



## **Scenario One: Medication and Recovery**

A friend in my recovery support network is taking medication because of a sports injury. He is being very secretive with his pain medications and I have seen him nod off in meetings. I am worried. I do not know how I can help him. In fact the one time I asked him about having an addict help him monitor his medication he told me to mind my own business. This friend is also the H&I chair and has demonstrated a mood change in committee meetings – becomes angry easily and has no patience for discussions. I am worried.

1. What types of questions should members ask themselves in an inventory with medication?

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2. What types of questions are helpful for sponsors/friends to ask of members taking medications?

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3. What does our literature have to say that would apply to this type of situation and NA service?

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## **Scenario Two: Mental Health Issues**

I am aware that NA has no opinion on outside issues including medication, but I do feel that the integrity of the NA message of recovery is at stake in meetings and service committees. We have a home group member who is taking medication for a mental health diagnosis (by her admission bipolar). How do we, as her fellow home group members, help her to share how NA helped her without disclosing her medication in meetings and in her service commitment as a panel leader for an H&I meeting.

1. How can we support members with mental illness even if we have no experience?

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2. How do we help members maintain the clarity of the NA message of recovery?

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3. What does our literature have to say that would apply to this type of situation and NA service?

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### **Scenario Three: Chronic Illness/Chronic Pain**

I am an addict with over 20 years clean; a friend of mine is undergoing treatments for a chronic debilitating illness. This friend is taking pain medication as prescribed, and his friends and his sponsor are helping him with medication management. However, some home group members do not think he should share in meetings because the pain medication he is on is Methadone.

1. How is medication prescribed for chronic pain different from medication prescribed as drug replacement even though they are the same medication?

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2. What can we do to help support members with chronic pain/chronic illness?

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