

## NARCOTICS ANONYMOUS 2009 MEMBERSHIP SURVEY

At every NA world convention since 1996, NA World Services has distributed demographic surveys. In 2009, the survey was disseminated at the world convention which was held in Barcelona, Spain. Additionally, this survey was available for members who chose to participate online and via mail and fax. With the high response that we received to the initial online survey, we made this available to our members for six months. There were 11,723 responses. We collect this data to provide information about our fellowship, strengthen our public relations efforts, and learn more about how and where we carry our message of recovery.

### NA Membership

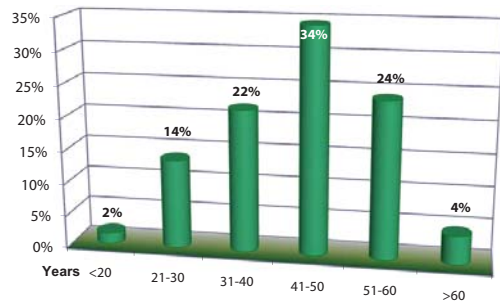
NA is composed of people who come from many races, cultures, age groups, professions, and backgrounds. The only requirement to become an NA member is the desire to stop using drugs. The decision to become a member in the NA Fellowship rests with the individual.

There are no annual dues or fees for membership. We are self-supporting through member contributions and the sales of recovery literature.

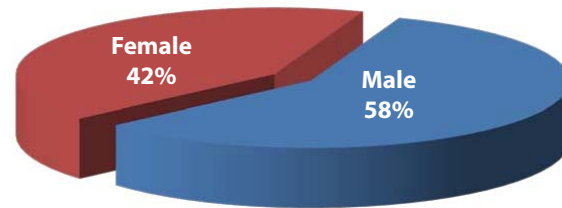
NA is a community-based organization that holds more than 58,000 weekly meetings in 131 countries.\*

### Age

Based on survey responses, the average age of NA members is 43.48 years.



### Gender



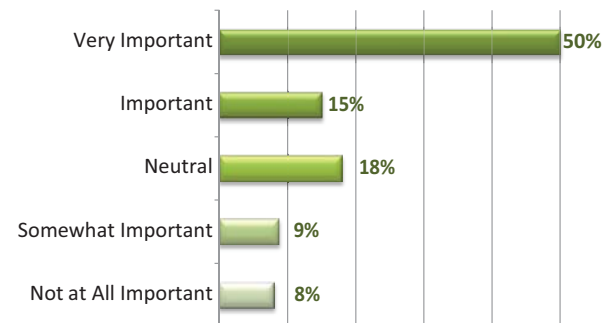
### Ethnicity

The ethnic diversity of our membership seems to be correlated with geographic location; the 2009 survey was made available at WCNA in Barcelona, Spain, in our international journal *The NA Way Magazine*, and on our website. When we conducted this survey in 2009:

- 73 percent of respondents were Caucasian,
- 10 percent were African-American,
- 10 percent were Hispanic,
- 2 percent were Asian,
- 1 percent were Indigenous,
- 3 percent identified as multiracial, and
- 1 percent were other.

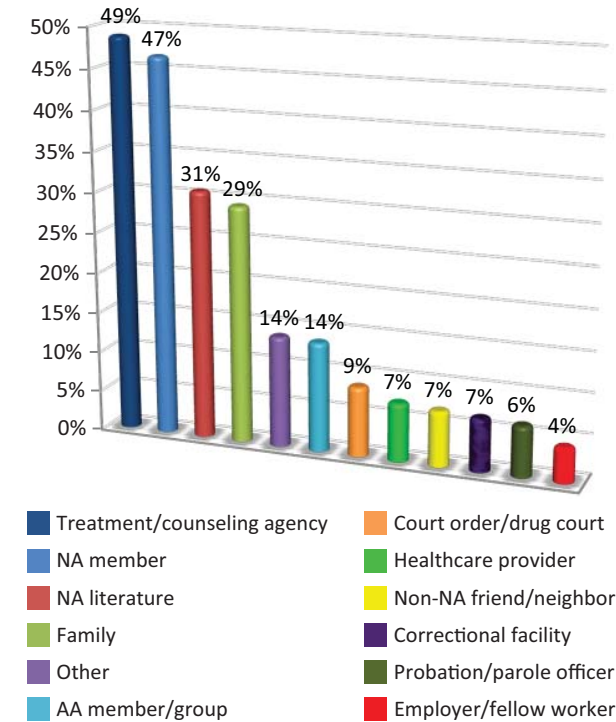
Illustrating how the ethnic breakdown of membership tends to be tied to geographic location, in 2002 in Atlanta, Georgia, 49 percent of respondents were Caucasian, 39 percent were African-American, 4 percent were Hispanic, and 8 percent were other.

