NARCOTICS ANONYMOUS FRIDAY “THE NA WAY” MEETING
- CHAIR’S PREAMBLE

- Make sure the candle is lit
- Welcome to “The N.A. Way” meeting of Narcotics Anonymous. My name is _______ and I am an addict.
- And a special hello to N.A. members from overseas or any members visiting this meeting for the first time.

- Serenity Prayer
- All meetings are CLOSED meetings. They are only for addicts or those who think they might have a drug problem.
- Are there any non-addicts here today?
  - NO group conscience if Non-Addict at Closed meeting
  - If a Non-Addict is present, ask a GSR/home-group member to speak to them outside the meeting.

- Read from NA Basic Text:
  1. Read THE 12 STEPS OF NA
  2. Read WHO IS AN ADDICT?

- Please ensure your car is not parked in front of the garages where there are traffic cones. Otherwise could you please move your car and return to the meeting.

- “We are presented with a dilemma; when NA members identify themselves as addicts and alcoholics, or talk about living clean and sober, the clarity of the NA message is blurred. To speak in this manner suggests that there are two diseases, that one drug is somehow separate from the rest, requiring special recognition. Narcotics Anonymous makes no distinction between drugs. Our identification as addicts is all-inclusive, which allows us to concentrate on our similarities, not our differences.”

- Introductory round

- “We realize that we are never cured, and that we carry the disease within us for the rest of our lives. We have a disease, but we do recover. Each day we are given another chance. We are convinced that there is only one way for us to live, and that is the N.A. way.”

- Main sharer / member of the group to give out key-rings, claps and hugs:
  - Is there a newcomer or someone who wants to start a new way of life?
  - Is there anyone celebrating ... 30 days, 60 days, 90 days, 6 months, 9 months, 1 year, 18 months, multiple years of recovery

- Introduce Topic Sharer (15 mins. maximum)
- After main topic, Chair shares back and opens for general sharing (maximum 3 mins. per person)

  - Chair can cut off sharer if anyone shares longer than 3 mins.

(P.T.O)
(END OF THE MEETING)

- (20h55) End of the meeting
- Send around 7th Tradition bag.
- Treasurer / Chair / member of the group to give explain purpose of 7th tradition
- Literature Person to explain NA Literature on sale
- 12th Tradition; “Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities”.
  ➢ Who you see here, what you hear here, please let it remain here.
- Read from NA Basic Text:
  1. Read WE DO RECOVER
- Our Basic Text tells us that sponsorship is simply one addict helping another.
- “An NA sponsor is a member of Narcotics Anonymous, living our program of recovery, who is willing to build a special, supportive, one-on-one relationship with us. Most members think of a sponsor, first and foremost, as someone who can help us work the Twelve Steps of NA, and sometimes the Twelve Traditions and Twelve Concepts”.
- Is there anyone willing to be a Sponsor? If so, please raise your hand and shout out your name, so people can approach you after the meeting.
- Make announcement if there are any meeting Service Positions available. If yes, people should attend the next business meeting
- Please help clean up after the meeting. Please move the chairs to the side.
- If you smoke; throw your cigarettes in the bin provided and not on the floor.
- Emphasise the importance of Fellowshipping and the significance of the “meeting after the meeting”
- Please can I have 2 volunteers who will help with the washing of cups
- Ask everybody in the meeting to stick around and stay after the meeting for coffee
- Close the meeting with the NA THIRD STEP PRAYER...

  Many of us have said,

  "Take my will and my life.
  Guide me in my recovery.
  Show me how to live."

Meeting started: 17 Feb 2017
chairperson preamble_friday_mowbray_the na way.doc

The NA WAY Meeting of NA, Mowbray, 7700, Cape Town, South Africa