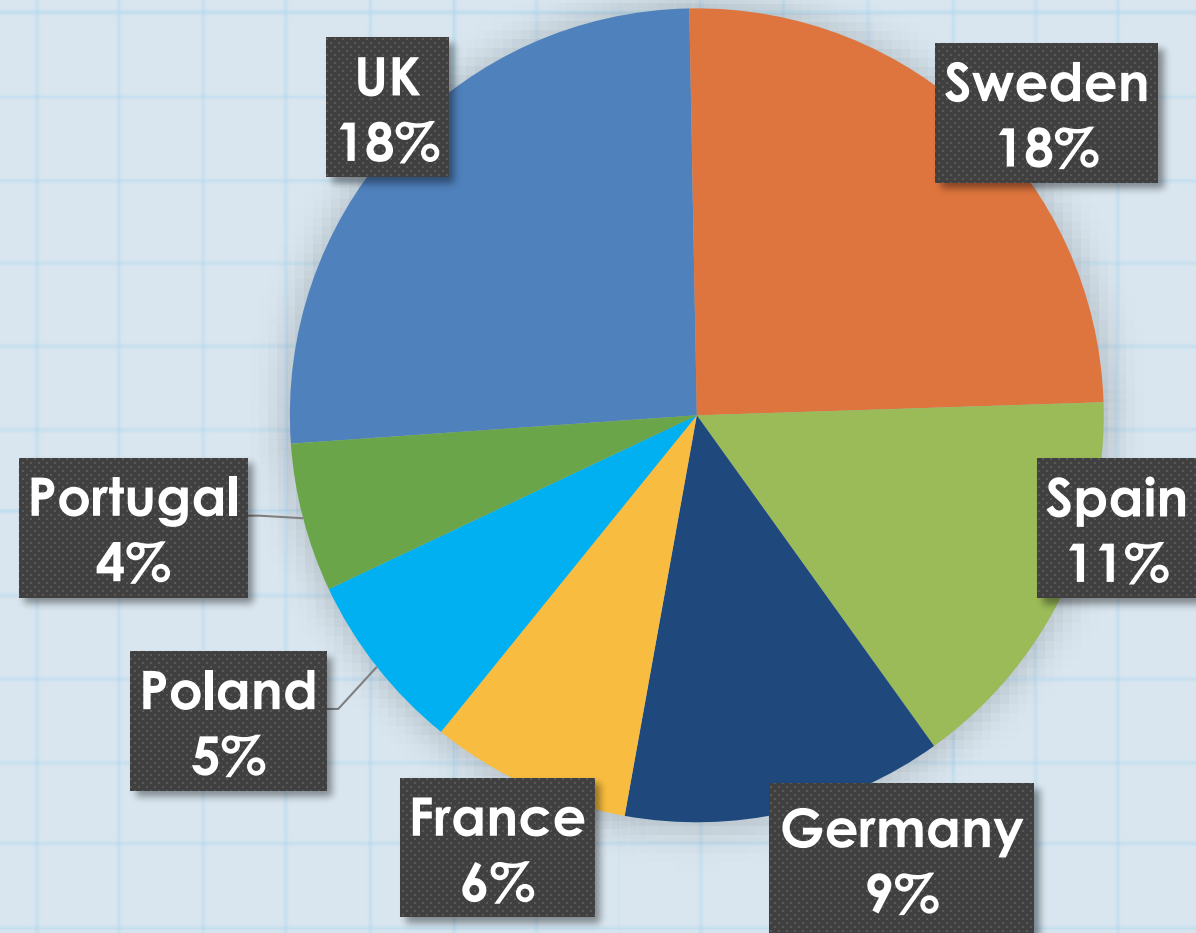
MEMBERSHIP SURVEY

Europe

5,173 Members



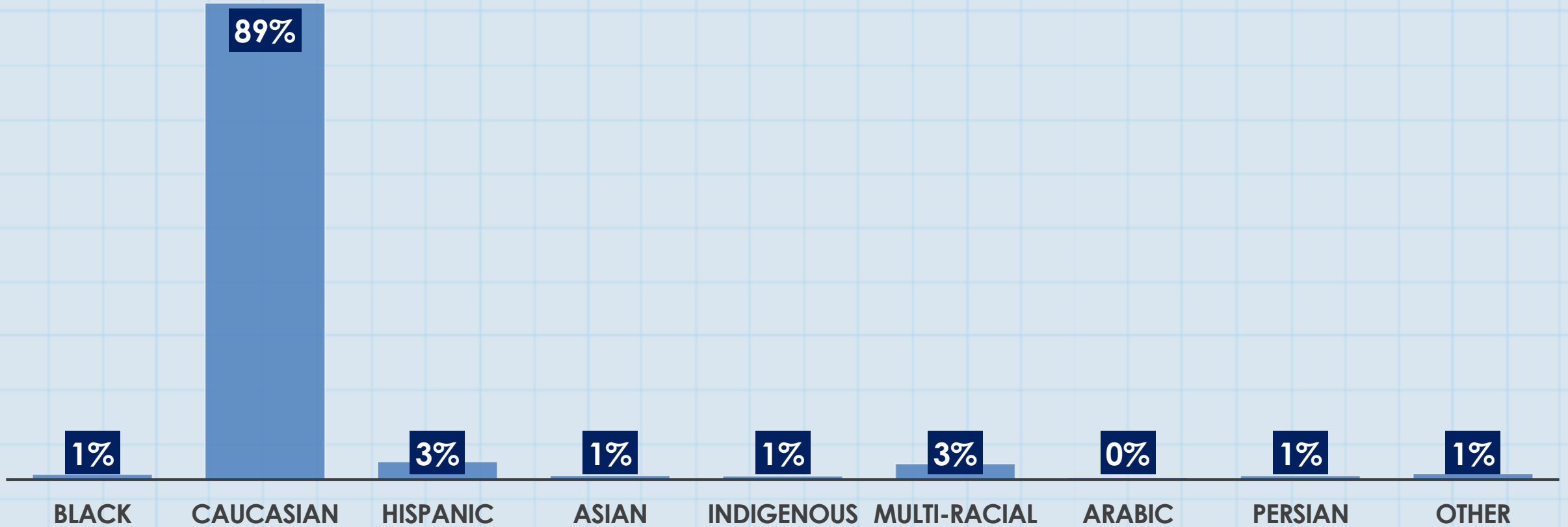
Top 7 European Countries responses



UK decreased 2%;
Sweden increased 3%;
Spain increased 8%;
Germany decreased 8%;
France decreased 3%;
Poland increased 4%; and
Portugal increased 4%.

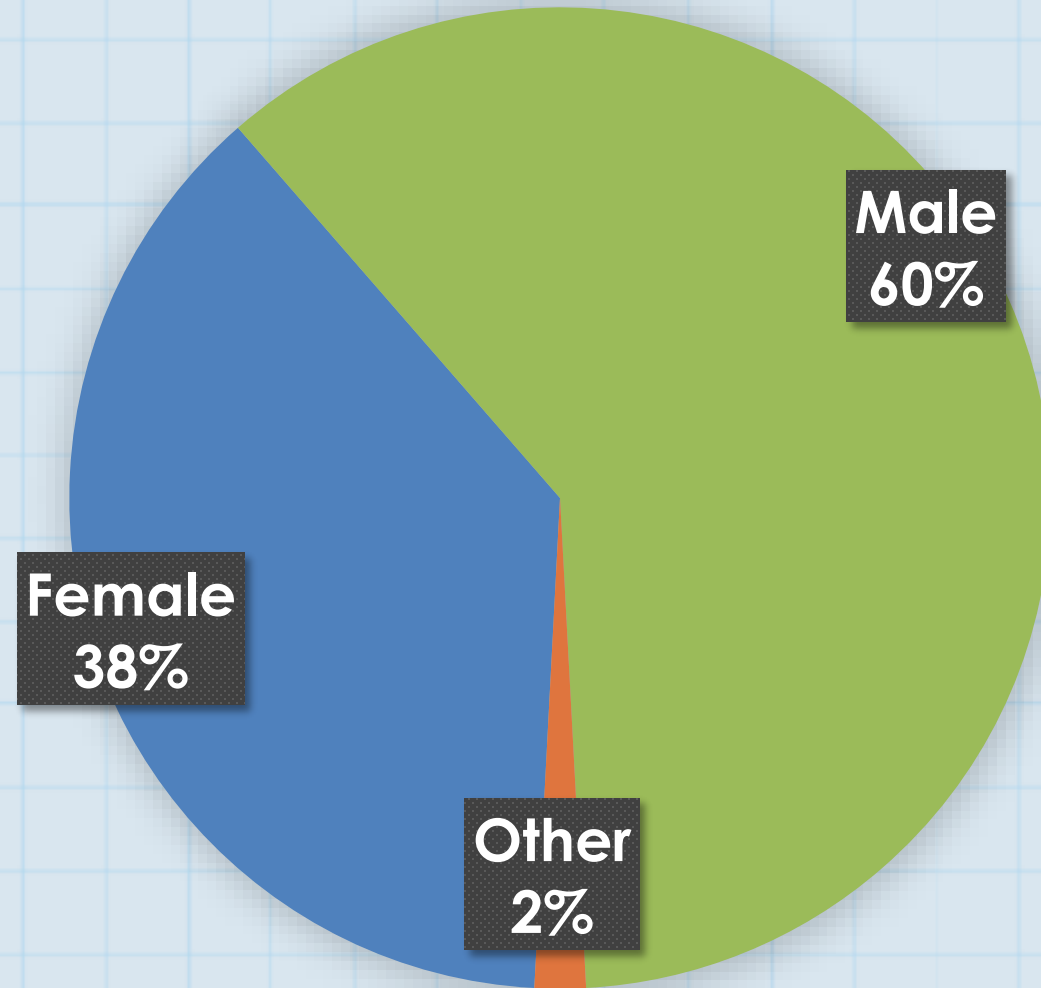
Throughout this presentation, comparisons to 2018 are percentages based on total respondents, not actual totals from year to year.

Ethnicity/Race



Hispanic increased 2% and Other decreased by 3%.

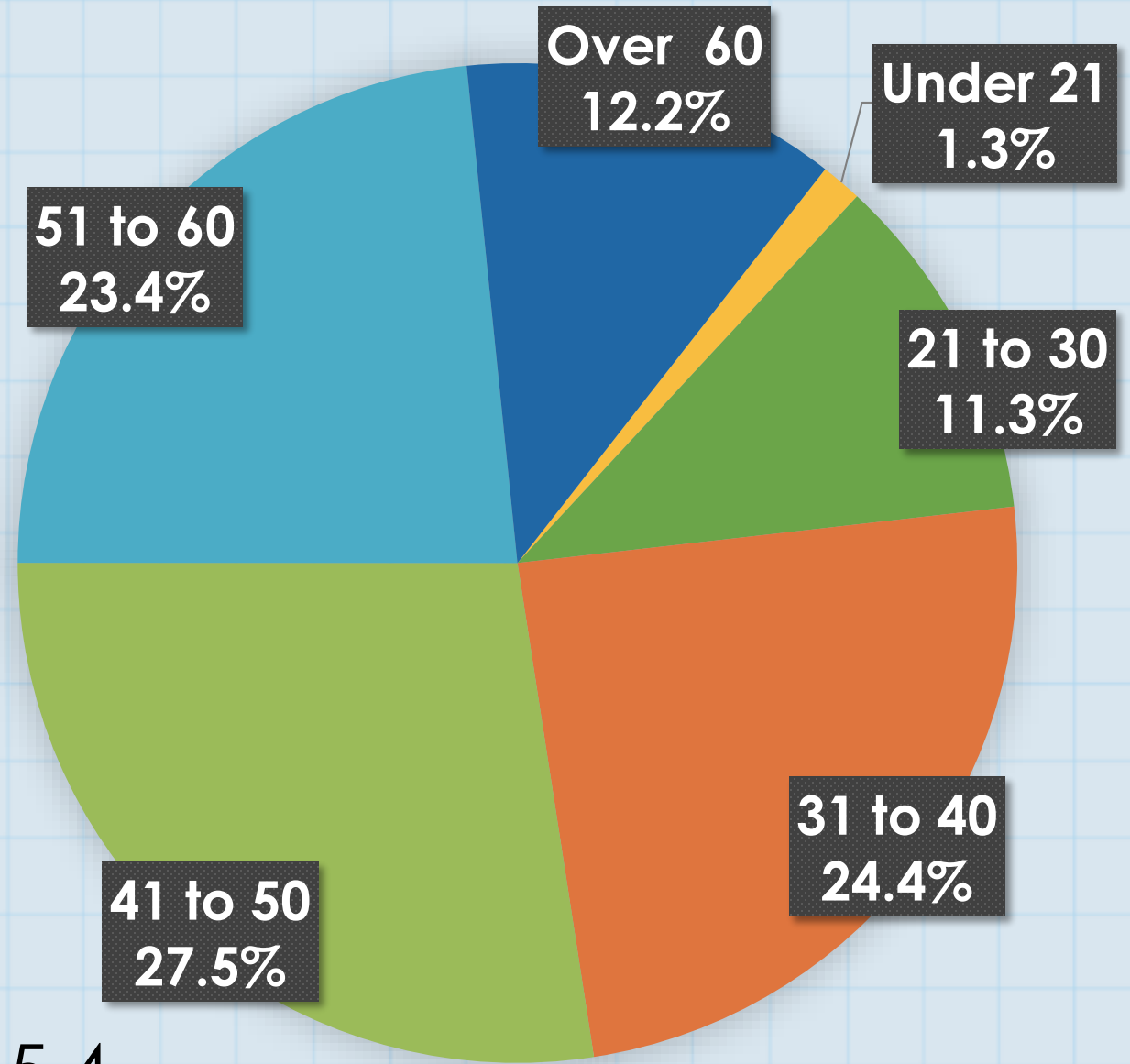
Gender



Female decreased 1% and Other increased 1%.