### Importance of First NA Meeting



### Influence to Attend First NA Meeting

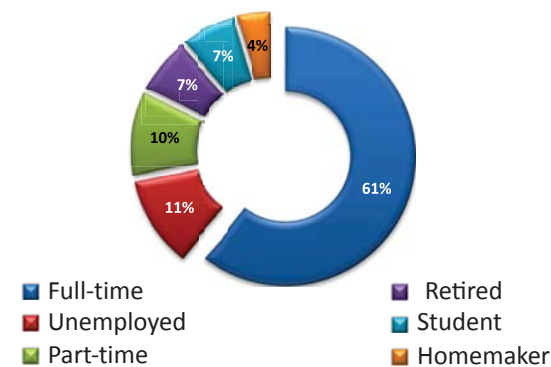
Multiple answers were permitted; only the top twelve choices are shown.



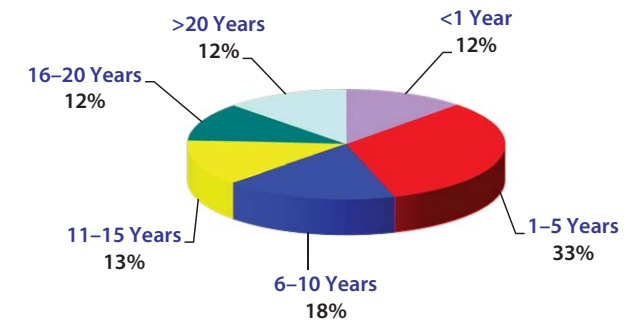
### Meeting Attendance

Regular attendance at NA meetings provides the opportunity to experience the NA message of recovery. Members surveyed attend an average of 4.7 meetings per week.

### Employment Status

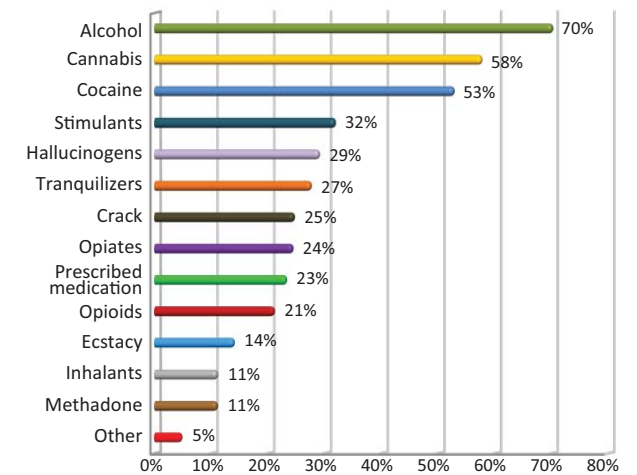


### Years Drug-Free

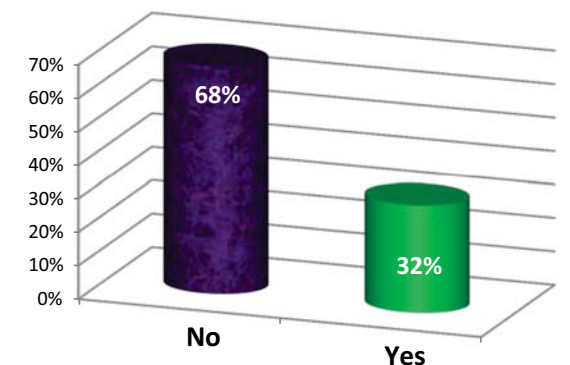


### Drugs Used on a Regular Basis

Multiple answers were allowed.



