



Facilitator Training Session



Scenario One

Topic – Atmosphere of Recovery

Outcome – Find ways to improve the atmosphere in our groups

Key points

- The importance of a warm, welcoming atmosphere within our NA groups is undisputed, regardless of how much time in recovery we have
- Sometimes our meetings are a poor reflection of the NA program; they can be disorganized or chaotic, with disruptive members and no message of recovery
- Often we lose members, old and new, when we cannot offer an atmosphere of recovery, and sometimes our members or potential members don't feel welcome
- As NA members we are responsible for what happens in our meetings
- We have spiritual principles that we can apply to this situation – these include unity, anonymity and self support

Workshop situation – 30 members with clean time from 6 months to 10 years are attending an Area Learning Day. There are no other sessions running at the same time.

Scenario Two

Topic – Our Public Image

Outcome – find ways to improve the image of NA in the community by discussing the importance of our roles

Key points

- A negative public image directly affects our ability to carry the message of recovery
- Professionals are more likely to refer addicts to us, and addicts are more likely to find us if we have a positive public image
- Informing the public about who we are is not the promotion that our traditions caution us about
- NA communities that do set out to build and maintain their public relations in a deliberate fashion often see explosive growth
- Our image means much more than just PI, it includes the impression people have (or don't have) of NA

Workshop situation – 100 members with clean time varying from 60 days to 15 years are attending this workshop that is being held at a busy regional convention.