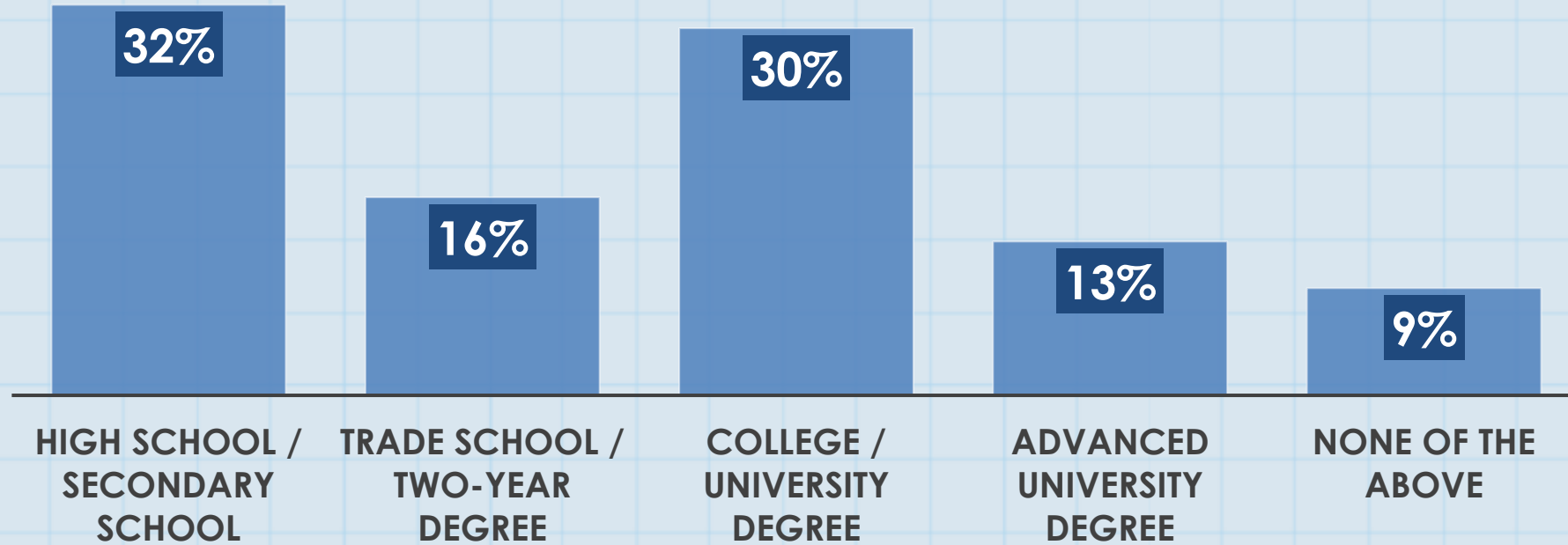
Age

As a percentage of the whole
31–40 decreased 6% and
Over 60 increased by 5%.



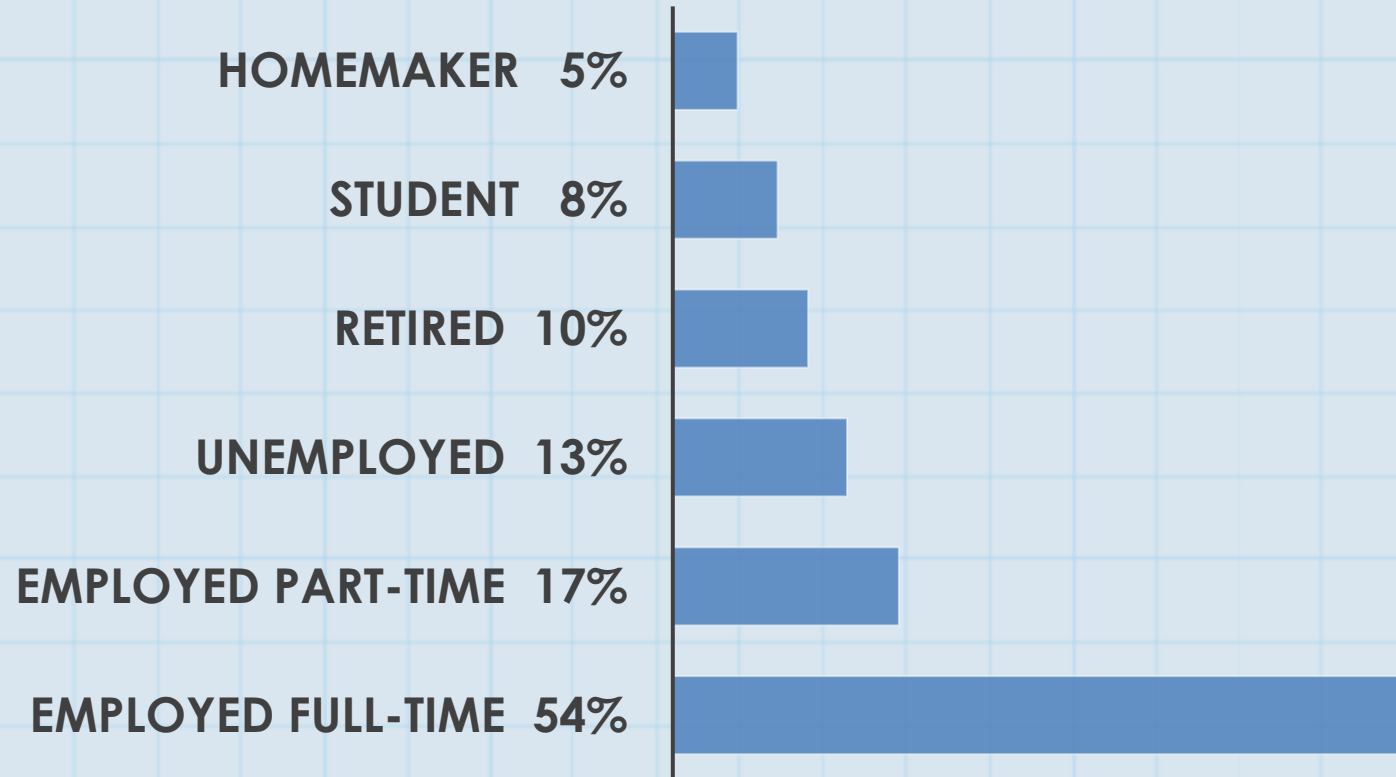
Average Age 2024: 45.4
Average Age 2018: 43.7

Education Level



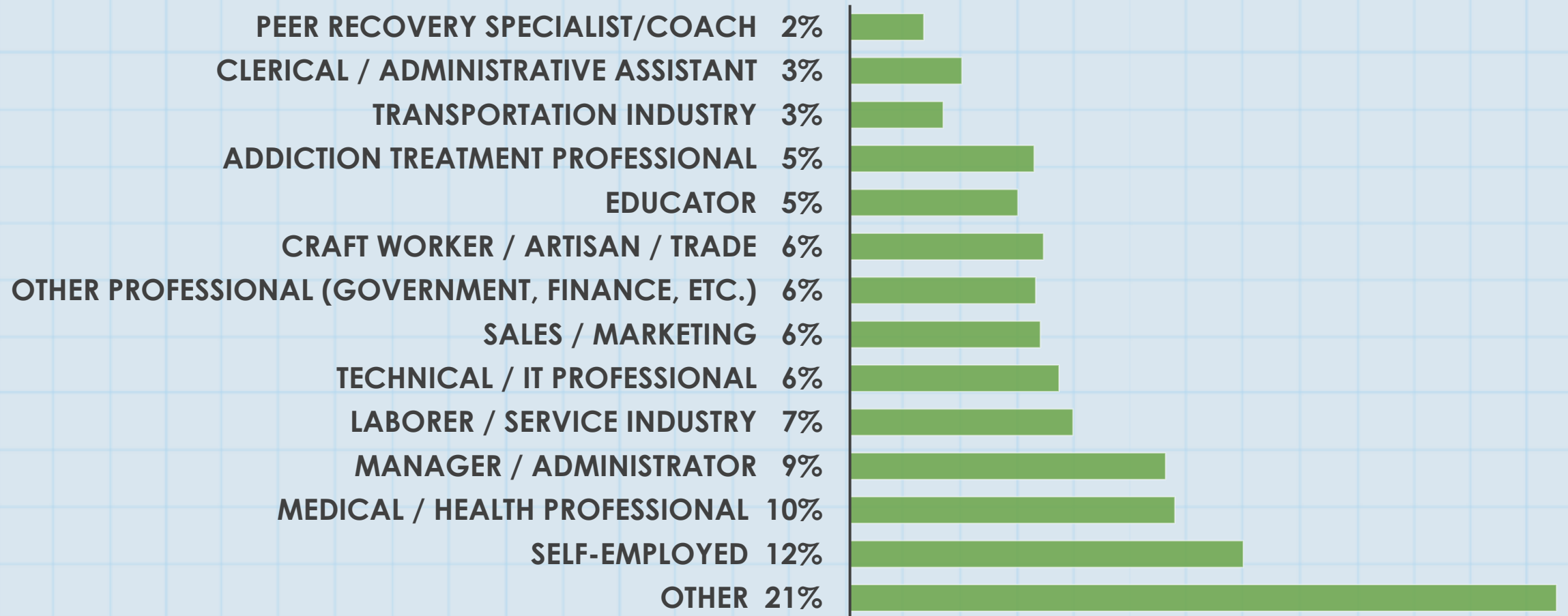
HS/Secondary School increased 2% and Trade School/Two-Year Degree decreased 4%.

Employment Status



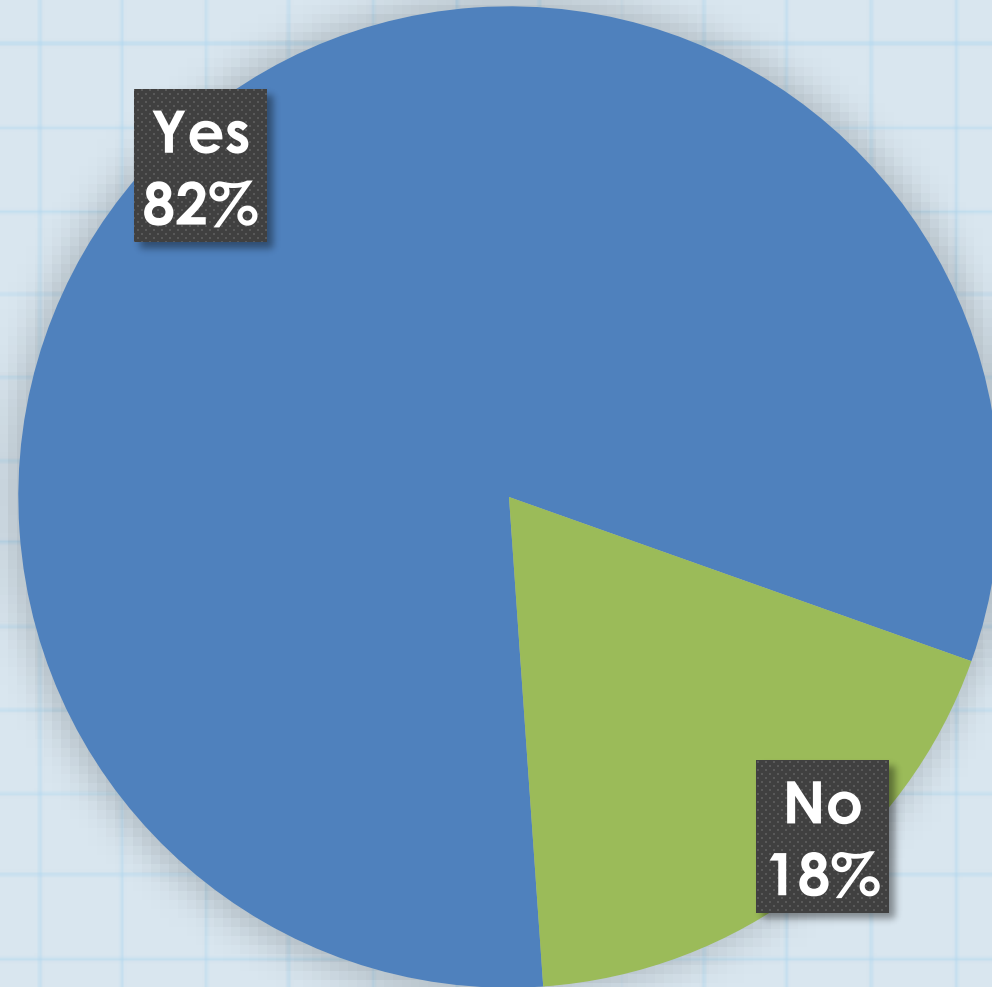
Homemaker increased 2%; Retired increased 4%;
and Full Time decreased 2%.