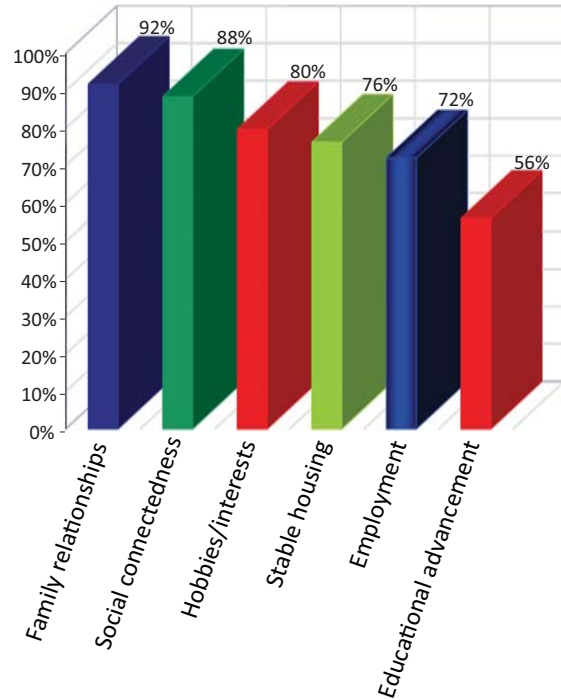
### Involvement in Other Twelve-Step Fellowships



\*as of May 2010

## Quality of Life Improvement Areas

Multiple answers were allowed.



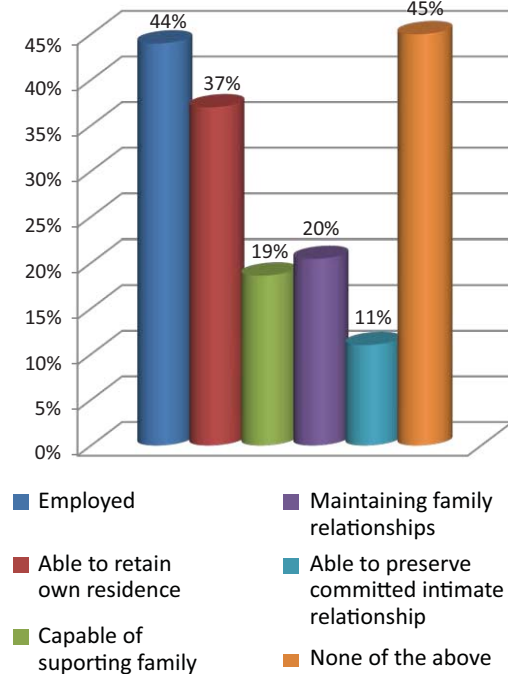
In 2009 the two areas that received overwhelming improvement with NA attendance were family relationships, where 92 percent of our members stated enrichment, and social connectedness, which was realized by 88 percent of the respondents. NA's literature states that active addiction is marked by increased isolation and destruction with relationships. Recovery in NA has helped survey respondents to repair the damage in their lives from drug addiction.

## Areas of Life Affected by Drug Use

For several years, professionals and members alike wondered whether addicts were able to maintain employment, familial relationships, and housing while using drugs. In the 2009 Membership Survey, the question was posed to the members: 44.5 percent of the respondents indicated that all areas of their lives were affected by drug use, and a near-equal number, 44 percent, stated that they

were able to maintain employment. Areas most notably affected by drug use were familial relationships and providing for a family.

Before coming to NA...  
Multiple answers were allowed.



## About NA

Narcotics Anonymous is a worldwide fellowship of recovering addicts whose primary purpose is to help addicts stop using drugs by utilizing a twelve-step approach. NA is not a religious organization and does not require any particular belief system. It teaches basic spiritual principles such as honesty, open-mindedness, and willingness, to name a few. The specific practical application of these principles is determined by the individual member.

NA members learn from one another how to live drug-free and recover from the effects of addiction. Although not associated with any religion, political group, organization, or institution, NA cooperates with professionals and the public by providing information about the fellowship.

In many communities, Narcotics Anonymous is listed in the white pages of the telephone directory. Another way to obtain local meeting information is by accessing the "Find a Meeting" link at [www.na.org](http://www.na.org). Questions about NA meetings in other countries or general information about the fellowship can be obtained by contacting NA World Services.



## Membership Survey



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