Professions



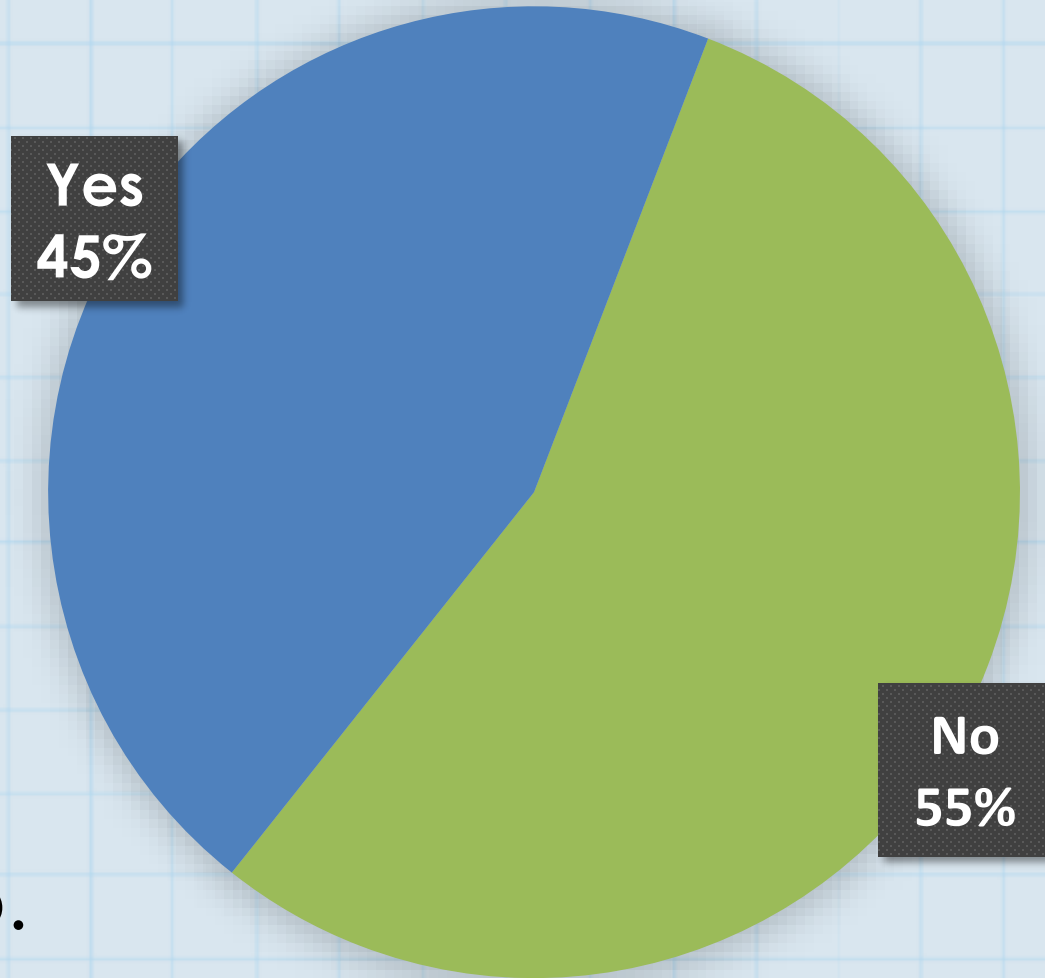
Addiction Treatment decreased 5%; Educator decreased 2%; Medical decreased 4%; and Self-Employed increased 2%.

Do you have a Sponsor now?



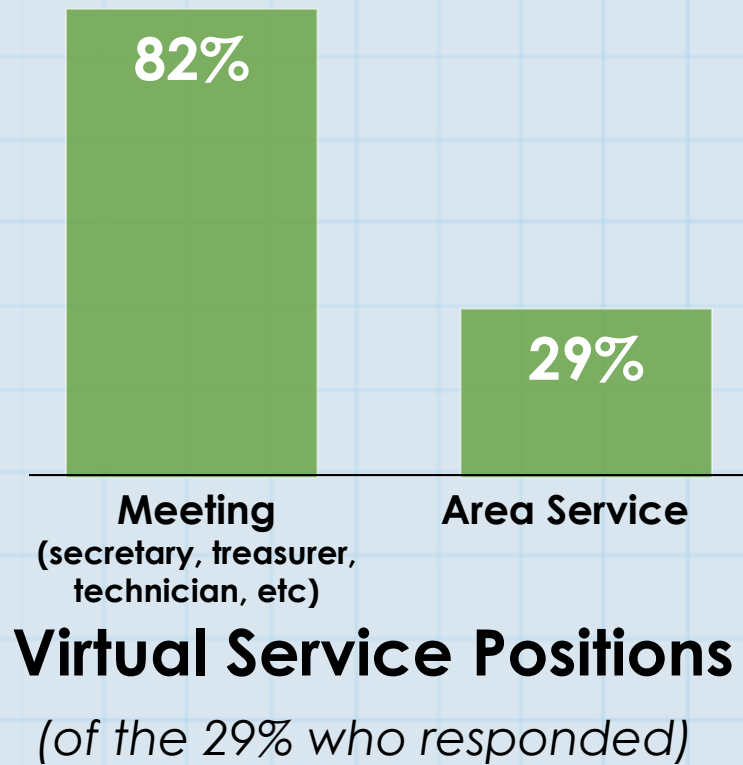
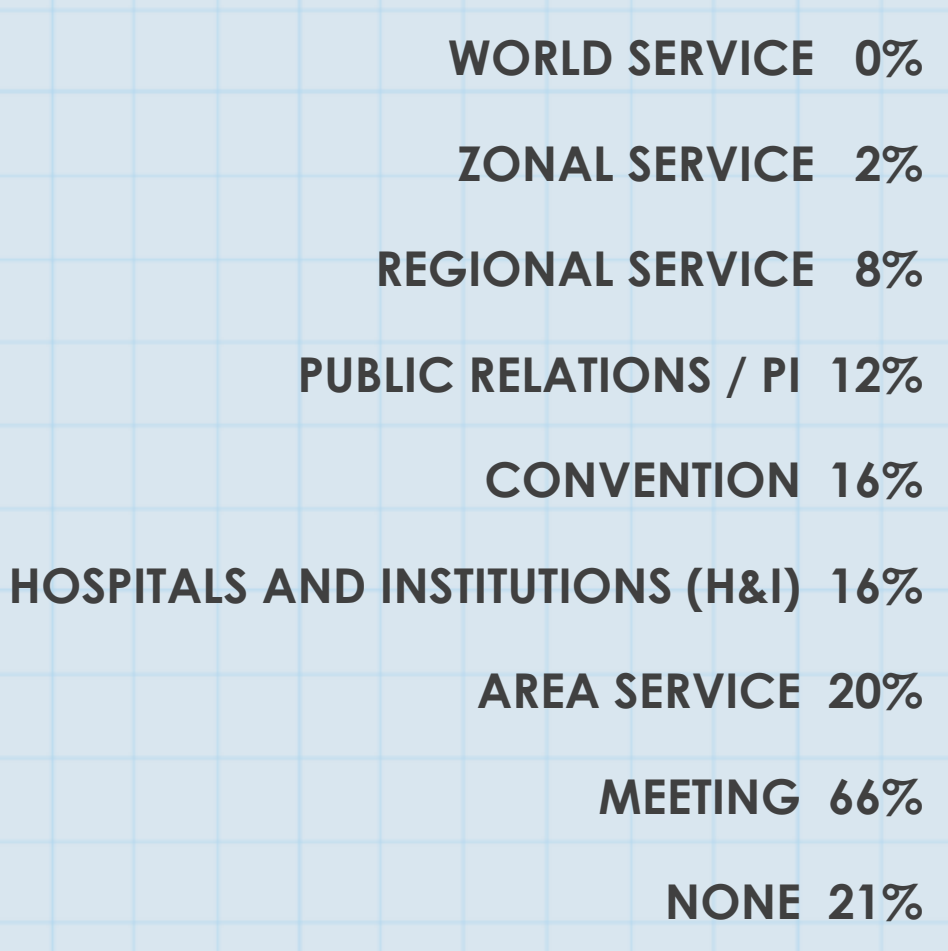
Yes decreased 3%.

Are you sponsoring others?



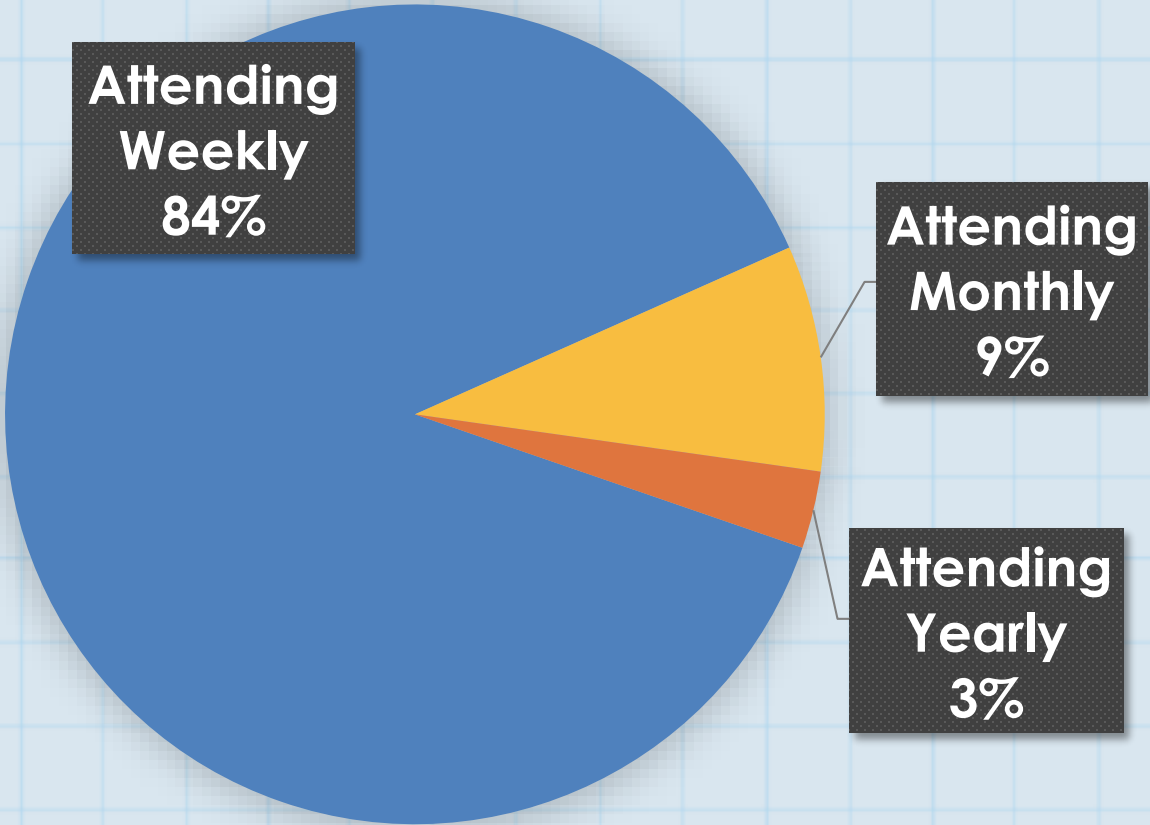
The global data is
55% Yes and 45% No.
Yes decreased 7%.

Service Positions Held

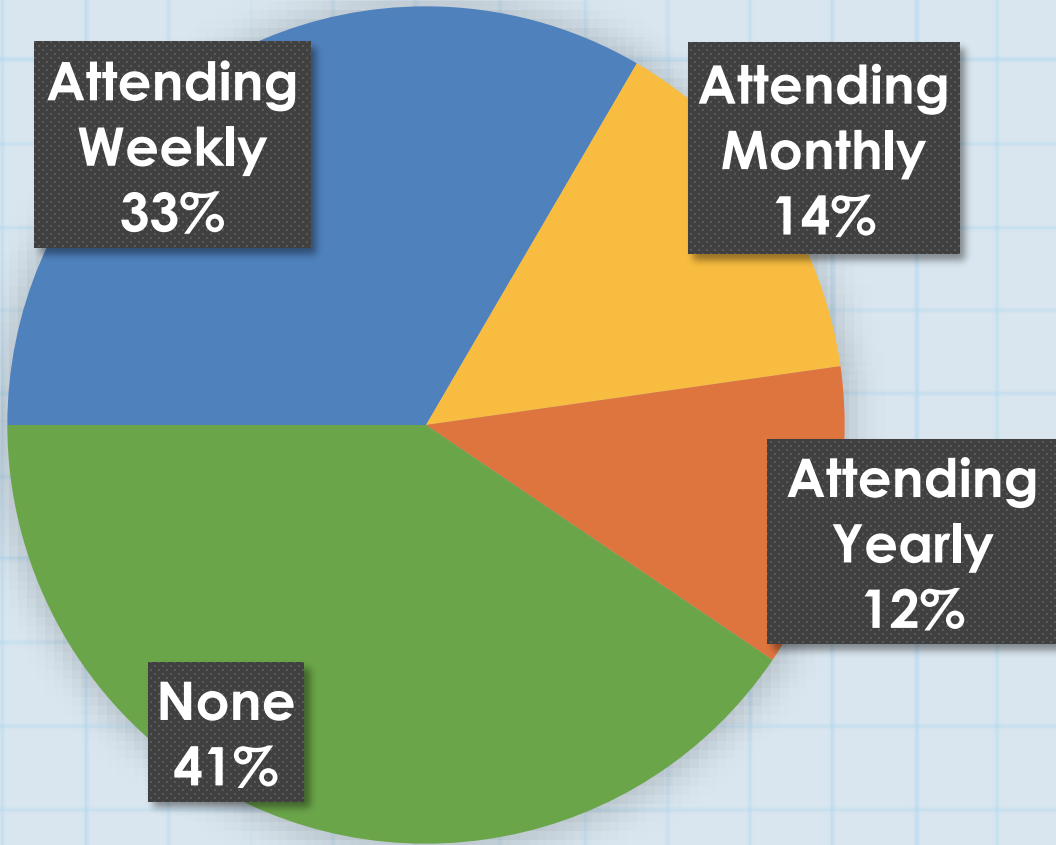


Regional Service decreased 3%; PR decreased 3%; H&I decreased 4%; Area Service decreased 2%; and Convention was a new category for 2024.

Meeting Attendance



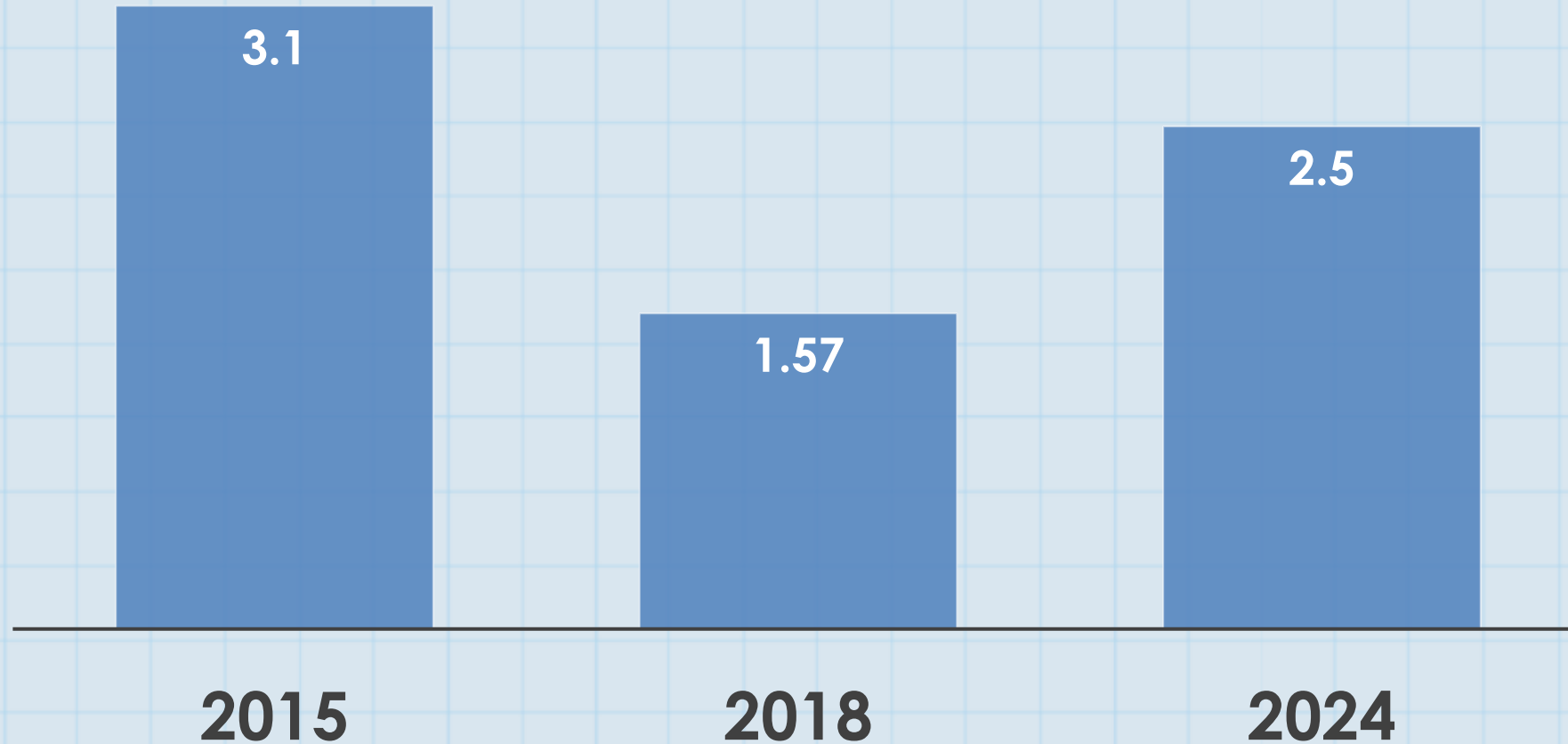
in person



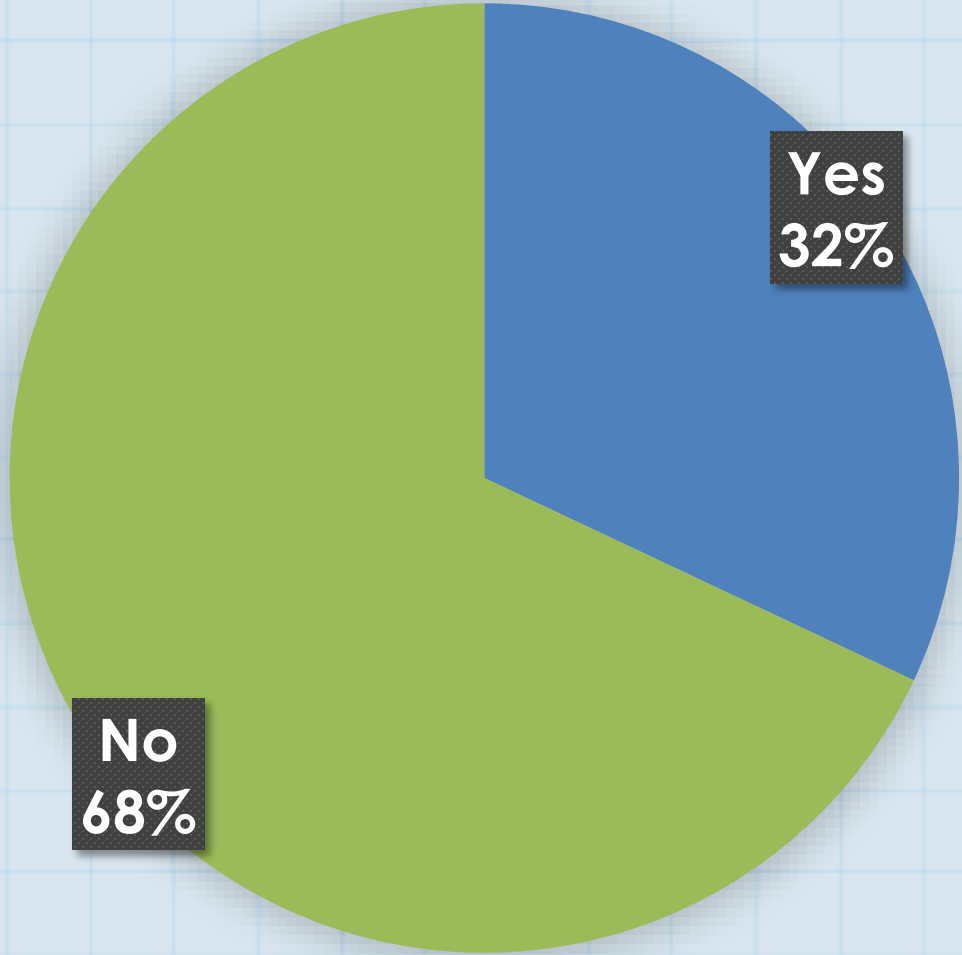
virtual

Monthly attendance increased 2%

Average Weekly Attendance

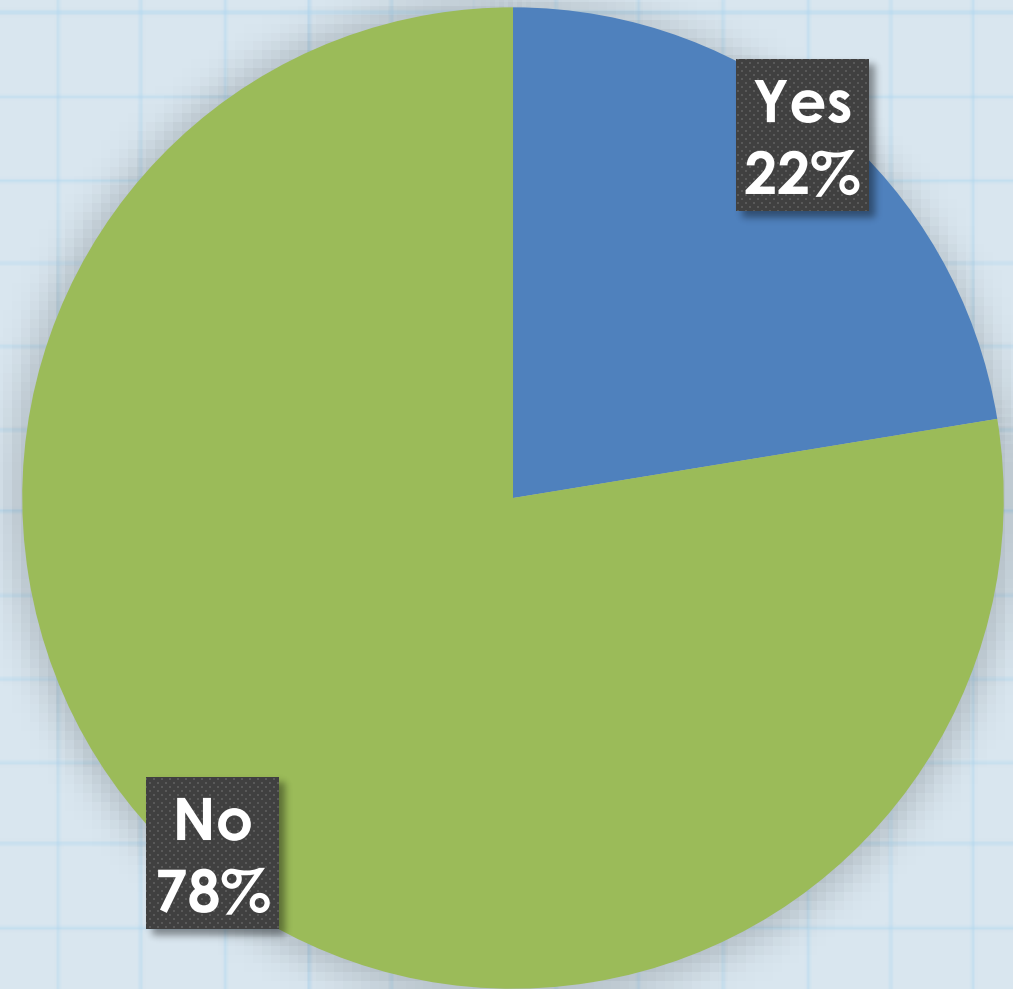


Other Fellowships Attendance



The survey in 2018 had Yes 39% and No 61%.

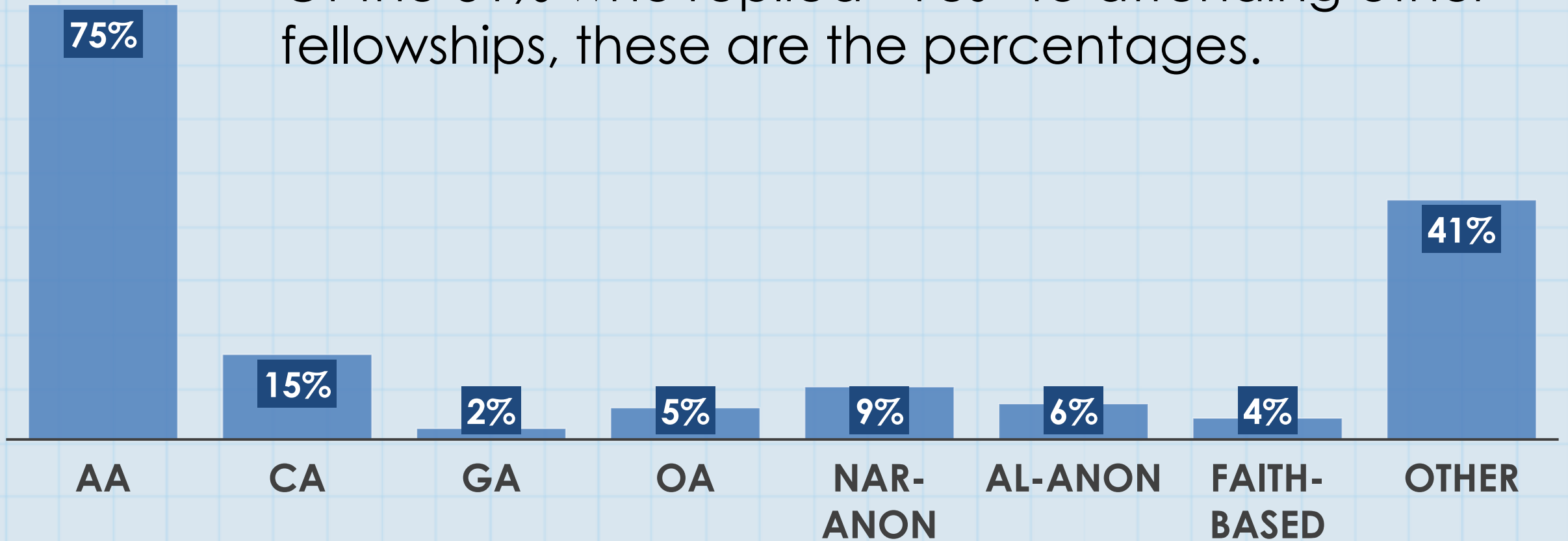
Family Members in 12-Step Fellowships



The survey in 2018 had
Yes 26% and No 74%.

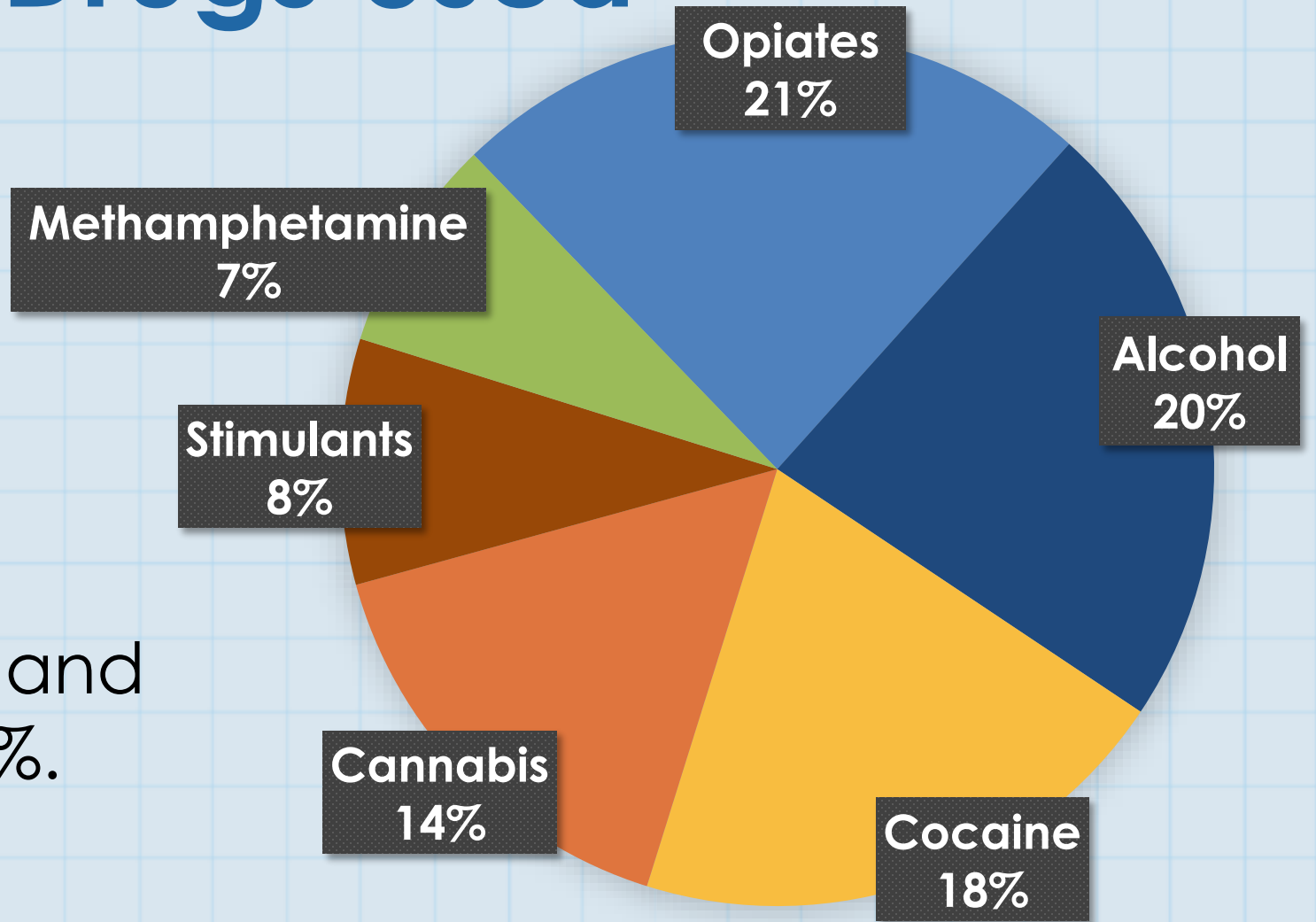
Involvement with other Fellowships

Of the 31% who replied “Yes” to attending other fellowships, these are the percentages.



CA increased 6%; Other increased 17%.

Top 6 Primary Drugs Used

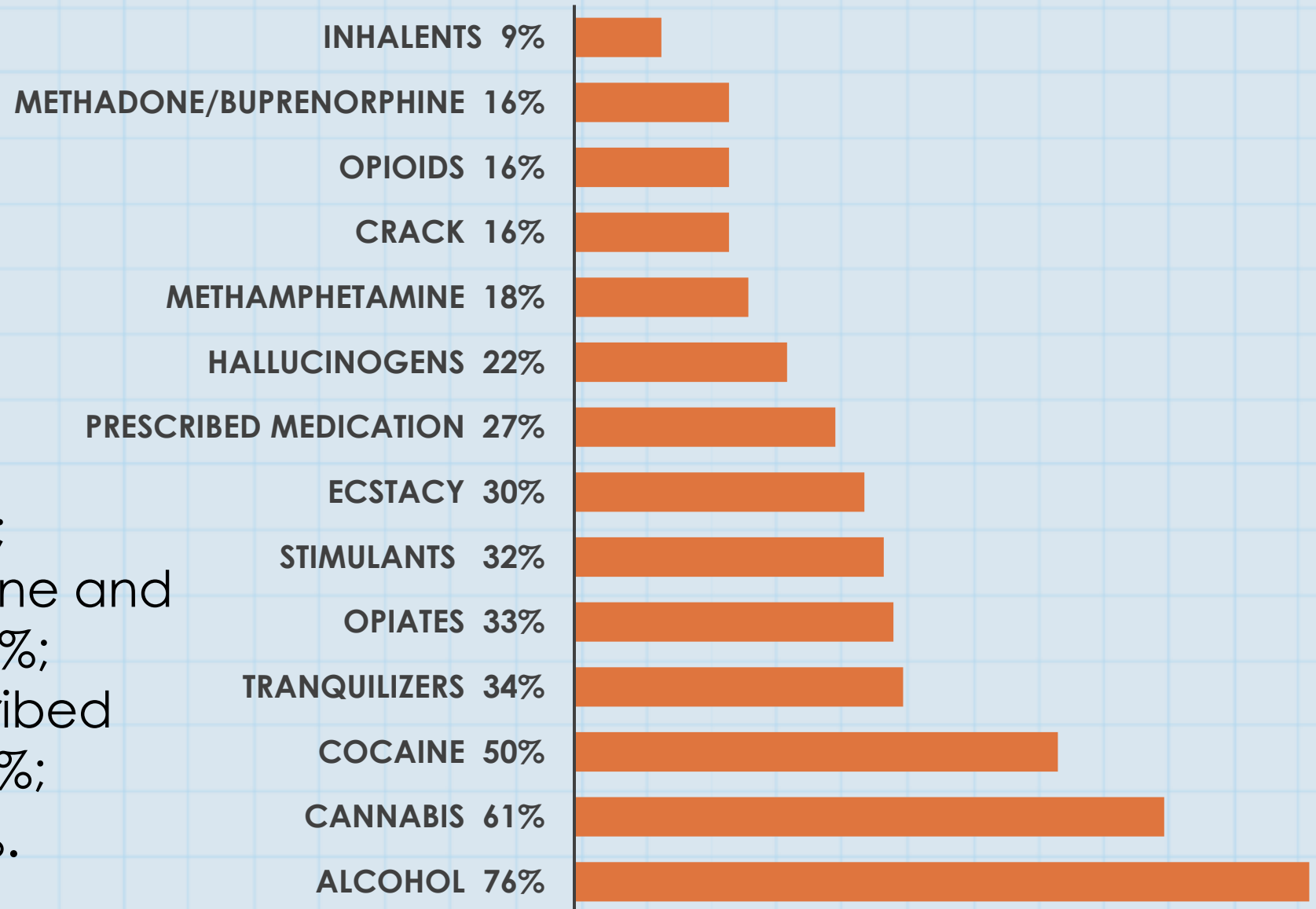


Opiates decreased 8%
Alcohol decreased 2%;
Cocaine increased 9%; and
Stimulants decreased 5%.

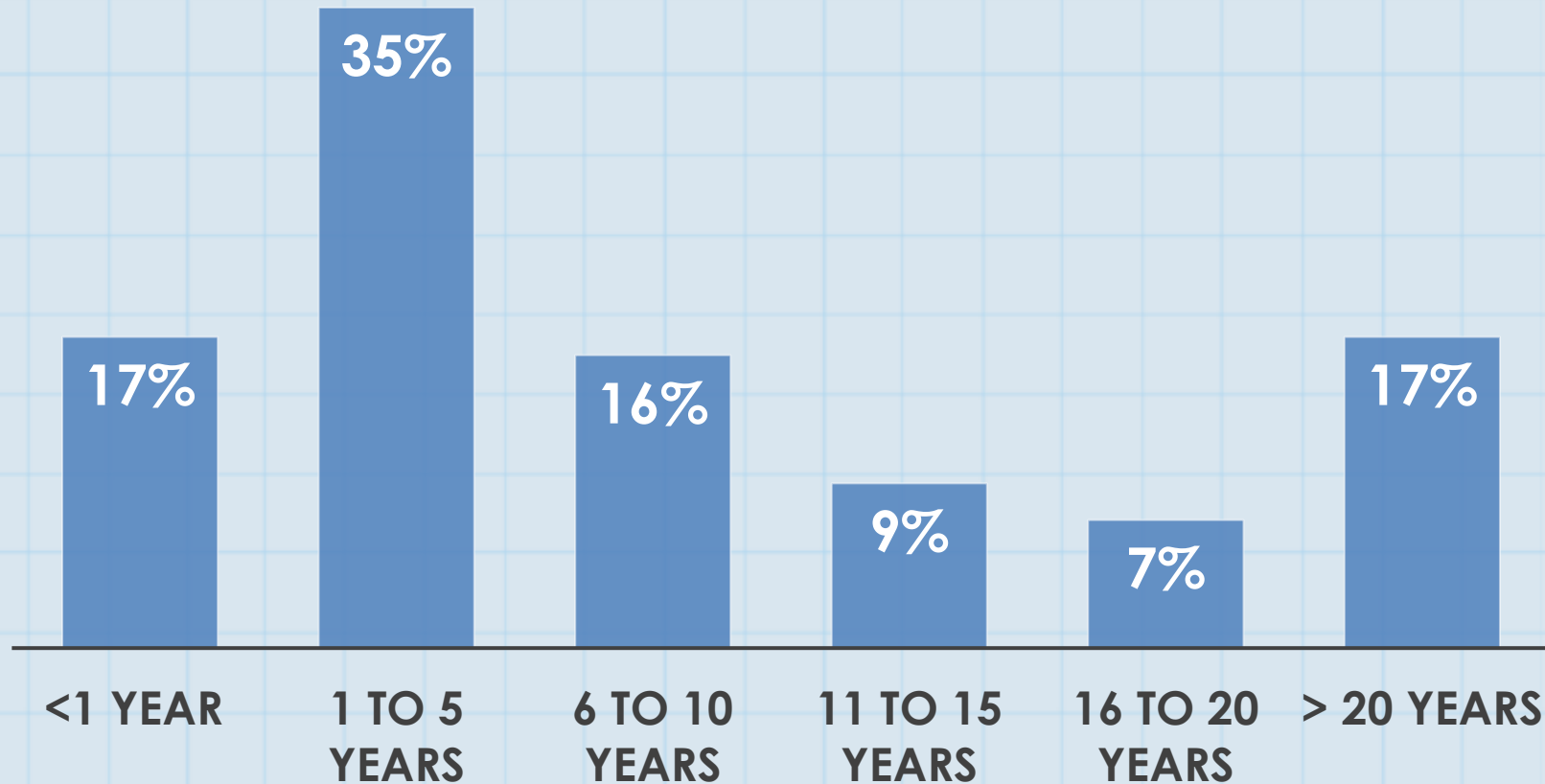
This is the first survey to
include methamphetamine.

Other Drugs Used Regularly

Alcohol and Cocaine increased 8%;
Opiates decreased 8%;
Stimulants decreased 7%;
Methadone/Buprenorphine and
Tranquilizers decreased 6%;
Hallucinogens and Prescribed
medication decreased 4%;
and Other increased 14%.



Years Clean

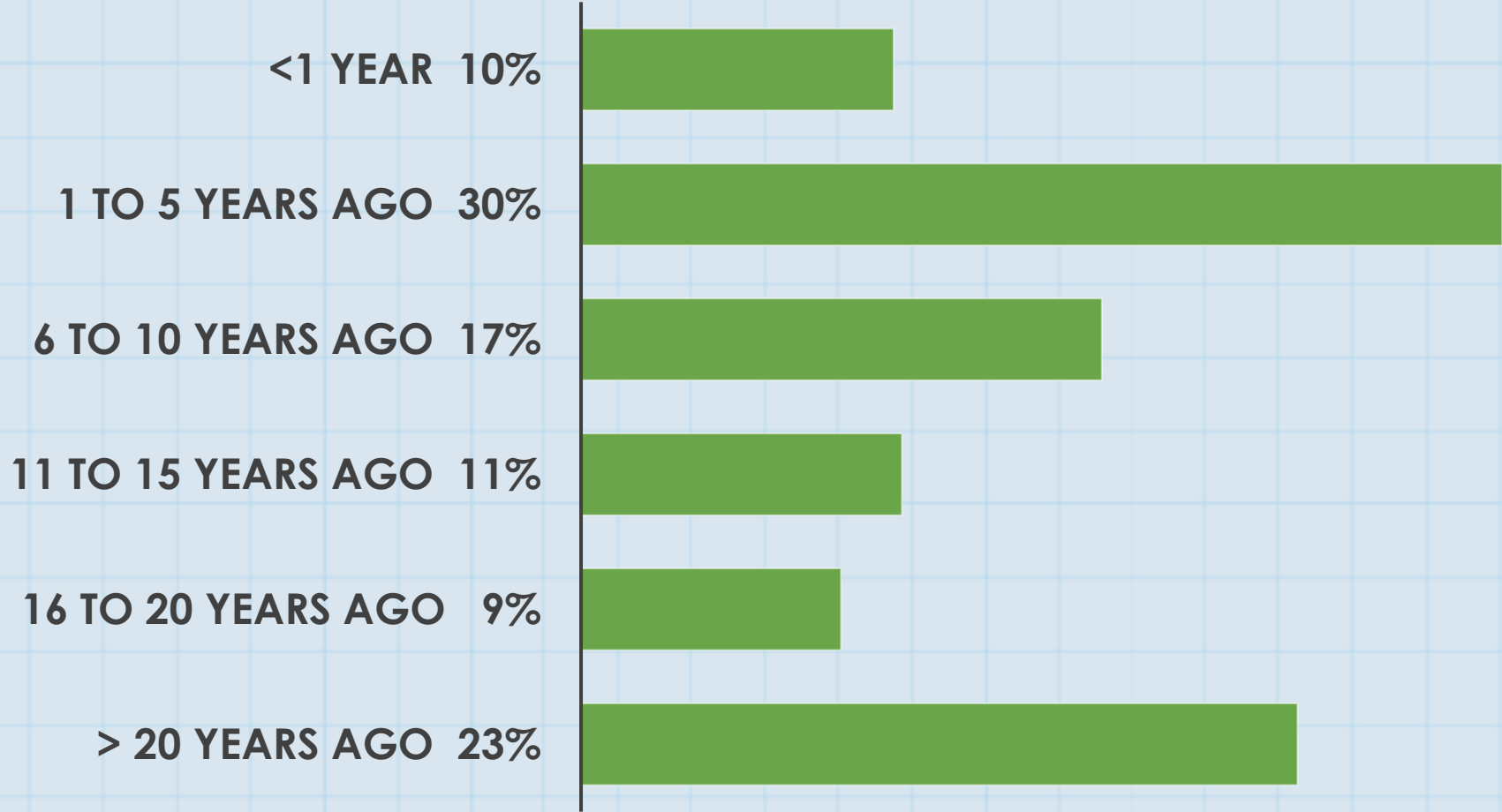


Average Years
Clean 2024: 9.2

Average Years
Clean 2018: 8.9

Less than 1 Year increased 5%;
6 to 10 decreased 2%; 11 to 15 decreased 5%,
16 to 20 decreased 2%, **More than 20 increased 6%.**

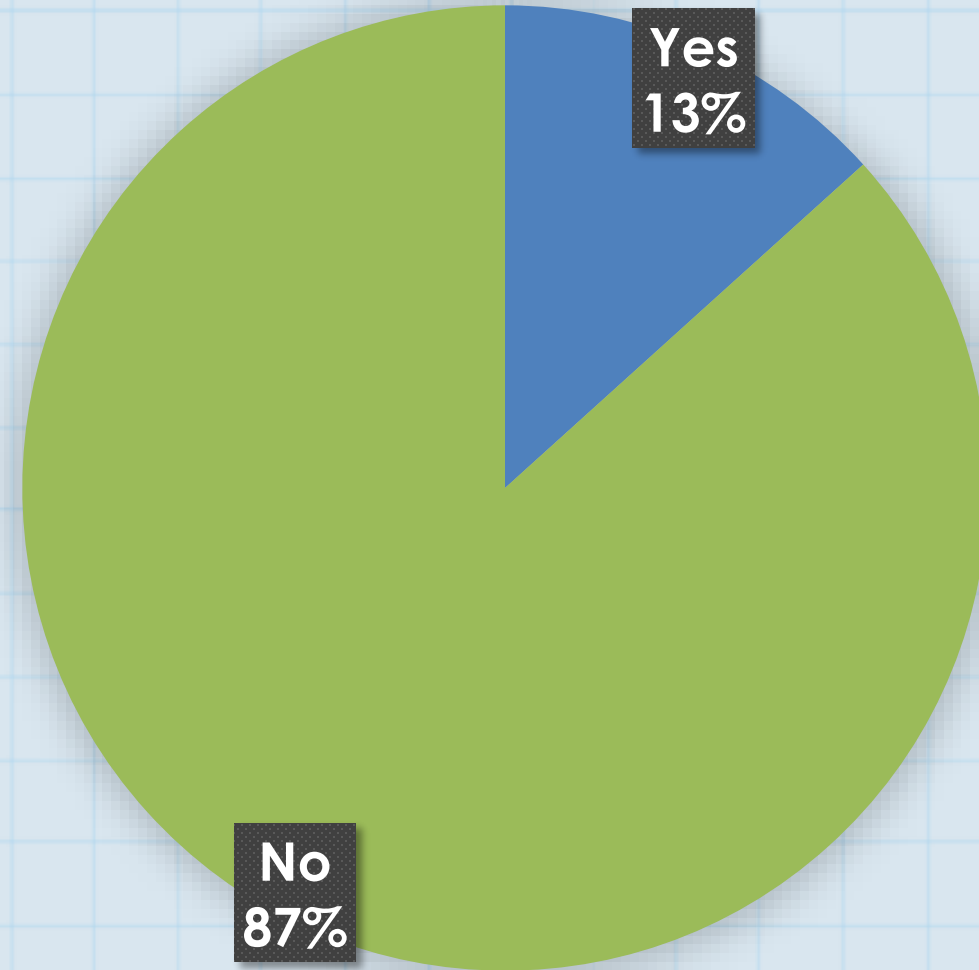
When was your first NA meeting?



Average Years Since First Meeting 2024: 11.7

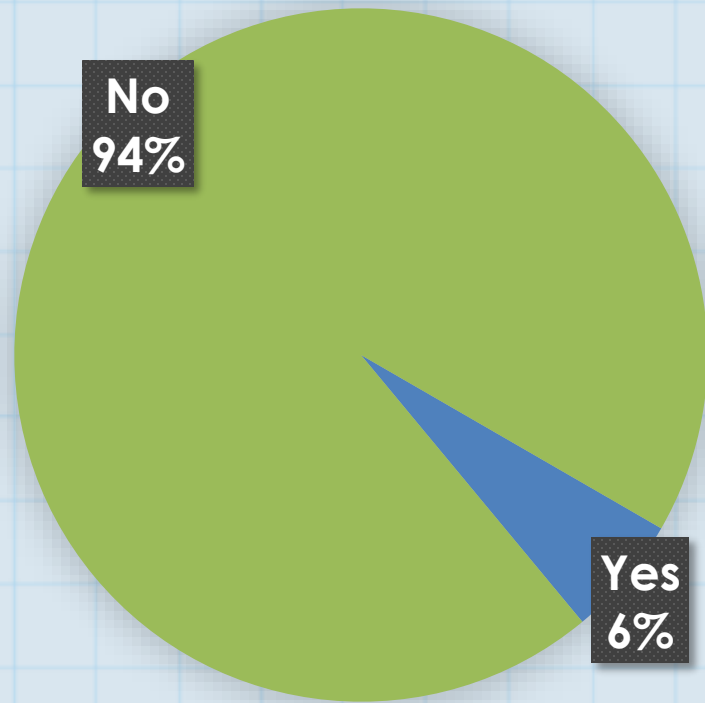
Average Years Since First Meeting 2018: 10.9

Attended First Meeting on DRT/MAT

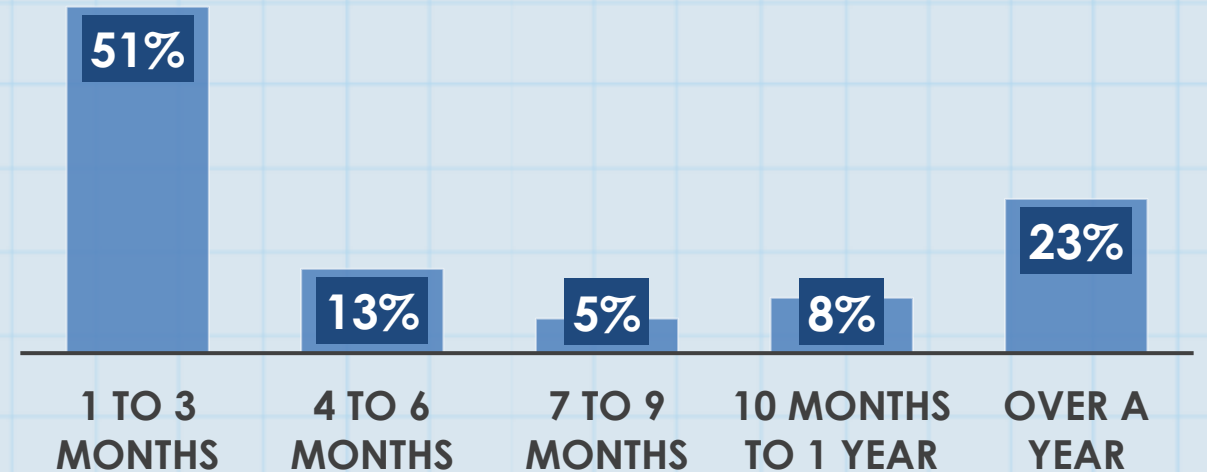


Yes decreased 2%

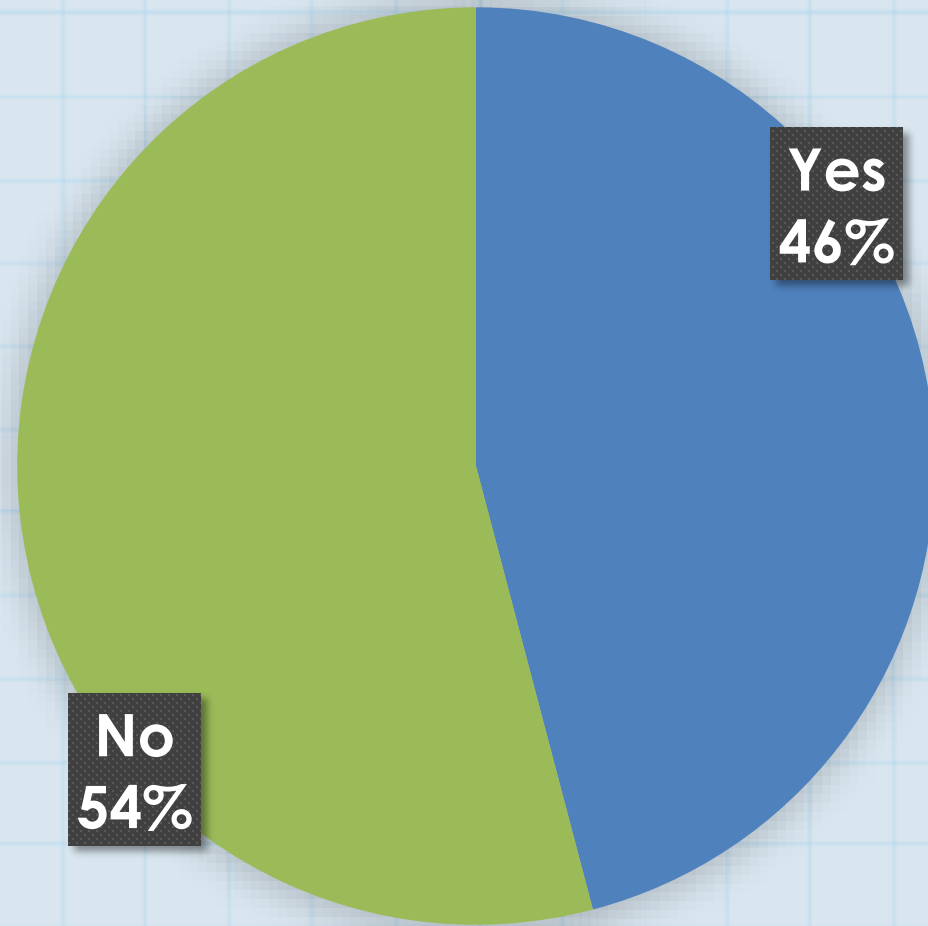
Are you still on DRT/MAT?



If not, how long did you attend NA meetings before getting off DRT/MAT?

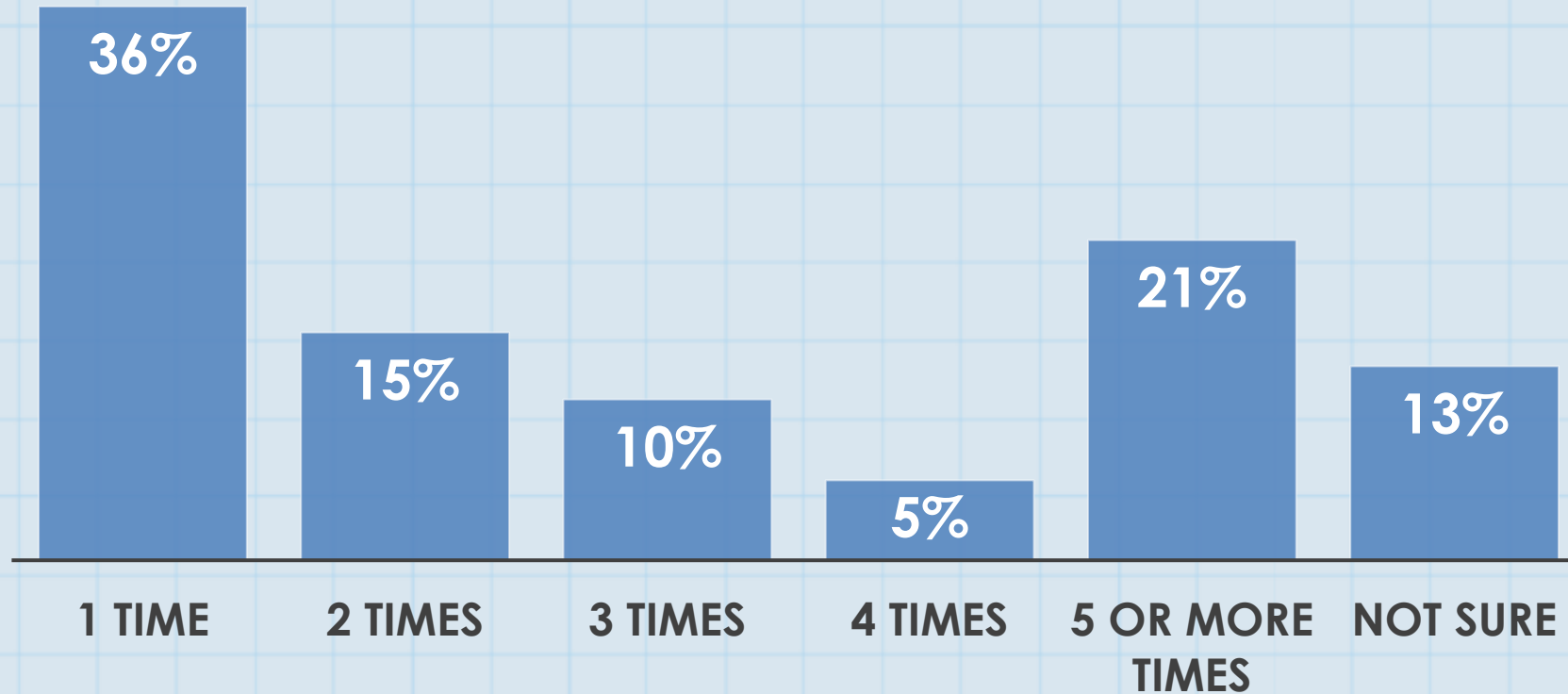


Relapsed since Beginning Recovery



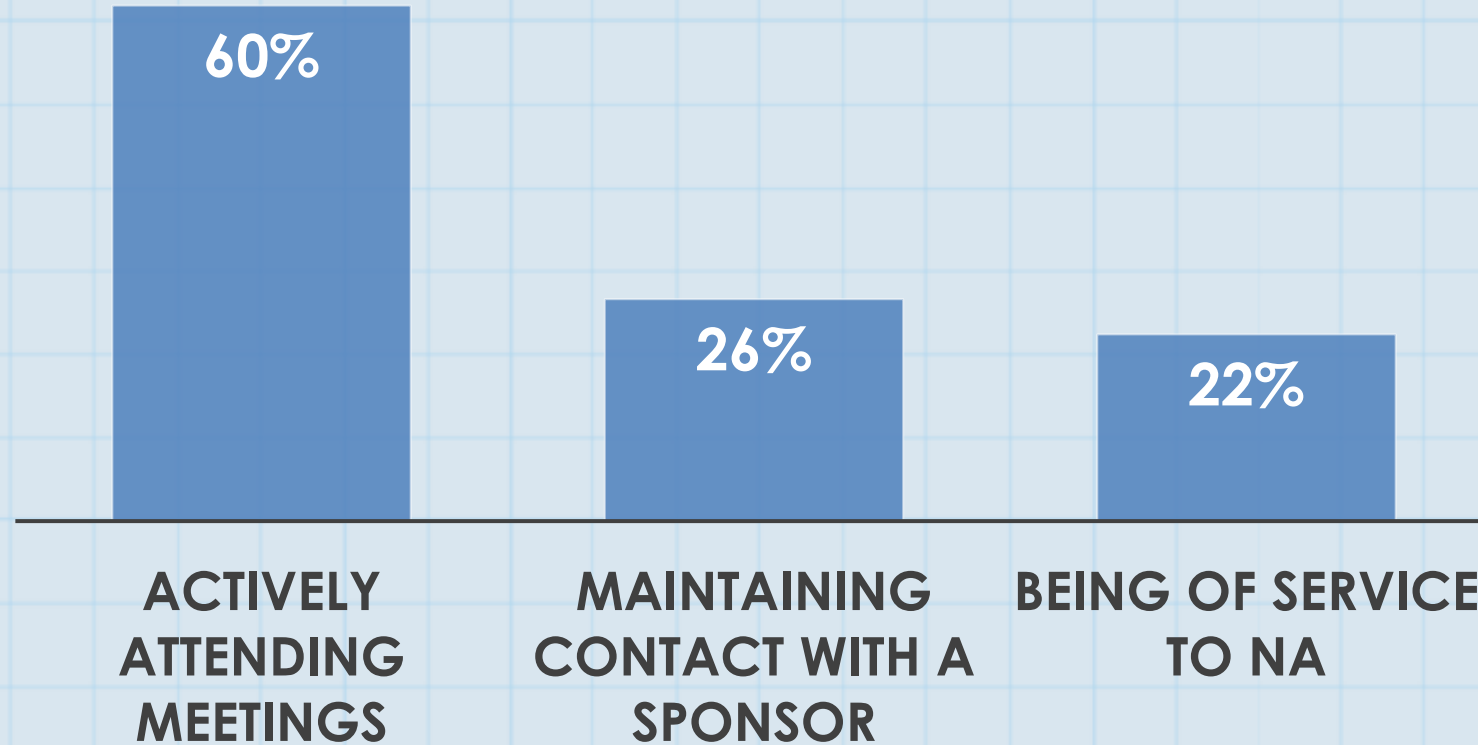
Stayed the same from 2018

Number of Relapses



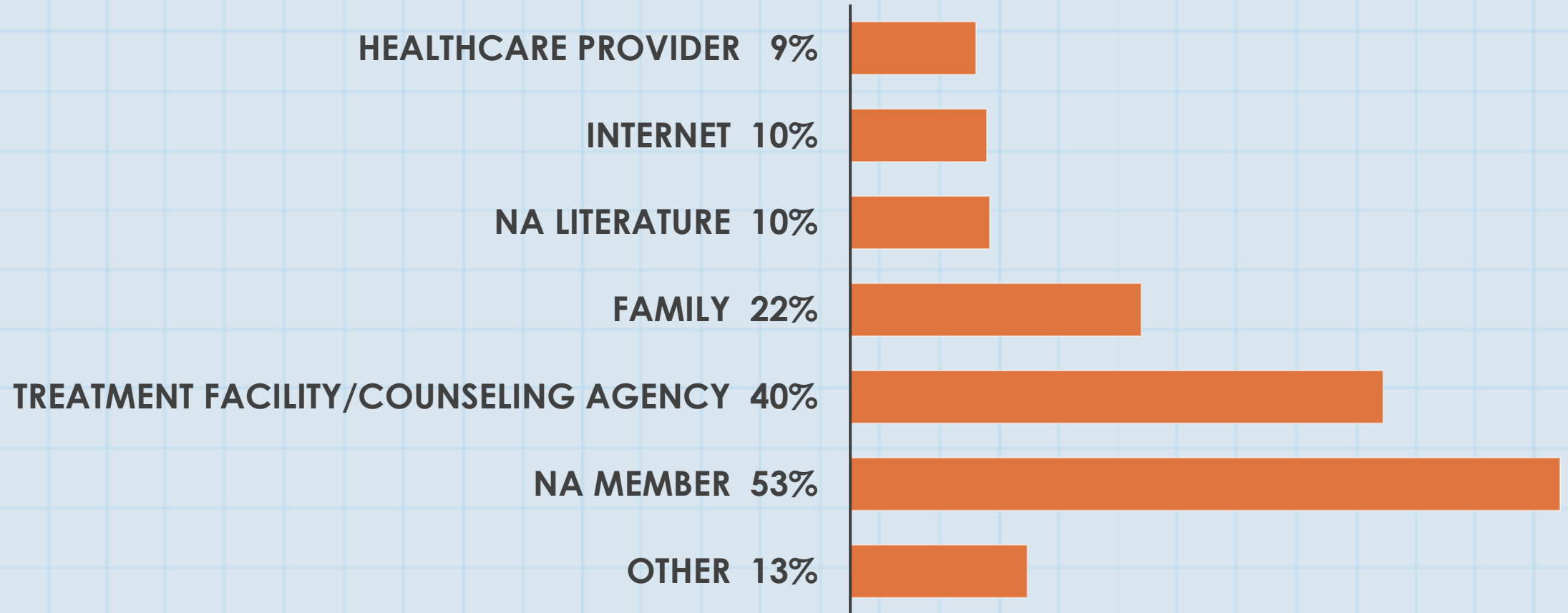
1 increased 7%; 2 increased 6%; 3 increased 4%;
4 increased 2%; 5 or More increased 7%;
Not Sure decreased 26%.

When you Relapsed were you...?



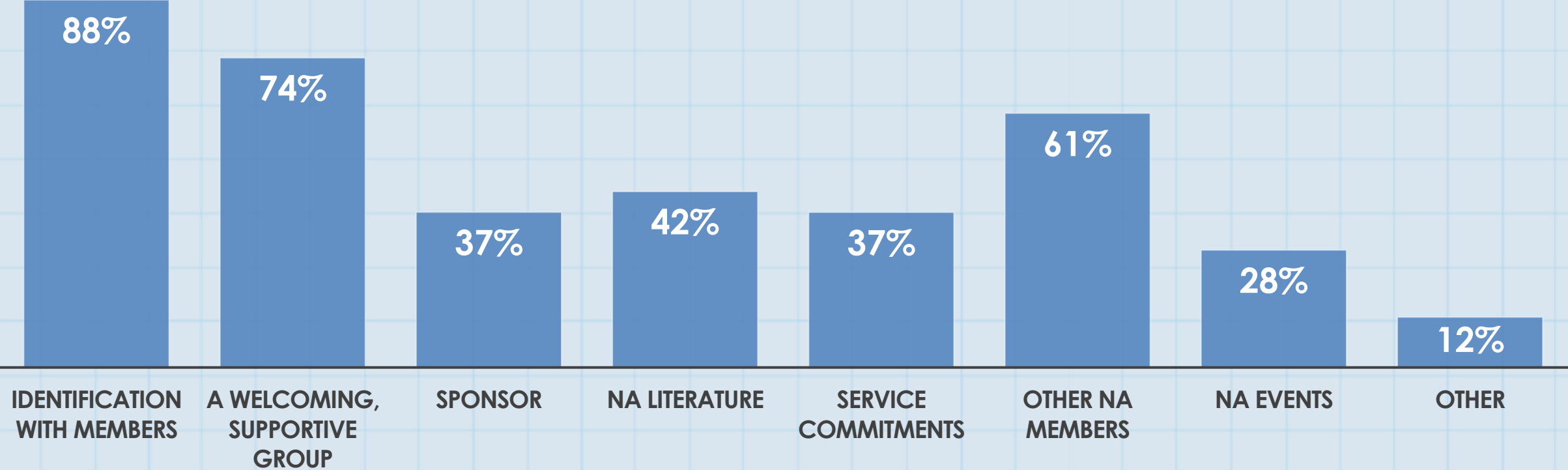
Actively Attending Meetings decreased 1%;
Maintaining Contact with a Sponsor and Being of
Service increased stayed the same.

Top 7 Influences to Attend NA



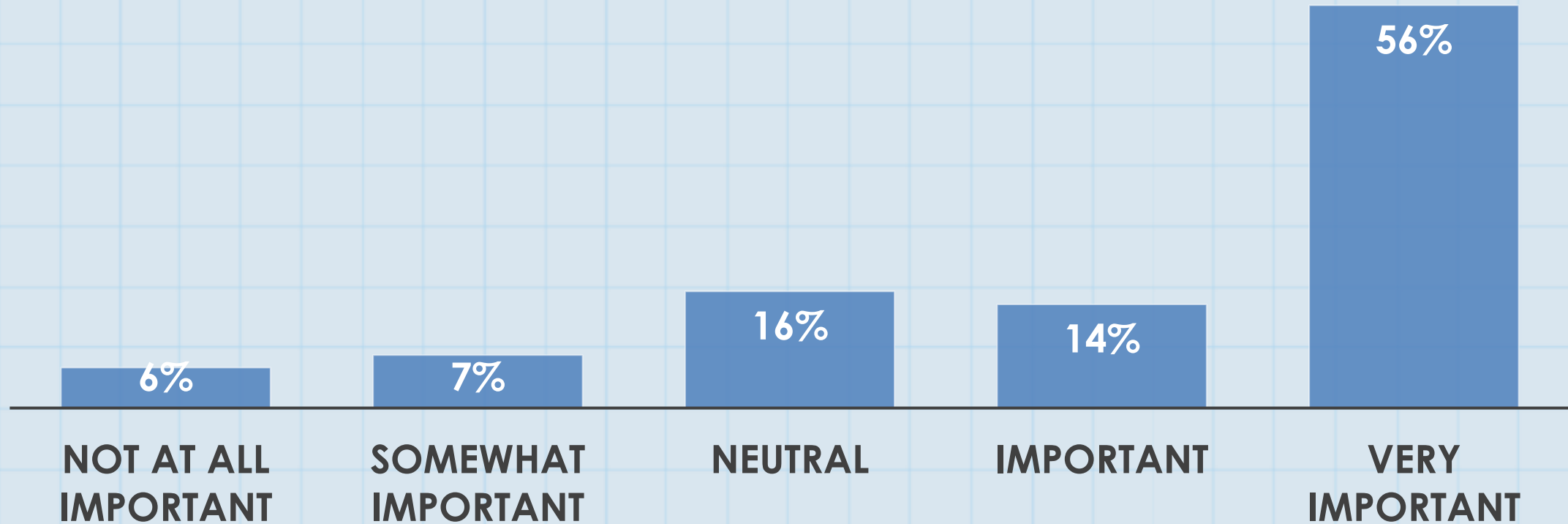
NA Literature decreased 2%; Family increased by 2%; and Treatment decreased 3%.

Influences to Stay in NA



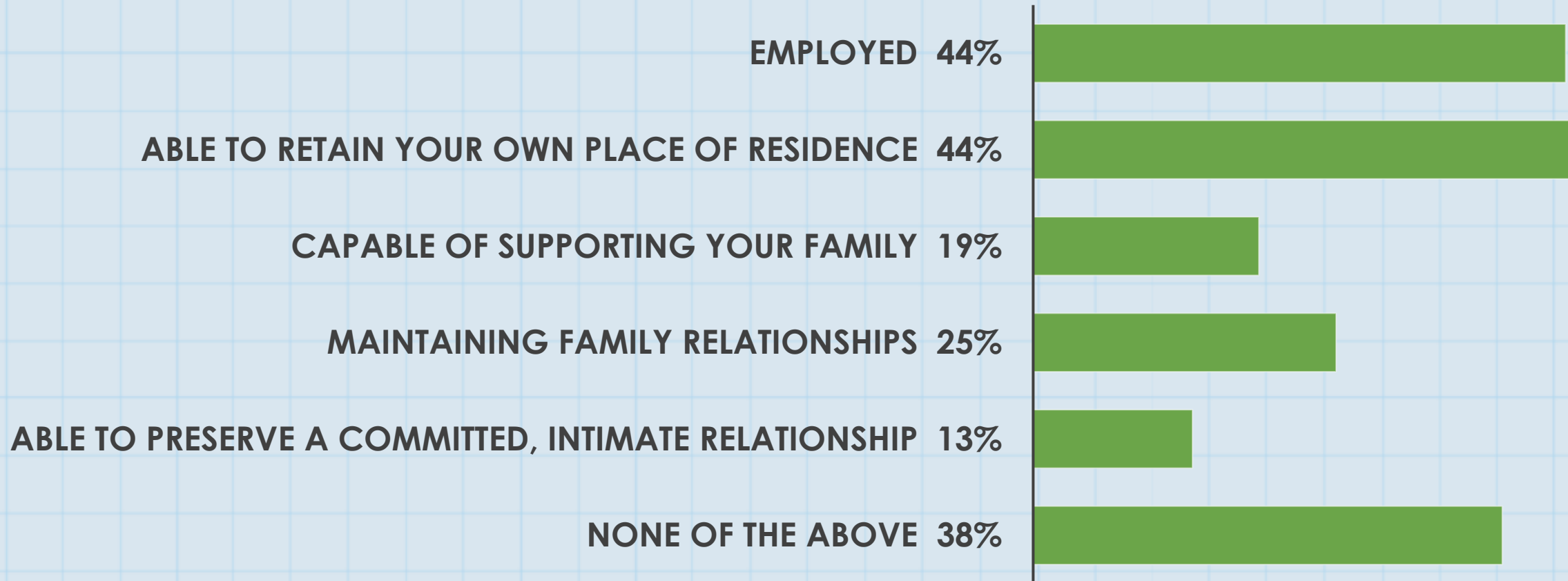
Welcoming Group increased 8% and Other NA Members increased 2%.

Importance of First NA Meeting



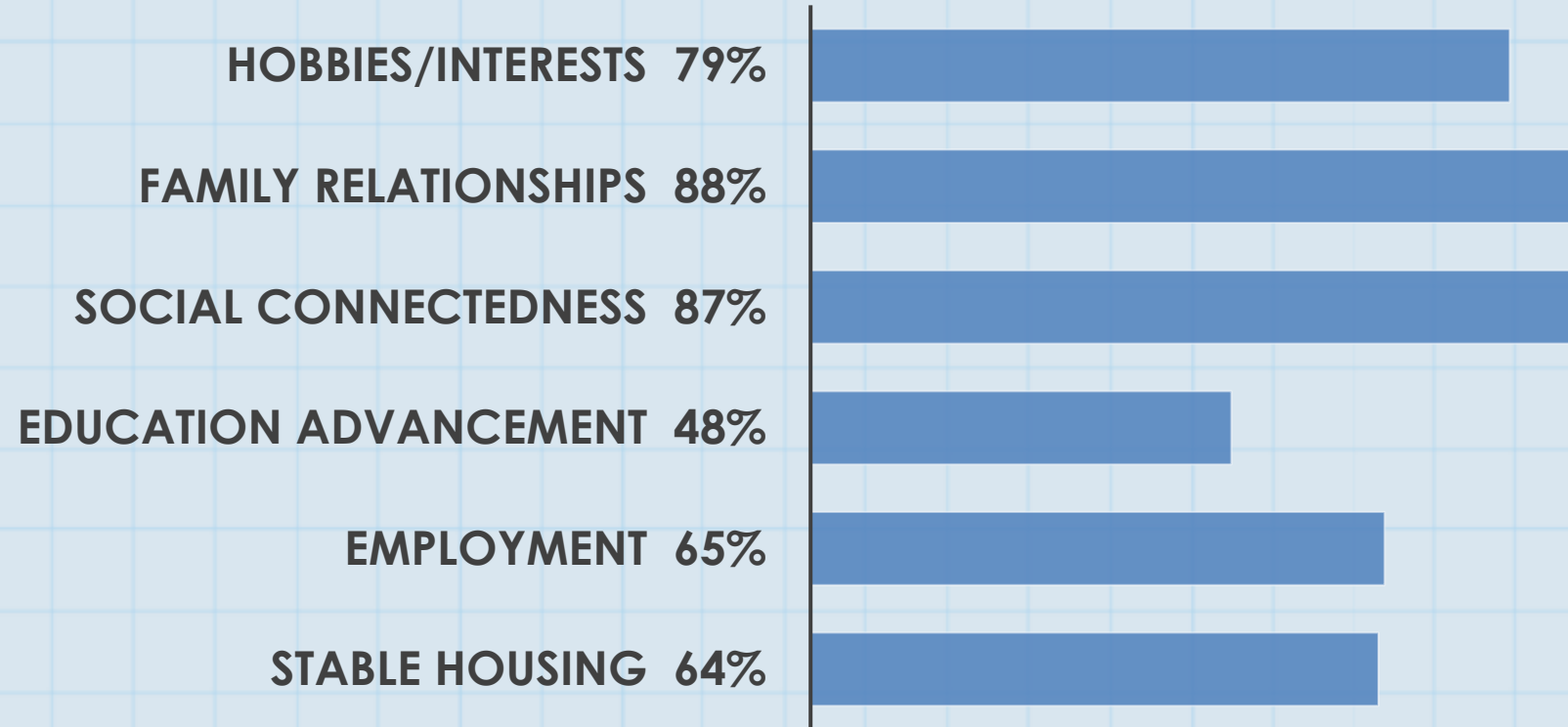
Neutral decreased 2; Important decreased 3%;
and Very Important increased 7%.

Before coming to NA were you...?



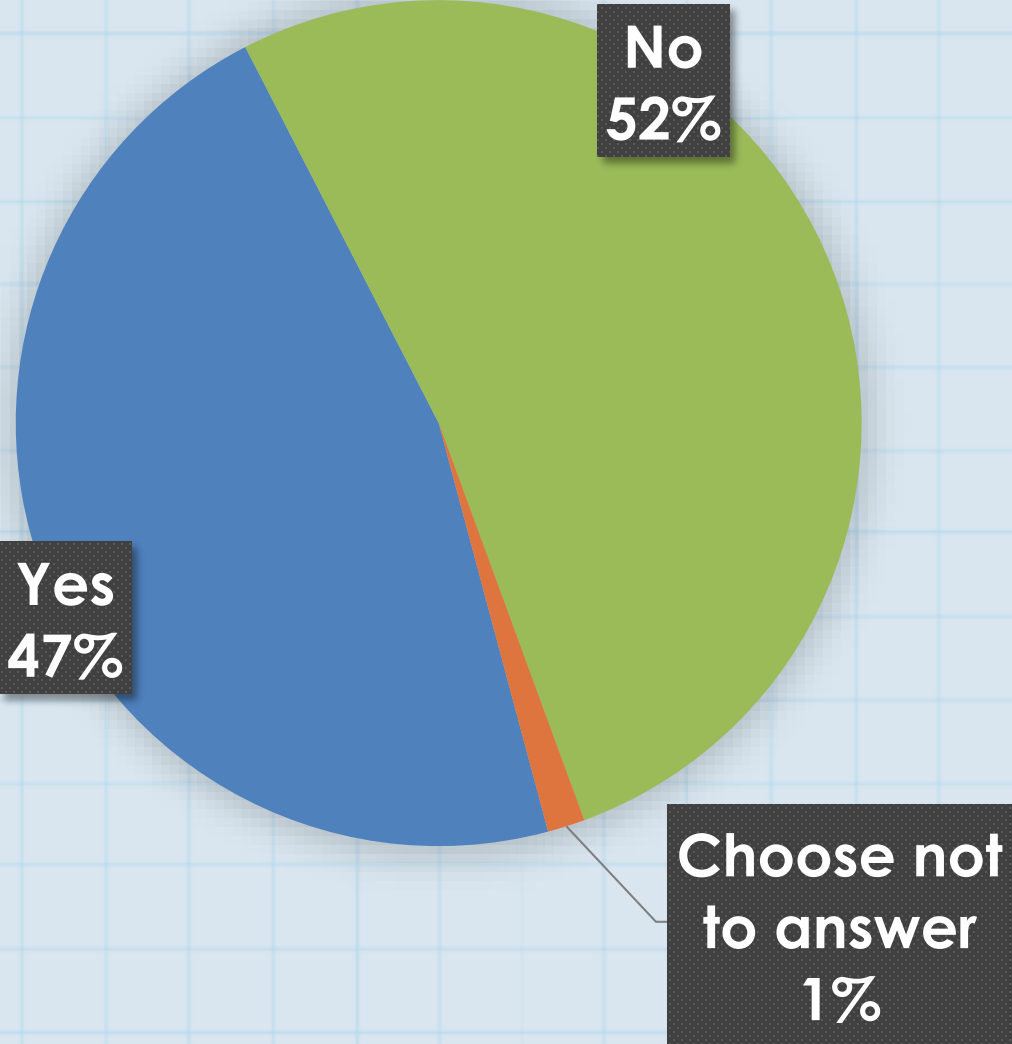
Employed increased 2%; Residence increased 13%;
Supporting Family increased 3%; Maintaining increased 6%;
Intimate Relationship increased 2%; and None decreased 10%.

Areas of Improvement after coming to NA



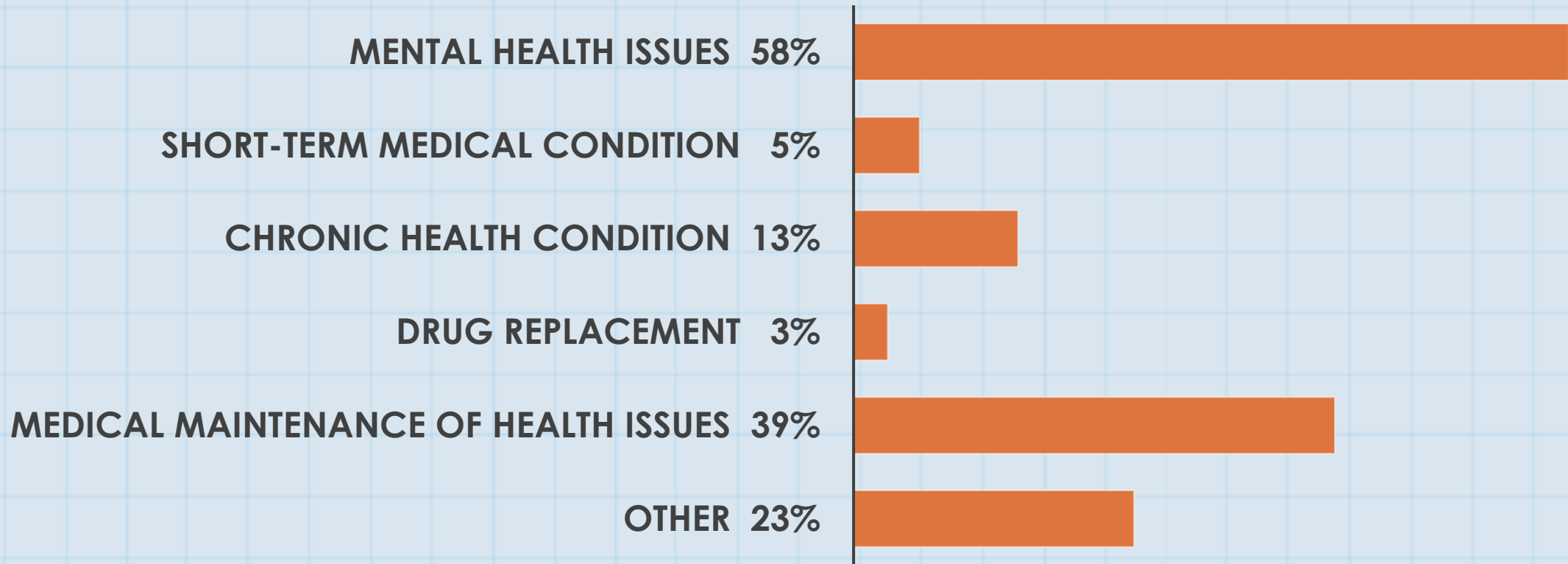
Education decreased 5%; Employment decreased 3%; and Stable Housing decreased 3%.

Currently Taking Prescribed Medications



Yes increased 7% and
No decreased 7%.

Reasons for Medication



Mental Health increased 17%; Chronic Health decreased 3%; and Maintenance increased 2%.

42% (2,156 of 5,173) responded to the question in 2024,
36% (808 of 2,260) responded to the question in 2018.

Reasons for Medication—Global

